

1 **Values-Based Scenarios of Water Security:**

2 **Rights to Water, Rights of Waters, and Commercial Water Rights**

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19
20 **Abstract**

21 While a wide body of scholarly research recognizes multiple kinds of values for water, water security
22 assessments typically employ just some of them. Here we integrate value scenarios into a planetary
23 water security model to incorporate multiple water-related social values and illustrate tradeoffs among
24 them. Specifically, we incorporate cultural values for environmental flows needed to sustain ecosystem
25 function (“rights of waters”), the water requirements of a human right to food (“rights to water”), and
26 the economic value of water to commercial enterprise (“commercial water rights”). Pairing quantitative
27 hydrological modeling with qualitative systems of valuing, we suggest how to depict the available water
28 for realizing various combinations of the values underlying those rights. We account for population
29 growth and dietary choices associated with different socio-economic pathways. This pluralist approach
30 incorporates multiple kinds of values into a water security framework, to better recognize and work
31 with diversity in cultural valuation of water.

32 **Introduction**

33 Water security emerged in the second half of the 20th century as an environmental governance
34 framework encouraging sustainable management of a scarce resource (Schmidt 2017). Its basic
35 objective was to manage conflict over competing values, centrally between efficient resource
36 distribution and support of human needs (Keeler et al. 2020). By the time of the 2000 World Water
37 Forum in the Hague, water security had become the key idea for negotiating normative debates in
38 global water governance (Cook and Bakker 2012). Many of those debates centered on what values
39 should be included in water security assessments and how to compare across them to find the best way

40 to distribute a limited resource. The concept of water security initially continued the prevailing
41 utilitarian approach to comparing values through cost-benefit analysis (Conca 2006, Feldman 2007).
42 That approach had the advantage of permitting quantitative modeling, but the disadvantage of either
43 excluding other socially important ways of valuing water or reducing them into the value of efficiency.

44 The water security framework was reformulated in the early 21st century, shifting from efficiency to
45 sufficiency and from sustainable development to resilience, in order to reflect the scale of
46 anthropogenic influence over hydrological systems (Schmidt 2017). Moving from resource limits to the
47 “safe operating space” for freshwater appropriations in relation to other planetary boundaries
48 (Rockström et al. 2009, 2014) suggested rethinking water security in relation to the functioning of
49 planetary systems (Steffen et al. 2015). Meanwhile, in 2010 the UN General Assembly recognized a
50 human right to drinking water and sanitation (U.N. 2010), in addition to the right to water for food
51 production implicit in the human right to food (U.N. 1948). The objective for water security was thus
52 reformulated around a central tension: develop sufficient water capacity to realize human rights to
53 water and food while redirecting overall appropriation to protect planetary systems.

54 Yet while planetary models of water security have in turn sought to address the uneven, complex effects
55 of human actions across multiple scales (Rockström et al. 2012, Gleeson et al. 2020), they still represent
56 a narrow range of values. Water governance scholars and practitioners increasingly recognize that they
57 must take account of more diverse ways of valuing water, which may include not only distributive
58 fairness and aggregate prosperity but also cultural and religious conceptualizations of water (Kallhoff
59 2014, Zenner 2019). From 2016-18, the UN High-Level Panel on Water convened a series of global
60 workshops through its “valuing water” initiative, which sought to reconcile the human right to water
61 with the economic value of water uses, while also recognizing other social and cultural values (see
62 Garrick et al. 2017). Those other values, however, were ultimately reduced to a tradeoff between the
63 human right to water and highest economic value (Schmidt 2020).

64 In their review, Zeitoun et al. (2016) argue that researchers tend to accommodate the challenge of
65 multiple water values by taking one of two approaches: either reducing risks and complexity into a
66 singular frame of reference or integrating plural values by localizing the context. Schmidt (2017) argues
67 that both approaches nonetheless retain the premise of “normal water” – a conception of water as a
68 resource for supporting an historically narrow range of social organization. Communities that
69 conceptualize and value water differently expose the contingency and limits of normal water (e.g.,
70 Young and Loomis 2014, Cano Pecharroman 2018, Opperman et al. 2020). Water values are as diverse
71 and wide-ranging as cultural imaginations.

72 Tension between diversity of values and the need for comparison thus represents a critical challenge for
73 water security. “Alert to the critique of reductionism,” Doeffinger et al. (2020) have developed a
74 “dashboard” comprised of 52 variables reflecting a “broad and holistic understanding of water security”
75 (p. 826). Their tool addresses the challenge between diversity and commensurability by incorporating
76 many contextual variables into a composite representation that permits relatively rapid appraisals and
77 comparison across context. However, they explicitly exclude “historical and cultural context” (Doeffinger
78 et al. 2020, 832). While recognizing it as a major category for understanding how a particular water
79 system functions, they deem the related variables too difficult to include. Their dashboard for the Indus
80 River basin, birthplace of three world religions, thus does not have a way to recognize values arising

81 from the long history of regarding the Indus River as sacred. Doeffinger et al. regret the shortcoming and
82 name incorporation of cultural values as a key point for methodological advancement.

83 Meanwhile, that methodological challenge particularly disadvantages Indigenous communities.
84 Indigenous representatives in water governance arenas regularly observe that the UN Declaration on
85 the Rights of Indigenous Peoples (UNDRIP) acknowledges cultural values of water, including the
86 possibility of sacred and intrinsic values for water. As Emanuel and Wilkins (2020) explain, “UNDRIP
87 affirms that Indigenous peoples have rights to maintain spiritual relationships with waters of their
88 territories (Article 25) and to give free and informed consent prior to the development or exploitation of
89 their water and other resources (Article 32).” While Indigenous modes of valuing water are typically
90 excluded from water governance conceptual frameworks, in many specific arenas of water governance
91 Indigenous peoples invoke UNDRIP “to defend their treaty rights, exercise their sovereignty, preserve
92 their cultures, or protect their interests in other ways” (Emanuel and Wilkins, 2020). As a matter of
93 procedural justice then, water security tools need to incorporate a broader range of cultural values.

94 Is it possible to account for broader diversity in water values while permitting comparison across their
95 hydrological entailments? This article takes a step toward a more pluralist water security model – that is,
96 a model more capable of incorporating different kinds of values without reducing them to a single norm.
97 First, we describe “rights of waters” as proxy for a range of cultural valuation typically excluded from
98 water security assessments. Drawing from literature on relational and intrinsic values, with special
99 attention to Indigenous sources, we discuss ways of connecting those values to quantitative data on
100 environmental flows, which are here expressed as minimum instream requirements to sustain
101 ecosystem function (e.g., Wohl, 2020; p. 218). We then illustrate how rights of waters could interact
102 with human rights to water and to commercial water rights, which function as proxies for conflicting
103 logics of valuation that underly competing claims to water. Working with data on hydrological
104 entailments of each proxy, we develop a model of planetary water security that enables comparison of
105 the material, volumetric requirements of pursuing different values.

106 The result is not an optimizing equation that would solve for water security by reducing conflicting
107 water values into a single norm. Our purpose is primarily heuristic, sketching a possible approach to
108 diversifying water governance. We do, however, illustrate biophysical boundaries to realizing various
109 combinations of values. By integrating hydrological requirements for the three proxies, and showing
110 variables in the social determination of each, we illustrate how much water is available for pursuing
111 different value combinations. Again, the point to this exercise is not to lay out one pathway for ensuring
112 water security. Rather, by framing water security as a hydrological relation among social values we
113 rather aim to diversify conceptions of water security while also stimulating critical deliberation over
114 those values.

