

Chapter 5

From Cognitive Buildings to Digital Twin: The Frontier of Digitalisation for the Management of the Built Environment



Abstract The BIM holistic approach leads the AEC sector to the management of all the different disciplines involved in the construction process. Its nDimensions, indeed, concern geometry, structure, systems (3D), work-site management—also in terms of time and costs—(4D, 5D), safety, energy performances (6D), maintenance and building management (7D). Besides the analysis of the state of the art, the *n + 1 dome* case study has been used to explain the advantages of BIM, sensitization and digital tool application for both product and asset management (PIM, AIM). Finally, the chapter illustrates the potential of Internet of Things (IoT), Machine Learning (ML) and Artificial Intelligence (AI), moving from Cognitive to Predictive buildings, nowadays conceived as the new perspective of 4.0 construction.

5.1 CAD/CAM/BIM: New Codes for an Integrated Building Process

The building process' digitalisation has started with introducing computer-aided practices in the AEC sector, even though without a cohesive integration between the design and the production phases mutual development. On one side, the Computer Aided Design (CAD) changed architects' and engineers' work [1] irrevocably, while Computer Aided Manufacturing (CAM) has involved the construction industry with the invention and development of, e.g., CNC-based machinery (Computer Numerical Control). These machines moved the assembly processes from the work-site to the factory with the advent of prefabrication (Fig. 5.1), or moving the factory to the work-site, towards Robotics Construction processes. This step is particularly relevant for the timber production system, leading wood to become an industrialised construction material as described in Chap. 2.

By emerging as a cure to the illness of poor interoperability in the industry [2], in the recent decade, BIM (Building Information Modeling) has stepped in [3–7]. The acronym unveils a new paradigm, today already accepted as a new strategy for information management, and, more recently, as a new construction management

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Fig. 5.1 The timber construction industry is an example of the 4.0 revolution: here the prefabrication potential is maximised, starting from the first sawing processes moved to factory decades ago, to the development of CNC assembling processes. *Source* Author's photo credit at HOME TECHNOLOGY plant, October 2018

28 method [2]. According to its definition [3], Building Information Modeling is a set
 29 of collaborative processes defined to realised, manage, obtain and share information
 30 among multiple players. It refers to a unique, shared model (coordination model)
 31 containing numerous types of data and information that engage various fields and
 32 different stages of the building process itself.

33 Following the global market trend (one billion euro only in Italy), the policy-
 34 makers began to promote [8] the digitalisation of the design processes to lay the
 35 groundwork to further smart management of the built environment. The comparison
 36 of the international and national standards [9–16] considered as the leading guide-
 37 lines for BIM use results in the definition of different but interconnected ways to
 38 approach the building process: (i) by following the development of the consecutive
 39 phases of the process and the detailing of the BIM language [9–14, 17–19], suitable
 40 to share information and knowledge about the project, or (ii) by defining the BIM
 41 dimensions where data, information, and knowledge could be displayed and used
 42 [3, 4, 15, 16].

43 **5.2 Building Process and BIM Dimensions**

44 BIM is the most relevant application of IT to the construction sector due to its
 45 advantages, such as the 30% costs cut-off [20, 21]. The informatization of a simple
 46 3D model led construction to the use of digital tools having a more informed decision
 47 process during the project’s whole life cycle. During the process steps, the BIM model
 48 is enriched of information with the increasing of the LOD from a Geometry Object
 49 (2D, 3D size defined) to an AEC Object (with data information). Side by side to
 50 LOD implementation, also the possible dimensions of the model application get
 51 determined and implemented (Fig. 5.2).

52 The first three dimensions are nowadays common practices for BIM construc-
 53 tion companies to optimize coordination tasks and clash detection (3D), building
 54 execution process and scheduling (4D), cost estimation and automatically performed
 55 Quantity Take Off (QTO). The last two nDs dimensions (6D, 7D) [15] are mainly
 56 related to the Internet Of Things (IoT), if considering the BIModel as virtual storage
 57 of the data exchanged through the invisible network that nowadays connects all the
 58 computing devices (sensors, software, etc.). Digital transformation revolutionised
 59 the building business, moving it from a product to a service market. In a 4.0 perspec-
 60 tive, Servitization transforms the sector’s outlook from a static temporary relation
 61 with the client to a continuous, never-ending connection. Thanks to digitalisation, it
 62 is possible to give value to the Big Data coming from the sensorisation of internal
 63 and external spaces.



