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# A comprehensive systematic review of marketed bone grafts for load-bearing critical-sized bone defects

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# ABSTRACT

Treatment of critical-sized bone defects typically involves implantation of a bone graft. Various types of bone grafts are nowadays marketed, categorized by their origin as allografts, xenografts, or synthetic grafts. Despite their widespread use, a comprehensive understanding of their morphology and mechanical response remains elusive. Controlling these characteristics for promoting bone growth and ensuring mechanical resistance remains challenging, especially in load-bearing districts. This study aims to systematically review existing literature to delineate the principal morpho-mechanical characteristics of marketed bone grafts designed for load-bearing applications. Furthermore, the obtained data are organized and deeply discussed to find out the relationship between different graft characteristics. Among 196 documents identified through PRISMA guidelines, encompassing scientific papers and 510(k) documents, it was observed that a majority of marketed bone grafts exhibited porosity akin to bone (*>*60%) and mechanical properties resembling those of low-bone volume fraction trabecular bone. The present review underscores the dearth of information regarding the morpho-mechanical characteristics of bone grafts and the incomparability of data derived from different studies, due to the absence of suitable standards and guidelines. The need for new standards and complete and transparent morphomechanical characterization of marketed bone grafts is finally emphasized. Such an approach would enhance the comparability of data, aiding surgeons in selecting the optimal device to meet patient's needs.

#### **1. Introduction**

The choice of suitable treatment for large bone defects remains controversial. There is no unique definition of critical-sized defect (CSD); however, it is typically considered a defect that cannot heal spontaneously. CSDs can be generated by high-energy trauma, tumour resection, blast injuries, etc. ([Nauth](#page-17-0) et al., 2018), and principal treatments consist of autografts, allografts, xenografts (XGs) or synthetic grafts (SGs). Autografts are considered the gold standard for treating CSDs due to their main advantages: osteogenesis, osteoinduction, osteoconduction, and histocompatibility ([Chiarello](#page-15-0) et al., 2013). Osteogenesis is the ability to form new bone through osteogenic precursors, while osteoinduction and osteoconduction are respectively the graft capacity to induce the differentiation of mesenchymal cells into bone-forming and the ability to provide a structural morphology easily colonized by cells. The iliac crest is the primary source from which vascularized bone grafts are typically obtained. However, this approach leads to patient morbidity and longer surgical procedures, along with potential patient site infections and limited available bone volume ([Schmidt,](#page-18-0) 2021). Alternatively, allografts and xenografts are widely used thanks to their properties similar to autografts with the advantage of having an almost unlimited available volume. Despite this, both present potential immunologic responses and the risk of transmitting diseases.

In this scenario, synthetic grafts are gaining interest based on the fact that they are indefinitely available, easily sterilized, avoiding any human pathogen contagion, controllable in both geometry and mechanical properties, and the surgical procedure is shortened thanks to the absence of graft harvesting (JBI Library of [Systematic](#page-14-0) Reviews, [2010\)](#page-14-0). The main issue regarding SGs is the selection of the material.

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<span id="page-1-0"></span>Several materials have been used both individually and as composites to merge the main properties of each. In particular, bioceramics are the most promising due to their similarity to the inorganic component of bone, together with the absence of dangerous ion release, high biocompatibility, strong scaffold-bone interfacial bonding, and bioactive behaviour [\(Shekhawat](#page-18-0) et al., 2021; [Panseri](#page-17-0) et al., 2021). The calcium-phosphates material family is the most used, with hydroxyapatite (HA) and β-tricalcium phosphate (β-TCP) as forefathers. These materials, once implanted, provide an adequate environment enhancing cell attachment, proliferation, and differentiation ([Panseri](#page-17-0) et al., 2021), determining bone regeneration.

The main properties of SGs are tuned based on the intended use of the bone graft, although it is often implanted with an internal fixation or plating device which further supports the bone graft from excessive loads during the callus remodelling and maturation phases. In particular, it is possible to identify two main types of applications within the human body: load-bearing districts (LBD) and non-load-bearing districts (NLBD). This separation in the intended use leads to a significant difference in the design of the scaffold, particularly regarding its mechanical properties. For LBD applications, the scaffold must present suitable mechanical properties, similar or superior to native bones, to ensure primary mechanical stability, avoiding abrupt ruptures that can lead to patient tissue damage and the need for revision surgery. Not only primary stability but also fatigue strength should be ensured by the device, which should withstand cyclic loads up to new bone formation and scaffold integration/resorption, which occurs mainly between 3 and 6 weeks based on the size of the defect and the properties of the implanted scaffold [\(Winkler](#page-19-0) et al., 2018; Wu et al., [2018](#page-19-0)).

To properly understand the potential efficacy of bone substitutes, it is fundamental to fully characterize the scaffold both under a morphological and mechanical point of view. This characterization would allow comparing their characteristics with bones and among themselves, based on the intended use and application site. It could be useful not only from a research point of view but also in the regulatory domain. Companies intending to bring medical devices like bone substitutes to the European Union market must adhere to the requirements outlined in the MDR 2017/745, corresponding to the device classification. In particular, bone grafts are typically classified as class III, due to their intended use and associated risks. Similarly, in the USA, to market a device, that does not require a Premarket Approval Application (PMA), it is mandatory to submit a 510(k) to the Food & Drug Administration (FDA). The 510(k) is a premarket submission used to prove the substantial equivalence between the device intended to be marketed and an already marketed device. The substantial equivalence regards both the intended use and technological characteristics of the two devices. When no substantial equivalence is observed, the applicant may submit a PMA. The free availability of 510(k) documents for several bone substitutes results being a great source of information regarding these medical devices.

The aim of this study is to present a systematic review of commercially available scaffolds with LBD intended use and how they are typically characterized from a morpho-mechanical point of view. Additionally, it is hypothesized that data about the morpho-mechanical properties of marketed bone grafts are under-reported and inhomogeneous.

#### **2. Material and methods**

#### *2.1. Inclusion and exclusion criteria*

Among all the available scaffolds present nowadays on the market, only the ones obeying the following criteria were included: (i) Cement or structured (granules, particles and blocks) bone grafts, (ii) available on the market and (iii) with LBD intended use. The above criteria included both biologized and non-biologized bone grafts and all bone grafts that (a) are mainly used in NLBDs and (b) are not available on the market

because still at the research stage, were excluded.

### *2.2. Literature search*

Two databases and one web research engine were retrospectively consulted for the present review in the period from December 2023 up to August 2024: the medical device database of the U.S. FDA (Premarket Approvals), PubMed and Google/Google Scholar. While for the former database, only the brand name of the scaffold was used, for the other two tools keywords were also added to reduce the number of scientific papers and focus the review on the morpho-mechanical characteristics of the bone grafts. In particular, the following keywords were used: "Strength", "Permeability", "Porosity", "Osteoconductivity", "Osteoinductivity" and "Biodegradability". By applying the above-mentioned keywords, only papers reporting biological performances, intended as obtained from both human and animal studies, and the morphomechanical characterization of the commercially available scaffolds were obtained. Furthermore, only papers written in English, Italian, Spanish, German and French were considered eligible. The full text of the obtained papers was read by one researcher (D.N.).