115

116 **Integrating Rights of Waters**

117 The concept of relational value originated in resource economics to express the idea that value does not
118 reside wholly in objects nor wholly in subject preferences, but rather emerges from the interaction
119 between subject and object (Brown 1984). Since then, relational values have been developed and
120 applied in conservation biology and studies of ecosystem services (Himes and Muraca 2018; Chan et al.
121 2018). More recently, Anderson et al. (2019: p8) argued that “relational values are key to pluralistic

122 environmental valuation” that incorporates environmental flows into effective water management.
123 They extend relational values to water by also claiming that “relational thinking has gained the most
124 traction in contexts where Indigenous peoples have a significant stake in a water management issue”
125 (Anderson et al. 2019: p9).

126 In principle, water governance should be able to take seriously the many, longstanding assertions of
127 Indigenous peoples that waterways have their own rights and responsibilities. However, modern forms
128 of water governance often cannot recognize the relational values involved in Indigenous environmental
129 governance (Sabatier 2005; Boelens et al. 2010, Emanuel and Wilkins 2020; Middleton, 2018). As
130 Indigenous philosopher Kyle Whyte (2017) explains, when a people understands a waterway as a
131 member of their political community, with responsibilities and duties of its own, their value for that
132 relation is rendered illegible by mainstream processes of environmental governance. Indigenous values
133 for water may not be appropriately explained on a spectrum running from human rights to economic
134 usage rights (Hoover 2017; Wilson and Inkster 2018). What flow requirements are entailed by
135 permitting water to perform its responsibilities? Answering would require interpreting water security
136 through a wider set of social, legal, and hydrological relations.

137 Water security models typically neglect any notion of water as sacred, as a legal person, or as
138 intrinsically valuable, despite the prevalence of those values in political communities and in established
139 normative discourse. For example, while Indigenous people appeal to UNDRIP’s recognition of their
140 values, global water governance frameworks often focus on the UN Millennium Development Goals
141 while ignoring the UNDRIP. Meanwhile, Indigenous conceptions of water have been influential in legal
142 rulings, in which the rights of particular waters have been affirmed by courts in New Zealand, Columbia,
143 Ecuador, and India (Cano Pecharroman 2018). One powerful example is the role of Māori values in
144 recognizing legal personhood for the Whanganui River in 2017. That decision allows policy-makers to
145 consider the river’s inherent right to flow, transport sediment, and host life (Brierley et al. 2019,
146 Salmond et al. 2019).

147 Excluding such values may be unjust in itself, by not recognizing forms of valuing water that are central
148 to the identity of particular communities (Emanuel 2019). This deficiency particularly affects those
149 Indigenous peoples who regard water as living, or a specific waterway as a cosmopolitical being with
150 whom they share reciprocal relations (Whyte 2017). For that reason, *Mni wičoni* – the Lakota/Sioux
151 phrase sometimes translated into English as “water is life” or “water is living,” which rose to
152 international prominence during the 2016 Standing Rock Sioux protests of the Dakota Access Pipeline –
153 has become a political slogan that stands not only for protecting the Mni Sose waterway but also, more
154 generally, for respecting Indigenous ways of relating to water (Estes 2019). Beyond Indigenous
155 communities, reference to bodies of water as sacred or venerable appears across many cultures and
156 traditions (O’Donnell and Talbot-Jones, 2018).

157 Respect for how particular communities value particular waters is key to understanding water’s role in
158 sustaining human and non-human relations (Kallhoff 2014, Schmidt 2017). It is also central to
159 understanding the co-evolution of people and landscapes – what Falkenmark and Folke (2002) term
160 “hydrosolidarity” in their account of water, food, and biodiversity within emergent social-ecological
161 systems. Moreover, recognizing relational values in water security can deepen understanding of
162 predominate value systems by stimulating comparison. As Anderson et al. (2019: p15) observe,
163 “granting legal personhood to rivers foregrounds reciprocal exchanges between people and rivers,

164 emphasizing mutual responsibilities over narrow utilitarian definitions of human benefit from water.”
165 The relational perspective portrays the predominate conception of human benefit as but one historically
166 contingent perspective among multiple possibilities.

167 Other ways of valuing waterways for their environmental flows – which may be proximate to relational
168 values but are independently derived – include ecocentric positions in environmental ethics that arise
169 from accounts of intrinsic value (Curry 2011, Rolston 2012, Washington et al. 2017, Crist 2019).
170 Contrasting themselves with anthropocentric, instrumental perspectives that value “natural resources”
171 only on the basis of their direct or indirect use to human beings (Daily et al. 2000, Brauman et al. 2007),
172 these ecocentric approaches (de Perthuis and Jouvet 2015) value ecological relations also on the basis of
173 intrinsic value. These philosophical positions have a long history in practical matters of water policy in
174 the United States (Feldman 1991, Ingram 1986), and include proposals to recognize rights of nature in
175 western legal traditions (Stone 1974, Chapron et al. 2019).

176 We use ‘rights of waters’ as a shorthand for ecocentric commitments included in accounts of relational
177 values and intrinsic values of specific rivers, lakes, aquifers or other water-related geographic features or
178 ecosystems. As a proxy, it is a rough representation, itself encompassing forms of valuing from quite
179 different cultural sources, even while not fully representative of all water-related cultural values
180 including Indigenous perspectives mentioned above. Nonetheless, we hold that “rights of waters” helps
181 incorporate a fuller range of environmental, social, political, and legal water values into criteria for
182 water security.

183 In our nonfoundationalist approach – that is, an approach that does not seek to integrate water security
184 into one conception of values – the values bundled into “rights of waters” are not reduced into the
185 utilitarian scheme of value that underpins commercial water rights nor into the normative scheme of
186 value justifying the human right to water. Instead, our approach recognizes those major forms of valuing
187 and incorporates “rights of waters” alongside them. Our aim is to illustrate the hydrological implications
188 of different kinds of values. By modeling the rights of waters in relation to a human right to water and
189 commercial water rights, we provide a way to conceptualize the effects of different value regimes on
190 interpretations of water security.

191 We model three different environmental flow levels for protecting the rights of waters. There is debate
192 within conservation ecology over how to determine minimal flow requirements for preserving the
193 ecological function of rivers (Richter et al. 2012, Pastor et al. 2014, Ziegler 2017). Protecting rights of
194 waters could conceivably entail different levels of protection from extractions. Such limits might, for
195 instance, entail more or less strict limits on the withdrawal levels that already affect aquatic habitat in
196 many of the world’s rivers (Postel and Richter 2003, Wada et al. 2010, Jägermeyr et al. 2017, Rosa et al.
197 2018a). Some relational values may focus on a particular species or ecological function rather than the
198 water body itself. Our use of environmental flows to represent those varied ways of relating to water is
199 consistent with implementation of tribal water rights in U.S. water management, where rights based on
200 subsistence fishing or other cultural practices have been recognized in terms of flow and habitat needs
201 of relevant species (Confederated Tribes v. Walton 1981, United States v. Adair 1983). By modeling
202 three environmental flow levels, our goal is not to exhaust all possible cultural valuation but to illustrate
203 how various socially determined conceptions of rights of waters have different hydrological implications.

