## Research article

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# Dispersive bands of bound states in the continuum 

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#### Abstract

Bound states in the continuum (BICs), i.e. highlylocalized modes with energy embedded in the continuum of radiating waves, have provided in the past decade a new paradigm in optics and photonics, especially at the nanoscale, with a range of applications from nanophotonics to optical sensing and laser design. Here, we introduce the idea of a crystal made of BICs, in which an array of BICs is indirectly coupled via a common continuum of states resulting in a tight-binding dispersive energy miniband embedded in the spectrum of radiating waves. The results are illustrated for a chain of optical cavities side-coupled to a coupled-resonator optical waveguide with nonlocal contact points.


Keywords: bound states in the continuum; photonic lattices; waveguides and resonators.

## 1 Introduction

Bound states in the continuum (BICs), originally predicted in nonrelativistic quantum mechanics for certain exotic potentials sustaining localized states with energies embedded in the continuous spectrum of scattered states [1-3], have attracted increasing interest in optics and photonics over the past decade [4-41], providing a new paradigm for unprecedented light localization in nanophotonic structures (for recent reviews see [42-46]). Besides fundamental interest, BICs have found many interesting applications in several areas of photonics, including integrated and nanophotonic circuits [18, 36, 41, 44], laser design [26-28, 39], optical sensing [22, 34], and

[^0]nonlinear optics [16, 30, 37]. BICs have found increasing interest also in the cavity and circuit quantum electrodynamics (QED), where spontaneous emission and decoherence can be prevented by the formation of photon-atom BICs [47-55]. Among the different mechanisms underlying the formation of BICs [1], we mention symmetry-protected BICs, BICs via separability, Fano or Fabry-Pèrot BICs, and BICs from inverse engineering. In the majority of cases, a BIC arises from perfect destructive interference of distinct decay channels in the continuum of radiation modes, and thus perturbations rather generally transform a BIC into a long-lived resonance state of the system, socalled quasi-BICs. While the main interest in BICs and quasi-BICs has been focused on their localization features, such as the exceptionally high $Q$ factors achievable using quasi BICs, and to the narrow Fano-like resonances arising from engineering BICs with applications to optical sensing, a less explored question is the coupling of BICs and related transport features. Arrays of BICs with compact support provide an example of a flat band system and have been investigated in some previous works [56-58]. However, in such a geometrical setting the BICs are decoupled and transport in the system via BIC hopping is prevented. Coupling of two BICs via a common continuum results rather generally in the formation of two quasiBICs, which can sustain long-lived Rabi oscillations [54, 59]. Such results stimulate the search for dispersive bands of BICs, beyond the flat band regime, where transport is impossible.

In this article, we introduce the idea of a crystal of BICs where a dispersive band, formed by the indirect coupling of a chain of BIC states, is embedded in the broader continuum of radiating waves. Contrary to the BIC flat band systems [56-58], in our setting the band formed by the BIC states is dispersive, thus allowing transport in the system when e.g. a gradient field is applied. The concept of BIC crystal and transport via BIC mode hopping is exemplified by considering an array of optical cavities side-coupled to a coupled-resonator optical waveguide (CROW) $[60,61]$ with nonlocal contact points.

## 2 Dispersive bands formed by indirectly-coupled BICs: effective non-Hermitian description

To highlight the idea of a crystal of BICs, let us consider a rather general model describing $N$ discrete states coupled to a common one-dimensional (1D) continuum of radiating waves into which they can decay. In photonics, this system can describe, for example, an array of $N$ optical cavities equally spaced by a distance $d$, with the same resonance frequency $\omega_{0}$, side-coupled by evanescent field to a waveguide, as schematically shown in Figure 1A. A possible photonic platform, suggested in pioneering work on photonic BICs, could be a 1D photonic crystal waveguide on a square lattice of dielectric rods with additional lateral defects, which displays BICs with low radiation losses [5]. Our main focus is to consider a crystal of side-coupled resonators in the $N \rightarrow \infty$ limit. We note that in the cavity or circuit QED context, the system of Figure 1A can describe as well an array of two-level quantum emitters with transition frequency $\omega_{0}$, equally-spaced by a distance $d$ and nonlocally coupled by an electric-dipole transition to the photon field of waveguide modes. Such circuit QED model could be implemented, for example, using arrays of artificial atoms side-coupled to a quantum waveguide realized with superconducting quantum circuits [52]. In the following, we will explicitly refer to the photonic system model and will use the terminology of integrated photonics.

