

Challenges and Opportunities in the Selective Laser Melting of Biodegradable Metals for Load-Bearing Bone Scaffold Applications

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13 Abstract

14

15 The aim of this paper is to assess the current status of processing Biodegradable 16 metals (BDM) via selective laser melting (SLM), with particular emphasis on bone 17 scaffold applications, and provide a meta-analysis on the effect of processing 18 parameters on relative density to better direct recommendations for the future of this 19 growing field. Synthetic bone scaffolds are becoming a popular alternative for the 20 treatment of critical bone defects that cannot heal without surgical intervention. 21 These scaffolds act as a bridge allowing bone to grow across the gap. Selective 22 laser melting can achieve bone scaffolds with complex hierarchical architecture 23 tailored specifically to the patient. SLM manufactured titanium scaffolds have already 24 been clinically tested with some success. Permanent titanium alloys have a higher 25 chance of implant rejection from the innate immune reaction, coupled with 26 complications linked to the high mismatch in stiffness between the implant and the 27 bone. Biodegradable metals can overcome these problems by maintaining sufficient 28 mechanical properties for load-bearing applications during healing and eventually

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degrade away completely. Currently, however, the use of SLM for the manufacturing of BDM scaffolds is still in its infancy as only a few peer reviewed studies are published, with the majority of these published in the last couple of years. Literature was systematically reviewed to critically analyze and synthesize the data in the form of a meta-analysis. Only studies that included the processing parameters used for volumetric energy density (namely the laser power, scan speed, hatch spacing, and energy density) and provided as built relative densities were used. SLM of biodegradable metals is an exciting research area that requires further exploration. Apart from overcoming the problems unique to each major biodegradable metal family, the meta-analysis showed that the vast majority of studies regard the optimization of SLM processing parameters. However, these studies are specific to the powder and machine used. Rather, broader guidelines need to be developed for modern SLM machines to allow for quicker optimization for future SLM manufactured BDM. Keywords: Selective Laser Melting; Biodegradable Metals; Load-Bearing Bone Scaffolds

57 **1.0 Introduction**

58

59 Critical bone defects (CBD) are defined as bone gaps that will not heal without 60 surgical intervention [1]. CBD anatomy can differ subject to the location, bone, and 61 the patient. However, generally speaking, a non-osseous wound larger than 30 mm 62 will not fully heal naturally [2]; instead, fibrous connective tissue forms [3]. Typically, 63 CBD are not life threatening, but can greatly impact the guality of life of the patient 64 [4]. The limitations incurred by treatment methods, such as autografts and allografts. 65 sparked significant research into synthetic bone scaffolds [5-8], with some ceramic and polymer bone scaffolds already commercially available [9-11]. Yet, for load-66 67 bearing applications, these scaffold materials often do not have sufficient mechanical

68 properties to maintain structural integrity during healing [12,13].

69

70 Permanent inert metals have been manufactured into bone scaffolds and tested in 71 vivo with some success [14,15]. These scaffolds maintain their structural integrity 72 throughout healing. In fact, the stiffness of these metals is often too high, and, along 73 with their permanent nature, can lead to bone resorption and long-term 74 complications [16-19]. Biodegradable metals (BDM) can overcome the problems 75 associated with other bone scaffold materials for load-bearing applications; as they 76 have adequate mechanical properties and, as the name suggests, are 77 biodegradable, leaving no residue at the implant site following full healing. The three 78 primary BDM families are magnesium, zinc, and iron-based alloys [20,21].

79

80 Investigation into the use of porous metals for bone scaffolds started in the late 20th 81 century, after it was discovered that porous implants allowed for bone ingrowth [22]. 82 Furthermore, introduction of porosity has been shown to reduce the stiffness of 83 metals [23], reducing the stress shielding effect and subsequent bone resorption. By controlling the porosity levels and scaffold design, a balance between the 84 85 mechanical properties, degradation rate, and bone ingrowth can be achieved. Traditional manufacturing methods for open-cell scaffolds, such as using space 86 87 holder methods, powder metallurgy, salt-pattern molding, and direct foaming, allow

88 for some control of the pore shape and size, but cannot achieve hierarchical porosity

89 [22]. On the other hand, additive manufacturing (AM) techniques allow for control

90 over the scaffold architecture [24,25]. Of these techniques, selective laser melting

91 (SLM), can achieve the best dimensional accuracy allowing for highly complex

92 scaffolds that can closely mimic the original bone structure.

93

94

95 Titanium bone scaffolds manufactured via SLM have already been clinically 96 successful [26,27], showing the feasibility of SLM as a successful bone scaffold 97 manufacturing method. The drawback of the permanent scaffolds can be overcome 98 by using BDM. As mentioned above, BDM offer suitable mechanical properties for 99 bone scaffold applications and can be manufactured using SLM. So far, Mg, Zn, and 100 Fe alloys have been the only BDM successfully manufactured using SLM. The SLM 101 of BDM for bone scaffolds is a very new topic, with only a handful of peer reviewed 102 studies published, and the vast majority of these in the last few years [28]. This 103 paper aims to survey the current landscape of SLM of BDM, and analyze current and 104 future directions of biodegradable metal bone scaffolds manufactured via SLM.

- 105
- 106 2.0 Bone scaffold materials
- 107

108 Surgical intervention is usually necessary to treat CBD and allow for bone healing 109 and remodeling. Autologous bone grafting has long been the "gold standard" 110 treatment for CBD [29-31]. It involves harvesting healthy bone from a donor site in 111 the patient, generally the iliac crest, and implanting it at the defect location. When 112 compared to allografts and xenografts, autologous bone grafting is the most 113 predictable treatment and has a lower chance of implant rejection reactions [32]. The 114 high success rate though, does not mean autologous bone grafting is without its 115 problems, for autologous bone grafting is synonymous with long term pain [33,34]. 116 Since autologous bone grafting requires multiple surgeries, it has a higher risk of 117 surgical complications and an elevated cost when compared to other methods used 118 to treat CBD [32]. Donor site morbidity is the most common major complication from 119 this procedure, often leading to chronic pain at the donor site [33,34]. Furthermore, in patients where the volume of the bone harvested from the donor site is less than that
of the defect site (often occurs in pediatric and geriatric populations), autologous
bone grafting is not a suitable option [32]. In this case, other bone grafting methods,
such as allografts or xenografts, can be used.

124

125 Allografts are harvested from human donors and, as such, overcome issues 126 associated with autologous bone grafting, such as donor site morbidity and donor 127 site bone volume deficiencies. However, allografts can induce a significant host 128 immune response and transmit infectious diseases from the donor to the host [35]. 129 To reduce the host response allografts, the majority of allografts are typically 130 demineralized or freeze-dried followed by irradiation, which also significantly reduces 131 transmission of infectious agents and improve preservation of the graft. This comes 132 at the cost of the mechanical properties and reduces the resorption and replacement 133 rate during healing [35,36]. Furthermore, like other transplanting operations, a lack of 134 donors has hindered the use of allografts. Xenografts have similar advantages and 135 disadvantages to allografts [37], but since xenografts are harvested from animals, 136 they are not limited by lack of donors. However, xenografts are even less predictable 137 than allografts and, as such, have a higher chance of infection and rejection than 138 autologous bone grafting [32].

139

Synthetic bone scaffolds fill the CBD providing a 3-D structure to allow for cell
seeding, attachment, and subsequent proliferation leading to bone regeneration [38].
An ideal bone scaffold should:

- be fully biocompatible and ideally promote bone growth [39]
- have sufficient mechanical properties to match the host bone (Table 1) and
 allow for proper load transfer during healing [40]
- have interconnected pores with adequate pore size to allow for diffusion of
 oxygen and nutrients [40-42]
- be fully biodegradable leaving behind no residue in the implantation site [43]

150 Table 1 Mechanical Properties of Human Bone

Bone Type	Young's	Compressive
	modulus	Strength
	(GPa) *	(MPa)*
Cortical [44]	1-35	90-205
[45]		
Cancellous	0.01-0.8	0.1-14
[45]		

151

* The mechanical properties of bone can vary greatly depending on the age, type of bone and health of the bone.

152 For load-bearing scaffold applications, the scaffold should match the mechanical

153 properties of cortical bone and maintain sufficient properties (i.e. at least a greater

154 compressive strength than 90 MPa) throughout healing.

155

156 The first generation of metallic bone scaffolds primarily focused on biocompatibility 157 and having sufficient mechanical properties [38,46]. Primarily made from metals 158 such as CoCr alloys [47,48] and titanium alloys [14,15,49-57], these metals have had 159 a long, successful history as inert and biocompatible orthopedic materials [38]. 160 Biocompatibility is the ability of a material to accomplish its planned function without 161 being toxic or eliciting undesirable immunological host response. However, this is 162 often not a sufficient quality as these materials can promote the formation of fibrotic 163 connective tissue at the tissue-scaffold interface that eventually surrounds the bone 164 scaffold resulting in implant loosening. This is caused by foreign body granuloma, an 165 innate immune response to foreign bodies that cannot be phagocytosed [38]. 166 Furthermore, permanent metallic scaffolds have a higher chance of fragments 167 breaking off over time, which may release toxic ions resulting in peri-implant cell 168 death and bone atrophy [17-19]. Another limitation is that a large mismatch in 169 mechanical properties between the implant and bone may result in stress shielding 170 causing bone resorption [16,58,59].