204 To what extent does recognizing rights of waters compete with human rights to water and commercial
205 water rights? Human rights to water are much more extensive than direct consumption for drinking and

206 sanitation. The UN Universal Declaration of Human Rights recognizes food as a human right (UN 1948)
207 and food production relies on water use for irrigation, which will likely increase in the near future
208 (Falkenmark and Rockstrom et al. 2004, Beltran-Peña et al. 2020). Thus, the right to food implies a
209 human right to water for food production (e.g., D’Odorico et al. 2018, Hoekstra 2020). To be clear, while
210 the UN has recently recognized also a right to water for drinking and sanitation (UN 2010), that
211 constitutes only a fraction of what we include in the human right to water because human water
212 consumption for food production is an order of magnitude greater than that for drinking and sanitation
213 (Falkenmark and Rockstrom 2004). We consider this entire hydrological entailment with the proxy “right
214 to water.”

215 Crop production requires water consumption (i.e., water loss to the atmosphere by evapotranspiration)
216 both in the form of rainwater (or “green water”) in rainfed agriculture and in the form of irrigation,
217 which uses water from rivers, lakes, or aquifers (or “blue water”). Indeed, the majority (90%) of human
218 consumption of freshwater goes to irrigation, mostly for the purposes of food production. While only
219 ~23% of croplands worldwide are irrigated, irrigated lands account for 40% of global crop production
220 (Siebert and Doll 2010). Moreover, in order to keep pace with the increasing demand for food
221 commodities without expanding the footprint of agriculture, humanity will likely have to introduce
222 irrigation in currently rainfed agricultural areas (Falkenmark and Rockstrom 2004, Mueller et al. 2012).
223 Yet many agricultural regions face hydrological constraints on the expansion of irrigation (Rosa et al.
224 2018a, 2020). Similarly, appropriation of water for commercial farming or for the transition from
225 subsistence to large-scale agriculture, while arguably capable of enhancing global food supply (Herrero
226 et al. 2017), displaces water from traditional systems of production and the associated cultural values
227 for Indigenous groups and rural communities (de Schutter 2011, Metha et al. 2012, Dell’Angelo et al.
228 2018).

229 By taking a pluralist approach, we can better specify competition among the values variously
230 represented by rights of waters and the human right to food, and in the relation of both to economic
231 values of water for business uses. The example we develop here illustrates ways of allocating
232 hydrological space among the different kinds of values, correlative to some widely held political
233 commitments. Specifically, it works from basic commitments to justice and safety as conceptualized in
234 planetary boundaries discourse (Rockstrom et al. 2009, Raworth 2012). Those boundaries represent
235 contingent values; hypothetically, a model could illustrate different hydrological boundaries if it – for
236 perverse example – suspended commitment to human rights.

237 In this paper, we use the term ‘floor for justice’ to mean the minimum amount of water needed to meet
238 the human right to food, as calculated in the model. We use the term ‘ceiling’ to mean the maximum
239 amount of water that humans can appropriate for their use under a specified ‘sustainability’ (i.e.,
240 environmental flow) scenario. Our work shows the minimum hydrological floor for justice in this
241 particular conceptualization by calculating the water needed to meet the human right to food. It then
242 investigates how that floor relates to the ceiling of safe human appropriation of water systems, as
243 depicted by different conceptions of rights of waters.

244 The resulting domain between floor and ceiling yields one way to represent a “safe and just operating
245 space for humanity” (Raworth 2012). Concepts of limits and boundaries can sometimes mislead political
246 deliberation by concealing the values by which limits are interpreted (Kallis 2019). By adjusting the floor
247 and ceiling according to different specifications of the underlying values we show the social construction

248 of boundaries, depict the resulting hydrological space available for different uses under different value
249 combinations, and open ways for communities to deliberate over the underlying tradeoffs.

250 One of the most important depictions has to do with equity, especially the actual range of inequality in
251 consumption. The most recent assessment of the planetary boundary for freshwater by Gleeson et al.
252 (2020) argues that an “equity-based allocation framework” is key to addressing social and
253 environmental water challenges. Meanwhile equity may be pressured by vectors of change in
254 hydrological systems (O’Neill et al. 2018; D’Odorico et al., 2019). If that span between a floor of justice
255 and ceiling of safety narrows, then the range of available values-based scenarios within planetary
256 boundaries also narrows, increasing pressure on water security deliberations.

257 We show how a model based on a floor of rights *to* water adjustable by varying criteria of equity and on
258 a ceiling of rights *of* waters adjustable by varying criteria for environmental flows, could help societies
259 deliberate over how much hydrologic space to make available for non-food business operations, to
260 which we refer as “commercial water rights.” We treat these interests in water separately from
261 agriculture because they may compete with food systems and with environmental flows. Moreover,
262 important differences exist between water use in agriculture and other economic activities. Mining,
263 power generation, and industrial processes generally consume a much smaller amount of water than
264 irrigation. Yet they also attain much higher economic efficiencies in terms of revenue generated per unit
265 volume of water consumption (D’Odorico et al. 2020). Economic value of water may then direct flows
266 away from food production or ecological replenishment, thus putting pressure on values for equity
267 and/or ecological integrity (e.g., Bonnafus et al. 2017, Rosa et al. 2018b).

268 Competition among human rights to water and commercial water rights varies according to a variety of
269 contextual factors, including legal structures, property institutions, and mechanisms of allocation. For
270 instance, in the few regions of the world where water markets exist (Endo et al. 2018) businesses
271 typically displace agricultural needs in the use of water because of the lower revenues generated by
272 agriculture and the ability of markets to allocate water to uses with higher direct economic return
273 (Debaere and Li 2017). Water markets typically emerge in the presence of tradeable commercial water
274 rights (Johansson et al. 2002). Yet even where property rights in water do not exist and water is perhaps
275 treated as a public good or common pool resource (e.g., Ostrom 1990, Anisfeld 2010, Schmidt and
276 Mitchell 2014), commercial uses may still attain preferential access to water allocation through
277 mechanisms ranging from concessions and permits to water grabs (Mehta et al. 2012, Dell’Angelo et al.
278 2018). Sometimes market devices may be used to cap water withdrawals or to enable philanthropic
279 water purchases for habitat restoration and environmental flows (Debaere et al. 2014, Richter 2016).
280 Typically, however, market-based approaches to water security work with one kind of valuation for
281 water, while also competing with human rights to water.

282 **Values-Based Scenarios of Water Security**

283 Our water security framework provides a way to diversify understandings of water security, which is
284 analyzed by looking at the extent to which the global irrigation water consumption, *IWC*, is sufficient to
285 meet the food needs of humanity, while ensuring local environmental flows and some availability for
286 non-food economic uses. Without attempting to account for all water-related cultural and social valuing,
287 this model expands quantitative understanding of water scenarios with a few qualitative parameters
288 corresponding to values relatively well-established in normative ethics.