In the second-quantization framework, the full Hamiltonian of the photon field is described by Friedrichs-Lee (or Fano-Anderson) Hamiltonian (see for instance [62, 63])

$$
\begin{equation*}
\hat{H}=\hat{H}_{s}+\hat{H}_{c}+\hat{H}_{i} \tag{1}
\end{equation*}
$$

where

$$
\begin{equation*}
\hat{H}_{s}=\sum_{n} \omega_{0} \hat{a}_{n}^{\dagger} \hat{a}_{n} \tag{2}
\end{equation*}
$$

is the Hamiltonian of photon field in the $N$ uncoupled cavities with the same resonance frequency $\omega_{0}$ ( $n=$ $1,2, \ldots, N$ ),

$$
\begin{equation*}
\hat{H}_{c}=\int d k \omega(k) \hat{c}^{\dagger}(k) \hat{c}(k) \tag{3}
\end{equation*}
$$

in the Hamiltonian describing the radiating field in the 1D waveguide, with dispersion relation $\omega(k)$ parametrized by the wave number $k$, and

$$
\begin{equation*}
\hat{H}_{i}=\sum_{n} \int d k\left\{G_{n}(k) \hat{a}_{n}^{\dagger} \hat{c}(k)+\text { H.c. }\right\} \tag{4}
\end{equation*}
$$

describes the resonator-waveguide coupling with spectral coupling functions $G_{n}(k)$. In the above equations, $\hat{a}_{n}^{\dagger}$ and $\hat{c}^{\dagger}(k)$ are the bosonic creation operators of photons in the resonator mode of the $n$th cavity and in the radiating field of wave number $k$ in the waveguide, respectively. Such operators satisfy the usual bosonic commutation relations $\left[\hat{a}_{n}, \hat{a}_{l}^{\dagger}\right]=\delta_{n, l},\left[\hat{a}_{l}, \hat{c}^{\dagger}(k)\right]=0,\left[\hat{c}(k), \hat{c}^{\dagger}\left(k^{\prime}\right)\right]=\delta\left(k-k^{\prime}\right)$, etc. Assuming time-reversal symmetry, the dispersion relation $\omega(k)$ of the propagating modes in the waveguide satisfies the condition $\omega(-k)=\omega(k)$. We also assume that $\omega_{0}$ is embedded in the continuous spectrum of waveguide modes and that the resonance condition

$$
\begin{equation*}
\omega(k)=\omega_{0} \tag{5}
\end{equation*}
$$

is satisfied for $k= \pm k_{0}$, with $\omega(k) \simeq|k| v_{\mathrm{g}}$ for $k \sim \pm k_{0}$, where $v_{\mathrm{g}}$ is the group velocity of the left- and rightpropagating modes of the waveguide at the frequency $\omega_{0}$. Since the resonators are equally-spaced by a distance $d$ along the waveguide $x$-axis and equally coupled to the waveguide, the spectral coupling functions $G_{n}(k)$ satisfy the condition [6]

$$
\begin{equation*}
G_{n}(k)=G_{0}(k) \exp (\mathrm{i} k d n) \tag{6}
\end{equation*}
$$

with $G_{0}(k) \rightarrow 0$ as $k \rightarrow \pm \infty$. Let us assume that the system is initially excited by a single photon or by a classical state of light in the resonators solely. In this case, we can restrict


Figure 1: (A) Schematic of a waveguide with $N$ side-coupled optical resonators or cavities ( $N=5$ in the figure). Adjacent cavities are spaced by a distance $d$. (B) A CROW in a zig-zag geometry (blue rings) with side-coupled optical cavities (red circles). The solid bonds show the couplings of the various cavities/resonators. Note that each cavity is coupled to three resonators of the CROW with coupling constants $\rho$ and $h \rho$. The distance between adjacent cavities is $d=1$ (in units of the CROW period). The overall cavities-CROW system can be viewed as a bipartite lattice with two sites in the unit cell (sublattice A formed by the side cavities and the sublattice B formed by the resonators of the CROW). The weak-coupling limit corresponds to $\rho \ll J$, where $J$ is the coupling rate of adjacent resonators in the CROW.
the analysis to the single excitation sector of Fock space [ 53,64$]$ by letting,