Fig. 5.2 BIM nDimensions. Source Author’s elaboration on Syncro Software

5.2.1 *BIM Tools and Environments for the Evaluation of the Building Behavior into a Data-Driven Process (6D)*

The sustainability dimension (6D, or GreenBIM) is today considered at the frontier of the most innovative development and application of BIM. It deals with the reduction of energy consumption from the early stage till the End of Life (EoL) in a circular economy approach. Its outcome can be an accurate prediction of the future energy behavior, performed during the design phase, or the virtual storage of real and measured data, acquired during the operational phase. The BIM platform simplify the data drawing and parameters encoding for all the multicriteria certifications of energy performance analysis or BEM (Building Energy Modeling) [15] and Life Cycle Assessment (LCA), even if calculated through several methods [22, 23]. Numerous plugins and simulation software becomes cloud-based services and operations by automating the calculation procedures.

Besides, while LCA can be performed only for new buildings, for existing assets, the approach could be twofold: (i) define a flexible and machine-readable database, or (ii) create a detailed Asset Information Model (AIM) by retrieving data for the evaluative methods through those instruments that are typical of refurbishment operation (see 4.1.6). In these cases, in order to ease the sustainability-aimed assessment, the BIM procedure could be lightened by promoting shallow geometric information (LOD) and a very high information content [22], based on COBie (Construction Operations Building information exchange) semantic. COBie outlines a standardized methodology to collect information in the design and construction process within the IFC (Industries Foundation Classes) files: the object-oriented data model of buildings that specifies physical or abstract items relationship to describe, exchange, and share information.

Therefore, two issues are emerging nowadays in the application of BIM-6D to new and/or existing constructions: (i) the possible loss of standardization of interoperability protocols, and (ii) the choice to rely on a single software to which tie the plug-ins' implementation, that may decrease tools' flexibility [22].

5.2.2 *From Design to Operation: IoT in the AEC Sector for the Management of Building Assets Towards the Definition of Cognitive Buildings (7D)*

The 7D-Facility Management dimension serves specifically the operational phase, where the “as-built” model can be used as a database of all the specifications, operations and maintenance manuals and warranty information, useful for the management of building life, after construction.

IoT is the interconnection, via the Internet, of computing devices embedded in everyday objects, enabling them to send and receive data. Its introduction within the

103 AEC sector and its integration into BIM processes enhance real-time assets tracking
104 through a framework of data retrieved from a network of equipment, sensors, wear-
105 ables, etc. Those devices can detect and collect huge amounts of data shared on
106 cloud-based databases that could be mined to seek behavioural patterns and intro-
107 duce the building scale into Big Data science's broad and trend topic. In particular,
108 this new frontier is going further the more straightforward building automation by
109 collecting the experiences of high efficient, smart, and active constructions under the
110 wider definition of Cognitive Buildings. Pasini et al. [24] has defined them as items
111 that could be delivered as services, thanks to the innovation in products evolution
112 (from Building Automation Systems to micro-controllers), in building processes
113 (thanks to BIM interoperability) and technologies. Therefore, cognitive buildings
114 can: (i) actively react to users' activities and interactions; (ii) understand and memo-
115 rise occupants' preferences; (iii) learn from past experiences; (iv) communicate and
116 collaborate among themselves within an interconnected grid of assets (such as smart
117 districted).

118 By the definition of Cognitive Buildings and its integration with BIM methodolo-
119 gies, it is possible to open infinite doors that can connect multiple dimensions or even
120 develop additional ones. A potential application, which integrates multiple aspects
121 of building operation, has been proposed in the proposed methodology (Sect. 3.2).
122 It has been conceived for the analysis of the interaction between the building and
123 the outdoor environment, as well as the impact of the final users' action on indoor
124 conditions and building performances.

125 ***5.2.3 Informed Building Processes for the Existing Building*** 126 ***Stock Management and Transformation***

127 An interesting application context of the 7D of BIM is represented by the management
128 (and the potential transformation) of the existing building stock.