#### *2.3. Data organization and analysis*

All retrieved data were collected in tables divided into Allograft, XGs and SGs, reporting some general information: manufacturer, material, form (i.e. block, granules, microchips, putty …, [Fig.](#page-2-0) 1a), intended use (i. e. oral/cranio-maxillo-facial or Oral/CMF, orthopaedic/spine [Fig.](#page-2-0) 1b) and mechanism of action (osteogenetic 'OG', osteoinductive 'OI', osteoconductive 'OC', biodegradable 'BD'). Whenever possible, the information regarding material, form and intended use was collected from the 510(k) reports, otherwise appropriate scientific papers and/or brochures were found. In some cases, the manufacturer's website was consulted and its statements regarding the corresponding bone substitute were considered. When this latter strategy was followed, in the reference column was added the acronym '*ms*' (i.e. manufacturer statement).

Also, morpho-mechanical characteristics were collected, in particular: porosity, type of mechanical test performed [\(Fig.](#page-2-0) 1c), strain rate, elastic/shear modulus, ultimate stress and permeability. These parameters were chosen looking at the typical external conditions experienced by the implanted bone grafts in terms of mechanical loadings (mechanical tests, strain rate, elastic/shear modulus, ultimate stress) and human cell colonization (porosity and permeability). Furthermore, these parameters were confirmed by available standards on bone grafts, which present how to measure the main properties of this type of device. In the last column of the table presenting the morpho-mechanical characteristics of the bone grafts, it is indicated where the corresponding data are exploited in the subsequent plots.

Regarding porosity, the bone grafts have been divided into three main groups based on the level of porosity: low, medium and high. In particular, the first group belongs to bone grafts with a porosity lower than 20%. The high porosity group is composed of devices with a porosity higher than 60% and finally, the medium group is in-between the other two (20%*<*porosity*<*60%).

The collected data were further analyzed to report the dependence of bone grafts' morphology on intended use. To do so, it is fundamental to collect data on bone morphology derived from different human body districts. In particular, a total of 16 studies were considered, presenting data on bone volume fraction (BV/TV) for 5 human body districts: femur (Perilli et al., [2008a](#page-18-0); [Ohman](#page-17-0) et al., 2007a; [Nikodem,](#page-17-0) 2012), tibia [\(Ding](#page-15-0) et al., [1997a](#page-15-0); [Lancianese](#page-17-0) et al., 2008), spine [\(Dempster](#page-15-0) et al., 1993; [Teo](#page-18-0) et al., [2006;](#page-18-0) Follet et al., [2011a;](#page-15-0) [Cendre](#page-15-0) et al., 1999a; [Fyhrie](#page-16-0) et al., [1995\)](#page-16-0), Iliac crest ([Thomsen](#page-18-0) et al., 2002; [Rothweiler](#page-18-0) et al., 2022) and jaw (O'[Mahony](#page-17-0) et al., 2000; Giesen and van [Eijden,](#page-16-0) 2000; [Moon](#page-17-0) et al., 2004; Kim et al., [2013\)](#page-16-0). Based on the fact that the BV/TV indicates the percentage of bone present in a unit of volume, it was obtained the value of

<span id="page-2-0"></span>



**Fig. 1.** Resume of scaffold grafts' forms considered in the present review (a), scaffold's intended use (b) and the mechanical test exploited to characterize them (c).

porosity as a complement to 100 of BV/TV. Finally, also the relationship between porosity and compressive strength, and the comparison from a general morpho-mechanical point of view between grafts and human bone was performed. The morpho-mechanical data regarding human bone were collected by looking at studies dealing with the correlation between mechanical properties and morphology of trabecular bone (Ding et al., [1997b;](#page-15-0) [Ohman](#page-17-0) et al., 2007b; Follet et al., [2011b;](#page-15-0) [Cendre](#page-15-0) et al., [1999b](#page-15-0); Wu et al., [2021](#page-19-0); Perilli et al., [2008b\)](#page-18-0). From these studies, a linear relationship between bone volume fraction (BV/TV) and compressive strength of trabecular bone was found and exploited to define the corresponding BV/TV (C-BV) for the bone grafts. C-BV is the value of BV/TV which trabecular bone would present for a specific value of compressive strength.

# **3. Results**

A total of 62 bone substitutes, from 37 different companies, were selected and divided into three main groups, based on their origin: Allograft ( $n = 5$ ), Xenograft ( $n = 14$ ) and Synthetic grafts ( $n = 43$ ). In Fig. 2 is graphically outlined the methodological selection process of the useful records according to PRISMA guidelines. A total of 140 scientific papers, 24 brochures and 32 510(k) documents have been selected for the present review, starting from an opening balance of 3467 records.



**Fig. 2.** Flow diagram of the literature selection procedure.

#### *3.1. General information*

In [Table](#page-3-0) 1, 2a and 2b are resumed the basic information of the allografts, XGs and SGs here considered.

# *3.1.1. Allografts*

**Material.** Allografts differ from one another because of the various human tissues used or the methods used during processing. In terms of material, it is observed that all the considered allografts, with the exception of Dynagraft®, are obtained from human cancellous bone. Dynagraft® could be obtained indifferently from cortical and cancellous human bone. Furthermore, Dynagraft® is presented in two main compositions: a demineralized bone structure with collagen or a poloxamer carrier within which demineralized human bone particles are dispersed. A different composition is observed for INFUSE®, which is composed of human collagen sponge enriched with rhBMP-2, which is an osteoinductive bone growth factor obtained from human bone. Not only the material but also the processing technique is different between allografts. For example, even if Maxgraft®, Osteosponge® and Osteocel® are all derived from human trabecular bone, the latter two are subjected to traditional demineralization while the former is subjected to a patented cleaning process (Allotec® process).

**Form.** Due to their origin, allografts are mainly presented in the form of solid scaffold (i.e. blocks, granules, disks). In some cases, as for INFUSE® Bone graft and Dynagraft®, putties are preferred exploiting human collagen or poloxamers as carriers within which particles of human bone or proteins are dispersed.

**Intended use.** The considered allografts are intended for two main applications: orthopaedic/spine and maxillofacial. In particular, all the allografts, but Maxgraft®, are intended to be used in orthopaedic/spinal surgery, with the case of INFUSE® Bone Graft which could be also used for oral and cranio-maxillofacial applications.

**Mechanism of action.** Thanks to their human-derived nature, all allografts are osteoconductive, osteoinductive and bio-degradable, while osteogenesis is indicated only for INFUSE® Bone graft, Osteosponge® and Osteocel.