289 Variables for rights of waters must be evaluated at different scales from those for rights to water
 290 because, while environmental flows matter primarily for local ecological and cultural systems, food
 291 demand is global. Indeed, on average about 25% of the food consumed by humanity is supplied by
 292 international trade (D’Odorico et al. 2014). Many regions of the world are not self-sufficient because
 293 they exhibit an imbalance between their food needs and the local agricultural resources (Kinnunen et al.
 294 2020, Beltran-Peña et al. 2020). Because the right to food has not yet been recognized as a right to *local*
 295 food and water resources, despite efforts from food sovereignty movements, we express food supply
 296 needs at the global scale, set in relation to local environmental flows expressed as rights of waters. In
 297 other words, food demand is global and globalized, while the environmental and cultural impacts of
 298 water consumption from food production are local. We assume perfect trade opportunities for food
 299 (i.e., every country has access through trade to global food production), while environmental flow needs
 300 are evaluated locally (at 50 km resolution, while accounting for water flows from the watershed
 301 upstream from every 50 km x 50 km location).

302 We may express this by saying that the rights of waters are protected if water consumption for irrigation
 303 (IWC_i) at a certain site, i , added to other local water uses for municipal and industrial needs (OU_i) does
 304 not exceed the difference between local annual surface and groundwater runoff, RO_i , and the local
 305 environmental flow requirements (EF_i) (see Box 1 for an explanation of the notation and other
 306 definitions):

$$307 \quad IWC_i + OU_i \leq RO_i - EF_i \quad (1)$$

308 The actual maximum human appropriation of water for irrigation depends on crop distribution and the
 309 associated irrigation water requirements, IWR_i , calculated with a crop water model (see Methods). Crop
 310 distribution is highly sensitive to the availability and pricing of inputs, including water, as well as market
 311 demands and technological changes. Here we consider the global crop distribution determined for the
 312 year 2000 (see Methods). Even though changes in crop distribution can increase agricultural production
 313 and improve water use efficiency (Davis et al., 2017), we refer to the distribution reported for 2000 as a
 314 baseline scenario to evaluate the associated irrigation water requirements worldwide. Thus, based on
 315 equation (1), irrigation water consumption at site i , IWC_i , is equal to IWR_i if the water sustainability
 316 constraint (eq. 1) is met. If the entire IWR cannot be met sustainably, we first assume that there is no
 317 irrigation; in that case, $IWC_i=0$. We then consider also a “deficit irrigation” scenario whereby
 318 investments in irrigation infrastructure are made even when only a fraction (here taken equal to 70%) of
 319 irrigation water requirements can be met. This scenario corresponds to a 30% water deficit with respect
 320 to the irrigation water requirements. The sum of all the values of IWC_i in all the agricultural areas around
 321 the world gives an estimate of the maximum global limit to irrigation water consumption (or the
 322 “planetary boundary” for water in agriculture):

$$323 \quad IWC_{max} = \sum_i (RO_i - EF_i - OU_i) \geq \sum_i IWC_i = IWC. \quad (2)$$

324 When performed on all cultivated land, this analysis expresses the global limit to irrigation water
 325 consumption in areas that are presently cultivated. In fact, the areas that do not contribute to this sum
 326 (eq. (2)) are either not cultivated, are cultivated but do not need to be irrigated, or need to be irrigated
 327 but do not have a sufficient amount of available water resources to (sustainably) meet the irrigation
 328 water demand. This framework was previously used to determine the limit to irrigation. Indeed, some
 329 regions are presently irrigated beyond the water sustainability limit expressed by (1). Likewise, the

330 framework shows that there is also a limit to irrigation expansion in areas that are currently rainfed
331 (Rosa et al. 2018a).

332

333 **Box 1. Notation and definitions**

Irrigation Water Consumption (IWC): The water volume (per unit time) abstracted for irrigation that is evapotranspired.
Irrigation Water Requirement (IWR): The amount of irrigation water consumption that is needed in order to avoid crop water stress.
Other uses (OU): The volume (per unit time) of abstracted water for domestic and industrial needs that is evapotranspired.
Runoff (RO): the sum of land surface and groundwater flows.
Environmental Flow Requirements (EF): Minimum instream requirements needed to sustain ecosystem function.
Green water: Root-zone soil moisture contributed by precipitation that is available for plant uptake.
Blue water: Fresh water in surface and groundwater bodies that is available for human use (including irrigation).
Sustainable irrigation: An irrigation practice that does not deplete environmental flows or groundwater stocks.
Deficit irrigation: An irrigation practice that meets only part of crop water requirements while leaving crops in moderate water stress conditions.

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337 Equations (1) and (2) thus offer one way to define a “ceiling” of maximum water consumption, which we
338 show below. Because scenarios with expansion of agriculture into other ecosystems (e.g., forests,
339 grasslands) would likely be unacceptable from the standpoint of environmental sustainability due to
340 habitat destruction, biodiversity loss, and carbon emissions (Godfray et al. 2010, Foley et al. 2011), we
341 concentrate on the expansion of irrigation to rainfed cultivated areas and keep unchanged the spatial
342 extent of cultivated land. It is important to recognize, however, that even in the absence of agricultural
343 expansion, the rights of waters may be undermined by loss of environmental flows below a level critical
344 to the functioning of aquatic ecosystems. We express the far terminus of that direction with a scenario
345 with zero environmental flows ($EF=0$). In that case, the values represented by rights of waters are
346 completely sacrificed.

347 The *IWC* sufficient to meet the human right to food for all people depends on global population size (P)
348 and the average per capita blue water footprint (*BWF*), i.e. the amount, per capita, of irrigation water
349 needed to increasing food production above the background rainfed level. A minimum well-being value
350 (BWF_{min}) multiplied by the population thus gives a bare minimum *IWC* requirement, or the ‘floor’ of
351 water consumption by human societies.

352 That represents, however, the most water-austere diet and universal equality in adopting it. Accounting
353 for values exhibited by actual social choices and consumer behavior (including food waste and type of
354 diet) requires considering a greater (average) per capita blue water footprint $BWF = \varphi \times BWF_{min}$ with φ

355 >1 as an inflation factor that captures spatial variability in the adoption of water-conservative versus
356 water-demanding food consumption patterns. We use the inflation factor to represent the fact that use
357 of water for food by those already above BWF_{min} is not expected to decrease, while the minimum level
358 of water consumption for food in the undernourished part of the population must increase to meet
359 human rights. Therefore, any inequality within countries would be reflected in a value of $\varphi > 1$ to
360 account for the fact that some citizens consume more than BWF_{min} .

361 The IWC requirement thus depends on pathways of socio-economic development (see methods). The
362 actual BWF is a function of consumption choices (e.g., dietary preferences and food waste rates), with
363 variability in that value around the world reflecting global inequality. Thus, we use the inflation factor φ
364 to account for the fact that water requirements vary with dietary choices (e.g., animal food requires
365 much more water than plant food, on a per food calorie basis) and food waste (about 25% of the food
366 produced worldwide is wasted (Kummu et al. 2012)). Thus, to meet the water requirements for human
367 rights to food irrigation water consumption, IWC , will need to exceed the value

$$368 \quad IWC \geq \varphi \times BWF_{min} \times P \quad (3)$$

369 in addition to relying on rainwater (green water) for the rainfed fraction of agricultural production.