129 This scenario unveils as potential assets both (i) the valuable items of the archi-
130 tectural heritage and (ii) the most ordinary buildings which populate the built envi-
131 ronment accounting for most of it. Only by referring to the Italian context—which is
132 one of the world's most culturally enriched—only one hundred thousand buildings
133 are considered with remarkable value, over a population of 14 million [25]. Thus, the
134 application's potential market is double, with differences for final aims and strategical
135 solutions, but with the same prime need: defining a different methodology to manage
136 the working process with the same wished interoperability of new construction.

137 In order to meet the requirements of renovation and restoration practices with the
138 development of BIM methodologies, the Italian standards [13] have implemented
139 their specifications, i.e. by defining appropriate LODs (F and G) for this kind of
140 scenario. At the same time—or even in advance—several real experiences have tested
141 the potentials (and actual limitations) of BIM as applied to conservation projects [26]
142 and the techniques that could help the information acquisition. Indeed, the latter is

143 fundamental to get the proper knowledge about the existing building (not always so
 144 easily retrievable), while BIM integration helps organise and maintain it updated,
 145 with the global and final aim to define a correct operative choices building renewal
 146 and/or transformation. The challenge is therefore three-fold:

- 147 • To form a progressive in-depth knowledge of the existing building object, winning
 148 the poor availability and reliability of data and information—tracked back to the
 149 documentary;
- 150 • To transfer it to a digital environment, so that it becomes integrated into the
 151 building process for the entire building lifecycle;
- 152 • To constantly adapt the Standards' requirements for high LODs content, to the
 153 capacity to acquire information of even the most updated and digital survey
 154 techniques and to store them within BIModels.

155 In particular, the asymmetry between the information retrievable from the stan-
 156 dardised technical documentation and the “as-built” status of the built item could
 157 relate to several factors: (i) The action of time, causing alterations of forms,
 158 appearance and characteristics of elements and materials because of degradation
 159 phenomena; (ii) The difference between what has been planned and then reported
 160 in the documentation and what is actually built; (iii) Stratification of interventions,
 161 incorrectly documented.

162 In this perspective the application of 3D laser scanning (TLS) for a detailed and
 163 accurated geometry (LOD) and material/performances information definition (LOI)
 164 can be integrated with digital IoT tools. Another innovative and under development
 165 intuition of the potential interaction between the 6th and 7th dimensions, even if on a
 166 different scale, is represented by the GIS maps able to acquire and share information
 167 about entire building districts' energy profiles both for new and existing buildings.

168 In the end, the BIM-aided work-plan has to include:

- 169 • The definition of specific parameters to allow the model customisation and the
 170 future upgrading and maintenance use;
- 171 • The creation of a BIM library, with ad hoc modelled objects, whose LODs,
 172 especially graphic, is defined in relation to the project requirements.

173 In conclusion, the interoperability of BIM procedures, in terms of (i) management
 174 of information fluxes at different scales and different levels of the building process,
 175 (ii) coordination of different disciplines, and (iii) management and integration of
 176 cross-wise dimensions, has shown the already solid bases of a methodology that has
 177 transformed the AEC sector and is still evolving in infinite potentials.

178 **5.3 N + 1 Dome a Case Study for the Application of BIM**

179 The n + 1 dome is a case study for the innovative management method of the building
 180 process. It consists of three steps concerning the three main phases of its life: from
 181 the Early Design Stage (EDS) to the final one, the validation of the As-Built and