# *3.1.2. Xenografts*

**Material.** It was observed that in most cases XGs are obtained from bovine bone. But other animal species are also exploited for Biocoral®, Bonemedik-S and ProOsteon® 500R which are coralline-derived, Osteoplant® which is equine-derived and MinerOss® XP which is obtained from porcine bone. In particular, coralline-derived bone grafts are composed of coralline calcium carbonate which is added hydroxyapatite in the case of Bonemedik-S and ProOsteon® 500R. Instead, Osteoplant® is obtained through a particular process, called Zymo-Teck® process, from equine bone, both cortical and cancellous (harvest

# <span id="page-3-0"></span>**Table 1**

Main properties of allografts and xenografts, indicating the manufacturer, material, form, intended use and mechanism of action.



<sup>a</sup> Osteoinduction was declared by the manufacturer or found in scientific papers.

from different animal sites, from femur to homerus) and MinerOss® XP is obtained from porcine bone subjected to demineralization. The rest of the xenografts are made of either bovine bone matrix (cancellous bone) subjected to a process of demineralization/deproteinization (Bio-Oss®, Cerabone®, Endobon®, Orthoss®, Pyrost®, Smartbone® and Surgibone®) or bovine collagen type I with HA (Collapat® II and Healos®). Of particular interest is Smartbone®, which is composed by a decellularized bovine bone matrix reinforced with polymers and collagen. In this latter case, the graft is indicated as xenohybrid.

**Form.** In terms of forms, xenografts are mainly presented in

# **Table 2a**

Resume of the main properties of SGs, indicating the manufacturer, material, form, intended use and mechanism of action. ACP = Amorphous calcium phosphate; Bis-GMA = bisphenol A-glycidyl methacrylate; CDA = Calcium deficient apatite; DCP = dicalcium phosphate; DCPA = anhydrous dicalcium phosphate; DCPD = dicalcium phosphate dihydrate; DMPT = N,N-dimethyl-p-toluidine; HPMC = hydroxypropyl methylcellulose; HQ = hydroquinone; PMMA = polymethyl methacrylate; MMA = Methyl methacrylate; MCPM = monocalcium phosphate monohydrate; TCP = tri-calcium phosphate; TeCP = tetracalcium phosphate monoxide; TTCP = tetracalcium phosphate.



Osteoinduction was certified by the manufacturer (CE mark).

# **Table 2b**

Resume of the main properties of SGs, indicating the manufacturer, material, form, intended use and mechanism of action. DCPD = dicalcium phosphate dihydrate; DMPT = N,N-dimethyl-p-toluidine; HQ = hydroquinone; MCPM = monocalcium monohydrate; MMA = Methyl methacrylate; PGA = polyglycolide acid; PLG = poly D, L -lactide-co-glycolide; PMA = polymethil acrylate; PMMA = polymethyl methacrylate; PVP = polyvinylpurrolidone; TCP = tri-calcium phosphate; TTCP = tetracalcium phosphate.



(*continued on next page*)

# <span id="page-6-0"></span>**Table 2b** (*continued* )



Osteoinduction was declared by the manufacturer or found in scientific papers.

structured shapes, with 11 over 14 xenografts delivered in the form of blocks and 10 of those are also sold in granules (only MinerOss® XP is delivered exclusively in the form of granules). Only Collapat® II is presented in the form of putty, as a consequence of the combination of bovine collagen and HA in granules, while Healos® is also sold in the form of a deformable strip.

**Intended use.** Based on the fact that most of the considered xenografts are delivered in the form of blocks, they are mainly used in the orthopaedic/spine surgery field as bone void filler and extenders. Only 4 XGs presented exclusively Oral/Cranio-maxillo-facial as intended use

(Bio-oss®, Cerabone®, Endobon®, MinerOss® XP), while 6 XGs presented both Ortho/spine and Oral/CMF indications.

**Mechanism of action.** Thanks to their origin, all the xenografts are osteoconductive, but in contrast to allografts, most of them are not osteoinductive, with the exception of Osteoplant® and Smartbone®. Furthermore, all xenografts but Cerabone®, Endobon® and Pyrost® are bio-degradable. In particular, the lack of degradability of Endobon® is intentionally designed for its application, while Cerabone® presents only superficial absorption to help graft osteointegration.

#### **Table 3**

Morpho-mechanical data of XGs in terms of porosity, mechanical test performed, strain rate, elastic/shear modulus, ultimate stress and permeability. The last column indicates whether the data regarding the corresponding grafts have been used also in the subsequent graphs.



# *3.1.3. Synthetic grafts*

**Material.** The considered SGs could be divided in two main groups, based on their material family: polymeric or ceramic. The former group counts only for the 12% (5 over 43 SGs: Alliment®, CortOss®, Osteopla®V, TruFit® and Vertebroplastic®), in which three of them are principally made of PMMA. For the grafts of the latter group, two main phases of calcium phosphate are used, HA and β-TCP. In particular, 7 SGs are composed by pure β-TCP (Affinos®, Biosorb®, Chronos® Bone void filler, IngeniOS® β-TCP, Macrobone®, Osferion®, and Super-Pore®), 3 SGs are made of pure HA (Engipore®, IngeniOS® HA and Ostim®) and 10 SGs are biphasic HA + β-TCP (b.BONE™, Bicera™, BoneSave®, Ceraform®, MagetOS® Granules, Maxgraft® Matrix EXT, Maxresorb®, MBCP®, OsSatura® BCP and Triosite®). It is worth also highlighting the use of α-TCP for Biobase®. α-TCP and β-TCP are also used in combination with other composites as powder components of cement, as in the case of Calcibon®, Eurobone® and Graftys® Quickset. Finally, it is interesting to notice that there are two SGs (Collagraft® and Maxgraft® Matrix EXT) whose biphasic ceramic matrix is filled with type I bovine dermal collagen and type I lyophilized collagen, respectively. The addition of type I collagen allows to obtain a structure similar to bone, as type I collagen is almost 90% of the organic constituent of human bone. Furthermore, it determines an osteoblast-friendly environment which increases the osteoinductivity of the bone substitute when combined with bone marrow ([Mallick](#page-17-0) et al., 2022; [Alvis](#page-14-0) et al., [2000\)](#page-14-0).

**Form.** With respect Allografts and XGs, which are mostly supplied as blocks and granules, SGs allows to obtain cements, by mixing the powder (polymeric or ceramic) with a liquid component. In particular, over 43 bone grafts, the majority of the SGs are supplied in the form of granules (22 over 43), while16 are delivered in the form of cement and only 13 grafts are in the form of blocks. Finally, only Calcigen® S, Collagraft®, CortOss®, MIIG® X3 and Ostim® are available as putties. It is worth to highlight that in several cases the same SG is supplied in different forms.

**Intended use.** The majority of the SGs present as intended use the bone void and gaps filling in orthopaedic (i.e. extremities, pelvis etc.) and spine surgery (37 over 43). Only 10 grafts presented oral/CMF indication (Biobase®, Biobon®, Biopex®-R, Hydroset®, IngeniOS® β-TCP, IngeniOS® HA, Macrobone®, Maxresorb®, Mimix® and Ostim®).

