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3 **Selective Modulation Of A1 Astrocytes By Drug-**

4 **Loaded Nano-Structured Gel In Spinal Cord Injury**

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23 **ABSTRACT**

24 Astrogliosis has a very dynamic response during the progression of spinal cord injury, with
25 beneficial or detrimental effects on recovery. It is therefore important to develop strategies to
26 target activated astrocytes and their harmful molecular mechanisms so as to promote a
27 protective environment to counteract the progression of the secondary injury. The challenge is
28 to formulate an effective therapy with maximum protective effects, but reduced side effects.
29 In this study a functionalized nanogel-based nanovector was selectively internalized in
30 activated mouse or human astrocytes. Rolipram, an anti-inflammatory drug, when
31 administered by these nanovectors limited the inflammatory response in A1 astrocytes,
32 reducing iNOS and Lcn2, which in turn reverses the toxic effect of proinflammatory
33 astrocytes on motor neurons *in vitro*, showing advantages over conventionally administered
34 anti-inflammatory therapy. When tested acutely in a spinal cord injury mouse model it
35 improved motor performance, but only in the early stage after injury, reducing the
36 astrocytosis and preserving neuronal cells.

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39 Spinal cord injury (SCI) is the most frequent disabling injury of the spine. SCI leads to cell
40 degeneration at the epicenter of the lesion, including neurons, astrocytes and
41 oligodendrocytes. ¹ Secondary processes (*e.g.* inflammatory response, excitotoxicity,
42 apoptosis and oxidative stress) cause additional loss of neurons and glial cells (secondary
43 injury). The reactive proinflammatory response of the astrocyte population, with the
44 subsequent formation of scar tissue and the inhibition of axonal regrowth, seems to be pivotal.
45 After acute damage, astrocytes become reactive and undergo a spectrum of changes in their
46 phenotype, gene expression and proliferation. ² It has been suggested that reactive astrocytes
47 near the lesion might have roles that are either beneficial or detrimental in central nervous
48 system (CNS) repair. ^{1,2} Several neuropathological stimuli induce a variable phenotypic
49 “state” of astrocytes that change after injury. These are commonly called stated A1 and A2 ^{2,3}
50 and are parallel to the terminology of macrophages M1 and M2, which was applied to the
51 microglial response in the CNS. ⁴

52 Astrocytes with A1 phenotype exert neurotoxic effects, upregulating many genes associated
53 with the synapse and neuronal degeneration, suggesting that A1 has harmful “pro-
54 inflammatory” action. ^{2,3} In contrast, A2-induced reactive astrocytes exert protective effects
55 by upregulating the expression of neurotrophic factors that promote neuronal survival and
56 regrowth. ^{2,3}

57 Various approaches have been employed to counteract the negative effects of activated
58 astrocytes ⁵, blocking scar formation or pharmacologically and genetically reducing
59 upregulation of axon growth inhibitors. ^{6-8,9} However, genetic manipulation is not clinically
60 feasible, because ethical issues remain and it could have side effects, whereas
61 pharmacological treatment could act on unwanted common mechanisms without any selective
62 effect on astrocytes. Innovative biomaterial technologies have been developed to induce
63 spinal cord regeneration and improve functional outcomes after injury ¹⁰⁻¹⁴. Polymeric

64 nanoparticles (NPs) with their versatility in size, potential surface and hydrophilic or
65 lipophilic characteristics, offer considerable advantages in drug delivery, increasing the
66 selectivity of drugs and controlling their release overtime. In the past decade a large number
67 of different NP systems have been tested in SCI, but only a few are directed to astrocytes, and
68 none are selective for them. ^{6,15,16}

69 We have focused on a specific category of NPs that, with their ability to swell, are commonly
70 referred to as nanogel (NG). ¹⁷ Their advantages, compared with NPs, lie in greater colloidal
71 stability due to higher affinity for water, together with longer retention of their cargo, and
72 easy, reproducible synthesis. ¹⁷

73 We have now developed and characterized a novel pharmacological delivery tool based on an
74 NG (polyethylene glycol (PEG) and polyethylene-imine (PEI)) coated with primary amines
75 and loaded with a drug (Rolipram) to obtain selective, controlled release for the astrocytic
76 component of the spinal cord.