171

To overcome foreign body granuloma, second generation bone scaffold materials
were developed to be bioactive and stimulate positive biological host responses,

174 such as osteoinduction [38,46]. Ceramic and polymer class materials have been 175 developed to have excellent biocompatibility, encourage osteoblast adhesion, and 176 promote bone growth [5,8,31]. These scaffolds have been successfully used in 177 clinical trials, with commercially available ceramic and polymeric bone scaffolds 178 having great success [9-11]. However, the mechanical properties of these porous 179 bone scaffold materials are generally not suited for load-bearing applications, as the 180 scaffold must maintain structural integrity during bone healing [60,61]. Another type 181 of second generation material was designed to be biodegradable; ideally retaining its 182 mechanical properties during healing and slowly degrading, transferring the stress to 183 the newly formed bone without damaging it; subsequent to full healing, the implant 184 would completely dissolve away without leaving behind any residue [38,46].

185

186 Biodegradable metals (BDM) can overcome the drawbacks of other second-187 generation bone scaffolds. BDM are defined as: "Metals expected to corrode 188 gradually in vivo, with an appropriate host response elicited by released corrosion 189 products, which can pass through or be metabolized or assimilated by cells and/or 190 tissue, and then dissolve completely upon fulfilling the mission to assist with tissue 191 healing with no implant residues." [62]. For larger implants such as scaffolds, the 192 bulk corrosion product should be an essential element the body can metabolize 193 successfully in large doses [21]. Secondary corrosion products should be non-toxic 194 and easy to metabolize. Essential metallic macronutrients include: Ca, Mg, Na, K, 195 Fe, and Zn [63]; of these, Ca, Mg, K, Fe, and Zn are common dietary insufficiencies 196 [64], and so implants made from these metals may in fact aid in supplementation of 197 these insufficiencies. Of these metals, Ca, K, and Na are too reactive to be 198 processed via selective laser melting (SLM). In fact, the majority of research on BDM 199 has been based on Mg, Fe, and Zn as the major constituents [20,21,65,66].

200

201 2.1 Magnesium and alloys

202

203 Magnesium is an essential element [63] found mostly in human bones and the fourth 204 most abundant metal found in the body (after Ca, K, and Na) [67]. It plays an

205 important role in genome stabilization and is an important cofactor for many 206 enzymes [68]. Consuming large doses of magnesium leading to Mg toxicity, which 207 can result in muscle paralysis and cardiac and respiratory arrest, which rarely occur 208 because it is processed and excreted in a very efficient manner [69,70]. For this 209 reason, soon after the discovery of elemental Mg in 1808, physicians began 210 exploring the surgical uses of pure Mg and its biodegradable properties with great 211 interest [71]. However, it was not until the start of the 20th century that Mg was used 212 for orthopedic applications, with limited success [71,72]. The high degradation rate of 213 Mg may not be a problem with respect to its toxicity, but it is a problem for its 214 mechanical integrity during bone fixation and subsequent bone healing [20,71,72]. 215 The presence of impurities can further increase the corrosion rate as much as a 216 thousand times [73,74]. Pure Mg also has poor ductility, which makes it difficult to 217 manufacture into wires or screws [75,76]. For these reasons, it was mostly 218 abandoned in clinical orthopedic practice in favor of more biologically inert and 219 malleable metals as they became more readily available [77]. Despite these 220 problems, research on Mg as a BDM for orthopedic applications continued due to its 221 favorable properties. For example: it has a density close to that of bone [72], has 222 been shown to promote osteogenesis [77,78] and has a modulus closer to that of 223 bone when compared to Fe and Zn [72,79].

224

225 Significant research has sought to develop novel biodegradable Mg alloys containing 226 low/non-toxic elements that can help improve both the mechanical properties and 227 corrosion rate. In orthopedic applications, both are especially important as the 228 implant will need to sustain the load to allow the bone to heal. If the implant 229 degrades too guickly, the mechanical properties deteriorate too rapidly causing 230 damage to the healing tissue. Furthermore, the fast degradation of Mg can lead to 231 hydrogen evolution [73,77], which is especially dangerous in orthopedic settings, 232 where blood flow is limited and, as such, mass transport is minimal. This can result 233 in gas pockets causing tissue cavities [77,80,81] and damage to the healing bone 234 [82]. Alloying elements must be biocompatible, and have a positive effect on the 235 properties of the alloy. So far Mg-Ca based [73,74,83-91], Mg-Zn based [92-102], 236 Mg-Si [102,103] based, Mg-Zr [102,104-107] based, and Mg-Rare-Earths [102,108-237 114] based alloys have been the most successful. However, substantial further

research needs to be done in order to better control and understand the *in vivo*behavior of these new alloys [20,72,115,116].

240

241 Magnesium has a high strength-to-weight ratio and has been utilized extensively for 242 weight reduction applications, and, because of this, numerous Mg alloys with good 243 corrosion resistance and mechanical properties already exist on the market. The bio-244 corrosion of these commercial alloys has been extensively investigated [77,78,117-245 135]; however, they were designed for industrial use and many contain toxic 246 elements such as AI or lanthanides [130,136-142]. The commercially available WE43 247 (containing Y, Rare-Earths, and Zr) is a high strength and corrosion resistant Mg 248 alloy originally designed for aerospace applications. It has since become popular for 249 biomedical applications due to its favorable mechanical and corrosion properties and 250 low-toxicity corrosion products [77,143-145]. BIOTRONIK has successfully 251 performed clinical trials on its modified WE43 stents marketed as absorbable metallic 252 stents (AMS) [146-154]. MAGNEZIX® [155] is a European certified and commercially 253 available WE43 based Mg alloy used for orthopedic screws [156,157]. Further 254 clinical trials using high purity Mg were successfully performed in China, with 255 patients showing higher healing results than the control group [158], leading to 256 approval of high purity Mg screws as a medical device by the Chinese FDA. Similarly 257 in Korea, RESOMET® (Mg-Zn-Ca) screws were approved after successful clinical 258 trials showed normal healing results [159]. Porous Mg implants, however, are yet to 259 be approved for clinical trials.

260

261 The ability of Mg to promote osteogenesis and thus promote implant integration and 262 reduce healing time makes it an excellent candidate for bone scaffold applications 263 [160]. However, the corrosion rate of porous scaffolds is greater than that of their 264 solid counterpart due to the larger surface area exposed to the environment [161]. 265 Furthermore, the Young's modulus of the scaffold is inversely proportional to its 266 porosity level [162]. As such, additional challenges are faced by Mg for bone scaffold 267 applications, since it is significantly affected by scaffold design [160,163,164]. 268 Current research on novel manufacturing methods of topologically ordered scaffolds

- and coatings to reduce degradation rates and promote bone growth for Mg-basedbiodegradable bone scaffolds are promising [160,165-167].
- 271

272 2.2 Zinc and alloys

273

274 Zinc is an essential trace element [63] that is involved in critical physiological 275 functions such cell proliferation and immunological and neurological pathways 276 [168,169]. Furthermore, it regulates enzymes, proteins, and plays a critical role in 277 DNA replication, stabilization, repair, and protection [168,170,171]. It is required in a 278 dose of 8-11 mg/day, a dose less than 50 times that of Mg [172]. Daily intakes of 279 zinc between 150-300 mg/day may result in zinc toxicity and doses higher than this 280 can lead to serious health complications, such as neurotoxicity, reduced immune 281 function and affect bone development [173].

282

283 Medicinally Zn has been used for thousands of years [174], however as a BDM, until 284 recently, Zn had only been briefly investigated. In the 20th century, Zn implants led to 285 discoloration around the tissue and research was promptly abandoned in favor of 286 other metals [175]. Though within the last decade, significant research has been 287 conducted on pure Zn and Zn-based alloys for biodegradable implant applications 288 thanks to ground-breaking work by Bowen et al., who tested Zn wire in a simplified in 289 vivo model and found it to have a favorable and controllable corrosion rate [176]. The 290 same author then put forth a review paper making a case for Zn-based 291 biodegradable stents [177], with the main drawback being its mechanical properties, 292 as there remain concerns about the structural integrity during healing in load-bearing 293 applications. Furthermore, the toxicity of Zn is debatable, and highly dependent on 294 the implant setting [170,171].

- Alloying Zn with biocompatible elements has been shown to improve the mechanical
- 297 properties of Zn; Zn-Mg based [170,171,178-183], Zn-Ca based [171,180,184], Zn-
- 298 Cu [185,186] based, Zn-Sr [180,184], Zn-Li based [187,188], Zn-Mn based
- [189,190], and Zn-Ag based [191,192] alloys have been successfully developed and

- 300 tested. The majority of *in* vivo studies have been for Zn-based degradable stent
- implants [170,171,177], with only a handful of studies reported using Zn-based
- 302 implants in orthopedic settings [193-195]. However, these studies used simple
- 303 geometries, to date there have been no *in vivo* examinations into Zn-based
- 304 orthopedic implants, such as screws or scaffolds.
- 305

306 Compared to biodegradable Zn-based stents, research on biodegradable Zn-based 307 bone scaffolds has been relatively limited. Zhao et al. were the first to manufacture 308 porous Zn scaffolds for bone applications and found that the mechanical properties 309 were not sufficient for load-bearing applications [196]. Since 2018, over half a dozen 310 papers been published on this topic [195-202], however, none of these studies 311 reported Zn alloys that had sufficient strength for load-bearing (cortical bone) 312 applications (Table 1) as porosity decreases the mechanical properties of the bulk 313 material [203].

