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Abstract Over the last three decades, the research group on regional and urban economics at the Politecnico di Milano has carried out studies on theoretical and empirical issues concerning the structure, competitiveness and growth of cities. A broad critical synthesis of this line of research is presented in Camagni et al. (Urban Empire, Edward Elgar, Cheltenham, 2019). In what follows, we focus on two crucial issues that the group has tackled, i.e. optimal city size theory and the empirics of central place theory. Although other issues,

like self-organization dynamic models and the concept of city networks, have been elaborated by the group, they are not discussed in this paper.

A Research Programme on Urban Dynamics



Roberto Camagni, Roberta Capello and Andrea Caragliu

1 Introduction

Over the last three decades, the research group on regional and urban economics at the Politecnico di Milano has carried out studies on theoretical and empirical issues concerning the structure, competitiveness and growth of cities. A broad critical synthesis of this line of research is presented in Camagni et al. (2019). In what follows, we focus on two crucial issues that the group has tackled, i.e. optimal city size theory and the empirics of central place theory. Although other issues, like self-organization dynamic models and the concept of city networks, have been elaborated by the group, they are not discussed in this paper.

The logical *fil rouge* connecting different contributions—sometimes explicit, sometimes only implicit and even hidden—became evident by developing this paper, which also allowed us to verify the logical consistency of the overall research programme progressed by the groups on these issues.

The main inspiration for most of the work of our research group originates from a paper presented in 1984 at the Second World Congress of the RSAI (Camagni et al. 1986). This period was characterized by booming scientific creativity with groundbreaking works in fields such as the economics of urban size (Alonso 1971), city systems and urban hierarchy (Beckmann 1958), spatial interaction models (Wilson 1970) and the associated dynamic versions (Harris and Wilson 1978), complex systems, mathematical ecology and self-organization modelling (Prigogine and Stengers

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S. Della Torre et al. (eds.), *Regeneration of the Built Environment from a Circular Economy Perspective*, Research for Development, https://doi.org/10.1007/978-3-030-33256-3_1

1984; Allen and Sanglier 1981). Camagni et al. (1986) is a theoretical and methodological work, although it has also been supported by empirical verification through a computer simulation. In this work, all these traditionally separated research fields were somewhat merged. Also, the paper added a crucial dimension, i.e. Schumpeterian innovation declined in spatial terms. The result was an eclectic, supply-side self-organization model simulating the dynamics of an urban system (Soudy).

The logical structure of the model paved the way for a few theoretical hypotheses which, on the one hand, improved existing models and theories on urban structure and growth, and, on the other hand, suggested new directions for further theoretical advances and empirical validations. In what follows, we will deal with each field of analysis in detail, using the Soudy model as a guiding light.

2 On Optimal City Size

In the early 1970s, urban economics frequently dealt with the identification of an optimal city size, whereby the distance between benefits and costs is maximized. In particular, urban size optimality may be defined in terms of (i) minimum city size (corresponding to the size at which average benefits begin to outvalue costs); (ii) cost minimization (where, with benefits remaining constant, costs are minimized); (iii) per capita optimal city size (i.e. city size associated to the maximum vertical distance between average benefits and costs, usually interpreted as the optimal size for dwellers); (iv) benefits maximization; (v) socially desirable optimal city size, corresponding to the golden rule where marginal costs equal marginal benefits. This condition is usually interpreted as the view of the rational national planner; and (vi) maximum city size, corresponding to the largest city size whereby average costs equal average benefits (Alonso 1971).

Yet, since the late 1970s research on optimal city size received relatively little attention. Richardson first criticized the optimal city size theory, arguing that since cities do not perform the same functions, they differ in terms of both costs and benefits. This difference logically makes it impossible for cities to share the same optimal size. Later on, Henderson (1985) questioned the validity of the optimal city size theory, claiming that each city is characterized by a specific production function. In fact, the same critique was also discussed by Alonso (1971), acknowledging that an optimal size should be sought per city. The logical consequence would be a unique optimal city size for each individual city.

Later research overcame some of the limitations mentioned above by focusing on the fifth class of city size optimality, where marginal location costs equal marginal location benefits. Within a system in spatial balance, a rational planner looks at urban optimal sizes through marginal conditions (Camagni et al. 2013). The model discussed in this last paper delivers a continuum of equilibrium city sizes, due to rational consumers deciding their locations on the basis of a classical “ $MC = MB$ ”¹

¹MC: Marginal Costs; MB: Marginal Benefits.