370 Again, the human rights to food could in principle be met with $\varphi=1$ everywhere (absolute equality in a
371 water-austere diet). And, of course, societies could choose against the commitment to protect human
372 rights for all. Opting for more likely combinations of social choices around inequality and consumption,
373 our model expresses a human right to water that accounts for social preferences for more water-
374 intensive diets while ensuring that every human has access to food equal to BWF_{min} . In these analyses,
375 BWF_{min} is kept constant while the factor φ , which depends on the fraction of the diet contributed by
376 animal products and food waste, is region-specific and varies as a function of the pathway of
377 socioeconomic development (Beltran-Peña et al. 2020).

378 We can then express the relation of several different values comprising water security thus:

$$379 \quad \varphi \times BWF_{min} \times P \leq IWC \leq IWC_{max} \quad (4)$$

380 On this representation, $(\varphi \times BWF_{min} \times P)$ expresses the right to water, and may be thought of as a
381 realistic floor of justice, while (IWC_{max}) expresses the relative weight of rights of waters through the
382 specification of EF values in equation (2), and might be conceived of as a ceiling of sustainability (or
383 “planetary boundary” for water). Notice that in this paper “justice” denotes a condition in which human
384 rights are met. Therefore, justice can co-exist with inequality as long as everyone has access to at least a
385 minimum amount of resources (i.e., BWF_{min}) to meet their human rights to food (see also D’Odorico et
386 al., 2019). Both ceiling and floor are not hard limits but variable according to values-based social choices.
387 While of course there are biophysical limits to both, those correspond to unlikely social choices:
388 absolute equality in a water-minimum diet on one hand, and consumption of all water without regard
389 for ecological (or cultural) function on the other. In other words, the contest of social values plays a role
390 in determining the relative ceiling and floor.

391 In this study we depict floor and ceiling under different values-based scenarios and investigate the
392 extent to which the gap between floor and ceiling is shrinking. “Rights to water” vary with dietary
393 choices, food waste habits, acceptance of social inequalities, and demographic change. “Rights of
394 waters” depend on the extent to which environmental flows are valued. “Commercial water rights” for

395 non-food economic uses are represented in equation (1) through the OU variable representing “other
396 uses”.

397 The water balance analysis in equation (1) is carried out at the annual time scale without considering the
398 possible emergence of seasonal water scarcity, which may be dealt with in some regions by using water
399 storage from aquifers and reservoirs, nor the possibility for over-year storage to overcome annual water
400 shortages. Both seasonal and interannual variability, however, could in principle be integrated into this
401 framework. The key point is that estimating the hydrological entailments of different ways of valuing
402 water can facilitate open deliberation of those values and advance understanding of what choices may
403 reduce conflicts between them. A more detailed description of the model is presented in the Methods
404 section at the end of this article.

405

406 **Results and Discussion**

407 We show how water security is related to social and environmental values for water. Limits to plausible
408 conceptions of water security are largely determined by decisions made about environmental flows (*EF*)
409 and about irrigation (Poff et al., 1997). We explain those limits by illustrating several conceptions of a
410 hydrological boundary, as derived from several different value premises.

411 To represent three different social values for the rights of waters, we model three different *EF*
412 thresholds. Environmental flows are initially set equal to 80% of runoff as in Richter et al. (2012). We
413 then consider a less conservative scenario that allows for a more intense use of water for human
414 activities with only 20% of total runoff protected as environmental flows (i.e., unlike the previous
415 scenario, in this case the majority of water goes to human activities), as well as a scenario of complete
416 disregard of environmental needs in which *EF* are set to zero. In other words, we have chosen some
417 “end-member cases” (80%, 20% and 0%) but of course the same framework could be used to model the
418 entire range in between them. The environmental impacts of these *EF* scenarios are difficult to evaluate
419 at the global scale because they are specific to streams and watersheds. Based on analysis of multiple
420 case studies, Richter et al. (2012) indicated that flow reduction to 80% of the natural streamflow regime
421 would be associated with measurable changes in the natural structure but minimal alterations to the
422 function of riverine ecosystems. Based on that research, we specify 80% of runoff as an *EF* proxy for
423 rights of waters; that is, a relatively lower “ceiling.” In that scenario, about 514 km³ y⁻¹ can be consumed
424 for irrigation in the land that was irrigated in 2000. But if irrigation is expanded to areas that are
425 currently rainfed, irrigation water consumption would more than double, reaching 1,179 km³ y⁻¹.
426 Expanding irrigation to areas in which only a fraction of the irrigation water requirements can be met
427 would further increase the volume; to 1301 km³ y⁻¹ with 30% deficit irrigation (i.e., with 30% of the
428 irrigation water requirements remaining unmet).

429 With a less robust *EF* proxy for the rights of waters, however, societies may raise the ceiling (i.e., the
430 maximum allowable rate of water use). For instance, if environmental flows are set very low, as 20% of
431 total runoff, room for global irrigation water consumption increases to 2,031 km³ y⁻¹ (Table 1). These
432 conditions, however, would likely cause ecological impairment of the aquatic system (Arthington et al.,
433 2006). Because societies could conceivably choose not to recognize any of the values encompassed in
434 rights of waters, we also depict an extreme case in which *EF* are set to zero. In that extreme limit case,
435 “space” for irrigation water consumption increases to 2,510 km³ y⁻¹ (Figure 1). This analysis was carried

436 out starting from an evaluation of local constraints (equation (1)) to calculate the maximum allowable
437 rates of global water consumption (equation (2)) that is compatible with different environmental flow
438 scenarios. Therefore, these global values are estimated ensuring that locally the environmental flow
439 limits are not exceeded.

440 Our estimates for 2020 indicate that human consumption of freshwater for irrigation accounts for 1117
441 $\text{km}^3 \text{y}^{-1}$ (Table 2). The most robust conception of rights of waters considered in this study, at 80% *EF*, is
442 therefore feasible, though with very tight margins (1179 $\text{km}^3 \text{y}^{-1}$ with expansion into rainfed areas and
443 no deficit irrigation and 1301 $\text{km}^3 \text{y}^{-1}$ with 30% deficit irrigation). Indeed, as we show (Figure 1), these
444 margins are too small to accommodate growth in water demand for agriculture in the next few decades.
445 These levels of water consumption for irrigation cannot be met within the current footprint of areas
446 equipped for irrigation without competing with environmental flows. Only part of the irrigation water
447 needs (i.e., 514 $\text{km}^3 \text{y}^{-1}$ out of 1117 $\text{km}^3 \text{y}^{-1}$) can be met while sustaining *EF* at 80% of runoff and without
448 expanding present areal irrigation footprint (Table 1).

449 That result means that today about one half of the irrigation water demand is met at the expense of
450 environmental flows. It does not, however, imply that societies, in order to protect commitments to
451 justice, would be compelled to choose the weak conception of rights of waters at 20% *EF*. In fact, as
452 noted earlier, expanding irrigation to suitable rainfed croplands would make it possible to meet these
453 irrigation water needs, while removing current irrigation from areas where it occurs at the expense of
454 environmental flows. Figure 1 shows the “hydrological space” above a floor of justice (Table 2) for
455 realizing greater *EF*.