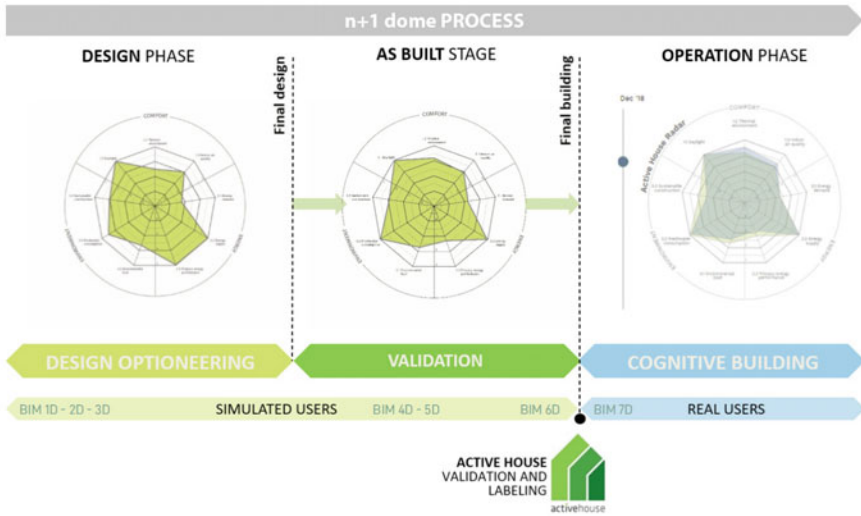


Fig. 5.3 The n + 1 dome checking process from Design Optioneering, to validation and Cognitive buildings through the BIM nDimensions. *Source* Author’s elaboration

182 the operation phase. The first two steps concerns simulated users because there are
 183 no people inside the building, while the third is based on real users behaviour. The
 184 innovative method for managing the building process starts from creating a BIM
 185 model able to reach data from designers and return information coming from the
 186 sensors.

187 The Design Optioneering (DO) multicriteria analysis allows for a more effective
 188 decision process thanks to examining all the involved parameters, from the construction
 189 till the end of life phases. This design loop, based on interoperability, is an
 190 Active process of the design phase based on the first three dimensions of BIM. The
 191 validation involves the as-built stage and the 4D, 5D, 6 D, while the operation phase
 192 of cognitive building deals with 6D-7D (Fig. 5.3).

193 Starting from the design, all the involved teams provide for different models:
 194 geometrical, technological, structural, services and building. All of them are federated
 195 models created with the open BIM Industry Foundation Classes (IFC) standard to
 196 interact for clash detections and geometrical issues (3D). Also, time and cost manage-
 197 ment and planning (4D-5D) to optimise the construction phase thanks to digital tools
 198 since the early adoption of BIM in the construction sector. So, the traditional BIM
 199 approach is implemented year by year by applying innovative digital instruments:
 200 the sensorisation of the physical model and the data sharing process to the digital
 201 world creates a loop, typical of the 4.0 concept of Phygital (physical-digital). Its
 202 main application is in the 6D BIM dimension: sustainability is now conceived as the
 203 lower environmental impact for the best comfort conditions. The NZEB (Nearly Zero

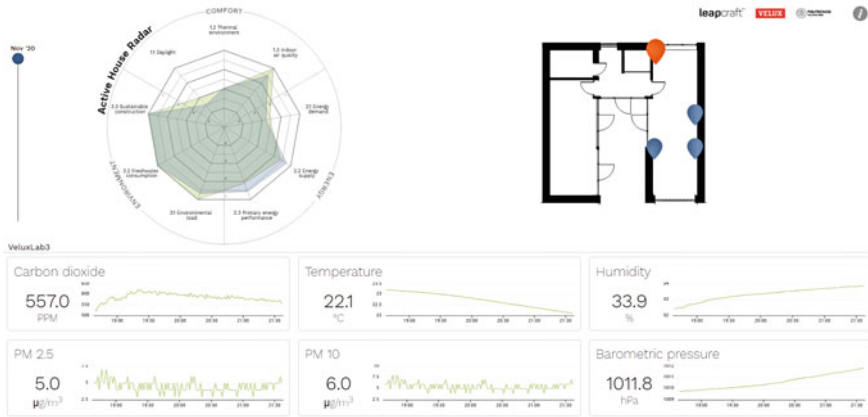


Fig. 5.4 Web dashboard of sensors and parameters modifying the live Active House radar Source LeapCraft)

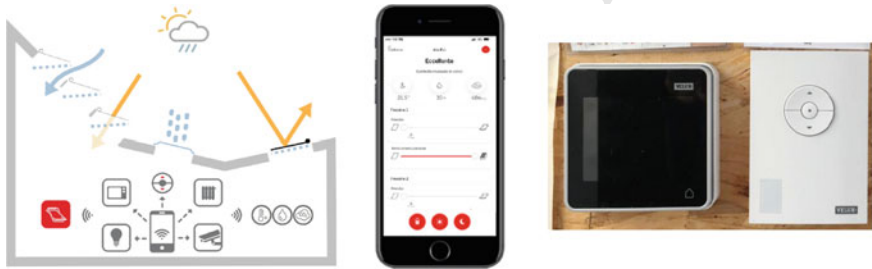


Fig. 5.5 User-friendly sensorization based on automatic and app management. Source Author’s elaboration on Velux

204 Energy Buildings) achieves this purpose by having high performances through technol-
205 ogical innovations of layers and materials of the envelope, including the constant
206 monitoring of the indoor air quality (Fig. 5.4).