59 optimal condition. This framework also allows for a comparison on a cross-section
 60 of cities solving the logical impossibility stemming from the Henderson critique.
 61 The model is also supported by an empirical assessment of the factors at the core of
 62 benefits and costs, determining equilibrium city size *irrespective of their dimensions*.
 63 These determinants encompass the quality of functions hosted but also other eco-
 64 nomic, social and environmental factors. The model strikes a balance between the
 65 dichotomy of “one vs. infinite optimal sizes”: “*cities are supposed to share the same*
 66 *cost and production functions with heterogeneous, substitutable factors*” (economic
 67 functions and other context conditions). Also, “*each of them maintains its specificity*
 68 *and, consequently, its ‘equilibrium’ size, but comparability and possibility of running*
 69 *cross-sectional analyses is saved, and also possibility of devising policy strategies*
 70 *for urban growth and containment*” (Camagni et al., p. 313).

71 However, the remnants of these empirical estimates remain unexplained, or, to
 72 put it more accurately, amenable to alternative explanations. Along with true *i.i.d.*
 73 disturbances, residuals also capture potentially omitted variables such as good or
 74 bad governance, which may potentially sustain population levels above or below
 75 structural equilibrium ones.

76 3 On Urban Hierarchy and Central Place Theory

77 Central place theory (henceforth, CPT) explains the existence of urban systems as
 78 the result of the tension underlying centripetal and centrifugal forces, which create
 79 regular structures whereby cities of different ranks coexist and, in the Lösch version,
 80 can focus on performing different economic activities.

81 This theory introduced several fundamental advances in our understanding of
 82 urban systems. One such improvement lies in the role played by functions (in Christal-
 83 lerman contributions, specific per rank) in explaining the spatial distribution of cities
 84 across a system. The rank of a city explains its function, and therefore its size,
 85 leaving within an urban system space for cities of varying sizes. Paradoxically, this
 86 result was indirectly neglected for several years by the modern spatial equilibrium
 87 approach à la Von Thünen-Alonso-Fujita (Camagni 1992). Theoretical neoclassical
 88 models of stylized cities typically work on the assumption of location choice indif-
 89 ference, which posits that lower accessibility to the centre is compensated by lower
 90 rents and higher environmental quality. Extending the same approach to city systems
 91 equilibria, indifference in location choices is satisfied only when cities provide the
 92 same advantages and disadvantages to firms and dwellers. This condition remains
 93 valid only when cities share the same size (Camagni 1992, Sect. 6.6).

94 However, CPT is not free from shortcomings. One such limitation is related to
 95 their inherently static approach: proof being that in these models relative city rankings
 96 remain stable over time. While this result is acceptable over the short/medium run,
 97 it clearly cannot explain long-run urban growth processes. While some have tried to
 98 overcome this limitation at least in terms of comparative statics (Parr 1981), there is

99 still a chance to explain the diverging development patterns of cities over the long
100 run.

101 In this sense, following the newly developed self-organization approach to the
102 dynamics of complex systems (Prigogine and Stengers 1984) and in particular its
103 application to the evolution of urban systems (Allen and Sanglier 1981; Dendrinos
104 and Mullally 1981; Bertuglia et al. 1987), the SOUDY model (Camagni et al. 1986)
105 introduced a dynamic and evolutionary approach, in theoretical, mathematical and
106 simulation terms. The dynamics of each city in the model, interacting within urban
107 systems, happens through two distinct processes:

- 108 (i) a process of *constrained dynamics*, causing demographic growth (within effi-
109 cient size intervals) towards an attractor (net urban benefits) and linked to the
110 hierarchical level of each function;
- 111 (ii) a process of *structural dynamics*, engendered by an innovation leap achieved by
112 each city. This happens through the acquisition of new functions, relating to a
113 higher hierarchical level, allowing higher profits, balancing the superior costs of
114 larger dimensions. In the SOUDY model, the probability of transition depends
115 on an endogenous dynamic instability condition, where each city overcomes the
116 size threshold for the appearance of the superior function. This can potentially
117 lead to the acquisition of the new function (or to the loss of previous functions)
118 and consequently to relevant bifurcations in the development path.

119 Following up to the conceptual novelties of the SOUDY model, the development
120 path of cities determined by normal, multiplier-type dynamics and by *structural*
121 *dynamics* led by internal innovation was empirically investigated identifying three
122 hierarchical ranks (*small, medium and large* cities) in the European urban system
123 (Camagni et al. 2015a, b). Interpreting urban growth as net returns to urban scale, the
124 assumption of an inverted U-shaped relationship between city size and agglomeration
125 economies inside each rank was found to be statistically significant, along with the
126 evidence of the possibility, for dynamic cities, to escape decreasing returns through
127 innovation.

128 Moreover, Camagni et al. (2015a, b) find that:

- 129 (i) the intensity of the following factors determines increasing returns *irrespective*
130 *of city size*: the quality of the activities hosted, the quality of production factors,
131 the density of external linkages and cooperation networks, the quality of urban
132 infrastructure—internal and external mobility, education, public services;
- 133 (ii) large, as well as medium and small cities, may experience a halt in their growth
134 path, even a decline, when they grow without a simultaneous increase in the
135 endowment of these factors. This is what has been termed long-term *structural*
136 *dynamics* (Camagni et al. 2015a).