456 To calculate the irrigation water required to sustain human food demand above a water-austere
457 minimum, we consider the population growth projections developed by the United Nations under three
458 different demographic scenarios (“low”, “medium” and “high” population, see methods). These
459 projections are paired with three shared socio-economic pathway (SSP) scenarios, corresponding to
460 “sustainability” (SSP1), “middle of the road” (SSP2), and “regional rivalry” (SSP3) pathways, which give
461 an estimate of the degree of reliance on animal products, while accounting for the effect of inequalities
462 (O’Neill et al., 2017). These shared socio-economic pathways are used to represent the way humanity as
463 a whole may either become more conservative in the use of water for food or, on the other hand,
464 increase per capita water consumption through food production, as most societies have been doing.
465 While the SSPs are narratives of global trends not of different cultural values, we can use SSPs to
466 represent possible changes in consumption habits (e.g., diet, population) and associated inequalities
467 (O’Neill, et al., 2017) that account for the integrated effect (at the country scale) of individual choices
468 driven and informed by a variety of factors, including cultural values.

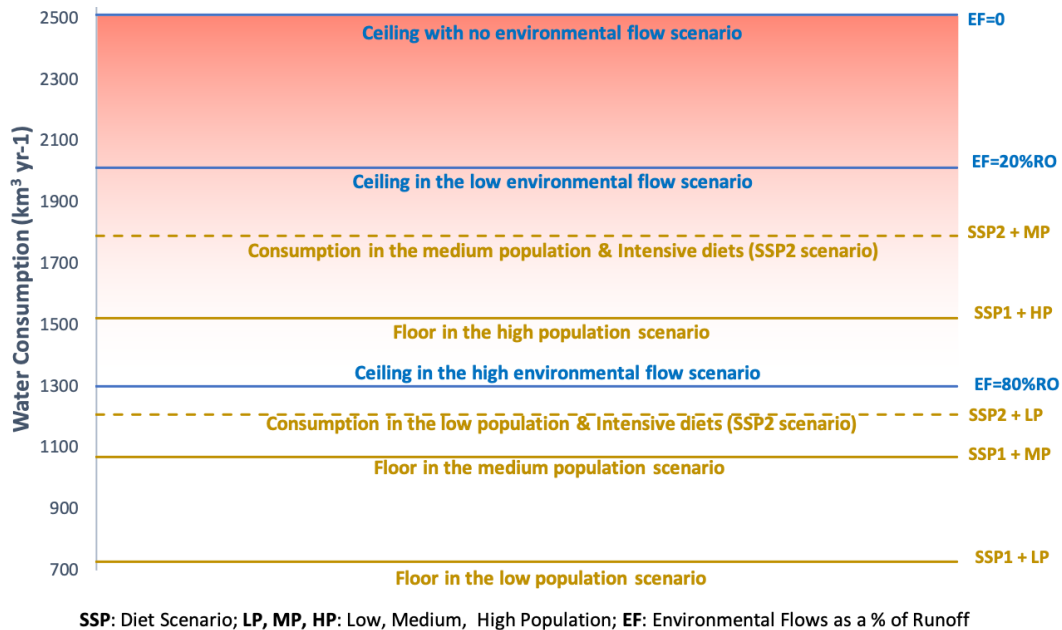
469 We specify the inflation factor (φ) – which, again captures global inequality in water consumption for
470 food due to dietary choices and food waste patterns – by using these three scenarios to represent
471 region-specific social preferences for more water-intensive diets (Beltran-Peña et al. 2020). We then use
472 those parameters to calculate the corresponding (average) irrigation water consumption per capita (see
473 Methods). The sustainability pathway (which reflects less demanding dietary and food waste choices)
474 combined with the low population scenario shows (Table 2) a decline both in population and water
475 demand by the end of the century and a peak in 2050 with volumes that remain well below the
476 “ceilings” in Table 1 (see Figure 1). Conversely, the middle of the road pathway combined with medium

477 population growth shows an increase in both population and per capita water demand throughout the
478 21st century.

479 By 2100, this scenario reaches conditions inconsistent with robust-to-moderate values of environmental
480 flows (e.g., $EF=80\%$ or 20% of runoff, respectively), representing different conceptions of the rights of
481 waters, shown as ceilings in Figure 1. The so-called “regional rivalry” pathway (SSP3) corresponds to a
482 world with high per capita consumption rates and little attention to global needs (Riahi et al. 2017). This
483 pathway, combined with the high population growth scenario provides dystopic projections of
484 overshooting, with the global population in excess of 15 billion people and irrigation water demands
485 greater than 5 times the ceilings associated with robust-to-moderate rights of waters scenarios (Tables 1
486 and 2).

487 Working with these socio-economic pathways helps illustrate that, as both per capita consumption and
488 population grow, the floor of justice rises, narrowing hydrological space available for other important
489 forms for valuing water, such as the relational and intrinsic values associated with environmental flows
490 (i.e., EF) and as resources for businesses (i.e., OU). This analysis, however, does not account for the way
491 the development of new technologies and farming practices would partly overcome water limitations
492 (Boserup, 1981). Indeed, the efficiency of water use may be improved by changing the crop distribution
493 (i.e., planting the right crop in the right place (Davis et al., 2017)), adopting soil water conservation
494 methods (including more efficient irrigation systems) that reduce soil evaporation, or through “more
495 crop per drop” technology (Falkenmark and Rockstrom, 2004). Despite these possible improvements,
496 water limitations remain a major constraint to humanity’s ability to meet the increasing need for food
497 commodities (e.g., Jagermeyr et al., 2015; Gerten et al., 2020).

498 At a planetary scale, water use by business operations and municipal needs – here accounted for
499 through the OU term in (1) – do not substantially affect global food production. At the local scale,
500 however, they can be quite important, particularly when cities and other residential areas encroach into
501 agricultural areas in arid or semiarid regions (e.g., Las Vegas, Los Angeles), or when industrial operations
502 such as energy production and mining are established in water-stressed areas (Bonnafoos et al. 2017,
503 Rosa et al. 2018b). At a local scale, commercial and municipal water uses often compete with
504 subsistence farming and rural livelihoods, thus impacting the food security of rural communities,
505 particularly in densely populated or water-scarce regions where water demand from these uses (OU) is a
506 substantial fraction of availability (Figure 2).



508 **Figure 1.** Different ‘floor’ and ‘ceiling’ levels in the various scenarios included in this study. The ceilings (in
 509 blue) represent biophysical limits imposed by the global water availability, as determined by the way
 510 societies value the ecosystem functions that depend on them (Table 1). These limits, which are here
 511 estimated considering a 30% deficit irrigation, depend on the choices we make on environmental flow
 512 (EF) requirements. The consumption levels (brown lines) account for water demand to meet human
 513 needs associated with food consumption. These levels vary with population size, dietary choices (i.e.,
 514 reliance on animal food), food waste, and inequality (Table 2). We use solid brown lines, for the least
 515 demanding per capita consumption scenario (SSP1), which represents what we call the ‘floor’, i.e., the
 516 consumption levels to meet primary food needs for a given population size. The combination of scenarios
 517 associated with different ceiling and floor levels determine the space between floor and ceiling; or a
 518 values-based conception of ‘safe and just operating space’. The ceiling levels associated with
 519 environmental flows between 0 and 20% of runoff correspond to undesirable conditions of loss of aquatic
 520 habitat. The SSP1 diet scenario combined with low and mid 2100 population scenarios are suitable for all
 521 the ceiling scenarios. EF corresponding to 20% of local runoff are suitable for all the SSP1 diet scenarios
 522 as well as SSP2 with low and mid population. Some floor-ceiling scenarios exhibit floors higher than the
 523 ceiling, meaning that the water resources of the planet are not sufficient to meet human demands.
 524 Indeed, in the SSP2 and SSP3 diets (not shown, see Table 2) combined with high 2100 population
 525 scenarios, food demand would overshoot the most conservative biophysical limit (with 80% EF) in year
 526 2050 and 2100. If met, such demands would run rivers dry.