314

315 2.3 Iron and alloys

316

317 Iron is an essential trace element found mainly in hemoglobin and plays significant 318 roles in human biology, including cell growth, transport and storage of oxygen, and 319 reduction of RNA and DNA [204]. Being essential, it is required in a dose of 8-27 mg 320 per day [172]. Iron can be toxic in high doses; however, iron toxicity is usually rare 321 since iron levels are regulated through absorption [205]. Iron has a long history as an 322 implant material with the first recorded iron dental implant dating back to 200 A.D 323 [206]. In the 17th century, Fabricius used iron as a suture material for soft tissue 324 defects and, over 100 years later, iron wire was used to set a broken humerus [207]. 325 However, in these cases, Fe was used for its mechanical properties and 326 manufacturability rather than for its biodegradable properties. It was not until the start 327 of the 21st century that iron was explored as a possible biodegradable material [208].

328

329 Compared to Mg and Zn, Fe has excellent mechanical properties, similar to that of
330 316L stainless steel, a "gold class" metallic biomaterial [65,209]. However, the *in vivo*

331 degradation rate of Fe is too slow and can thus invoke reactions similar to that of 332 permanent metallic implants [208,210,211]. Furthermore, pure Fe is ferromagnetic 333 which can impede imaging with magnetic resonance imaging (MRI) [65]. Significant 334 research has been done on alloying Fe to increase the corrosion rate and improve 335 MRI compatibility. To investigate the suitability of alloving elements for 336 biodegradable pure iron, Liu et al. alloyed pure Fe with alloying elements commonly 337 used in the iron industry, including Mn, Co, Al, W, Sn, B, C, and S [212]. Co, W, C, 338 and S were recommended as suitable alloying elements based on the mechanical 339 properties, biocompatibility, and improved corrosion rate. Other alloying elements 340 like Au and Ga have also been researched with similar success [213-216].

341

342 Additions of noble elements past their saturation point in pure Fe, such as Pt (soluble 343 up to 2 atomic %), Pd (soluble up to 3 atomic %), Au (soluble up to 1.4 atomic %) 344 and Ag (soluble up to 0.02 atomic %), form noble precipitates forming small cathodic 345 sites for micro-galvanic corrosion [217]. Increasing additions of Ag up to 5 wt. % 346 were found to increase the corrosion rate, as more precipitates formed allowing for 347 more micro-galvanic corrosion sites [215,218]. Similar results were found for 348 additions of Au [215]. Huang et al. found that additions of 5 wt. % Pt resulted in 349 slightly higher corrosion rates and mechanical properties when compared to 350 additions of 5 wt. % Pd, with both alloying elements having higher mechanical 351 properties and corrosion rate than that of pure Fe [216].

352

353 Manganese is an essential trace element necessary for bone growth and as a co-354 factor in enzyme reactions [219]. When alloyed with iron, it has been found to 355 increase the corrosion rate of the alloy [220]. Furthermore, Mn promotes austenitic 356 phase growth, improving the MRI compatibility and formability [209,221]. For these 357 reasons, Fe-Mn based systems have been the most researched biodegradable iron 358 alloys [209,220-227]. Hermawan et al. alloyed iron with Mn content varying between 359 20-35 % and found that higher concentrations of Mn doubled the corrosion rate and 360 resulted in mechanical properties similar to that of 316 L stainless steel [209,222-361 224]. Similarly, sintered Fe-35Mn showed an increased degradation rate compared 362 to pure Fe [228]. Capek et al. found that the potentiodynamic polarization tests

showed that hot-forged Fe-30Mn had a higher corrosion rate when compared to pure
Fe. However, the corrosion rate calculated from the static immersion test was lower
than that of pure Fe. This was credited to localized rise in pH, that reduced the
corrosion of the alloy [229].

367

368 Ternary and quaternary Fe-Mn based alloys have also shown success. Additions of 369 Si created a shape memory alloy with improved mechanical properties and corrosion 370 rate [230]. Twinning-induced plasticity (TWIP) steels have a long been used in 371 industry [231] and some have recently been shown to have good biocompatibility 372 [232]. Additions of Pd to TWIP steels significantly increased the in vitro corrosion 373 rate by forming a noble intermetallic with iron. Further ageing allows the precipitates 374 to finely disperse [220,226,232]. The *in vitro* corrosion rate of Fe-10Mn-1Pd was up 375 to 10 times that of iron [220]. The *in vivo* corrosion of the alloy, however, was only 376 slightly faster than that of pure Fe [233]. The cathodic reaction of the alloy is mass 377 transport controlled [226], and since it was tested in an orthopedic environment, 378 there was restricted blood flow, reducing the oxygen transfer and limiting the 379 corrosion. Additions of silver to TWIP steel introduced ε-martensite during 380 deformation, which, along with the Ag, reduced the ductility, but improved the overall 381 strength [234].

382

383 Similar to permanent metallic implants, there still exists a mismatch in the stiffness 384 between Fe and bone resulting in stress shielding and subsequent bone resorption 385 [235]. Increasing the porosity level of the bulk material has been shown to reduce the 386 stiffness [203], thus reducing stress shielding at the tissue-scaffold interface. 387 Furthermore, increasing the porosity level increases the amount of surface area for 388 cells to attach and proliferate, at the cost of the mechanical properties of the implant. 389 Porous Fe-based scaffolds have been shown to have higher corrosion rates, and 390 Young's modulus more similar to that of cortical bone [217,235,236].

391

393 3.0 Additive manufacturing of biodegradable metal load-bearing 394 scaffolds

395

Additive manufacturing (AM) is defined as: "process of joining materials to make
parts from 3D model data, usually layer upon layer, as opposed to subtractive
manufacturing and formative manufacturing methodologies" [237]. The advantage
AM has is that it can manufacture porous metal biomaterials for load-bearing bone
scaffold applications with controllable porosity and scaffold architecture [24,25] as
opposed to stochastic open-cell structures typical of traditional manufacturing
methods.

403

404 Biodegradable porous metal scaffolds have been successfully manufactured using 405 AM technologies such as binder-jet (BJP) and metal extrusion. BJP is a multi-step 406 AM process in which a print-head selectively deposits a liquid binding agent onto a 407 layer of powder. A fresh layer of powder is deposited on top bonding the materials 408 together, the base is lowered, and this is repeated until completion of the 409 component. In metal extrusion printing, the powder is mixed with the binder to form a 410 slurry that is selectively deposited by a head. For bone scaffold applications, post-411 processing is necessary to increase the component strength. The binding agent is 412 removed through curing followed by de-powdering, sintering, infiltration, annealing, 413 and finishing [238,239]. These post-processing steps can be time consuming, costly, 414 and result in a coarse microstructure [240]. As such, the mechanical properties of 415 BJP components are typically not as good as their cast counterparts [241]. 416 Furthermore since the powder is not melted, rather it is sintered, there exist a high 417 chance of increased, and even varying, porosity in the component [242-244]. The 418 surface finish and complexity of the part is also limited due to the binder and 419 subsequent sintering. Extrusion based AM techniques also require binder, and, as such, have similar properties and require similar post processing to BJP scaffolds. 420

421

422 Porous Fe-30Mn scaffolds fabricated through BJP successfully increased the423 corrosion rate over ten-fold compared to bulk pure Fe [242]. However, the

424 mechanical properties of the scaffold were not suitable for load-bearing applications. 425 This was attributed to the formation of unexpected porosity due to poor packing of 426 powder from irregular powder morphology. Hong et al. followed up on this work and 427 manufactured Fe-35Mn-1Ca scaffolds using BJP [243]. They found that the 428 corrosion rate was over double that of BJP Fe-35Mn and much higher than that of 429 pure Fe. The addition of Ca reduced the ductility when compared to Fe-35Mn, and 430 was significantly lower than that of iron; this was attributed to the limited resolution of 431 BJP and unexpected porosity, likely due to irregular powder morphologies [243]. Mg-432 based metal extrusion resulted in a high-porosity composite scaffold with excellent 433 biocompatibility, improved osteoblast differentiation, proliferation, and reduced 434 bacterial adhesion [165,166]. The mechanical properties were sufficient for 435 trabecular bone growth, but not for load-bearing situations. Similarly, Fe-based 436 composite scaffolds manufactured through metal extrusion also showed improved 437 osteoblast differentiation, with sufficient mechanical properties for low-load-bearing 438 application [245].

439

440 Selective laser melting (SLM) is a laser-based AM technology wherein a laser 441 selectively melts the component cross-section onto the powder bed. A fresh layer of 442 powder is deposited on top and the process is repeated until completion of the part. 443 SLM has become an increasingly popular method to manufacture bone scaffolds as 444 it has better dimensional accuracy than other metal-based AM technologies and can 445 thus achieve complex geometries with controlled pore size, distribution, and 446 interconnectivity [14,54-57], without sacrificing mechanical and corrosion properties 447 of the bulk material [246-248].