**Mechanism of action.** With respect allografts, synthetic grafts typically do not present osteoinductive properties, with the exception of b.BONE™, Osterion®, MBCP® and MagnetOs® Granules, which, accordingly to literature, present an osteoinductive effect, intended as "passive" osteoinduction [\(Daculsi](#page-15-0) et al., 2013). Nevertheless, all SGs are osteoconductive but Alliment®, Osteopal® and Vertebroplastic®, which no information regarding their mechanism of action was found. Furthermore, with the exception of IngeniOS® HA and Mimix®, all SGs are bio-degradable.

### *3.2. Morpho-mechanical characteristics*

The morpho-mechanical characteristics of the considered marketed bone substitutes are collected in [Tables](#page-6-0) 3 and 4, whenever available. No description of either the morphological or the mechanical properties of allografts was found.

# *3.2.1. Xenografts*

**Porosity.** Most of the considered XGs belonged to the high-porosity group, with a mean porosity near 70%. Only Biocoral®, whose two typologies Biocoral®-A and Biocoral®-P presented a mean porosity of 25 and 49% respectively, belongs to the medium-porosity subgroup. Regarding Surgibone®, and Collapat II no information regarding porosity was found. Some XGs presented high data dispersion. For example, Endobon®'s porosity ranged between 55 and 85%, resulting in the widest range observed for these grafts. At second place there was

Osteoplant® with a porosity ranging from 65 to 82%, similar to Cerabone® (65–80%) and Orthoss® (60–80%).

**Mechanical Test.** From a mechanical characterization point of view, all except Collapat® II, Healos®, MinerOss® XP and Pyrost®, have been tested in compression and only Cerabone® and Smartbone® were also tested for different loading conditions: shear (Cerabone®) and 4-point bending and torsion (Smartbone®). For the tested xenografts, compressive strength (i.e. ultimate stress) ranged between 0.34 MPa (Bio-Oss®) and 110 MPa (Biocoral®-A). This wide range of values is sharply reduced considering exclusively bovine-bone derived xenografts, with the same minimum value (0.34 MPa), but a maximum compressive strength of 25.8 MPa (Smartbone®). Furthermore, only for few XGs also the compressive Young's modulus was presented, with a value of 24.6  $\pm$  4.7 GPa, 8  $\pm$  0.5 GPa, 2.9  $\pm$  0.7 GPa, 1.6  $\pm$  2.2 GPa,  $0.15 \pm 0.07$  GPa,  $2.9 \pm 1.3$  GPa and  $1.3 \pm 0.2$  GPa for respectively Biocoral®-A, Biocoral®-P, Bio-Oss®, Endobon®, Osteoplant®, ProOsteon® 500R and Smartbone®. Finally, it is worth to highlight that in several cases no clear definition of the testing conditions and protocols was found. As a matter of fact, no information about the strain rate or the testing method was presented. However, from the available studies, it was found that the xenografts were tested at a strain rate ranging from 0.0001 to 0.02  $s^{-1}$ .

**Permeability.** If few data were available regarding the mechanical response of xenografts, even fewer have been found on their permeability. In particular, only 6 xenografts presented information regarding their capacity to be permeated by a fluid, with a permeability coefficient of 44.6, 1.2, 25.5, 6, 4.94  $\pm$  1.91 and 2.3  $\pm$  3.4  $\cdot 10^{-10}$  m<sup>2</sup> for respectively Biocoral®-A, Biocoral®-P, Bio-Oss®, Bonmedik-S, ProOsteon® 500R and Smartbone®. In all cases the coefficient of permeability was measured by exploiting an experimental test bench, but for Cerabone® which permeability was evaluated through a fluid-dynamic numerical model.

Finally, it is worth highlighting the behaviour of Biocoral® in its two sizes: Biocoral®-A and Biocoral®-P. It is interesting to notice that higher permeability was observed for the scaffold with lower porosity: 44.6  $\cdot 10^{-10}$  m<sup>2</sup> for Biocoral®-A which presented a mean porosity of 25% while Biocoral®-P presented a permeability coefficient of  $1.2 \cdot 10^{-10}$  m<sup>2</sup> with a mean porosity of 49%. Even if it could appear counterintuitive, it sheds light on the fact that the scaffold's permeability not only depends on the percentage of porosity, but also on the level of interconnectivity between the pores, the percentage of open pores with respect to closed pores, and the tortuosity of the structure (Li et al., [2003\)](#page-17-0).

#### *3.2.2. Synthetic grafts*

**Porosity.** While the porosity of the xenografts is strictly related to the bone structure from which they are obtained, regarding SGs the morphology is either designed or obtained from the manufacturing process. The design of the structure is typically possible when using 3d printing, while exploiting different manufacturing processes less control is possible, especially when considering bone cements. Among the 43 SGs considered, 36 presented information regarding their porosity. In particular, to the low-porosity group belonged 5 SGs with a mean porosity ranging from 0.7% (MIIG®X3) to 7.5% (BoneSource®). Instead, of similar numerosity were the medium- and high-porosity groups, which accounted for respectively 17 and 15 SGs. In particular, the medium-porosity subdivision presented a mean porosity between 35% (Calcibon® and ChroOS® Inject) and 60% (b.BONE™ and OsSatura® BCP), while the high-porosity group presented a minimum mean porosity of 65% with Triosite® and a maximum mean porosity of 90% with Engipore® and Macrobone®.

**Mechanical Test.** In terms of mechanical characterization, only 33 SGs presented data regarding their mechanical response and among this group, only 4 SGs have been characterized, along with compression, for distinct loading conditions: Alliment® (compression and 4-point bending), CortOss® (compression, 4-point bending, and shear), Osteopal® V (compression, 4-point bending, and shear) and Vertebroplastic®

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# **Table 4**

Morpho-mechanical data of SGs in terms of porosity, mechanical test performed, strain rate, elastic/shear modulus, ultimate stress and permeability. The last column indicates whether the data regarding the corresponding grafts have been used also in the subsequent graphs.



(*continued on next page*)

# <span id="page-9-0"></span>**Table 4** (*continued* )



<sup>a</sup> At 3h exposure to simulated body fluid.

<span id="page-10-0"></span>

**Fig. 3.** Porosity distribution (%) of human trabecular bone for different representative body sites: femur (blue), tibia (orange), spine (purple), iliac crest (yellow) and jaw (green). Porosity data for bone grafts with intended use in ortho/spine field are represented in white with black contour while bone grafts used in the oral/CMF (cranio-maxillofacial) field are represented in grey.