$$
\begin{align*}
|\psi(z)\rangle= & \left\{\sum_{n} a_{n}(t) \hat{a}_{n}^{\dagger}|0\rangle+\int d k c(k, t) \hat{c}^{\dagger}(k)|0\rangle\right\} \\
& \times \exp \left(-\mathrm{i} \omega_{0} t\right) \tag{7}
\end{align*}
$$

for the state vector of the photon field, where the amplitude probabilities $a_{n}(t)$ and $c(k, t)$ satisfy the classical ( $c$-number) coupled-mode equations

$$
\begin{align*}
\mathrm{i} \frac{\mathrm{~d} a_{n}}{\mathrm{~d} t} & =\int d k G_{n}(k) c(k, t)  \tag{8}\\
\mathrm{i} \frac{\partial c}{\partial t} & =\left\{\omega(k)-\omega_{0}\right\} c(k, t)+\sum_{n} G_{n}^{*}(k) a_{n}(t) \tag{9}
\end{align*}
$$

with $c(k, 0)=0$. Assuming a weak resonator-waveguide coupling and neglecting retardation effects, using standard methods one can eliminate the waveguide degrees of freedom $c(k, t)$ from the dynamics, resulting in an effective non-Hermitian coupling among the resonators mediated by the continuum of waveguide modes $[5,6,46,62,63$, 65-67]. The resulting approximate non-Hermitian dynamics of the resonator field amplitudes $a_{n}$ read

$$
\begin{equation*}
\mathrm{i} \frac{\mathrm{~d} a_{n}}{\mathrm{~d} t} \simeq \sum_{l} H_{n, l} a_{l} \tag{10}
\end{equation*}
$$

where the elements of the non-Hermitian matrix $H$ are given by (technical details are presented in Section 1 of the Supplementary Material)

$$
\begin{equation*}
H_{n, l}=\lim _{\epsilon \rightarrow 0^{+}} \int d k \frac{G_{n}(k) G_{l}^{*}(k)}{i \epsilon+\omega_{0}-\omega(k)} \tag{11}
\end{equation*}
$$

Note that, from Eqs. (6) and (11), it follows that $H_{n, l}$ is a function of $(n-l)$ solely, i.e.

$$
\begin{equation*}
H_{n, l}=H_{n-l}=\lim _{\epsilon \rightarrow 0^{+}} \int d k \frac{\left|G_{0}(k)\right|^{2} \exp [\mathrm{i} k d(n-l)]}{\mathrm{i} \epsilon+\omega_{0}-\omega(k)} \tag{12}
\end{equation*}
$$

A few general properties of the coefficients $H_{n}$ are discussed in Section 1 of the Supplementary Material. In particular, for a symmetric coupling of the resonator mode with forward and backward propagating modes of the waveguide, i.e. for $G_{0}(-k)=G_{0}(k)$, one has $H_{-n}=H_{n}$. Moreover, $H_{n}$ vanishes as $n \rightarrow \infty$, if and only if the condition

$$
\begin{equation*}
G\left( \pm k_{0}\right)=0 \tag{13}
\end{equation*}
$$

is satisfied. As shown in the Supplementary Material, this condition corresponds to the vanishing of the imaginary part of $H_{0}$, i.e. to the existence of a BIC when a single resonator (rather than a chain of resonators) is coupled to the waveguide.

In a system with discrete translation invariance, i.e. in the $N \rightarrow \infty$ limit, Eq. (10) indicates that the indirectlycoupled resonators behave like a tight-binding crystal with long range hopping, sustaining Bloch-like supermodes of the form

$$
\begin{equation*}
a_{n}=A \exp [\mathrm{i} q d n-\mathrm{i} \Omega(q) t] \tag{14}
\end{equation*}
$$

with the energy dispersion relation given by

$$
\begin{equation*}
\Omega(q)=\sum_{n} H_{n} \exp (-\mathrm{i} q d n) \tag{15}
\end{equation*}
$$

where $-\pi / d \leq q<\pi / d$ is the Bloch wave number. The main result is that, provided that condition (13) is met, the series on the right hand side of Eq. (15) converges and the energy spectrum, described by the dispersion curve $\Omega(q)$, is entirely real and given by (see Section 2 of the Supplementary Material for technical details)

$$
\begin{equation*}
\Omega(q)=\frac{2 \pi}{d} \sum_{l=-\infty}^{\infty} \frac{\left|G_{0}(q+2 \pi l / d)\right|^{2}}{\omega_{0}-\omega(q+2 \pi l / d)} \tag{16}
\end{equation*}
$$