448

449 3.1 Selective laser melting of Magnesium and alloys

450

451 Porous Mg structures for bone scaffolds have been successfully manufactured using

- 452 powder metallurgy (PM) [163,164,249-251], negative salt patterning
- 453 [130,133,252,253], and laser perforation [254]. While Mg has been successfully
- 454 manufactured via SLM, there remain concerns about processing the highly volatile

- 455 Mg powder. Furthermore, its high affinity for oxygen means oxide layers are formed
- easily, which can cause problems such as balling [255]. As such, the majority of
- 457 initial studies were conducted on studying the ability to process Mg via SLM
- 458 (processability) and attempting to achieve high density components (densification
- 459 studies). Subsequently attention was turned to the characterization of SLM
- 460 manufactured Mg parts to determine their suitability for biodegradable implants.

- 462 Ng et al. were the first to investigate SLM as a manufacturing method for Mg by
- 463 melting single tracks of pure Mg powder using an in-house SLM machine [256]. Their
- 464 future work identified the processing parameters (laser power and scan speed)
- 465 required to manufacture Mg with similar mechanical properties to their cast
- 466 counterpart [257-259]. The tracks did have a relatively large amount of porosity and

467 defects as shown in Figure 1.

468



469

Figure 1 SEM images of surface morphology of pure Mg processed with a linear energy density of A) 0.33 J/mm₂,
B) 0.66 J/mm₂, C) 0.99 J/mm₂, D) 1.33 J/mm₂. Reproduced with permission from [257].

- 473 This problem was also encountered by Zhang et al. during the SLM of Mg-9%Al
- 474 [260]. During SLM of metals it is generally understood that an increased energy
- 475 density results in higher density components, until a certain threshold is reached

476 above which melt pool instabilities dominate and decrease the overall density of the 477 part. The problem with Mg is that this processing window is much smaller due to the 478 relatively small difference between the melting point of pure Mg (650 °C) and boiling 479 point (1090 °C) [261]. This presents a challenge to fully melt the powder without 480 vaporizing it, which should be prevented because the recoil pressure from the 481 vaporized material causes large pores within the solidified component. Zhang et al. 482 managed to achieve a relative density of 82 % by varying the energy density and 483 minimizing vaporization. Higher scan speeds result in lower energy density, which 484 causes incomplete melting and encourages balling [260].

485

486 Wei et al. [262] and Schmid et al. [263] investigated the effect of energy density by 487 varying hatch spacing and scan speed on AZ91D and AZ91 respectively. They found 488 similar results to Zhang et al.; increasing the energy density initially increases the 489 relative density and mechanical properties, but after an upper limit, any increase in 490 energy density decreases the relative density and subsequently, the mechanical 491 properties. SLM of AZ91D proved to be comparatively successful as the samples 492 had a relative density of 99.52 % and showed a higher UTS, but a lower ductility, 493 when compared to die-cast AZ91D [262]. Wei also investigated the effect of laser 494 parameters on ZK60 and found that the maximum relative porosity achieved was 495 lower compared to the AZ91D [264]. A follow up study by the same group found that 496 increasing the amount of Zn content in a Mg-xZn alloy increases the amount of 497 solidification cracking and decreases melt pool stability, resulting in increased 498 microspores. Together, these defects significantly lower the mechanical properties of 499 the alloy [265]. Like Mg, Zn has a relatively small difference between its melting point 500 (420 °C) and boiling point (907 °C) [261]; therefore, a larger quantity of alloy was 501 evaporated during SLM.

502

A research group at Fraunhofer led by Gieseke tried to overcome this by processing
the Mg in overpressure in a modified SLM Solutions 125_{HL} machine. While this
successfully increased its boiling point [266], the research was abandoned due to
process instabilities in favor of a novel shielding gas circulation method [267]. The
reactivity of magnesium powders poses a safety concern, which was amplified by the

508 introduction of an overpressure in the SLM machine. The gas circulation method was 509 introduced to remove the magnesium vapor, which can interact with the laser and 510 cause processing instabilities, further amplifying the instabilities inherent of the highly 511 volatile magnesium powder. Another factor in the improvement of relative density of 512 SLM manufactured Mg components over time was the advancement in laser 513 technology, and better understanding of powder particle interaction with the laser. 514 This allows for better control of the actual heat input into the powder bed, resulting in 515 less evaporation, and subsequent gas recoil instabilities.

516

517 Hu et al. were the first to manufacture bulk pure Mg using SLM by optimizing laser 518 parameters and particle size, achieving a relative density of 95% [268]. It was found 519 that smaller particles require a lower energy density to fully melt, but also produced 520 rougher, less dense components with a higher number of defects. This is because a 521 decrease in powder particle size, increases the friction in the bulk powder, promoting 522 the balling effect. Smaller particles are also more sensitive to energy density, making 523 it more difficult to control the vaporization of the Mg during SLM. Furthermore, since 524 Mg needs to be selective laser melted in an inert environment, the smaller particles 525 are more prone to be blown away by the cover gas [268]. Therefore, the larger 526 particles produced denser and smoother components. The surface quality can also 527 be improved by surface preheat, which also reduces warpage in single track 528 manufacturing, but this effect reduces as layer thickness increases [269].

529

530 The first peer-reviewed study on the SLM of Mg specifically for biodegradable 531 implant application optimized processing conditions using a bespoke SLM machine 532 to manufacture high density pure Mg parts [270]. Using the same bespoke system, 533 several studies into the effect of additions of various alloying elements on the 534 microstructure, degradation rate, and mechanical properties of SLM manufactured 535 Mg-based components were performed. In general, additions of alloying elements 536 decreased the grain size with increasing alloying elements until a certain point due 537 heterogeneous nucleation of grains on secondary particles, after which further 538 additions increased the grain size [271-276]. The refined microstructure of the 539 alloyed Mg improved its compressive strength, but further additions of alloying

540 elements resulted in coarser grains and more secondary precipitations, reducing its 541 mechanical properties. Conversely, the secondary particles increase the alloys 542 hardness; therefore, the general trend was increasing hardness with increasing 543 alloying content. The corrosion behavior followed a similar trend to the compressive 544 strength and grain refinement, in that it decreased with increasing alloying content 545 until it reached a peak, and subsequently increased with increasing alloy content 546 [271-276]. This was attributed to two competing factors: the decrease in grain size, 547 which reduced the corrosion rate, and the increase in secondary particles, which 548 increased the corrosion rate. Decreasing the grain size generally increases the bulk 549 uniform corrosion rate of the metal, as a higher number of grain boundaries 550 increases the reactivity of a metal [277]. However, in simulated body fluids (SBF), decreasing the grain size stabilizes passive films, such as Mg(OH)2 and MgO, that 551 552 are formed during Mg degradation [20]. Increasing the number of secondary 553 particles provides more sites for galvanic corrosion, which increases the overall 554 corrosion rate; furthermore, as the number of secondary particles increase, the grain 555 size also increases, therefore, further increasing the corrosion rate.

556

557 A recent study by Shuai et al. tried to decrease the corrosion rate of an Mg-3Zn alloy 558 by using SLM to create a composite with hydroxyapatite (HA) [278]. When subjected 559 to simulated physiological solution, HA is believed to react with the environment and 560 form bonelike apatite on the implant surface [278,279] that slows down the corrosion 561 rate. Similarly, increasing additions of β -tricalcium phosphate (TCP) to ZK60 562 manufactured via SLM decreased the corrosion rate up to a certain point due to the 563 increasingly stable formation of HA during degradation [280]. However, too much 564 addition of TCP reduced the relative density, exposing more of the composite to the 565 environment, and thus, increasing the overall corrosion rate. Coatings can also be an 566 effective method to reduce corrosion rate of SLM manufactured Mg-based 567 biodegradable implants. Matena et al. coated porous Mg scaffolds manufactured via 568 SLM with Polycaprolactone (PCL) to successfully decrease the corrosion rate and 569 improve osteoblast adhesion [281].

570

- 571 To date only a handful of peer-reviewed studies have successfully manufactured
- 572 porous Mg-based scaffolds via SLM as shown in Figure 2.
- 573



- Figure 2 Magnesium based selective laser melted scaffolds. Reproduced with permission from A) [282], B)
 Reprinted from [281], under the terms of the Creative Commons CC BY license, C) [283], D) [270], E) [284], F)
 [285].
- 578

579 Jauer et al. were the first to successfully manufacture WE43 scaffolds with minimal 580 strut porosity [286]. The authors employed a modified SLM system to overcome the 581 issues created by vapor and fume formation during processing. The modified gas 582 management system resulted in an improvement in part density through the removal 583 of the fumes without perturbation of the powder bed. Using the same system, Witte 584 et al. improved strut tolerances through process optimization and post-processing 585 using sandblasting [287]. Other studies manufactured basic scaffolds while investigating the processing optimization of Mg [270] and Mg-Ca [283]. Similarly 586 587 SLM manufactured Mg scaffolds were coated with PCL, with the focus of the study 588 being on the coating [288]. The first full length peer-review study released was built 589 on the works of Witte and Jauer et al. to manufacture and fully characterize WE43 590 diamond unit cell reticulated scaffolds manufactured via SLM for bone scaffold

applications [284]. The study showed the feasibility of using Mg as a non-load

592 bearing scaffold, as it maintained sufficient mechanical properties for trabecular bone

even after 28 days of immersion in SBF along with adequate cytocompatibility [284].