(compression, 4-point bending, and shear). Following the subdivision previously presented between polymer-based and ceramic-based SGs, it was possible to analyse the mechanical properties of these grafts. In particular, the former group presented a mean compressive strength which varies from 7 MPa (TruFit®) to 146 MPa (CortOss®). However, excluding TruFit® which presented particularly low mechanical properties, the rest of the polymer-based SGs presented similar mechanical responses: 82 MPa, 88.39 MPa and 70 MPa compressive strength for respectively Alliment®, Osteopal V® and Vertebroplastic®. With the exception of TruFit®, which presented a Young's Modulus between 50 and 80 MPa, no information was found on the elastic modulus for polymer-based SGs. Alliment® CortOSS®, Osteopal V® and Vertebroplastic® were all characterized also in 4-point bending and the latter three were also tested in shear resulting respectively in a bending strength of 55.6  $\pm$  4.3 MPa, 57  $\pm$  10 MPa, 46  $\pm$  8 MPa and 45  $\pm$  5 MPa and a shear strength of 8.4  $\pm$  0.8 MPa 6.8  $\pm$  0.4 MPa and 7  $\pm$  0.2 MPa.

Moving to the ceramic-based SGs, for a total of 28 over 38 grafts were found data on their mechanical behaviour, but all exclusively regarding compressive tests. In this regard, the value of compressive strength presented huge variability among the SGs, mainly due to differences in material and morphology. The compressive strength ranged between 0.24 MPa (Ostim®) and 48 MPa (SuperPore®). This latter SG is available in three sizes, based on the level of porosity: 57%, 67% and 75%, with the lower porosity level corresponding to the 48 MPa compressive strength. It was possible to deeply analyse the value of compressive strength by identifying subgroups presenting the same bulk material. In particular, three main subgroups have been easily identified: HA-bulk, β-TCP-bulk and biphasic-bulk (HA + β-TCP). To the first group belonged Engipore® and Ostim®, which presented respectively a compressive strength of 2.5  $\pm$  0.8 MPa and 0.24  $\pm$  0.05 MPa. For this group, it was found also information regarding their Young's Modulus, which was equal to 240  $\pm$  7 MPa and 6  $\pm$  3 MPa, respectively. The second group was composed of 4 SGs: Affinos®, Biosorb®, Osferion® and SupePore® (in its three sizes). For the first three SGs, the compressive strength respectively was equal to  $14.4 \pm 2.6$  MPa,  $12.5 \pm$ 2.5 MPa, 3.5  $\pm$  1.5 MPa while SuperPore® presented a strength of 6  $\pm$  1 MPa, 20 MPa and 48 MPa for respectively a porosity of 75%, 67% and 57%. Finally, the biphasic-bulk group presented 4 SGs: b.BONE™, Bicera™, MBCP® and Triosite® with a compressive strength of 20.3 MPa,  $2.6 \pm 0.3$  MPa,  $3.0 \pm 0.8$  MPa and  $1.8 \pm 0.2$  MPa, respectively.

**Permeability.** Few data were found regarding tests focusing on the permeability of SGs. In particular, only 3 SGs have been tested to find the coefficient of permeability, obtaining a mean value of 1.07, 0.31 and 3.5  $\pm$  0.3  $\cdot$  10<sup>-10</sup> m<sup>2</sup> for respectively Engipore®, Maxresorb® and OsSatura® BCP. While for Engipore® and OsSatura® BCP, the permeability coefficient was evaluated through an experimental test bench, for Maxresorb® it was calculated by exploiting a fluid-dynamic numerical model.

# *3.3. Further analysis*

# *3.3.1. Correlation between bone grafts' morphology and their intended use*

From literature, the mean human bone's porosity resulted equal to 78%, 81%, 86%, 80% and 77% for respectively human femur, tibia, spine, Iliac crest and jaw (Fig. 3). From Fig. 3 it is possible to observe a high dispersion of data, especially for the jaw, which presents a standard deviation of 14%, with respect to a standard deviation of 7%, 7%, 5% and 8% for respectively human femur, tibia, spine and iliac crest. This higher dispersion regarding the human jaw is ascribable to the fact that some studies considered the lower jaw (O'[Mahony](#page-17-0) et al., 2000; [Giesen](#page-16-0)



 $(b)$ 

**Fig. 4.** Relationship between porosity and compressive strength for XGs (a) and for SGs (b).

and van [Eijden,](#page-16-0) 2000; [Moon](#page-17-0) et al., 2004) while others the upper one (Kim et al., [2013\)](#page-16-0). Looking at the data collected ([Tables](#page-6-0) 3 and 4) regarding both XGs and SGs, it appears clear that most of the bone grafts belong to the medium/high-porosity groups, either their intended use is the application in the oral/cranio-maxillofacial or in the orthopaedic/ spine surgery. In particular, among the whole bone grafts group reporting the values of porosity ( $n = 51$ ) only 6 bone grafts belong to the low-porosity group and all present orthopaedic/spine surgery as intended use. A mean overall porosity of  $54.6\% \pm 23.7\%$  and  $62.9\% \pm 22.8\%$ is observed for respectively the grafts used for orthopaedic/spine and oral/CMF applications. High dispersion is observed for both groups due to the presence of grafts with both very low and very high porosity (i.e. for the ortho/spine group there is MIIG® X3 with a porosity of 0.7% and Healos® with a porosity of 95%). However, no significant difference was found between the ortho/spine and the oral/CMF groups (p *>* 0.05). Comparing grafts' porosity with human bone data results in a difference of about 32%, 35%, 39% and 35% between the mean porosity of the Ortho/Spine group and respectively the mean porosity of femur, tibia, spine and iliac crest. Considering the Oral/CMF group it was evaluated a difference of 21% with respect to data obtained from jaw bone.

# *3.3.2. Relationship between porosity and compressive strength*

The relationship between porosity and mechanical properties is performed by comparing scaffolds with the same bulk material, to exclude the effect of the material on the values of compressive strength.

**Xenografts** The presented xenografts are derived from different animal species, but two main groups are identifiable for numerousness: bovine-derived and coral-derived xenografts. To find a relation between porosity and compressive strength (which was the most reported mechanical property) the two above-mentioned groups were considered separately. In [Fig.](#page-10-0) 4a compressive strength is plotted against the corresponding value of porosity (whenever available) both for bovine-  $(n = 5)$ and coral-derived  $(n = 4)$  grafts. While for bovine-bone derived XGs no clear trend was observed, mainly due to the fact that all presented similar porosity and differences in the treatment/sterilization process, for the coral-derived grafts the trend was clearer. As expected, it was observed a decrease in the compressive strength of the grafts with an increase in porosity, passing from a compressive strength of 110 MPa for a porosity of 25 % (Biocoral®-A) to a value of 4 MPa, corresponding to a porosity of 70 % (Bonemedik-S).