Clearly, the dispersion curve $\Omega(q)$ is embedded in the broad spectrum $\omega(k)$ of the scattering states of waveguides. A trivial case is when the BIC modes are compact states and decoupled one from another ( $H_{n}=0$ for $n \neq 0$ ), which occurs for enough wide spacing $d$ : in this case, one obtains a flatband BIC crystal, i.e. $\Omega(q)=H_{0}$ independent of $q$. Examples of crystals sustaining a flat band of BIC states have been discussed in the context of flat band systems (see e.g. [56-58]). However, the present asymptotic analyst shows that an entirely real energy dispersion relation is possible beyond the flat band case when the BIC states are indirectly coupled via the continuum of the waveguide modes so that excitation can be transferred among the various indirectly coupled BICs through the embedded dispersive band $\Omega(q)$.

## 3 An example of a BIC lattice: optical cavities side-coupled to a CROW

### 3.1 Model and band structure

To illustrate the existence and properties of a BIC crystal with a dispersive band, we consider a simple and exactly-solvable tight-binding model, shown in Figure 1B. It consists of an array of optical cavities side-coupled with three contact points to a CROW in a zig-zag geometry, with spacing $d=1$ between one cavity and the next one (in
units of the CROW period). We assume negligible radiation losses from the cavities to the surrounding space, so that decay mainly arises from evanescent mode coupling to the CROW. This system could be physically implemented in a two-dimensional photonic crystal platform, where a periodic sequence of defect modes is side-coupled to a 1D photonic crystal waveguide, in a configuration similar to the case of the two off-channel defects suggested in Ref. [5]. In such a configuration, the side-coupled off-channel cavities are hidden deeply in the photonic crystal so that radiation losses from the cavities are strongly suppressed. For the case of $N=2$ cavities, this model has been recently studied in Ref. [59], showing that weakly damped Rabi flopping can be observed owing to the indirect coupling of two quasi-BIC modes. Here we consider, conversely, the $N \rightarrow \infty$ limit so that the system displays discrete translation invariance and we can apply Bloch band theory. We indicate by $\omega_{0}$ the frequency detuning between the optical modes in the cavities and resonators, by $J$ the coupling constant between adjacent resonators in the CROW, and by $\rho$ and $h \rho$ the coupling of each optical cavity with the three closest resonators of the CROW (Figure 1B). The dimensionless parameter $h$ measures the relative strength of nearest and next-to-the-nearest mode coupling of the optical cavity with the CROW resonators. We typically assume $\rho<J$, with $\rho \ll J$ in the weak coupling regime. Clearly, in the $N \rightarrow \infty$ limit, the tight-binding Hamiltonian in Wannier basis can be readily solved by Bloch theorem and the energy spectrum consists of two bands since the entire system can be viewed as a bipartite lattice composed by two sublattices (Figure 1B). This analysis will be discussed below. Before, we wish to illustrate how the existence of the BIC crystal can be predicted from the effective nonHermitian description outlined in the previous section. As shown in Section3 of the Supplementary Material, the Hamiltonian of the photon field for the model of Figure 1B can be cast in the general Friedrichs-Lee form of Eqs. (1)-(4), where the continuum of radiation modes in the waveguide are the Bloch modes of the CROW with the dispersion relation

$$
\begin{equation*}
\omega(k)=2 J \cos k \tag{17}
\end{equation*}
$$

[ $k$ varies in the range $(-\pi, \pi)$ ], while the spectral coupling function $G_{0}(k)$ is given by

$$
\begin{equation*}
G_{0}(k)=\frac{\rho}{\sqrt{2 \pi}}(1+2 h \cos k) \tag{18}
\end{equation*}
$$

The BIC condition (13) is satisfied provided that the frequency detuning $\omega_{0}$ is tuned to the value

$$
\begin{equation*}
\omega_{0}=2 J \cos k_{0}=-J / h \tag{19}
\end{equation*}
$$

so as $G\left( \pm k_{0}\right)=0$. Note that, to satisfy Eq. (19), we necessarily require $h>1 / 2$.