594 Following up on this study, Li et al. investigated the fatigue behavior of SLM-

595 manufactured WE43 [289]. It was found that degradation and fatigue were

596 antagonistic; with increasing degradation, the fatigue strength decreased, and vice-

597 versa with increasing fatigue, the degradation rate increased.

598

599 Kopp et al. were the first to investigate the influence of design and post-processing 600 on SLM manufactured Mg-based scaffolds [285]. Reticulated scaffolds based of 601 square unit cells were manufactured with varying pore size. These were then post-602 processed using plasma electrolytic oxidation (PEO), heat treatment, or both. 603 Through PEO, the corrosion rate and hydrogen evolution are significantly reduced. 604 Consequently, the degradation of mechanical properties over time is also reduced. 605 However, both the PEO coated and non-coated samples had an increased corrosion 606 rate and displayed more strut failure post heat treatment. This was attributed to 607 segregation of the alloving elements at the grain boundary following the heat 608 treatment, which promoted preferential corrosion at the grain boundaries [285].

609

610 It should be noted that in the studies above that mentioned the mechanical 611 properties, the mechanical properties are not sufficient to match that of cortical bone, 612 and as such, are not suitable for load-bearing applications. The architecture of the 613 scaffold further invokes a higher corrosion rate as the introduction of pores increases 614 the amount of metal exposed to the environment [161]. Since the mechanical 615 properties are also correlated to the corrosion rate, a higher corrosion rate signifies a 616 higher degradation rate of mechanical properties. Therefore, for load-bearing 617 scaffold applications, not only do the mechanical properties need to be improved to 618 match or better that of cortical bone, but it must also be ensured that the mechanical 619 properties degrade at a sufficiently slow rate to allow for proper bone healing. 620

621

- 622 3.2 Selective laser melting of Zinc and alloys
- 623

624 As previously mentioned, the majority of research on Zn for biodegradable implant 625 applications has occurred during the last decade. Compared to Fe and Mg alloys, 626 the use of Zn based alloys in industrial applications is relatively limited due to its low 627 mechanical properties. For this reason, there has previously not been a need to 628 research the SLM of Zn. After the eminent study by Bowen et al. [177] the interest for 629 processing Zn and its alloys by SLM piqued, with particular interest for 630 biodegradable implant production. The recent interest means that the majority of 631 studies to date have focused on processing Zn. The first peer-reviewed study on 632 SLM of Zn was published in 2017 and found that, despite only obtaining a density of 633 88%, the mechanical properties were higher than their as-cast counterpart, likely due 634 to the refined grains that are the result of the high cooling rates typical of SLM [290]. 635 The high porosity level was attributed to the process instabilities of Zn during SLM; 636 with low energy densities resulting in partial fusion of the powder, and conversely, 637 high energy density leading to melt pool instabilities and, in the case of Zn, 638 excessive evaporation. The difference between these two extremes for Zn is 639 relatively small due to its small difference between the melting point (420 °C) and 640 vaporization point (910 °C) [261] and therein, lies the difficulty in processing in Zn via 641 SLM.

642

543 Zn vapor interacts with the laser and subsequently affects the processing of the 544 powder bed. In closed chamber processing, this can compound as the vapor quantity 545 increases [291]. When processed in a closed chamber, the Zn evaporated at a rapid 546 rate, as shown in Figure 3, contaminating the chamber and reducing part quality.



Figure 3 Contamination of SLM processing chamber due to Zn evaporation as layer number increases.
 Reproduced with permission from [291]

647

Since Zn is not as volatile as Mg, it can be processed safely in an open environment, with shielding gas flowing over the powder bed. In an open environment, the Zn vapor was removed and, subsequently, led to stable processing, achieving a density of over 99% and a hardness comparable to that of cold-rolled Zn [291]. The effect of particle size on density was similar to the results found for Mg [268] with coarse powder leading to higher densities.

657

658 Similarly, Wen et al. used an SLM machine equipped with a bespoke gas circulation 659 system with slight overpressure to stabilize Zn processing and prevent the vapors 660 from interfering. Using this system they optimized the processing conditions to 661 achieve a high density (over 99.5%) part with mechanical properties higher than that 662 of traditionally manufactured Zn [292]. This study was followed up by analysis of the 663 surface quality of the as-build Zn component, which was comparable to other SLM 664 manufactured metals. Furthermore, the samples were successfully sand blasted, 665 resulting in a surface finish akin to other SLM manufactured metal components. The 666 microstructure consisted of fine columnar grains along the build direction, with the 667 average grain size much smaller than that of traditional manufacturing methods, 668 leading to superior mechanical properties of the SLM manufactured Zn [293].

669

As mentioned previously, additions of alloying elements to Zn can successfullyimprove the bulk mechanical properties. For example, additions between 4-6 wt.%

672 Ag to Zn resulted in a significant reduction of the average grain size and transitioning 673 the grain morphology from columnar to equiaxed. This was attributed to 674 constitutional undercooling and the formation of the secondary Ag-Zn phase. 675 allowing for heterogeneous nucleation. The reduction in grain size also resulted in 676 better mechanical properties of the alloy. Furthermore, the fine dispersion of 677 secondary particles acted as cathodic sites resulting in galvanic corrosion and 678 increased degradation rates with increasing silver content [294]. Similarly, 679 constitutional undercooling and heterogeneous nucleation on secondary phase 680 precipitates resulted in decreased grain size with increasing additions of Mg. As a 681 result, the mechanical properties were also improved. However, owing to a small 682 potential difference between the bulk Zn and Mg-Zn precipitates, there was no 683 accelerated degradation with increasing Mg content due to galvanic corrosion. 684 Furthermore, increasing additions of Mg decreased the bulk degradation rate, and 685 improved cytocompatibility [295]. The same group managed to optimize the SLM 686 processing parameters to manufacture high density Zn-2Al components that 687 displayed adequate cytocompatibility, tensile strength, and a good corrosion rate 688 [296].

689

The use of SLM to manufacture Zn scaffolds is very novel, partly due to the previous
low interest in Zn, and partly due to the difficulty in the SLM processing of Zn.
Processing of bulk and fine (scaffold) geometries is inherently different [297];
therefore, it requires different processing parameter studies for the same material.
Fine structures are more affected by processing instabilities and it can be very
challenging to stabilize SLM of Zn. Successful examples of scaffolds produced by
SLM are shown in Figure 4 [298-300].



697

698Figure 4 Zinc based selective laser melted scaffolds and stents. Reproduced with permission from A-C) [298], D)699[293], E) [299], F) [300].

701 Wen et al. used SLM to manufacture both a Zn coronary stent and scaffold 702 [293,298]. The former was a feasibility study, to show that SLM of Zn stents is 703 possible; however, further testing is required. The latter was manufactured by using 704 simulation to optimize the gas circulation and reduce the effect of the Zn vapor on 705 the SLM process. Zn scaffolds were successfully manufactured with low processing 706 porosity within the struts themselves. However, there was still substantial processing 707 instabilities resulting in poor surface finish, which could be corrected by subsequent 708 surface treatments leading to a suitable uniform surface finish, albeit with a strut size 709 smaller than designed [298]. Mechanical and biological characterization of the SLM 710 Zn scaffolds are currently on-going [66]. Qin et al. used the same gas-circulation 711 method to investigate the effect of additions of WE43 to Zn on the formation quality, 712 microstructure, and mechanical properties of SLM manufactured scaffolds [299]. 713 High strut density was achieved for all samples, but there was significant partial 714 sintering in the form of particles adhering to the struts, resulting in significant 715 geometrical error between the designed scaffold and SLM manufactured scaffold. 716 The mechanical properties increased with increasing WE43 up to 5 wt. % before

- reducing slightly. Overall additions of WE43 significantly increased the mechanicalproperties of the scaffold compared to pure Zn [299].
- 719

720	Li et al. were the first to characterize SLM manufactured Zn scaffolds [300]. They
721	found that Zn scaffolds had suitable mechanical properties for cancellous bone, even
722	after degradation. In fact, the mechanical properties increased after immersion
723	testing, likely due to the formation of degradation product in the scaffold, rendering it
724	a denser Zn/degradation product composite. Despite the formation of the
725	degradation product, the degradation rate was still suitable for scaffold applications.
726	Furthermore, the Zn scaffold displayed suitable cytocompatibility and cell viability.
727	This study showed that SLM manufactured Zn scaffolds are promising for non-load
728	bearing biodegradable scaffold applications [300].
729	
730	
731	3.3 Selective laser melting of Iron and alloys
732	
733	Fe is an excellent bone scaffold material candidate, as its low corrosion rate and
734	high mechanical properties allow for flexibility to optimize scaffold design
735	[65,245,301,302]. Out of the 3 metals discussed in this review, Fe is the easiest to
736	process via SLM; however, the majority of research on SLM of iron-based alloys has
737	been on maraging steels, tools steels, and other steels used in industry [303]. SLM
738	of iron and iron-based alloys for biomedical research has been very limited. Although
739	not studied for biomedical purposes, several studies have achieved almost 100 $\%$
740	relative density of pure Fe by optimizing processing parameters to achieve ideal
741	energy densities [304-307]. The majority of these papers focused on process
742	optimization, and understanding the effects of SLM on the microstructure and
743	mechanical properties.