207 This “neurological” synopsis built by sensors and data is the humble for
208 facility management (7D): a Wireless Sensor Network (WSN) live monitoring of
209 the envelope-service-environment check the performances of the indoor comfort
210 according to the boundary conditions. WSN is a high-level sensor monitoring
211 for experts and technicians users, but there is also a more accessible, user-
212 friendly sensorisation level (Fig. 5.5). A new sensors generation¹ manages passive
213 (natural light and ventilation) and active (HVAC) and systems to minimise resource
214 consumption.

215 The integration of these dual-layer sensors networking with advanced technol-
216 ogies, such as the Phase Changing Materials (PCM), allows to monitor the construction

¹Developed together with BloxHub research center. It is composed by Ambinodes, Airbirds and Netatmo from, respectively, Leapcraft with 3XN-GXN design and Velux.

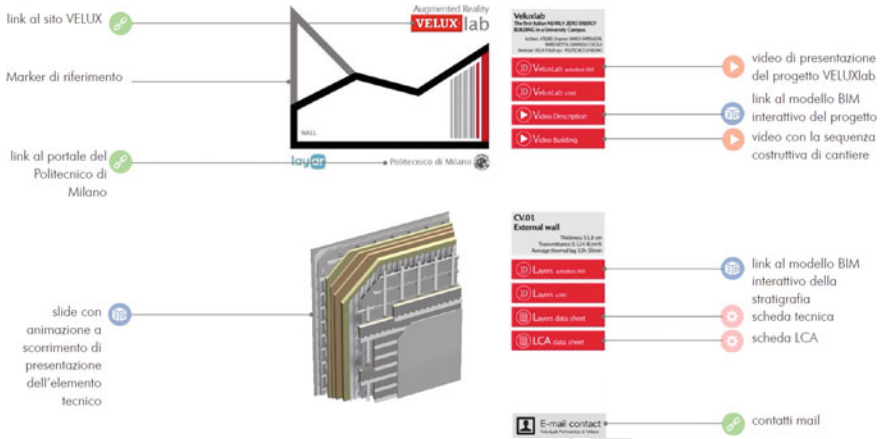


Fig. 5.6 Augmented Reality system checking technical elements and LCA performances thanks to the BIM environment. Source Author's elaboration on Layer

(cognitive building) but also to create the database for the Digital Twin (predictive building). All the data are live collected and analysed by a gateway and online shared, splitting them by location and typology (Carbon dioxide, PM 2.5, PM 10, Temperature, Humidity, Barometric Pressure, Lighting, dB) with the help of visual analytics. The BIM oriented approach is completed by real-time scanning and augmented reality. The informed model can be interrogated by users simply scanning bar-codes on the walls or the roof and showing all the elements' information and layers. It also implements the 6D-7D in the LCA perspective, monitoring the single material and phase impact on the whole building during the entire life cycle (Fig. 5.6).

All the complex monitoring system participates in an active construction definition, as in the Active House conception. The building is a sort of test facility building where all the technologies can be integrated into a platform approach and, by adding Machine Learning and Artificial Intelligence to Big Data, to predict the building's future behaviour. The input (the digital DO model), the viewing (the Augmented Reality on the physical element), the construction check (the as-built model in Real-Time Scanning) and the cognitive phase (Active Radar of as-is by sensorising) are yet-ready technologies and the baseline for predictive building application.