The dispersion curve of the BIC crystal is obtained from Eq. (16), where the sum on the right hand side of the equation is limited to the $n=0$ term solely (this is because $k$ varies only in the range $(-\pi, \pi)$, rather than from $-\infty$ to $\infty$ as in a waveguide). One obtains

$$
\begin{equation*}
\Omega(q)=\frac{\rho^{2}(1+2 h \cos q)^{2}}{\omega_{0}-2 J \cos q} \tag{20}
\end{equation*}
$$

which shows a singularity at $J \cos q=\omega_{0} / 2$. The physical origin of such a singularity and failure of the asymptotic method will be discussed below through the exact analysis. However, the curve $\Omega(q)$ is regularized under the BIC condition $\omega_{0}=-J / h$ [Eq. (19)], yielding

$$
\begin{equation*}
\Omega(q)=-\frac{\rho^{2} h}{J}(1+2 h \cos q) \tag{21}
\end{equation*}
$$

Note that the dispersion curve is sinusoidal, corresponding to the vanishing of $H_{n}$ for $n \neq 0, \pm 1$.

Let us then turn to the exact analysis of modes and spectrum of the lattice shown in Figure 1B, which can be readily obtained by standard Bloch analysis in the Wannier basis of the CROW modes. In fact, indicating by $a_{n}$ and $b_{n}$ the field amplitudes in the $n$th side-coupled optical cavity and in the $n$th resonator of theCROW, the classical coupledmode equations for $a_{n}$ and $b_{n}$ read

$$
\begin{align*}
& \mathrm{i} \frac{\mathrm{~d} a_{n}}{\mathrm{~d} t}=\omega_{0} a_{n}+\rho b_{n}+\rho h\left(b_{n-1}+b_{n+1}\right)  \tag{22}\\
& \mathrm{i} \frac{\mathrm{~d} b_{n}}{\mathrm{~d} t}=J\left(b_{n+1}+b_{n-1}\right)+\rho a_{n}+\rho h\left(a_{n+1}+a_{n-1}\right) \tag{23}
\end{align*}
$$

The Bloch eigenstates (supermodes) of the lattice are of the form

$$
\begin{equation*}
\binom{a_{n}}{b_{n}}=\binom{A}{A} \exp \left[\mathrm{i} q n-\mathrm{i} \omega_{0} t-\mathrm{i} \Omega(q) t\right] \tag{24}
\end{equation*}
$$

where the dispersion relation $\Omega(q)$ is obtained as the root of the determinantal equation

$$
\left|\begin{array}{cc}
\Omega(q) & -\rho(1+2 h \cos q)  \tag{25}\\
-\rho(1+2 h \cos q) & \Omega(q)+\omega_{0}-2 J \cos q
\end{array}\right|=0
$$

Note that Eq. (25) is of second order in $\Omega(q)$, indicating the existence of two lattice bands, according to the bipartite nature of the lattice which comprises the two sublattices A (optical cavities) and B (resonators of the CROW). The dispersion curves of the two bands read

$$
\begin{align*}
\Omega_{ \pm}(q)= & -\frac{\omega_{0}}{2}+J \cos q \\
& \pm \sqrt{\left(\frac{\omega_{0}}{2}-J \cos q\right)^{2}+\rho^{2}(1+2 h \cos q)^{2}} \tag{26}
\end{align*}
$$

Rather generally the energy spectrum is gapped with an upper ( $\Omega_{+}$) and lower ( $\Omega_{-}$) band (Figure 2A). However, when the resonance frequency detuning $\omega_{0}$ is tuned to the value $\omega_{0}=-J / h$, corresponding to the BIC condition (19), the spectrum is gapless and the two bands cross, leading to the formation of a narrow band $\Omega_{n}(q)$, embedded in a wider band $\Omega_{w}(q)$, as shown in Figure 2B. Basically, $\Omega_{n}(q)=\Omega_{-}(q)$ for $-k_{0} \leq q \leq k_{0}$, and $\Omega_{n}(q)=\Omega_{+}(q)$ for $|q|>k_{0}$. Likewise, $\Omega_{w}(q)=\Omega_{+}(q)$ for $-k_{0} \leq q \leq k_{0}$, and $\Omega_{w}(q)=\Omega_{-}(q)$ for $|q|>k_{0}$. Remarkably, the narrow and wider bands have the same dispersion relation but with different amplitudes $\Delta_{w . n}$, namely

$$
\begin{equation*}
\Omega_{w, n}(q)=\Delta_{w, n}(1+2 h \cos q) \tag{27}
\end{equation*}
$$

with

$$
\begin{equation*}
\Delta_{w, n}=\frac{J}{2 h} \pm \sqrt{\left(\frac{J}{2 h}\right)^{2}+\rho^{2}} \tag{28}
\end{equation*}
$$