527

528 **Table 1. Limits (or “planetary boundaries”) to irrigation water consumption.** High and low
 529 environmental flow scenarios correspond to the case with EF equal to 80% (Richter et al., 2012) or 20% of
 530 runoff, respectively. We calculate the limit to water consumption in land equipped with irrigation (based
 531 on data from circa 2000) and in rainfed cropland suitable for irrigation. We also consider the case in

532 which irrigation is practiced in areas in which only at most 70% of the irrigation water requirements are
 533 met, leaving 30% of crop needs unmet (30% water stress).

		Irrigation Water Consumption in year 2000 (km ³ yr ⁻¹)		
Environmental Flow (EF) Scenario		80% to EF	20% to EF	“NO” EF
With NO Deficit Irrigation	<i>Water consumption in land equipped for irrigation in year 2000 (Rosa et al., 2019)</i>	514	775	843
	<i>Potential irrigation expansion</i>	665	1,201	1,550
	LIMIT TO IRRIGATION	1,179	1,976	2,393
With 30% Deficit Irrigation	<i>Water consumption in land equipped for irrigation in year 2000</i>	540	801	880
	<i>Potential irrigation expansion</i>	761	1,230	1,630
	LIMIT TO IRRIGATION	1,301	2,031	2,510

534

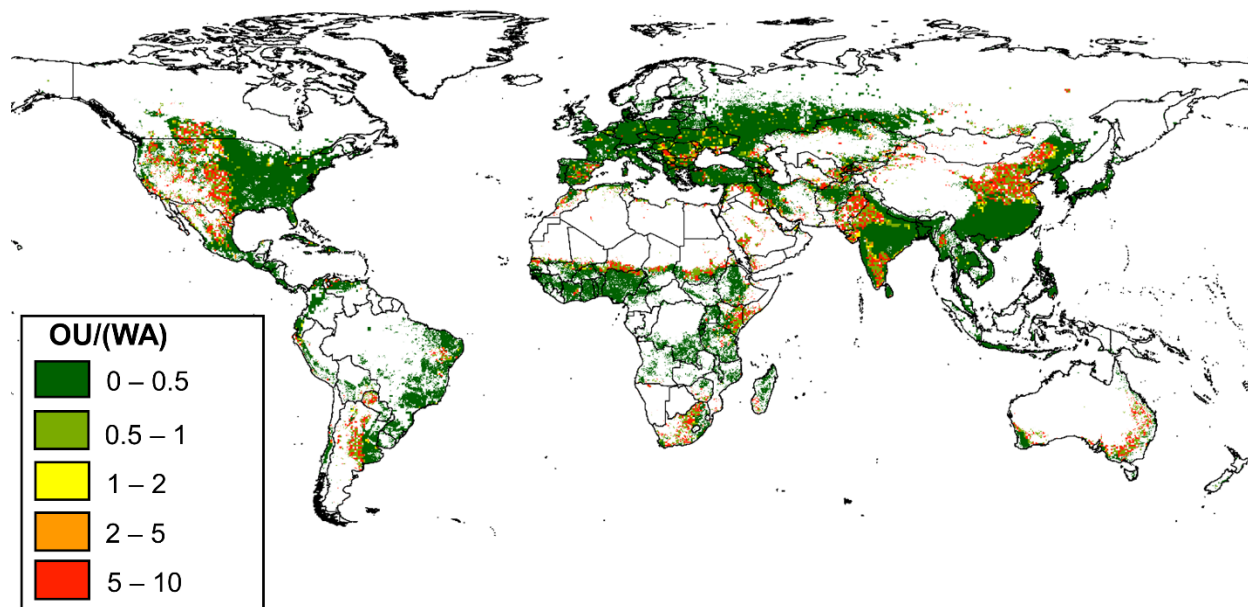
535 **Table 2. Irrigation water required to meet human demand for food.** Values in italic fonts refer to 2050,
 536 in boldface to **2100**. Based on the limits in Table 1, we highlight in green the combinations of population
 537 scenarios and shared socioeconomic pathways that are well within the just and sustainable operating
 538 space (i.e., using a robust conception of environmental flows); we highlight in red the combinations that
 539 would be unsustainable even using the environmentally less conservative definition of environmental
 540 flows. Intermediate conditions are highlighted in yellow.

Population (Billion)	Low	Medium	High
2020	7.78		
<i>2050</i>	<i>8.88</i>	<i>9.71</i>	<i>10.56</i>
2100	7.30	10.84	15.55
Global irrigation water demand (km³ yr⁻¹)			
2020	1,117		
SSP1	<i>970</i>	<i>1,059</i>	<i>1,150</i>
	728	1,069	1,521
SSP2	<i>1,354</i>	<i>1,479</i>	<i>1,607</i>
	1,208	1,790	2,565
SSP3	<i>3,310</i>	<i>3,605</i>	<i>3,907</i>
	3,709	5,549	8,017

541

542

543



545 **Figure 2. Fraction of available blue water (WA) allocated to other (non-agricultural) uses (OU),**
 546 **including municipal and industrial uses.** Irrigation water consumption data are from Rosa et al. (2020).
 547 Other uses data are from Hoekstra and Mekonnen (2012). Values greater than one correspond to
 548 overuse (i.e., non-agricultural uses exceed water availability).

549
 550 **Conclusion**

551 Assessments of water security should incorporate the implications of different value scenarios –
 552 including different *kinds* of values—and hydrological models can do so, as illustrated herein. A pluralist
 553 approach can recognize multiple water values while still affording comparison and combination of value
 554 regimes by showing their hydrologic implications. Rather than presenting an optimizing equation, the
 555 results of this study present a range of illustrative outcomes for different value and use scenarios. This
 556 approach does not solve for one conception of water security because it does not select one mode of
 557 value (e.g., welfare efficiency) into which others are ‘integrated’ or reduced. The point to this exercise is
 558 not to lay out one pathway for ensuring water security, but to expand and diversify conceptions of
 559 water security while also stimulating critical reflection on the values underlying those conceptions by
 560 modeling their hydrological implications.

561 A pluralist approach seems in line with the depth of cultural work involved in meeting resilience
 562 challenges. Rockstrom et al. (2014: 1257) write: “a transformation to the sustainable use and
 563 management of water and ecosystem services... will require experimentation with resilience-based
 564 approaches to integrated water-resource management and ultimately a deep mind shift towards a new
 565 socio-ecological water paradigm, where stewardship of water in support of human prosperity is pursued
 566 within the safe operating space of a stable planet.” Our framework supposes that experimentation with
 567 multiple approaches may help drive the sort of cultural examination involved in “deep mind shift.” If
 568 cultural reform may be stimulated by adaptive experiments made from a wide range of values (Jenkins
 569 2011), then depicting the hydrological entailments of values involved in making those experiments can
 570 help inform and perhaps deepen deliberation. It also advances understanding of a “safe operating

571 space” in which to conduct such experiments (Figure 1). Water security ideas become more robust as
572 they become more pluralist, and water security frameworks become more useful to governance debates
573 as they become more capable of facilitating deliberation over values in relation to their hydrological
574 implications.