77

78 **RESULTS**

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80 *1. NG synthesis and characterization*

81 NG was synthesized by the CH₂Cl₂-in-water emulsification-evaporation method:

82 “Carbonyldiimidazole (CDI) activated” PEG was dissolved in the organic phase, and PEI was
83 dipped in aqueous solution. After sonication, the progressive evaporation of CH₂Cl₂ in the
84 emulsion status take place. The system can ensure homogeneous dispersion of PEG chains
85 around PEI promoting the interactions among the imidazole and amine moieties of the two
86 polymers, giving rise to the formation of carbamate bonds and entanglement of the chains.

87 Then grafting the terminal amine moieties in already formed NG was done in a single step

88 through the direct addition of 3-bromopropylamine to the NG solution. A reaction scheme for

89 the NG is reported in Figure S1. The 3-bromopropylamine nucleophilic substitution occurred
90 on the residual PEI amine groups and this reaction did not affect the NG bonds, preserving
91 the structural organization of the polymeric chains. The evidence of the system stability after
92 coating relies on the fact that NGs are still present as visible from AFM (Atomic Force
93 Microscopy) (Fig.S2). Carbamate bonds are indeed the crosslinking connections among PEG
94 and PEI chains so, in case of their break, the NG structure would have been no more
95 consistent and the polymers would have been dispersed in the water medium.
96 No competition was observed between this reaction and the NG structural bonds, as
97 demonstrated by the preservation of the corresponding signals in NMR and FT-IR analyses
98 (Fig.S3, S4), after coating. The NG physical features were investigated using dynamic light
99 scattering (DLS) technique: the recorded data of NGs dissolved in PBS on size (diameter) and
100 z-potential are respectively 155 nm (PDI = 0.15) and 3.1 mV. The distributed positive charge
101 was related to the presence of -NH₂ surface groups that gave rise to NG protonation and a
102 positive charged interface.

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104 ***2. Cellular uptake study of NG in murine astrocytes in vitro***

105 We examined the uptake of biodegradable NG (covalently linked to Cy5) in primary co-
106 cultures of microglia, astrocytes and neurons from the spinal cords of mouse embryos. A
107 specific antibody was used to detect neurons (SMI32) in co-culture with astrocytes; astrocytes
108 and microglia were analyzed in monoculture. “Pro-inflammatory” phenotype was induced by
109 treatment with lipopolysaccharide (LPS) for mono and co-cultures. After 24h exposure to NP,
110 a large amount of NG-based NPs was internalized into the cytosol on the outer nucleus in
111 astrocytes (Fig. 1; A, a). In contrast, when we analyzed activated microglia there were only a
112 few internalized NG (Fig.1; A, b), and none in neurons (Fig.1; A, c). We quantified the

113 internalized NG as a ratio between the NG signal area and cell area, confirming that a larger
114 amount of NG was taken up by activated astrocytes (Fig.1; A, d).

115 To confirm the reduced ability to internalize NG, we compared the amount of poly-methyl
116 methacrylate-(PCL), a nanovector selectively internalized in activated microglia ¹⁸, and found
117 a significantly lower uptake for NG compared to PCL in the same cells (Fig.1; B, a-e). These
118 data suggest greater tropism of NG for activated astrocytes than microglia or neurons *in vitro*.

119 Time-lapse analysis was used to investigate the kinetics of internalization of NG in astrocytes.
120 NG uptake was already detectable after 24 hours of treatment, reaching the maximum signal,
121 which did not significantly change three days after the exposure. At five days the NG signal
122 decreased, demonstrating degradation of the nanovector (Fig.1; A, e).