Note that, in the weak coupling limit $\rho \ll J$ one has $\Delta_{n} \simeq-h \rho^{2} / J$, so that the dispersion relation $\Omega_{n}(q)$ of the embedded narrow band exactly reduces to Eq. (21), predicted by the asymptotic analysis. The corresponding Bloch eigenstates [Eq. (24)] have the largest excitation in the sublattice $a_{n}$, i.e. in the optical cavities, with a ratio $B / A=\Delta_{n} / \rho \sim O(\rho / J)$.

It is worth briefly discussing the failure of the asymptotic analysis when the BIC condition $\omega_{0}=-J / h$ is not
met and the appearance of a singularity in the energy band $\Omega(q)$, given by Eq. (20), at the Bloch wave number $q= \pm k_{0}$ with $J \cos k_{0}=\omega_{0} / 2$. To this aim, let us consider the exact band structure of the system, given by Eq. (26), in the $\rho / J \rightarrow 0$ limit. Let us write the bands $\Omega_{ \pm}$in the equivalent form

$$
\begin{align*}
\Omega_{ \pm}(q)= & -\frac{\omega_{0}}{2}+J \cos q \pm\left|\frac{\omega_{0}}{2}-J \cos q\right| \\
& \times \sqrt{1+\frac{\rho^{2}(1+2 h \cos q)^{2}}{\left(\frac{\omega_{0}}{2}-J \cos q\right)^{2}}} \tag{29}
\end{align*}
$$

In the limit $\rho / J \rightarrow 0$ and for $\omega_{0} \neq-J / h$, a narrow gap, corresponding to an avoided crossing of the two branches $\Omega_{ \pm}(q)$, occurs at the Bloch wave number $q= \pm k_{0}$ such that $J \cos k_{0}=\omega_{0} / 2$. For $q$ far enough from $\pm k_{0}$ such that $\left|2 J \cos q-\omega_{0}\right| \gg \rho$, we can perform a Taylor expansion of the square root on the right hand side of Eq. (29), yielding for the mixed branch $\Omega_{n}(q)$ the following expression

$$
\begin{equation*}
\Omega_{n}(q) \simeq \frac{\rho^{2}(1+2 h \cos q)^{2}}{\omega_{0}-2 J \cos q} \tag{30}
\end{equation*}
$$

which is precisely the dispersion curve Eq. (20) predicted by the asymptotic analysis. Hence, the unphysical singularity found in Eq. (20) at the Bloch wave numbers $q= \pm k_{0}$ is related to the formation of a physical band gap, which cannot be described by the asymptotic analysis.

Finally, let us mention that for the exactly solvable model given by Eqs. (22) and (23) a narrower dispersive band $\Omega_{n}$ embedded into a wider band $\Omega_{w}$ is observed even