5.4 PIM and AIM: The Integration of BIM for Facility Management

Facility Management is the BIM 7D; it concerns the management of buildings during the usage stage. The last market trend pushes constructors also to offer the management phase to the building owner, thanks to the deep knowledge of every aspect of the product. The construction process allows the company to precisely understand every

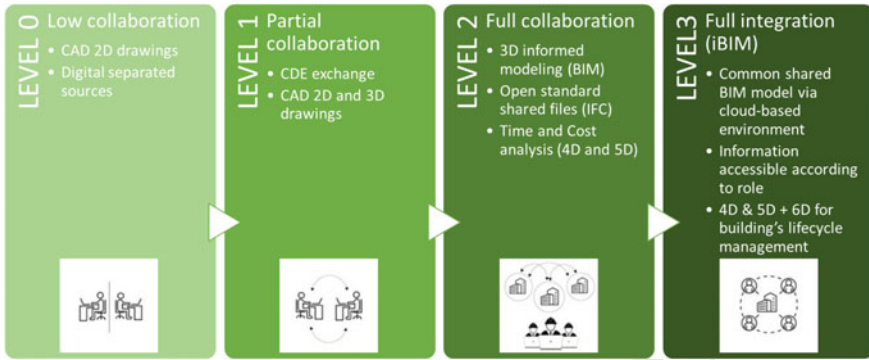


Fig. 5.7 Maturity Level of BIM. *Source* Author’s elaboration on <https://bim.acca.it/livelli-di-maturita-bim/>

240 building’s critical point, enabling them to preserve and prevent all the issues related
 241 to it. Furthermore, the “as-built” model coming from the same company is optimised
 242 for the facility management purpose, avoiding the information decay typical of the
 243 IFC model deliver. Finally, BIM allows buildings transformation from product to a
 244 strategical asset, matching the Servitization process.

245 According to the National Building Specification, there are four different maturity
 246 level of BIM (Fig. 5.7):

- 247 • Level zero, low collaboration: CAD information shared from different sources
- 248 • Level one, medium collaboration: CDE data collection and sharing between teams
 249 of 2D/3D CAD
- 250 • Level two, full collaboration: 3D models shared in one IFC BIM model together
 251 with time (4D) and cost (5D) information
- 252 • Level three: full iBIM collaboration: BIM cloud sharing model. All the stake-
 253 holders fill the data according to their role. Inclusion of Asset Management (7D)
 254 information

255 The Benefits Measurement Methodology (BMM), born in the UK, is applied to
 256 analyse the Return Of Investment (ROI) timing. It standardises Public Administration
 257 (PA) private clients and asset owners, reporting and practices processes, reducing
 258 the effort. This methodology was adopted in 2015 and, according to the 2017–2019
 259 survey,² it figures out a management time reduction by 50. Furthermore, the Federated
 260 Model (FM) with CoBie and CAFM (Computer Aided Facility Management) as
 261 enabled standard optimises asset performance, decreasing facility management by
 262 60%. The percentage grows up to 70% for the single task during operations, while
 263 the only digitisation of documents avoids the manual input or conversions by 30%.
 264 Another approach is to create collective contracts instead of a single commission,
 265 enabling economies of scale, thanks to the centralised geography-based management.

²PwC 2017–2019 Survey.

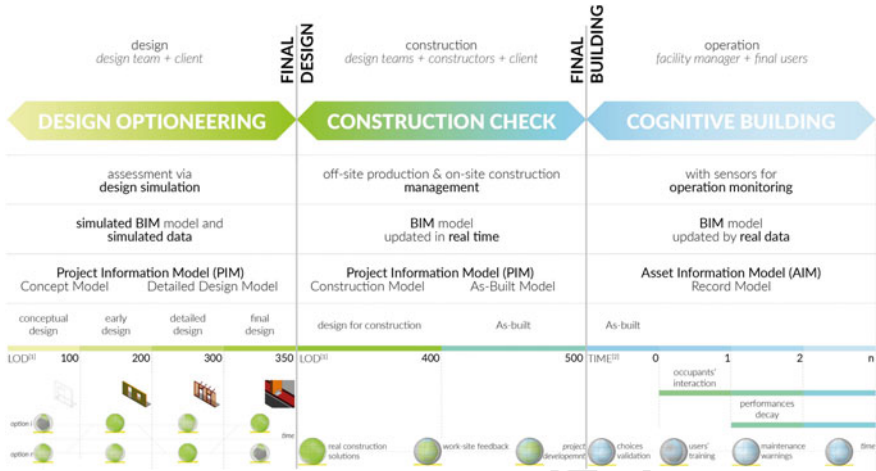


Fig. 5.8 Project Information Model (PIM) and Asset Information Model (AIM) transformation

266 All these strategies lead to a Total Cost Operation (TCO) saving by 1,5–3% for the
 267 single project, but it is much more for the whole asset operation.