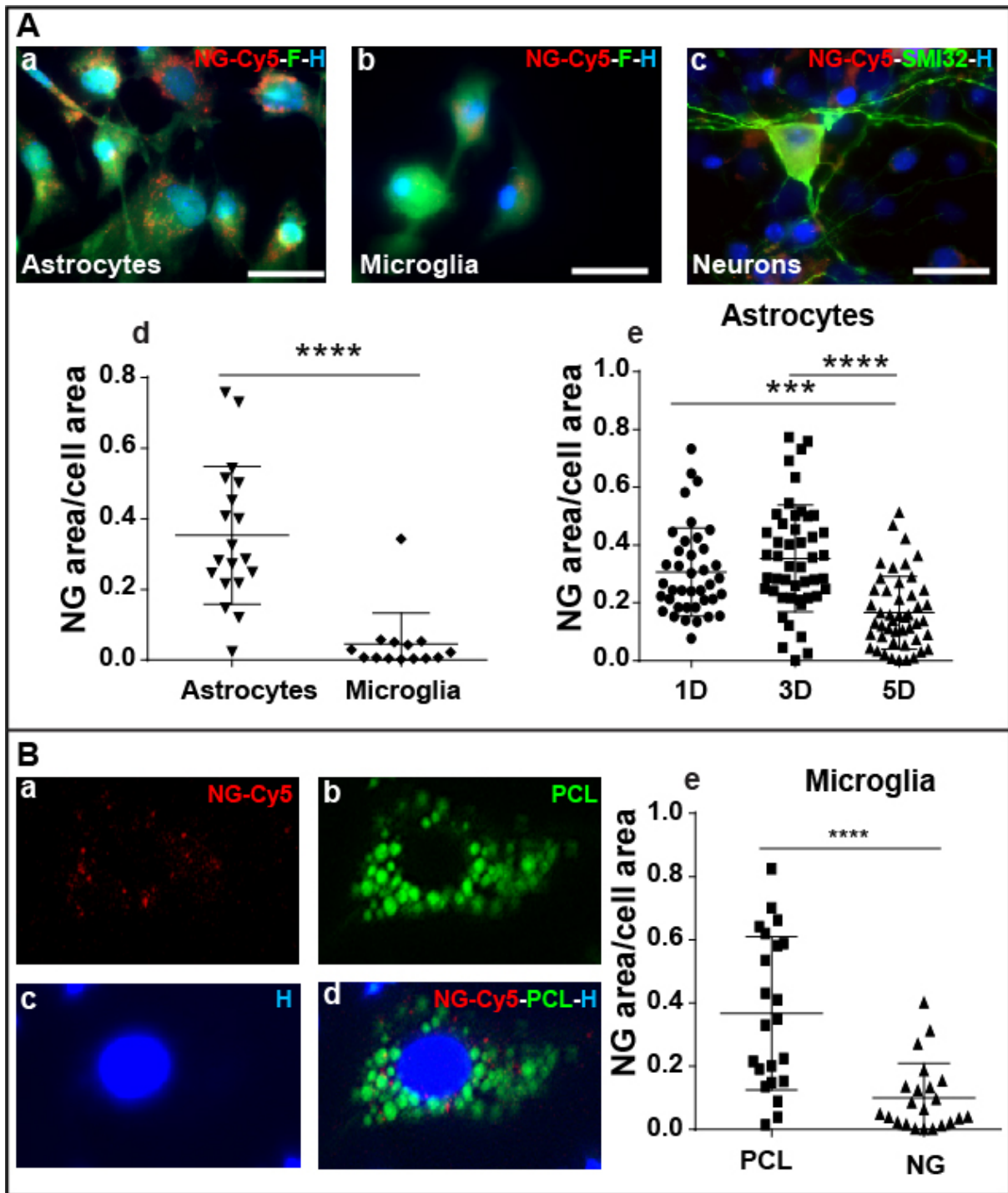
123 In order to investigate targeting of the NG to activated phenotypes, we compared untreated
124 (CTR) (Fig. S5; A, a, B, a), LPS-treated (Fig. S5; A,B, b) and FGF (A2 stimuli) (Fig. S5; A,
125 c) or IL-4 (M2 stimuli) (Fig. S5; B, c) treated murine astrocytes or microglia *in vitro*.

126 Quantification of the NG uptake in murine astrocytes and microglia shows higher NG
127 internalization in LPS treated cells compared to CTR and FGF/IL-4 (Fig. S5; A, d, B, d). This
128 suggests a stronger treatment for the proinflammatory phenotype enhancing the selective
129 action.

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136 **Figure 1**

137 A) Characterization of NG uptake in primary cultures of (a) astrocytes, (b) microglia (c)

138 neurons. A large amount of NG is located in the cytosol of astrocytes after 1 day (1D) of

139 exposure. a) astrocytes or b) microglia stained by fluorescein (F, green); c) neurons stained
140 by SMI32 (SMI32, green); NG conjugated with Cy5 (NG-Cy5, red); cell nuclei stained by
141 Hoechst (H, blue). Scale bar 25 μ m. (d) Quantification of the NG uptake in activated
142 astrocytes and microglia shows higher NG internalization in astrocytes. (e) Quantification of
143 NG uptake in astrocytes 1, 3 or 5 days after exposure. At 5 days the NG signal is reduced by
144 degradation of the nanovector.