**Synthetic Grafts** For what concern SGs, it was possible to observe a trend similar to XGs between porosity and compressive strength (which again was the most reported mechanical property). In particular, [Fig.](#page-10-0) 4b shows the relation between the morphological and the mechanical



**Fig. 5.** Compressive strength-BV/TV data for human femur (blue dots) and vertebral bone (orange dots) and compressive strength-C-BV for bone grafts with intended use ortho/spine field (red dots). The human bone data were interpolated through a linear function for the evaluation of C-BV.

parameter for all the SGs (no matter the bulk material) in dark, while in green and orange are highlighted the trends for two specific subgroups: β-TCP bulk (n = 6) and HA + β-TCP bulk (n = 4). Regardless of the low numerosity, high dispersion of the data and the poor correlation obtained, it was observed an overall decreasing trend in the value of compressive strength following an increase in the porosity. This behaviour was particularly significant looking at the two subgroups. Greater fitting of the linear interpolation curve was observed for the HA+ β-TCP -bulk subgroup, while more dispersed data were obtained for the pure β-TCP-bulk grafts. Nevertheless, it was observed an overall decrease in the compressive strength when HA was added to the bulk material, as confirmed by the lowering of the interpolation curve moving from the green data (β-TCP-bulk) to the orange data (HA + β-TCPbulk).

# *3.3.3. Comparison between bone grafts and human bone*

Besides the relation between the grafts' porosity with human districts' and between porosity and corresponding mechanical properties, it is possible to perform a deeper morpho-mechanical comparison between human bone and grafts. The value of C-BV was obtained for all the bone grafts presenting values of compressive strength. In Fig. 5 data of femoral and vertebral trabecular bone (in terms of BV/TV and compressive strength) are compared with the same data for the bone grafts which presented as intended use the application in the orthopaedic/spine field. For the femur was observed a BV/TV ranging between 4.5 and 35% corresponding to a compressive strength between 1.6 and 28.6 MPa. Instead, lower values were observed for the trabecular bone of human vertebrae, with a BV/TV ranging from 4.8 to 18% corresponding to a compressive strength from 0.8 to 5.6 MPa. The maximum compressive strength collected for human vertebral bone is almost 80% lower than the maximum value for the femoral trabecular bone.

From literature it was obtained a compressive strength for the grafts used in the ortho/spine field ranging between 0.3 (Collagraft®) and 48 MPa (SuperPore® with 57% of porosity) which corresponds to a C-BV between 7.2 and 55%. Even though Fig. 5 appears to show a superimposition of data related to bone and grafts, almost 74% and 47% of the bone grafts presented a C-BV lower than the mean value of BV/TV for respectively femoral (mean  $BV/TV = 22\%$ ) and vertebral trabecular bone (mean BV/TV = 12%). However, it results that only 4 grafts resulted totally out of the range observed for natural bone with a C-BV of 40.8%, 41.7%, 54.7% and 39.6% for respectively Calcibon®, Osteoset®, SuperPore®-57 and Surgibone®.

# **4. Discussion**

# *4.1. Different materials and forms, similar intended use*

Currently, there is an abundance of commercial bone grafts for the treatment of defects following traumas, tumour resection, etc. This claim is confirmed by the number of scaffolds considered in the present review  $(n = 62)$ , which represents only a portion of the total commercially available family of devices. The present review sheds light on the most commonly utilized scaffold in the field of bone repair, with load-bearing districts intended use.

Bone grafts vary not only in terms of material composition but also in the supplied form; in several cases, the same material is delivered in a variety of forms based on the need for the specific application. For example, bBONE® is commercially available as blocks, wedges and even granules. The surgeon is free to choose the most suitable form of the same material based on the specific needs, also combining two or more forms for the treatment of the same defect. As for bBONE® most of the here presented grafts are available in different forms.

A lot of these combinations of forms and materials rejoin in the final applications. In fact, for the 82% of the bone substitutes here presented, the manufacturer declared as an indication of use the filling of bone voids and gaps of the skeletal system or more generally in the orthopaedic surgery field. Instead, almost 34% (some of the scaffolds presented a double indication of use) are intended for oral and/or maxillofacial surgery. All or most of these applications determine, even if in a slight amount, a mechanical solicitation of the implanted scaffold, which needs to withstand this load up to a sufficient osteointegration, which can be achieved from several days to months after implantation, based on the specific properties of the implant.

# *4.2. Bone grafts require higher mechanical strength in weight-bearing districts*

Based on the intended use, the graft should fulfil some mechanical requirements. In particular, when the graft presents a weight-bearing intended use in LBD, as in femur, tibia or spine, it is expected a higher mechanical strength with respect to maxillofacial-application grafts.

A total of 21 grafts presented Oral/CMF application, with a superimposition of intended use with orthopaedic/spine for 10 of them (as stated in the previous paragraph). By excluding these grafts from the following analysis, it is possible to notice that the mean compressive strength for the orthopaedic/spine group is almost 3.3 times higher than the mean value for the Oral/CMF application group (22.4 MPa vs 6.8 MPa). However, great data dispersion is observed with the compressive strength for both the ortho/spine and the oral/CMF groups ranging between 0.31 and 146 MPa and 0.24 and 22.5 MPa, respectively. Anyhow, the graft with higher strength of the latter group (Mimix®) resulted in weaker than 28% of the grafts belonging to the former. This high dispersion should be seen considering that bone grafts, eventually presenting relatively low mechanical strength, are often supported by internal fixation or plating devices meant to provide primary stability and prevent excessive loadings on the bone graft during callus remodelling and maturation phases.

This difference seems to support a substantial difference in the design approach based on the final application: more strength is required for weight-bearing applications, while lower strength is acceptable for oral/ CMF use.

# *4.3. Treatment/sterilization process may affect mechanical properties of allografts*

In the present review, 44 out of 62 scaffolds presented a previous study regarding their mechanical characterization. As shown in the results, no available data was found regarding the mechanical and morphological properties of allografts. Even if it could be inferred that there is no need to perform additional material and morphological characterization on bone allografts, as their characteristics are expected to match those of the patient's bone, further considerations must be performed, particularly regarding their sterilization process. Several techniques are adopted by tissue banks to sterilize the explanted bone to be used as an allograft. In particular, three main techniques are reported: chemical procedure, γ-ray irradiation and autoclave. Several studies investigated the effect of all these techniques on the morpho-mechanical properties of trabecular and cortical human bone [\(Mansor](#page-17-0) et al., 2023; Costain and [Crawford,](#page-15-0) 2009; [Lakhwani](#page-17-0) et al., 2017). For instance, the Maxgraft® allograft is subjected to a specific certified multi-step process (AlloTec® process) (botiss [biomaterials](#page-15-0) GmbH, 2023) which ends with lyophilization and sterilization via γ-ray irradiation. Even if both [Mansor](#page-17-0) et al. [\(2023\)](#page-17-0) and Costain et al. (Costain and [Crawford,](#page-15-0) 2009) concluded that for low doses of γ-ray irradiation, no difference is observed in the mechanical response of bone, [Lakhwani](#page-17-0) et al. (2017) determined, instead, a decrease of almost 20% in the compressive strength of bone samples subjected to deep freezing at  $-76$  °C followed by  $\gamma$ -ray irradiation at 25 Gy. So, there is no clear indication of whether the sterilization process via γ-ray can affect the mechanical response of allografts. The lack of available data and the above-mentioned evidence seem to suggest that users should be careful when using allografts, as their final

characteristics may be affected by physical factors in different steps of preparation and conservation. Little information is available to date for commercial bone allografts, so efforts to highlight these effects should be encouraged.