Simchi et al. were the first to investigate the SLM of Fe but could not achieve adensity above 75% due to insufficient energy input from the laser [308]. Over a

- 747 decade later, high density Fe (shown in Figure 5) was successfully manufactured
- 748 with mechanical properties superior to their traditionally manufactured counterparts
- 749 [304].



Figure 5 Cross sectional micrographs of pure Fe processed with a volumetric energy density of (a) 151.5 J/mm³
resulting in a relative density of 99.3 %, (b) 100 J/mm³ resulting in a relative density of 94.5 %, (c) 120 J/mm³
resulting in a relative density of 82.5 %, (d) 90.9 J/mm³ resulting in a relative density of 62.5 %. Reproduced with permission from [304].

756 Mechanical properties of the SLM Fe were further improved by vacuum annealing, 757 which significantly reduced internal stresses [305] resulting from the complex thermal 758 cycles and high cooling rates typical of SLM [309]. Similar to Mg and Zn, coarser 759 powders resulted in higher density parts, which was attributed to an increase of laser 760 transmissivity with increasing particle size [306]. However, if the powder size is too 761 large, then a lower energy density will reach the lower part of the layer [306]. Other 762 studies on SLM of pure Fe tried to reduce the cost of manufacturing by using 763 cheaper water-atomized powder [307,310]. Despite the non-spherical powder having 764 poor flowability and packing poorly, using SLM along with hot isostatic pressing 765 (HIP), a density over 99.8% was achieved. To reduce cost and improve build rate the 766 core of the sample was built at high speeds and the surfaces with low speeds to 767 achieve a product with high density (after HIP) and suitable surface finish [310].

769 Investigations into using SLM as a process for manufacturing biodegradable Fe 770 implants has garnered significant interest in recent years, with multiple studies 771 coming out over the last several years. Montani et al. were the first to investigate the 772 processing of pure Fe via SLM for biodegradable implant applications and achieved 773 high density components, with the processability of pure Fe akin to that of 316L 774 stainless steel [290]. 316L and Ti-6AI-4V are seen as the "gold standard" for 775 biomedical metal implants, used for application ranging from aortic stents, to bone 776 plates and screws. As such, having mechanical properties and SLM processability 777 akin to that of 316L stainless steel, gives Fe based alloys a promising future to 778 replace 316L for temporary implant applications such as stents, screws, plates, and 779 scaffolds. In a direct comparison with other manufacturing methods, it was found that 780 SLM pure Fe had a grain size significantly smaller than that of cast pure Fe, and as a 781 result had superior mechanical properties [311]. Furthermore, the high density of 782 internal defects and stresses imparted on SLM manufactured components increased 783 the corrosion rate of pure Fe in simulated body fluid (SBF) [311].

784

785 Based on previous studies showing the positive effects of Mn additions on the 786 degradation rate and mechanical properties of the alloy [220,223,226,227], high Mn 787 twinning-induced plasticity (TWIP) steel powder was mixed with silver powder and 788 processed via SLM [312,313]. By mixing the powders, Ag-particulates were 789 distributed through the bulk TWIP steel, acting as local cathodic sites and increasing 790 the overall corrosion rate [312,313]. As was the case with additions of Ag to Zn [294], 791 increasing the Ag content increased the corrosion rate. The SLM processability of 792 Fe-Mn alloys was actually found to be worse than that of pure Fe for solid 793 components, but vice versa for scaffolds [314,315]. This was attributed to the larger 794 melting range of the alloy, which, when using higher energy density typical of solid 795 components, can result in more processing porosity. Despite this, using optimized 796 parameters, high density components were achieved for both pure Fe and Fe-Mn 797 parts[314].

798

As is the case with Mg and Zn, there exists relatively little literature on biodegradable

800 Fe scaffolds manufactured via SLM.



801

Figure 6 Iron based selective laser melted scaffolds. Reproduced with permission from A) [316], B) [317]
803

804 The first study to investigate this was in 2018, where Li et al. successfully 805 manufactured a topologically ordered porous pure Fe scaffold via SLM [316]. This 806 promising study found that the *in vitro* corrosion rate of the scaffold was much higher 807 than its solid cast counterpart and, despite its accelerated corrosion rate it still 808 showed acceptable cytocompatibility [316]. The accelerated corrosion rate is likely 809 due to the synergistic combination of the manufacturing method and the scaffold 810 design. The scaffold architecture increases the amount of metal exposed to the 811 environment during immersion testing, which increases the corrosion rate. On top of 812 this the complex heating and cooling cycles along with the high cooling rates typical 813 of SLM imparts a high percentage of internal stresses, defects and dislocations. This 814 combination can locally destabilize the passive film that typically forms on Fe when 815 immersed in SBF [318]. Furthermore, unlike with Mg scaffolds [289], the pure Fe 816 scaffold showed excellent fatigue strength minimally affected by degradation in SBF 817 [319]. Following up on these studies, the same group investigated the effect of 818 functionally graded porous pure Fe scaffolds on the permeability, mechanical, 819 corrosion and biological properties [320]. It was found that through implementing functional grading the fluid permeability, and in turn biodegradation rate could be 820 821 improved when compared to non-functionally graded structures. As such, this study 822 presents the importance of scaffold design on the final properties of the scaffold.

823

Another study successfully manufactured both pure Fe and Fe-Mn scaffolds usingSLM and found that the lower melting point of the alloy compared to the pure Fe was

826 beneficial for the manufacturing of high quality scaffolds [315]. Following up on this 827 study, Fe-Mn scaffolds were fully characterized, and it was found that the primarily 828 FCC y-austenite microstructure present lead to high ductility of the scaffold. This 829 ductility and the mechanical properties were sufficient for load-bearing applications 830 even after 4 weeks of immersion testing [317]. Similar to the Zn scaffolds [321], 831 degradation product formed on the scaffold, which reduced the corrosion rate. 832 Despite this, the combined effect of the scaffold design, manufacturing method, and 833 addition of Mn led to much higher corrosion rates when compared to bulk pure Fe 834 tested in a similar manner. The Fe-Mn scaffold showed good cytocompatibility; in 835 fact, it showed excellent viability towards mammalian cells with filopodia attachment 836 observed, signaling osteoblast adhesion. This was further shown by the first ever in 837 vivo study on SLM manufactured biodegradable scaffolds which showed successful 838 implant integration with the original bone, along with new bone formation after only 4 839 weeks of implantation [317].

- 840
- 841 3.4 Meta-analysis
- 842
- 843 The use of selective laser melting to manufacture biodegradable metal scaffolds is a 844 very novel field, with the first peer-reviewed studies only being published in the last 5

845 years, as shown in Figure 7.



846

847 Figure 7 Number of peer-reviewed papers published per year on SLM of BDM

848

Mg-based alloys have been the most researched BDM; however, the majority of those papers were not specifically for BDM purposes. Indeed, Mg is a popular material for weight-reduction applications and it was not until 2016 that the first papers specifically for biodegradable implant application were published [270,271,273,322]. That year, the first studies on Mg-based scaffolds manufactured using SLM were published too [270,286,323].

855

856 Similarly, Fe-based alloys for industrial applications have been extensively studied

[303] (not included in Figure 7), and as an extension, pure Fe has also garnered

some attention. Yet, the first studies published on the SLM of Fe and biocompatible

859 Fe-based alloys were not until 2017 [290,313]. With improvements in commercial

860 SLM systems, more complicated reticulated Fe-based scaffolds could be

manufactured, tailoring the otherwise unsuitable properties of bulk Fe to be suitable
for load-bearing bone scaffold applications. After the ground-breaking study on SLM
manufactured Fe scaffolds by Li et al. in 2018, the number of papers published in
2019 has increased 4-fold.

865

866 Unlike Mg and Fe, Zn is not commonly used in industry, so research on SLM of Zn 867 was not an active research area until 2017, when the first SLM feasibility studies on 868 Zn were published (around the same time that SLM of Mg and Fe for biomedical 869 applications was investigated) [290,291]. Since bulk structures are easier to 870 manufacture than scaffolds, all of the studies published in 2017 and 2018 focused on 871 overcoming the SLM process instabilities of Zn, before subsequent studies focused 872 on scaffolds in 2019. In fact, for all BDM, research on SLM to manufacture scaffolds 873 is slowly overtaking that of bulk materials. The difficulties and cost in manufacturing 874 BDM using SLM is only appropriate if the final component cannot be manufactured 875 using traditional manufacturing methods, as is the case with fine structures and 876 geometries, such as stents and complex scaffolds. Indeed, this is what the authors 877 believe is the future direction for SLM of BDM.

878

879 3.4.1 Process parameters

880

SLM has a host of processing parameters that relate to the final part quality [324].
The general consensus in literature, however, is that laser energy input combined
into one index (the energy density) is one of the best predictors for part quality
[303,324]. It is important to note that this is generally true for bulk components[66]
but not for scaffolds, where there does not appear to be any direct correlation
between the usual quality indicators and the volumetric energy density [315].