145 B) Quantification of NG uptake (a, d, red) vs PCL (b, d, green) in activated microglia. (e)
146 significantly lower uptake was for NG than PCL in activated microglia.
147 Data are mean \pm SD. Mann-Whitney test (A, d, B, e) and one-way ANOVA followed by
148 Bonferroni's post hoc test (A, e). Statistical significance: (***) $p \leq 0.001$; (****) $p \leq$
149 0.0001 .

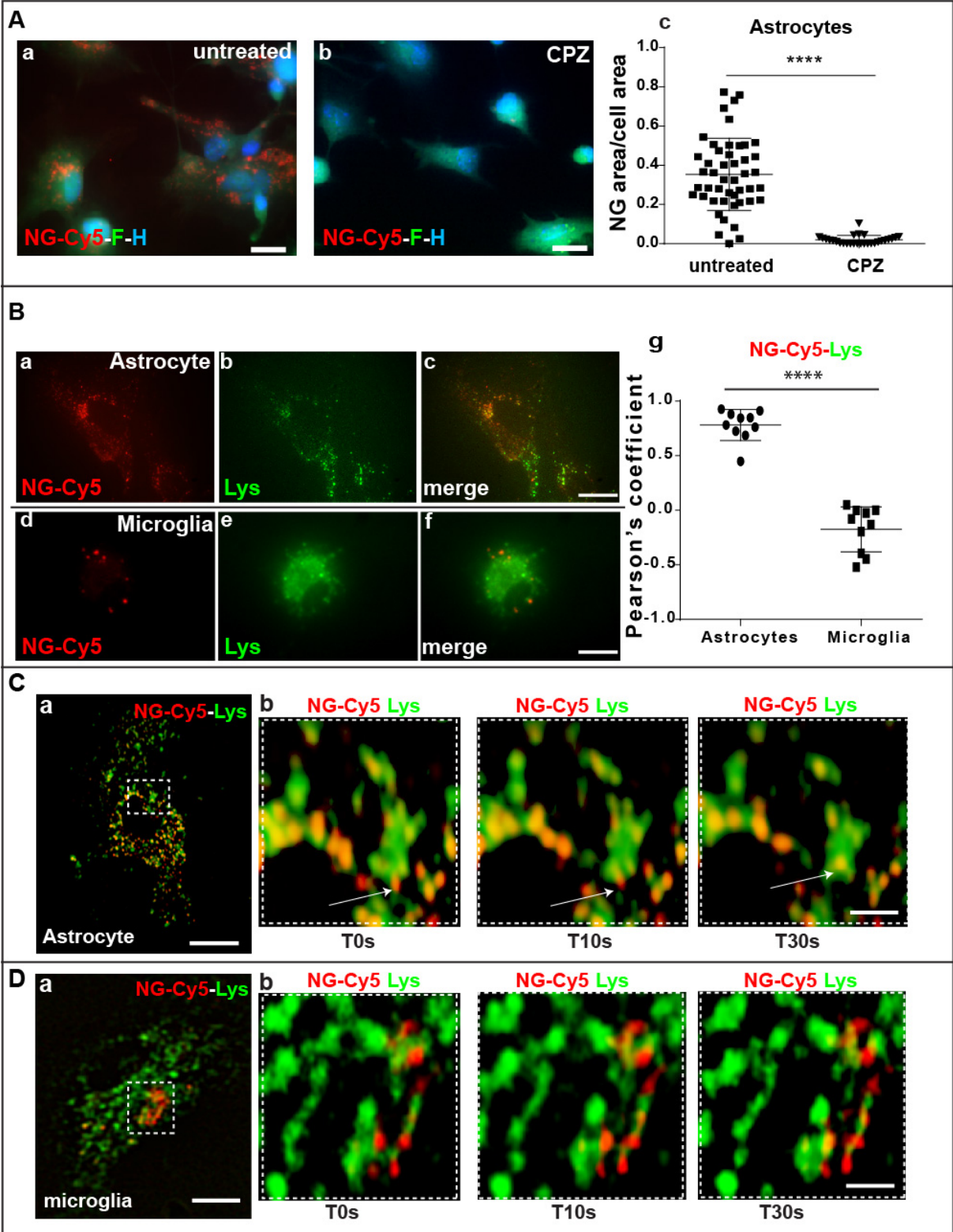
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151 **3. NG internalization and degradation in mouse astrocytes in vitro**