268 This different business model is based on a CDE instrument that manages the data
 269 acquisition in the project’s subsequent steps. The Project Information Model (PIM)
 270 [27] starts from construction documents produced during the design phase and ended
 271 with the technical documentation added throughout the build. Asset Information
 272 Model (AIM) adds the management documentation of the Operation phase to the
 273 PIM, creating an information flux parallel to the life stages of the building: from “as
 274 designed” to “as build” and finally to “as is” (Fig. 5.8). This process’s vision is to
 275 move from the work model to the building model, having total management from
 276 the initial Project and Construction to the Property & Facility plus the Operation &
 277 Maintenance Service. The framework evolution categorises object (CDE typology),
 278 process (construction, logistic, etc.) and activity (checklist, tasks, etc.).

279 **5.5 Digital Twin: IoT for the Construction Sector**
 280 **and Existing Building Management**

281 The next step in the Informative Model approach is Platformization. The sum-up
 282 of geometrical and informative data in one single environment can analyse data
 283 from the source model, integrate them with real-time sensors and scanning, process
 284 them, and give them back to the platform. It is the Digital Twin concept: a virtual
 285 model that replicates the existing physical construction. The clone can live-show
 286 the current situation and predict its future behaviour from the cognitive building
 287 to the predictive one. The data resume inside a “mastermind” (the integrated open

288 BIM solution) allows having a Total Service Asset, combining all the sensors data of
 289 different IoT devices in one single live room. The project intelligence network collect
 290 data from different levels: tools for modelling (Revit, Archicad, Tekla, Allplan, etc.),
 291 platform (Navisworks, Solibri, etc.) and environment (Trimble, A360, BIMPlus,
 292 BIMCloud, etc.). This strategy led the Real Estate Management, Portfolio and Project
 293 Management, Enterprise Asset Management, Health and Safety from a simple cloud
 294 on-premise Core Processes to a Cloud Platform. IoT plays a key role for Services
 295 and Platform acting directly on the Digital Boardroom (Cloud for Analytics) for a
 296 mobile asset management application. In this way, the business changes from product
 297 to service, activating a Business Network where Project and Asset Intelligence are
 298 connected into a Cloud for Real Estate from *design, plan and build to operate and*
 299 *maintain* of products, assets and facilities.

300 After the data acquisition of as-built models from different file formats, the models
 301 are read, visualised and connected by back-end and layers. The project's platform
 302 is enriched with additional data coming from owner, technicians and—mainly—
 303 users thanks to simple app fault report and workspace management. All the actors
 304 have individual access to models and data according to the role assigned them by
 305 the Tenant. Furthermore, an ERP portal dialogue with the maintainer manages the
 306 modifies on Master Model to have complete control by checking and authorising all
 307 the single activities. Such a complex interaction of Phygital object requires a multi-
 308 disciplinary approach from various professional figures with different background:
 309 construction (architect), technical (engineer), technological (technologist), aesthet-
 310 ical (designer), managerial (strategist), digital (informatic), analytical (data analyst)
 311 and much more. The data lake coming from this extensive system involves different
 312 competencies of Big Data management:

- 313 • Data collection and integration of smart solutions
- 314 • Data analysis and interoperability
- 315 • IoT architecture design of processes and technologies
- 316 • Personal data management

317 The purpose is to have live monitoring of the building to prevent the decay of the
 318 good (the product) managed as an end-to-end service instead of a black-box model.
 319 Thanks to sensorisation and digitalisation, the building's actual approach leads from
 320 the black box—where the single element condition is unknown—to the grey box—a
 321 bottom-up analysis.