# *4.4. Heterogeneous mechanical testing protocols lead to a lack of comparability*

The combination of lack of information and variety in the testing protocols, especially regarding the type of specimen considered (cements rather than blocks or granules) which strongly affect the experimental set-up, leads to difficulty in comparing different bone grafts from a mechanical point of view. Furthermore, no uniformity exists concerning the type of mechanical test performed. As a matter of fact, all the studies presenting graft's mechanical properties performed compression, while only in 5 cases also other loading conditions were considered (i.e. bending, shear and torsion tests).

It is worth to highlight that among 62 bone grafts, only in 6 cases (Alliment®, Cerament®, CortOss®, Osteopal® V, Vertebroplastic® and Bio-Oss®) the scaffold was tested according to standards. In particular, the polymeric-derived grafts (Alliment®, CortOss®, Osteopal® V and Vertebroplastic®) were tested according to the ISO [5833:2002.](#page-16-0) Instead, Cerament® was tested following the ASTM [F2224-09](#page-14-0) (2014), which considers high purity Calcium Sulfate Hemihydrate or Dihydrate for surgical implants. Finally, Bio-Oss® was characterised according to the ASTM [D695-23](#page-14-0) (2023) to compare the results of the mechanical tests with rigid plastic scaffolds.

Of particular interest is to note that even if there exists a standard (ISO 13175-3) for the mechanical characterization of calcium phosphate grafts (ISO [13175-3:2012](#page-16-0)), none of the considered studies explicitly declare to follow it. This is partially ascribable to the fact that the ISO 13175-3 is not applicable to calcium phosphate cements, which are almost 34% (13 over 38) of the ceramic grafts here considered.

If few standards already exist concerning the mechanical characterization of bone grafts in static conditions, even fewer standards are presently dealing with the characterization in dynamic conditions. As confirmation of this lack of interest, none of the bone grafts except Osteopal® V presented data regarding cyclic tests. In particular, Osteopal® V was tested according to ISO [16402:2008,](#page-16-0) the only standard dealing with dynamic tests on bone grafts. According to the cited standard, Osteopal® V was tested cyclically in four-point bending to determine the S-N curve (where S is the stress level and N is the number of cycles) and the fatigue strength (runout at  $5*10^6$  cycles) (Kö et [al.,](#page-16-0) [2013\)](#page-16-0). Besides the above-mentioned ISO, no other standard exists concerning the fatigue tests of bone grafts.

There are some guidelines which could be partially exploited for the dynamic characterization of these devices. In particular, [ISO](#page-16-0) [28704:2011](#page-16-0) deals with the cyclic bending fatigue of porous ceramics at room temperature. However, in the 'terms and definition' section it is indicated as porous ceramic a structure with porosity ranging between 30 and 60% (in this work it corresponds to the medium-porosity group) for applications as filters, catalyst carriers etc. but no explicit reference to surgical implants is present.

The above considerations shed light on the need for standards for the static characterization of bone grafts, whatever the form they are delivered (putties, cements etc.). Only through the definition of unique testing protocols, it is possible to properly compare the mechanical properties of different bone grafts. Furthermore, the interest should not focus only on the static mechanical characterizations but also on the fatigue behaviour, due to the fact that the implanted grafts are subjected to cyclic loading conditions up to complete osteointegration.

# *4.5. Heterogeneous morphological testing protocols lead to a lack of comparability*

Similarly to the mechanical properties, the comparison of the

morphological characteristics also presents some issues. Even if porosity seems to be one of the simplest parameters to measure, often it was not reported. Even when this information was supplied, there were discrepancies between different studies. This problem was observed especially regarding bone cement, where the mixing process strongly affects the final structure and as a consequence the morphological properties of the cement ([Lewis,](#page-17-0) 2000; Lindén, [1988](#page-17-0)). Besides this, the technique exploited to measure morphological properties such as the porosity, leads to differences in the final results. For example, the porosity of Norian® SRS was evaluated in different studies following several techniques. In the study of Luo et al. [\(2016\)](#page-17-0) two techniques were used to determine the porosity of this bone cement: water evaporation and helium pycnometry. With the former strategy, a porosity of  $43.8 \pm 1\%$  was determined while a 37.9  $\pm$  0.2% porosity was found for the latter technique. Instead, in the work of Lieshout et al. (Van [Lieshout](#page-19-0) et al.,  $2011$ ) a total porosity of 0.48  $\pm$  0.15% was determined through micro-CT for the same Norian® SRS cement. Unsurprisingly, this significant difference in porosity did not bring a difference in the final compressive strength between the two studies. In particular, [Luo](#page-17-0) et al. [\(2016\)](#page-17-0) found a compressive strength equal to 26.5  $\pm$  5.3 MPa while [Lieshout](#page-19-0) et al. (Van Lieshout et al., 2011) a strength of  $25.64 \pm 7.37$ MPa. These results confirm that the difference in porosity between the two studies is merely due to the difference in the technique used to measure it and careful must be paid in considering also the porosities of Eurobone®, HydroSet® and MIIG® X3 which were measured with the same strategy (Van [Lieshout](#page-19-0) et al., 2011). This discrepancy between the porosity evaluated with water immersion and micro-CT was also studied by Yeung et al. [\(Yeung](#page-19-0) et al.). They deduced that the disparity in the aforementioned methods derived from a limitation in the micro-CT technique, preventing the assessment of pores smaller than their resolution. In contrast, water immersion encompasses the evaluation of all pores within the structure. This huge variability in the porosity measurement method especially regarding cements is due to a lack of unique standards. Regarding calcium-phosphate scaffolds the [ISO](#page-16-0) [13175-3:2012](#page-16-0) deals with the measurement of the graft's porosity. However, this standard is not applicable to calcium phosphate cements, whose value of porosity is mostly affected by the chosen technique. Instead, regarding polymeric-based cement exists the ISO [5833:2002](#page-16-0), but no indications regarding the measurement of the porosity are present. Finally, an ISO standard was developed specifically for bone grafts to be used in Oral/Cranio-maxillo-facial applications (ISO [22794:2007\)](#page-16-0) with the limitation of including exclusively devices used for filling and augmenting bone, however excluding grafts made of almost pure hydroxyapatite (*>*90%). Even if the measure of the porosity is required, the ISO 22794:2007 does not provide any methodology specification.

To obtain reliable measurements of bone grafts' porosity, especially for cements, it is necessary to define a unique method presenting both how to properly prepare the sample and how to test it.