152 To investigate the mechanisms of NG uptake into the astrocytes, we studied NG
153 internalization after 2h pretreatment with chlorpromazine (CPZ, a clathrin-mediated
154 endocytosis inhibitor). Quantification of the NPs in the cytosol showed a significant reduction
155 of the Cy5 signal in CPZ treated astrocytes compared to cells not treated with CPZ (Fig.2; A)
156 suggesting that a mechanism of clathrin-mediated endocytosis was involved in NG uptake.
157 Clathrin-mediated endocytosis can lead to degradation by lysosomes. To study the
158 involvement of lysosomes in the degradation after NG internalization we used a fluorescent
159 indicator (lysosensor, Lys) to test the activity of the lysosomal acidification machinery. Three
160 days after NG exposure we detected evident lysosomal enzymatic activity (fluorescent green
161 signal), closely colocalized with NG (fluorescent red signal) (Fig.2; B, a-c; C, a, b)
162 confirming degradation by lysosomes in astrocytes.

163 To verify whether the small number of NG in the microglial cells were degraded through
164 lysosomal activity, we studied the colocalization of the NG and Lys signals in microglia. NPs
165 did not show any sign of colocalization with Lys in microglia and in fact the NG signal was
166 dispersed in the cytosol (Fig.2; B, d-f; D, a,b); this was also demonstrated by quantitative
167 analysis where no colocalization was detected with Pearson's coefficient (Fig.2; B, g). This
168 suggests that the amount and mechanism of internalization/degradation in the microglia were
169 different from astrocytes, without any involvement of the clathrin-mediated endocytosis and
170 lysosomal degradation machinery that is instead normally involved in the NP
171 internalization/degradation of microglia.

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177 **Figure 2**

178 *A) Pretreatment with chlorpromazine (CPZ) inhibits NG uptake (red) into LPS-activated*
179 *astrocytes (b) compared to untreated LPS-activated cells (a) stained with fluorescein (F,*
180 *green) Scale bar A 5 μ m.*

181 *B) A colocalized signal between NG and the lysosensor indicates that NG is degraded by*
182 *lysosomal activity in astrocytes (a, b, c). NG (red) showed no colocalization with lysosomes*
183 *(green) in microglia (d, e, f). This was confirmed by quantitative analysis, using Pearson's*
184 *coefficient (g) Scale bar B 15 μ m.*

185 *C) Time-lapse analysis demonstrates colocalization of NG (a, b red) with lysosomes (a, b,*
186 *green) only in astrocytes (arrow indicates entrapment of NG into a lysosome vesicle during*
187 *the interval) D) but not in microglia (s=seconds) Scale bar C ,D 3 μ m.*

188 *Data are mean \pm SEM. Mann-Whitney test. Statistical significance: (****) $p \leq 0.0001$.*