322 According to the British Standards Institution, *terotechnology* combines manage-
 323 ment, financial, engineering, and other physical assets practices. It deals with reli-
 324 ability and maintainability considering installation, commissioning, operation, main-
 325 tenance, modification, and replacement processes. The Life Cycle Cost (LCC) intro-
 326 duction into the asset management pushes the terotechnology from downtime costs
 327 because of failure to a cost-effective approach. In this perspective, predictive main-
 328 tenance by sensorisation, real-time monitoring of KPI through a dashboard and auto-
 329 matic surveying based on Machine Learning and Artificial Intelligence are combined
 330 having a more informed decision process through a decision support system.

331 With the *BIM design and build*, the *saving and sharing* approach guarantees an
 332 objective optimisation of the asset management, involving and encouraging the stake-
 333 holders’ relationship and partnership. The different actors’ sharing responsibilities
 334 led to economic savings on the budget. The “management entropy” of the traditional
 335 process is avoided thanks to the clear and precise procurement phase, in a win-win
 336 strategy for all the involved stakeholders.

337 The Plan-Do-Check-Act or Deming Cycle is used in advanced customer relationship
 338 management, having an iterative improvement of product and process quality
 339 [28]. By switching from this product-based approach to the Servitization also the
 340 required instruments are different.

341 BIM-based dashboards are the platform able to collect the multi-value “kaleido-
 342 scope” (theoretically infinite) of DO into a horizontal and vertical connected project.
 343 Info-graphic, gaming and deep learning are key aspects to feed the live model in
 344 continuous innovation. In this future outlook perspective, good practice collected—
 345 e.g. from ISO 19,650 and UNI 11,337 or the ISO 16,739 about interoperability—
 346 helps define a common language for a standard process. Still, they can only describe
 347 one of the three big families of instruments: the modelling and informed software.
 348 The interaction of this “common” software with specialistic ones for economic and
 349 quantity take-off data extraction or time and performance planning is defined time by
 350 time by every single service provider. They use the third family—a cloud BIM-based
 351 platform—to incubate data and models and share them with different stakeholders.
 352 Here communications, planning, orders, bills and check are digitalised, avoiding
 353 the information loss between the actors (General Contractor, Project Management,
 354 Owner, Client, Suppliers, etc.) and optimising the on-field tasks (Fig. 5.9).

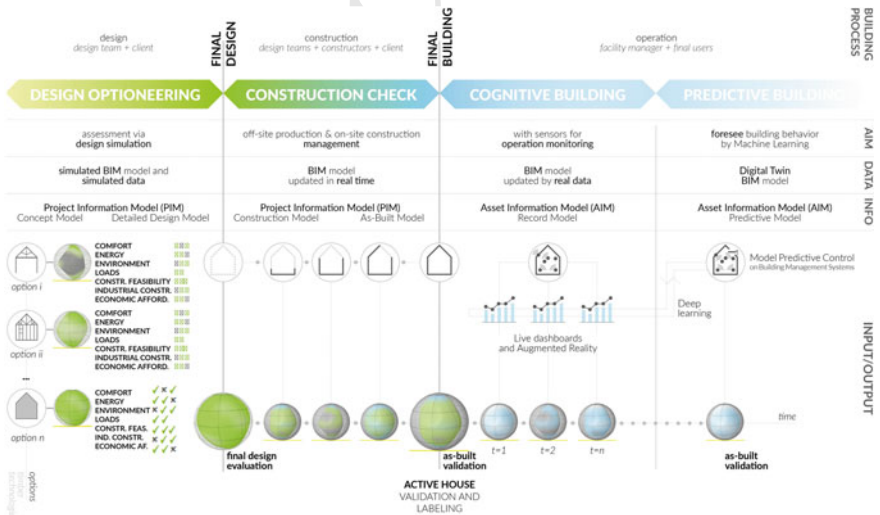


Fig. 5.9 Aim, data, info and input/output process from concept design and simulated BIM model to predictive building and digital twin

The aim to have a complete Digital Twin of the physical building is still further development because of the infinite aspects (BIM nD) that construction involves. Although the dialogue between reality and virtuality is present for many years, the digital revolution's acceleration is evident in the last few years, involving all the operative phases of the process and production. The “technological Esperanto” language develops the built materialisation where communication and construction live in a continuous stimulation synergy. Using an historical parallelism, the Building sector entered the Medieval period of digital transformation, where only few pioneers start to act in a revolutionary way. The question is: when will we reach the Renaissance period where this will be the standard way?

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Chapter 5

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