137 This implies that some large cities escape agglomeration diseconomies, despite
138 their large dimensions; by the same token, some small ones may face diseconomies
139 if unable to implement innovative strategies and functional upgrading or to broaden
140 their networks with other cities across short but also long distances through cooper-
141 ative agreements relating to infrastructure, top public services or R&D facilities.

142 Within CPT, there is still considerable room for further advances. Particularly,
 143 there seems to be a general lack of consensus regarding the very definition of urban
 144 ranks. What do “large” and “medium” mean when defining urban ranks? While,
 145 from a general equilibrium perspective, city sizes are distributed along a continuum
 146 of functions and roles, structural breaks still seem to characterize urban systems,
 147 thus strengthening the case for the existence of different production functions, and
 148 different stocks of production factors for cities of different ranks. Ideally, theoretical
 149 models should follow suit and accommodate rank thresholds.

150 An important step forward in this sense is the critique of a number of theoretical
 151 shortcuts in neoclassical urban economics (Camagni et al. 2016) which assume
 152 that agglomeration economies (i.e. city size) automatically lead to urban growth
 153 (Krugman 1991; Glaeser et al. 2001; Glaeser 2011). Henderson (2010) argues that
 154 the “*association between urbanization and development (...) is an equilibrium not*
 155 *causal relation*” (p. 518) and that “*urbanization per se does not cause develop-*
 156 *ment*” (p. 515). The point made by the authors is that “*along an average productivity*
 157 *curve rising with urban size, reading the size-derivative as a time-derivative will be*
 158 *mistaken and, beyond that, implies a circular reasoning: ‘if a city grows demograph-*
 159 *ically it will grow economically*” (Camagni et al. 2016, p. 134). A second critique
 160 also posed by the authors suggests the use of net rather than gross measures of urban
 161 efficiency when measuring agglomeration economies. This implies reaching beyond
 162 per capita GDP, productivity and wages in order to also include urban costs (as argued
 163 in Richardson 1978). Thirdly, in their empirical estimates (based on European metro
 164 areas), Camagni et al. (2016) find that:

- 165 (i) In static terms, net overall urban benefits (urban land rent) display a U-shaped
 166 relationship with urban size, suggesting the presence of net increasing returns
 167 to urban scale;
- 168 (ii) On the other hand, from a dynamic perspective, this relationship fails when
 169 it comes to interpreting urban growth. In fact, urban dynamics as measured
 170 by net benefit growth rates show no relation to initial urban size or density.
 171 Instead, results suggest that growth is positively associated with the upgrading
 172 of urban functions, the development of the nearby urban system and, once again,
 173 the capability of establishing long-distance cooperative agreements with other
 174 cities. These results call for a dynamic approach to explaining agglomeration
 175 economies (Camagni et al. 2016).

176 Despite consistent efforts, urban economics still have a long way to go. As fre-
 177 quently advocated (see e.g. Duranton and Puga 2004), the relative strength of agglom-
 178 erative forces is still not fully understood. More specifically, there seems to be room
 179 to seek for more broadly defined dependent variables in agglomeration economy
 180 regressions (this is the case of the recent wave of studies on urban wellbeing and
 181 quality of life; see Lenzi and Perucca 2016, for a recent review) and independent
 182 variables (i.e. how to measure sources of urban efficiency).

4 Conclusions

The main goal of the present work is to present a selection of highlights from the scientific study of urban economics as carried out by the research group in regional science active at the Politecnico di Milano over the last thirty years, with a particular focus on optimal city size theory and on the empirics of central place theory. The specificity of this long-term research programme lies in taking the challenge launched by Alan Wilson in the early 1980s, i.e. the need to develop a unitary approach to urban economics, bringing together theoretical areas which were developed in total isolation. These have been labelled the five *principles* of urban economics (agglomeration, accessibility, interaction, hierarchy and development; Camagni 1992, Introduction).

The starting point of this journey was the construction of a theoretical and simulation model of urban system dynamics, driven by the capability to innovate in the functions hosted by each city (SOUDY model; Camagni et al. 1986). Schumpeterian innovation, generated both by private entrepreneurship and public leadership, and the consequent *structural dynamics*, were suggested as the main driving forces of urban growth. Subsequently, other issues were explicitly inserted into the picture: agglomeration economies, urban and environmental quality, city networks and high-level urban functions.

Attention was also paid to pinpointing the logical shortcuts of an automatic relationship between agglomeration economies and growth. Again, structural change is identified as the factor allowing faster growth of urban benefits to overcome the increase of urban costs, rather than sheer size. Remarkable empirical results have been achieved to prove these assumptions.

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