Figure 2: (A and B) Band diagram of the CROW structure with side-coupled optical cavities of Figure 1B for parameter values $\rho / J=0.3$, $h=0.8$ and for $(A) \omega_{0} / J=-0.75$, (B) $\omega_{0} / J=-1 / h=-1.25$. The dashed red curves in (A and B) show the band dispersion curve $\Omega(q)$ predicted by the asymptotic analysis [Eq. (20)]. In (A), the BIC condition $\omega_{0}=-J / h$ is not satisfied, the spectrum is gapped with noncrossing upper $\left(\Omega_{+}\right)$and lower $\left(\Omega_{-}\right)$bands. Note that $\Omega(q)$ shows a singularity at the Bloch wave numbers $q= \pm k_{0}$, where $k_{0}$ satisfies the resonance condition $\omega_{0}=2 J \cos k_{0}$. In (B), the BIC condition $\omega_{0}=-J / h$ is satisfied and the spectrum is gapless, resulting in the formation of narrowband $\Omega_{n}$ (the BIC band) embedded in a wider band $\Omega_{w}$. In this case, the predicted curve $\Omega(q)$ is almost overlapped with the exact curve $\Omega_{n}$ of the narrow band. (C) Band diagram in the strong coupling regime ( $\rho / J=1.1, h=0.8$ ) with $\omega_{0} / J=-1 / h$. A narrower band $\Omega_{n}$ embedded in a wider band $\Omega_{w}$ is still observed in the exact model (solid curves). However, the asymptotic analysis [Eq. (21), dashed curve] fails to provide the accurate shape of the narrow band.
in the strong coupling regime ( $\rho$ comparable or even larger than $J$ ), provided that the gapless condition $\omega_{0}=-J / h$ is met. An example of the exact band structure ( $\Omega_{n}$ and $\Omega_{w}$ ) in the strong coupling regime is shown in Figure 2C by solid curves. Clearly, in this regime, the asymptotic analysis, valid in the weak coupling limit, does not provide anymore an accurate description of the embedded band $\Omega_{n}$, with the dispersion curve $\Omega(x)$ predicted by Eq. (21) (dashed curve in Figure 2C) substantially deviating from the exact band dispersion curve $\Omega_{n}$. Also, in the strong coupling regime, a single BIC mode does not exist anymore under condition (19), and an additional shift from the gapless value given by Eq. (19) would be required to have a single BIC: hence in the strong coupling regime, the nature of the embedded band $\Omega_{n}$ cannot be readily linked to indirectly coupled isolated BIC modes of the structure.

### 3.2 Transport dynamics: BOs in the BIC crystal

In a flat band system realized by a chain of uncoupled BICs, transport via mode hopping in the flat band is clearly prevented. Conversely, in a BIC crystal with a dispersive band transport is possible. To illustrate the concept, let us introduce a linear refractive index gradient along the $x$-axis of the system, shown in Figure 1B. In a single-band crystal, such a gradient is known to induce a periodic light dynamics which is the analogous of BOs of electrons in crystalline potentials (see for instance [68-75]). The coupled-mode equations ((22) and (23)) are modified as follows

$$
\begin{equation*}
\mathrm{i} \frac{\mathrm{~d} a_{n}}{\mathrm{~d} t}=\omega_{0} a_{n}+\rho b_{n}+\rho h\left(b_{n-1}+b_{n+1}\right)+F n a_{n} \tag{31}
\end{equation*}
$$

$$
\begin{align*}
\mathrm{i} \frac{\mathrm{~d} b_{n}}{\mathrm{~d} t}= & J\left(b_{n+1}+J b_{n-1}\right)+\rho a_{n}+\rho h\left(a_{n+1}+a_{n-1}\right) \\
& +F n b_{n} \tag{32}
\end{align*}
$$

where $F$ is a small frequency detuning gradient induced by the index gradient. As an initial condition, we assume a Gaussian wave packet excitation of the optical cavities (sublattice A) with vanishing momentum, i.e. $a_{n}(0)=$ $\exp \left(-n /{ }^{2} w^{2}+\mathrm{i} q_{0} n\right), b_{n}(0)=1$ with $q_{0}=0$ and $w \gg 1$. The observed dynamical behavior largely depends on whether the system is gapless ( $\omega_{0}=-J / h$ ) or gapped ( $\omega_{0} \neq-J / h$ ).

In the gapless case, i.e. when we have a BIC crystal, in the weak coupling limit $\rho \ll J$ the initial wave packet excites the narrow portion of the $\Omega_{n}(q)$ narrow band with wave number $q \sim q_{0}=0$. In the semiclassical description of the wave packet dynamics, the external force $F$ induces a drift $q(t)=q_{0}+F t$ of the wave number (momentum) in Bloch space. Since the spectrum is gapless, at the crossing points $q= \pm k_{0}$, the excitation fully remains in the BIC crystal narrow band $\Omega_{n}$, without excitation of the wider embedding band $\Omega_{w}$, i.e. of sites of sublattice B. As a result, a periodic dynamics of the wave packet with a BO period $T_{\mathrm{B}}=2 \pi / F$ is observed, with most of the excitation remaining trapped in the optical cavities, as measured by the evolution of the fractional optical power

$$
\begin{equation*}
P(t)=\frac{\sum_{n}\left|a_{n}(t)\right|^{2}}{\sum_{n}\left|a_{n}(t)\right|^{2}+\sum_{n}\left|b_{n}(t)\right|^{2}} . \tag{33}
\end{equation*}
$$