887

888 Volumetric energy density (VED) is the preferred iteration of energy density for SLM

[66], represents the amount of energy density per unit volume and is given by a

890 combination of key processing parameters as shown in equation 1 [325]:

$$VED = \frac{P}{v \times h \times z} \tag{1}$$

892 Where P is the laser power (W), v is the scan speed (mm/s), h is the hatch spacing 893 (mm), and z is the layer thickness (mm). For lasers operating with pulsed wave (PW) 894 emission by power modulation, the scan speed can be simplified as d_{ρ}/t , where d_{ρ} is 895 the point distance referring to the distance between consecutive laser pulses and *t* is 896 the pulse duration. The relationship between hatch spacing and spot size is also 897 important for SLM processing, relating especially to the process stability [303,326]. 898 This relationship helps explain the effect of laser beam overlap between scan lines 899 on the relative density. Typically, this ratio is reduced to allow for higher productivity 900 (by increasing the scan speed) while maintaining high relative densities.

901

902 A meta-analysis was performed to investigate the effects of volumetric energy 903 density and linear energy on the relative density of SLM manufactured BDM bulk 904 parts. Only peer-reviewed studies that provided in depth processing conditions were 905 included in the meta-analysis. Studies that included post-processing to increase 906 density, such as hot isostatic pressing (HIP), were excluded. From Figure 8 A,C,E, it 907 can be observed that there exists no clear processing window for Mg as there is for 908 Zn or Fe. In general, there are three distinct processability zones. When the energy 909 density is too low, there is insufficient energy to fully melt the powder; instead, only 910 partial sintering occurs, resulting in high porosity due to lack of fusion. On the other 911 hand, if the energy density is too high, then melt pool instabilities and evaporation 912 occur, reducing the relative density due to porosity related excessive energy or 913 keyhole formation. In the middle, there exist the zone known as the processing 914 window, wherein the energy density is suitable to achieve high density components.



Figure 8 A) Effect of VED on relative density, B) Effect of hatch spacing to spot size ratio on the relative density,
for Mg-based alloys; C) Effect of VED on relative density, D) Effect of hatch spacing to spot size ratio on the
relative density, for Zn-based alloys; E) Effect of VED on relative density, F) Effect of hatch spacing to spot size
ratio on the relative density, for Fe-based alloys [260,262,264,268,274,290-295,304-308,310,311,314,327-331].

915

For Zn there exists a processing window around a VED of 40-100 J/mm₃, in which
multiple studies achieved high density components. The processing window can be

923 seen even more clearly for Fe (Figure 8 E), where a VED of approximately 50-400 924 J/mm₃ leads to high relative density components. On the other hand, for Mg there 925 exists no such processing window, rather, all of the studies shown achieve high 926 density components using different VED, with no real agreement between them. The 927 larger variation of results for the Mg alloys also reflects the progression in research 928 efforts throughout the last few years. The excessive vapor generation leads to a 929 highly instable process, while the low density limits the use of increased gas flow, 930 which can disturb the powder bed. As such, initial efforts had limited success. By the 931 introduction of in-house made systems and enhanced gas flow management 932 systems, the processability of these alloys was improved. Observing a clear trend 933 from the meta-analysis is difficult as the SLM system specifications dominate over 934 the processability. This is further highlighted in Figure 8 B, wherein it can be 935 observed that the hatch spacing to spot size ratio for high density components varies 936 greatly, attributed mostly to researchers trying to stabilize the process (since hatch 937 spacing/spot size greatly affects process stability) by investigating a wide range of 938 parameters.

939

940 Such issues concerning excessive vapor generation during the SLM process exists 941 also for Zn alloys, as such similar to Mg, the hatch spacing/spot size ratio is widely 942 varied to improve process stability. However, compared to Mg, more success was 943 found due to the higher material density, making the gas management relatively 944 easier. It should also be noted that the interest on processing Zn by SLM has 945 emerged more recently and has focused almost entirely towards biodegradable 946 implants. Therefore, the issues concerning the process instabilities were quickly 947 identified and tackled. Indeed, most of the papers available in literature employ in-948 house built or modified systems with novel gas management concepts. It is 949 interesting to observe that the density improvements are almost correlated with the 950 publication years showing the advancements in the SLM systems. However, it can 951 still be observed that the processing window of Zn is much smaller, occurring in 952 between a VED of 40-180 J/mm₃. This is attributed to the high instability of Zn during 953 SLM process due to its low difference in melting and boiling points. The meta-954 analysis of Zn should be treated with caution however, as the main novelty in 955 processing Zn lies in stabilizing the process through various techniques such as

956 processing in an open atmosphere [290] or using a novel gas circulation system957 [292].

958

959 Fe-based alloys are relatively stable and have been shown to be easy to process 960 [303]. Indeed, for Fe-based alloys, the processing window lies approximately 961 between 40-500 J/mm₃, which is larger than that of Zn based alloys. The better 962 processing stability is also shown by the smaller hatch spacing/spot size ratio in 963 Figure 8 F. The use of SLM for processing Fe-based alloys for biodegradable 964 implant applications has significantly increased in the last few years and, since it 965 belongs to the oldest class of materials studied for SLM, higher relative densities are 966 achieved as the publications are more recent. Concerning the Fe alloys, it should be 967 noted that not only the SLM machine architecture but also the powder production 968 methods and size distributions have been optimized throughout the years allowing 969 for a more stable process.

970

971 The meta-analysis conducted highlights one of the key challenges that is faced with 972 SLM of BDM scaffolds. The majority of studies discussed in this review are process 973 optimization studies, but these only work on a specific powder for a specific machine. 974 While these process optimization studies show the effects of various processing 975 parameters on important qualities (such as relative density) of the final component, a 976 holistic, all-encompassing approach, for modern SLM machines, should be 977 developed. These guidelines will to allow for guicker optimization, allowing future 978 studies to focus more on other aspects of BDM scaffolds that require further 979 research.

980

981 3.4.2 SLM system for BDM

982

The challenges concerning the production of BDM implants by SLM differ compared
to the permanent implant materials such as Ti-6AI-4V. The key issue is the low
processability of these materials owing to their physical properties but also their
intrinsic reactivity. The high reactivity of the material combined with increased

reactivity of being in powder form renders the SLM process a safety concern as well.
The oxidation enthalpies of pure Fe, pure Mg, and pure Zn are -260, -602, and
-343 kJ/mol [332] respectively. As seen in Figure 9, bespoke SLM systems have
been widely used for processing BDM, which reflects the complications related to the
process. Researchers have used in-house made systems [271,290,291], as well as
commercial lab-scale open systems [284,298,299] and modified commercial
machines [315,319].

994

995 As most of the commercial SLM systems fail to address the processability issues 996 related to BDM, some of the most critical factors regarding the SLM system 997 configurations can be outlined. Arguably the most important factor is related to the 998 gas management and filtration systems, since they play a key role in machine and 999 operator safety as well as process stability. Moreover, Mg and Zn based powders 1000 tend to oxidize more quickly compared to the common SLM materials and may 1001 absorb more humidity from the ambient air. Therefore, the oxide and hydrogen 1002 release during the process can be problematic. Under these conditions, the laser 1003 diffusivity is decreased. Laser power is lost, while the beam profile reaching the 1004 powder bed is expected to be different. The process plume and vapor expand rapidly 1005 generating a pressure front, which can cause denudation in the processing zone. 1006 Most of the commercial SLM systems operate with a gas flow pushing the process 1007 plume, vapor, and debris away from the powder bed. However, for Mg and Zn, the 1008 gas flow should be assisted also with a suction system for a more effective 1009 evacuation. On top of this, as outlined above, the lower density of Mg powders 1010 means that the gas circulation system must be tailored to ensure the powder bed is 1011 not disturbed during processing.

1012

Powder spreading and powder bed packing are other factors that are also more important for BDM compared to conventional SLM materials. The excessive vapor generation with Mg and Zn and oxygen release during the processing of Fe may cause severe denudation. Accordingly, more compact powder beds may be beneficial for the purpose. The use of different powder release mechanisms and recoating systems are yet to be analyzed from this perspective.

1020 Concerning the laser sources, the most common choice, which is the active fiber 1021 laser, appears as an appropriate choice due to sufficient optical absorptivity for all 1022 material types (solid materials at room temperature A_{Zn} = 55%; A_{Fe} = 35%, A_{Mg} = 7%) 1023 [333-335]. On the other hand, temporal and spatial beam shaping features can also 1024 be used, which include the beam spatial profile, the emission mode, and scan 1025 strategies.







1028Figure 9 Percentage of peer reviewed papers using bespoke SLM systems Vs commercial SLM systems and
using CW lasers Vs PW lasers for BDM.

1030

- 1031 The most common beam spatial profile used in SLM systems is the Gaussian profile.
- 1032 Researchers have shown that different profiles can be used to control the
- temperature profile as well as the cooling cycles [336-338], allowing for better control
- 1034 over the final components microstructure.