## *4.6. Significant lack of available data regarding permeability*

In recent years, the scaffold's permeability coefficient started to be considered equally to porosity, pore size and interconnectivity as design parameters for porous scaffolds. Its ease of evaluation, with respect to other morphological parameters, makes the permeability coefficient a valid alternative to characterize a scaffold, determining the facility to perfuse and colonize its internal porous structure, allowing nutrients and oxygen to reach the colonizing cells ([Pennella](#page-17-0) et al., 2013). Not only this but in 2014 a standard was published for the measurement of the mean darcy permeability coefficient for a porous scaffold, then revised in 2022 (ASTM [F2952-22,](#page-14-0) 2022).

From the present systematic review appeared clear a significant lack of data regarding the permeability of commercially available scaffolds. In particular, only 15% of the implants  $(n = 8)$  were characterized also in terms of permeability and among them 2 were characterized using fluid-dynamics models and the rest through an experimental test-bench

exploiting Darcy's law, but none of them explicitly declared to follow a standard for the measurement. This lack of a unique testing protocol for the measurement of the permeability coefficient of porous bone grafts leads to the difficulty in properly comparing the results collected from different studies. The presence of standards should be exploited to have comparable data among different groups.

# *4.7. Comparison in terms of porosity between scaffold and human bone*

Based on the fact that all the presented grafts are intended to be used as bone gaps and void fillers, during working conditions they will interact directly with human bone, mainly trabecular. Thus, it is fundamental that the bone graft matches human natural bone in terms of both mechanical and morphological properties. While the mechanical characteristics are strictly related to several parameters (i.e. bulk material and structural characteristics), the morphology of the bone graft could be partially controlled. It is clear that regarding both allografts and xenografts (except for coral-derived substitutes), the graft's structure is mostly derived from the original bone. As a matter of fact, in the present review, it was found the mean porosity for the xenografts, no matter the intended use, ranging between 69 and 97%, similar to trabecular human bone [\(Fig.](#page-10-0) 3).

From [Fig.](#page-10-0) 3 it is interesting to notice that while the grafts used in the Ortho/Spine group presented high variability in terms of porosity, with grafts displaying a significant difference in porosity with respect to natural bone (i.e. CortOss®, Eurobone®, HydroSet®, MIIG® X3 and Osteopla®V), the grafts belonging to the Oral/CMF group presented a much closer porosity with jaw bone. This behaviour is ascribable to the need for compromise between morphology match and mechanical properties for the grafts used in the orthopaedic/spine field, while for the grafts used in the oral/CMF surgery less restrictive requirements are present in terms of mechanical properties, due to lower loads, and more attention could be paid to the graft's morphology. In any case, the observed high variability in porosity should be interpreted positively as well, since it provides a greater selection of bone graft options to accommodate a range of patient situations, from healthy bone to cases of osteoporosis. Furthermore, despite the observed high variability, most of the grafts in the Ortho/spine group belong to the medium/highporosity group (42% for the high-porosity and 46% for mediumporosity) to resemble as much as possible human natural bone.

To properly resemble human trabecular bone, the grafts should present a porosity possibly in the high range values or at least in the medium one. With low porosity, the colonization from human cells may be affected and slower integration of the bone graft could occur (Lawrence and [Madihally,](#page-17-0) 2008).

#### *4.8. Comparison between bone grafts and human trabecular bone*

As presented in paragraph 3.3.3, most of the bone grafts (74%) presented a C-BV lower than the mean BV/TV of the human femoral bone. It means that most bone grafts are typically used as fillers for voids and gaps in the human femur, from a mechanical point of view represents a trabecular bone with too low bone volume fraction with respect to the surrounding tissue. Similarly, 47% of the grafts represent, from a mechanical point of view, a highly porous vertebral trabecular bone, leading to a mismatch between the grafts and the surrounding natural bone structure.

Bone grafts should mimic not only the morphology (as shown in [Fig.](#page-10-0) 3) but also the mechanical properties of natural bone to properly replace native bone during the healing process.

# *4.9. Limitations of the present work*

The present systematic review presents some limitations that must be highlighted:

- <span id="page-14-0"></span>(i) **Xenografts' origin:** XGs could be derived from different animal species. However, in the present study, only two main species were considered: oxens and corals. In particular, the most numerous group is composed of bone grafts derived from the former species. As a matter of fact, out of 11 XGs here considered (excluding the coral-derived grafts), only two are obtained from animals different from oxen. The employment of animals different from oxen (i.e. horses and pigs) is of rising interest in the last years. However, few devices are still available on the market and even fewer studies on their morpho-mechanical characterization have been found. This is the reason why in the present work, only two xenografts derived from animals different from oxen are presented, which are Osteoplant® obtained from equine bone and Miner-Oss® XP obtained from porcine bone. Other devices have been found, but they presented explicit indications of non-load-bearing district application, therefore they were excluded from the present analysis.
- (ii) **Full-text analysis:** As stated in Section [2.2,](#page-1-0) the full text of each scientific contribution considered has been read by one researcher. By increasing the number of researchers reading the same text, the risk of errors due to misunderstanding or missing data could be reduced**.**
- (iii) **Number of databases:** For the present review only 3 databases have been consulted. Even if they are almost completely exhaustive, still some scientific works may have slipped out.

# **5. Conclusion**

The present work systematically reviews the main bone grafts nowadays available on the market as bone gaps and voids filler in loadbearing districts and sheds light on the lack of data regarding commercially available bone substitutes in terms of morpho-mechanical characteristics. Most of the bone grafts are tested in compression, sometimes according to standards and few of them are tested also in different loading conditions and an even smaller group is characterized also in terms of permeability. The lack of specific standards and test methods does not allow direct data comparability. For these reasons, the comparison between different bone grafts is difficult and it is even harder to define which scaffold is better for a specific intended use.

A complete and transparent morpho-mechanical characterization of commercial bone grafts remains fundamental to support surgeons in the selection of the optimal graft for each intended use and lead to better clinical outcomes, to speed up the research and development of nextgeneration bone grafts with superior morpho-mechanical characteristics, also taking advantage of predictive digital twins accurately representing the real morphological and mechanical response of the bone grafts in vivo.

#### **CRediT authorship contribution statement**

**Davide Ninarello:** Writing – review & editing, Writing – original draft, Visualization, Methodology, Formal analysis, Data curation, Conceptualization. **Alberto Ballardini:** Writing – review & editing. **Giacomo Morozzi:** Writing – review & editing. **Luigi La Barbera:** Writing – review  $\&$  editing, Writing – original draft, Visualization, Validation, Supervision, Project administration, Methodology, Investigation, Funding acquisition, Conceptualization.

#### **Declaration of competing interest**

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Davide Ninarello is supported by NextGenerationEU program, Ministry University and Research, Italia domani – Piano Nazionale di Ripresa e Resilienza.

Giacomo Morozzi and Alberto Ballardini are industry scientists

employed by GreenBone Ortho S.p.A (Faenza, Italy) which commercializes one bone grafts (b.BONE™) considered in the present review.

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# **Data availability**

Data will be made available on request.

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