575

576 **Methods**

577 **Assessment of maximum irrigation water consumption compatible with environmental flow scenarios**

578 We calculated maximum potential irrigation water consumption for global croplands compatible
579 with environmental flow requirements (here used to represent ecocentric and cultural rights of waters)
580 by combining local “blue water” (i.e., water from surface water bodies or aquifers) availability with
581 current and potential blue water consumption for irrigation. Specifically, we use a water balance
582 approach to calculate the runoff (i.e., the sum of surface and subsurface runoff) that is generated at
583 each location. Blue water availability is determined as the difference between runoff estimates and
584 environmental flows (Eq. (1)). If the local water consumption exceeds the renewable blue water
585 availability, it means that it either causes a loss of environmental flows or of groundwater stocks. Thus,
586 the planetary boundary for freshwater is overshoot when total human blue water consumption for
587 human needs (irrigation plus other uses) exceeds blue water availability. Under these conditions,
588 irrigation practices are considered unsustainable because they are depleting environmental flows
589 and/or groundwater stocks (Rosa et al. 2019). We focus on agricultural regions of the world and their
590 upstream watersheds using a square grid of 50 km resolution. We evaluate equation (1) (see main text)
591 for every 50 km x 50 km site, i . The local runoff, RO_i , is calculated based on long term (circa year 2000)
592 runoff estimates from the Composite Runoff V1.0 database (Fekete et al. 2002) and the upstream-
593 downstream routing “flow accumulation” function in ArcGIS[®], accounting for the effect of upstream
594 withdrawals on downstream runoff (Rosa et al. 2018a). Environmental flow requirements, EF , were
595 assessed by using a 0%, 20% and 80% threshold, i.e. assuming 100%, 80% and 20%, respectively of local
596 water availability could be used by irrigation, industrial, and municipal activities. This approach allows
597 for an assessment of the planetary boundaries for water (Table 1) that accounts for local-scale
598 environmental flow constraints.

599
600 Baseline and potential irrigation blue water consumption were taken from Rosa et al. (2020) and
601 were assessed using a global crop water model (Chiarelli et al. 2020) run with climate forcing for the
602 1996-2005 period, while keeping the spatial extent of global croplands fixed to the MIRCA2000 dataset
603 (Portmann et al. 2010). In every grid cell, the baseline irrigation water consumption was calculated by
604 multiplying the crop-specific blue water requirement by the irrigated harvested area of that crop in the
605 year 2000 (Portmann et al. 2010). For each crop, we also assessed the potential irrigation water
606 consumption at yield gap closure - the difference between current and maximum attainable yields (Van
607 Ittersum et al. 2013) - by multiplying crop-specific blue water requirements by the rain-fed harvested
608 area of that crop in the year 2000 (Portmann et al. 2010). Irrigation water consumption at yield gap
609 closure is the additional irrigation water necessary to avoid water-stressed plant growth and therefore
610 reach maximum crop productivity (or ‘close the yield gap’) in rain-fed croplands. In this analysis we used
611 26 major crops and crop classes, that account for nearly 100% of global crop production (Rosa et al.
612 2020).

613
614 Total water consumption was assessed (Eq. (1)) by summing yearly irrigation water consumption
615 and yearly estimates of industrial and municipal blue water consumption (Hoekstra and Mekonnen

2012). Because farmers might not always irrigate at maximum potential, to assess the planetary boundary for freshwater over global croplands, we also considered a 30% deficit irrigation scenario, where only 70% of full irrigation water requirements are applied to crops. Thus, in the 30% deficit irrigation scenario, irrigation is practiced also in areas where only a fraction (up to 70% in this case) of the irrigation water requirements can be met with the local water availability. Thus, this latter scenario entails a greater irrigation water consumption than the case with no deficit irrigation. Deficit irrigation is an irrigation practice whereby irrigation water supply is reduced below maximum levels and crops are grown under mild water stress conditions with a linear reduction in crop yields, proportional to the reduction in water application (Rosa et al. 2020). The model calculates irrigation water requirements at the annual time scale and does not engage in an analysis of water scarcity at the monthly time scale because seasonal water deficits can be mitigated by water storages (in the groundwater and in surface water reservoirs) as long as at the annual scale irrigation water demand does not exceed the availability.

628

629 **Assessment of population-based planetary boundaries for freshwater**

630 Blue water required to meet food demand, D (kcal), in the 21st century was assessed by considering
 631 the water footprint of projected diets. Projected diets and the fraction, q , of kilocalorie intake from
 632 animal products were taken from Beltran-Peña et al. (2020) and assessed considering future projections
 633 in dietary changes according to different socio-economic scenarios and UN population prospects
 634 (Beltran- Peña et al. 2020). To account for the greater water footprint of animal food than plant food,
 635 the total water footprint of projected diets was calculated as :

$$636 \quad WF_{DIET} = D \times (1 - q) \times WF_{Plant} + D \times q \times WF_{Animal},$$

637 where $WF_{Plant} = 0.5 \times 10^{-3} \text{ m}^3/\text{kcal}$ and $WF_{Animal} = 4 \times 10^{-3} \text{ m}^3/\text{kcal}$ are the average water footprints of plant
 638 and animal-based foods (Falkenmark and Rockström 2004). Projected diets (i.e., the fraction of diet from
 639 plant-based and animal-based products) were taken from Beltran-Peña et al. 2020 and assessed using
 640 Integrated Assessment Models (IAMs) and diets projections associated with different Shared
 641 Socioeconomic Pathways (SSPs) projections (Riahi et al. 2017). Because a fraction $r \approx 15\%$ of total water
 642 consumption (green+blue) in agriculture is from blue water (Rosa et al. 2020), the blue water footprint
 643 of diets was estimated as

$$644 \quad BWF = r WF_{DIET}$$

645 In other words the irrigation water consumption to meet human food needs can be calculated as
 646 $IWC = BWF \times P$, where P is the global population, and expressed as a multiple of the minimum well-
 647 being requirement as explained in the text (see eq. (3)). We use three demographic scenarios from
 648 United Nations (U.N., 2019), corresponding to low, medium, and high growth. For future dietary
 649 projections, we follow Beltran-Peña et al. (2020), who developed an algorithm to predict region-specific
 650 plant-based and animal-based diet compositions (i.e., the factor q) until 2100, based on the SSP
 651 scenarios. The factor φ was then estimated as the ratio between BWF and BWF_{min} , accounting for
 652 dietary choices in excess of the minimal requirements. As φ varies across the globe, this also captures
 653 inequalities within and across countries (O'Neill et al., 2017).

654 **Acknowledgement**

655 This research was supported by the Environmental Resilience Institute at the University of Virginia. Data
656 used in this manuscript is available through the Dryad repository.

657

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