This is illustrated, as an example, in Figure 3.
Conversely, when the condition $\omega_{0}=-J / h$ is not satisfied, i.e. when the two bands of the bipartite lattice


Figure 3: Bloch oscillation dynamics in the BIC crystal with the same parameter values as in Figure $2 B$ and for a gradient $F / J=0.025$. The initial excitation condition is a Gaussian wave packet $a_{n}(0)=\exp \left[-(n / w)^{2}+\mathrm{i} q_{0} n\right]$ with initial wave number $q_{0}=0$ and width $w=3$. The external gradient $F$ induces a drift of the Bloch wave number according to $q(t)=q_{0}+F t$, which is schematically depicted in (A) by solid arrows. When the wave number $q$ reaches the crossing point $q=k_{0}$, the wideband $\Omega_{w}$ is not excited and the entire wave packet undergoes a periodic motion, remaining trapped in the narrow (BIC) band $\Omega_{n}$, with a period $T_{B}=2 \pi / F \simeq 251.3 / J$. This is shown in panel (B), which depicts on a pseudo color map the temporal evolution of the amplitudes $\left|a_{n}(t)\right|$ in the various cavities, labeled by the site number $n$. The temporal evolution of the fractional optical power $P(t)$ trapped in the cavities, defined by Eq. (33), is shown in panel (C). Note that during the entire Bloch oscillation (BO) period, the optical power remains mostly trapped in the optical cavities, with small excitation of the resonators in the CROW.


Figure 4: Same as Figure 3, but for parameter values as in Figure 2A and for a gradient $F / J=0.025$. Note that, when the wave number $q(t)$ of the Gaussian wave packet reaches the crossing point $q=k_{0}$, excitation is split between the upper and lower bands $\Omega_{ \pm}$(solid arrows in panel (A)), and the entire wave packet undergoes an irregular motion, dubbed Bloch-Zener oscillations (panel (B)), with an aperiodic exchange of optical power between the two bands as $q(t)$ crosses the two-gap points $q= \pm k_{0}$. Correspondingly, a large fraction of optical power can be transferred during the dynamics from the optical cavities (sublattice A) to the resonators of the CROW (sublattice B), as shown in panel (C).
undergo an avoided crossing at $q= \pm k_{0}$, we do not have a BIC crystal anymore, i.e. a narrow band embedded in a wider one is not formed, rather we have two distinct bands $\Omega_{ \pm}(q)$ separated by a gap. The initial wave packet mostly excites the Bloch modes of the lower band $\Omega_{-}(q)$ with wave number near $q \sim q_{0}=0$. When the drifting Bloch wave number $q(t)=q_{0}+F t$ reaches the avoided crossing points $q= \pm k_{0}$, a splitting of excitation between the two distinct bands $\Omega_{ \pm}$is observed, leading to a more complex and generally aperiodic two-band dynamics (socalled Bloch-Zener oscillations [76-80]). This behavior is illustrated in Figure 4. Note that, contrary to the gapless case of Figure 3, at the avoided-crossing points a rather abrupt change of the fractional optical power $P(t)$ trapped in the optical cavities is observed, i.e. excitation does not remain trapped in the optical cavities anymore, but it is periodically transferred into the resonators of the CROW.

## 4 Conclusion

In this work, we have introduced the concept of a BIC crystal, i.e. a narrow energy band of Bloch modes (rather than one or more discrete energy levels) embedded in a wide spectrum of radiation modes. By means of an asymptotic analysis based on a non-Hermitian effective model, it has been shown that rather generally a BIC crystal arises when single BIC modes are indirectly coupled via a common continuum. To support the predictions of the asymptotic analysis, we presented an exactly-solvable model, consisting of an array of optical cavities side-coupled nonlocally to a CROW. The narrow embedded energy band formed by the indirectly coupled BIC modes enables transport in the
crystal, contrary to the case of a flat band formed by uncoupled BIC modes. Our results shed new light in the area of BIC states, suggesting the fresh concept of the embedded band or BIC crystal, which could stimulate interest in photonics and in other areas of physics, such as in cavity or circuit QED.

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