1036 Regarding the emission mode, the conventional fiber lasers can operate both in 1037 continuous wave (CW) lasers and pulsed wave (PW) (by power modulation) lasers 1038 [339,340]. Several studies have shown that PW lasers allow for a more flexible 1039 control of the heat input through regulation of the individual laser pulse overlaps 1040 (pulse distance) and the laser impulse time [339-342]. As such, PW lasers are 1041 preferred for fine geometries, such as scaffolds, as they are sensitive to heat input. 1042 Furthermore, PW emissions allows for more accurate positioning of each laser pulse 1043 when compared to CW laser scan lines, allowing for better geometrical accuracy and 1044 integrity [339-342]. However, the inherent intermittent heat input of PW lasers can 1045 result in higher melt pool instabilities. Conversely, the continuous heat input 1046 associated with CW lasers increases the thermal load, resulting in better melt pool 1047 stability and wider melt pools [342,343]. Additionally, CW lasers have a higher 1048 melting efficiency and as a result a higher build rate when compared to PW lasers 1049 [342].

1050

1051 When selective laser melting solid parts, high relative density is one of the most 1052 important final attributes. As such, the majority of studies prefer CW lasers over PW 1053 lasers, as can be seen in Figure 9, since CW lasers can achieve higher density 1054 components [339-342]. Similarly, for highly unstable materials such as Mg and Zn, 1055 wherein melt pool stability is critical, CW lasers are preferred. On the other hand, for 1056 a stable material like Fe, PW systems would allow for more complex scaffold 1057 architectures when compared to CW. However, since majority of commercial SLM 1058 systems employ CW lasers, it is still the predominant laser emissions system for Fe 1059 based scaffolds [339].

1060

Different scan strategies in SLM have been most widely studied for the cracking phenomenon [344,345]. Such strategies can be potentially used to better manage the vapor generation and denudation phenomena. On the other hand, most of the conventional scan strategies fail to address the difficulties regarding the fine details required for the thin struts with dimensions smaller than 1 mm. Contour scans [346], single line [347], and single point exposure [348] strategies have been proposed for conventional SLM materials, which are appropriate for BDM scaffolds.

1069 Finally, the need for in-situ process monitoring techniques should be more effectively

1070 investigated for processing BDM with SLM both for internal defects as well as

1071 dimensional errors [349]. Beyond the formation of common defects such as lack-of-

1072 fusion or excessive energy pores, it has been reported that Zn exhibits component

1073 collapse due to material ejection indicated by an unstable plume behavior [350].

1074

4.0 Design considerations for SLM manufactured load-bearing bone scaffolds

1077

1078 Scaffold geometry can significantly affect the mechanical properties, and also the 1079 degradation rate, cell ingrowth, and subsequent cell proliferation [351,352]. This has 1080 resulted in significant research on scaffold geometry optimization for bone scaffold 1081 applications [352-356]. It is well known that mechanical properties are inversely 1082 proportional to the level of porosity [203], with circular pores improving the stiffness 1083 of the scaffold when compared to cylindrical pores [25]. Topologically optimized 1084 scaffolds have fewer stress concentrations, lower maximum stresses, and relatively 1085 uniform Von Mises stress distribution resulting in better strength-to-weight ratios 1086 [356-358].

1087

1088 Porosity level and pore size of the scaffold can drastically affect both the cellular 1089 response and subsequent tissue regeneration during healing [25,351,352]. Open-cell 1090 structures with a pore size over 100 µm have been shown to allow for angiogenesis 1091 and the diffusion of oxygen and nutrients [40,41,359]. Although there is conflict in the 1092 literature on the optimal pore size [356], it has been shown that pore sizes between 1093 300-900 µm result in higher and faster bone ingrowth [42,356]. Larger pores and 1094 higher porosity tend to improve mass transport due to increased permeability and 1095 diffusivity, allowing for cell diffusion, nutrient, waste, and growth factor transportation 1096 [351,355]. Similarly, topologically optimized concave surfaces have been shown to 1097 have higher rates of tissue deposition compared to flat or convex surfaces, along 1098 with higher permeability [359,360].

1100 The effect of scaffold geometry on the biodegradation rate for load-bearing scaffolds 1101 is not well understood, with only one study to date having investigated it [361]. The 1102 biodegradation rate not only affects the time-dependent mechanical properties of the 1103 scaffold, but also the healing of the damaged tissue. Premature failure of the scaffold 1104 can result in too much load-transfer to the healing tissue causing necrosis [20]. 1105 Furthermore, control of the biodegradation rate ensures that the scaffold by-products 1106 are released at a sustainable rate that the body can safely metabolize. Li et al. were 1107 the first to investigate scaffold geometry specifically for BDM bone scaffolds by comparing 4 different scaffold designs based on a diamond unit cell as shown in 1108 1109 Figure 10.

1110





1115

- 1116 It was found that the scaffold design significantly affected the permeability and
- 1117 subsequent biodegradation rate. As expected, the highly porous scaffold with a
- 1118 uniform strut size of 200µm had the highest degradation rate and permeability, along
- 1119 with the lowest mechanical properties. Conversely, the 400 µm scaffold had the
- 1120 highest mechanical properties and lowest fluid permeability and degradation rate.
- 1121 The graded scaffolds had comparable mechanical properties to each other, but the

1122 scaffold with a less dense center (Figure 10-C) had a higher degradation rate. This 1123 was attributed to the higher permeability and fluid flow in the center of the scaffold, 1124 resulting in a larger weight loss at the center of the scaffold compared to the outside. 1125 However, as mentioned previously, this did not seem to significantly affect the bulk 1126 mechanical properties of the scaffold, with both functionally graded scaffolds 1127 displaying mechanical properties approximately halfway between the 2 uniform struts 1128 both before and after immersion testing [361]. This study showed that scaffold 1129 geometry does play a critical role in the degradation rate, with further studies 1130 needing to investigate the effect of other variables (such as varying the unit cell 1131 design etc.) on the properties of BDM for load-bearing scaffold applications.

1132

1133 5.0 Future Recommendations

1134

1135 The selective laser melting of biodegradable metals is a novel research area with 1136 exciting possibilities that requires further exploration. The ability of SLM to create 1137 highly customizable bone scaffolds with intricate porous architecture to match the 1138 host bone morphology makes it an excellent candidate for manufacturing of 1139 biodegradable bone scaffold. Apart from overcoming the problems unique to each 1140 BDM family, additional challenges lay in the SLM processing of the material and the 1141 imparted properties in the final component. For Mg, its volatility and vaporization are 1142 key problems to address in future work. Similarly, with Zn, improving SLM process 1143 stability is key in manufacturing high guality scaffold. For these BDM, the challenge 1144 lies in process stabilization, partly through control of processing parameters, but also 1145 through modification of the processing atmosphere, pressure, and gas circulation. 1146 Lastly, Fe is a relatively easy biodegradable metal to manufacture using SLM; the 1147 challenge herein lies with improving the corrosion rate and bioactivity while 1148 maintaining, or improving, the mechanical properties.

1149

There are currently no standards for testing the properties of BDM, let alone BDM forbone scaffold applications. As such, it can currently be difficult to directly compare

the performance of BDM bone scaffolds in literature. Standardization of testing will

1153 allow for better comparison of scaffold performance to current clinical scaffolds, and 1154 to other BDM scaffolds. This is especially important for a highly versatile 1155 manufacturing technique, such as SLM, where multiple scaffold variables (e.g. 1156 scaffold geometry, material type, and hybrid materials) can be significantly modified, 1157 resulting in unique scaffolds. These unique scaffolds can be evaluated more 1158 efficiently and accurately with the help of standardized testing. Standardized testing 1159 will also allow for an easier transition into clinical trials and future commercialization of SLM manufacture BDM bone scaffolds. 1160

1161

1162 To date there has only been one study on scaffold optimization and its effects on the 1163 mechanical, corrosion, and biological properties of SLM BDM bone scaffolds [361]. 1164 Previous studies have shown that scaffold architecture significantly affects not only 1165 the mechanical properties but also the cell attachment, proliferation, and in vivo 1166 healing rate [14,56]. Furthermore, scaffold architecture affects fluid permeability and 1167 the surface area exposed to the environment and, as such, can significantly affect 1168 the corrosion rate [351]. Post-processing of the scaffold can further affect the surface 1169 guality of the scaffold, which also requires further research. To this end, coatings and 1170 hybrid materials can help improve degradation rates and bioactivity [288,301], 1171 resulting in better implant integration. Future research should focus on the SLM of 1172 hybrid biodegradable materials and/or coatings of the scaffold. The effect of post-1173 processing and finishing of the BDM scaffolds on its properties also requires further 1174 investigation. The combination of a complex geometry and a biodegradable alloy 1175 renders the conventional finishing methods, such as sand blasting or electropolishing 1176 difficult [298,332,362]. The removal of loose particles and improvement of the 1177 surface quality while maintaining dimensional accuracy requires further attention. 1178 Dimensional accuracy of these complex scaffolds before and after finishing steps call 1179 for the use of advanced techniques, such as computed x-ray tomography, both in 1180 terms of acquisition and analysis [363,364].

1181

Alloy development for BDM bone scaffolds has been significantly studied and
remains a hot topic of research; however, the effects of SLM on these alloys needs
to be further investigated. To this point, research on lowering the cost of powder

1185 manufacturing is a concurrent research topic that needs further development if the 1186 research of SLM of BDM bone scaffolds is to evolve out of its early infancy. Ideally, 1187 novel alloy powders would be used for studies as opposed to mechanically alloying 1188 different powders together, yet the cost of the former is currently much too high. By 1189 exploring these challenges, SLM of BDM bone scaffolds will be an exciting field to

- 1190 keep an eye on.
- 1191

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1193

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1213 **References**

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