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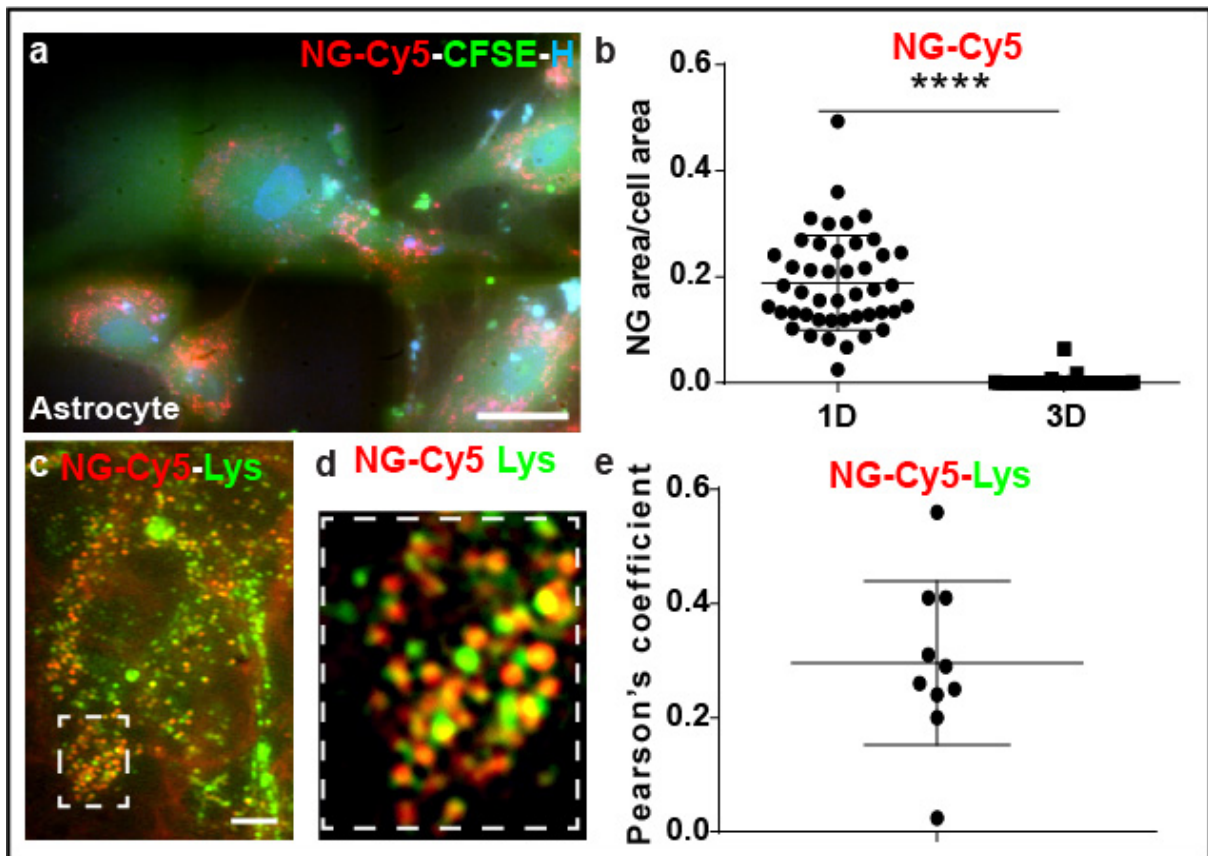
190 **4. Cellular uptake and degradation study of NG in “iPS-derived” human astrocytes in vitro**

191 To demonstrate that our nanovector-based delivery strategy is applicable in human cells, we
192 treated “iPS derived” human astrocytes with NG. Human astrocytes were prestimulated with
193 LPS for 18 hours then exposed to NP for 24 hours. A large amount of NG-based NPs was
194 internalized in the cytosol, with a distribution comparable to murine astrocytes (Fig. 3 a).

195 Time-lapse analysis was used to record the internalization of NG in human astrocytes. NG
196 was already taken up after 24 hours, reaching the maximum signal, which completely
197 disappeared three days after the exposure (Fig.3 b).

198 In order to investigate targeting of the NG to activated phenotype, we compared untreated
199 (CTR) (Fig. S5; C, a), LPS-treated (Fig. S5; C, b) or FGF (A2 stimuli) (Fig. S5; C, c) treated
200 human astrocytes in vitro. Quantification of the NG uptake shows higher NG internalization
201 in LPS treated cells compared to CTR and FGF groups (Fig. S5; C, d). This in line with the

202 treatment of murine astrocytes, where the pro-inflammatory phenotype will receive a stronger
 203 treatment.
 204 To demonstrate that the NG degradation was lysosomal as in murine astrocytes, we used the
 205 lysosensor to test the activity of the lysosomal acidification machinery. One day after the NG
 206 treatment we found remarked lysosomal activity (green fluorescent signal) colocalized with
 207 NG (red fluorescent signal) (Fig.3 c,d) and quantified by Pearson's coefficient (Fig.3 e),
 208 confirming that degradation by lysosomes occurred in human astrocytes.
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213 **Figure 3**

214 a) NG uptake in iPS human-derived astrocytes. There was a large amount of NG in the
 215 cytosol of cells one day (1D) after the exposure. Astrocytes stained by CFSE (green); NG

216 conjugated with CY5 (NG-CY5, red); cell nuclei stained with Hoechst (H, blue). Scale bar
217 5 μ m.

218 b) Quantification of NG uptake into LPS-activated human astrocytes indicates high NG
219 internalization after one day (1D) of exposure. By three days (3D) NG are completely
220 degraded. Scale bar 2 μ m.

221 c,d) Time lapse analysis shows colocalization of the NG signal with the lysosensor (Lys,
222 green), confirming that the nanovector degradation involves lysosomes. Colocalization is
223 quantified by Pearson's coefficient. Each of the points refers to Lys/NG-RhB signal ratio of
224 individual cells (e). Data are mean \pm SEM. Student's T-test. Statistical significance: (****) p
225 ≤ 0.0001 . Scale bar 1 μ m

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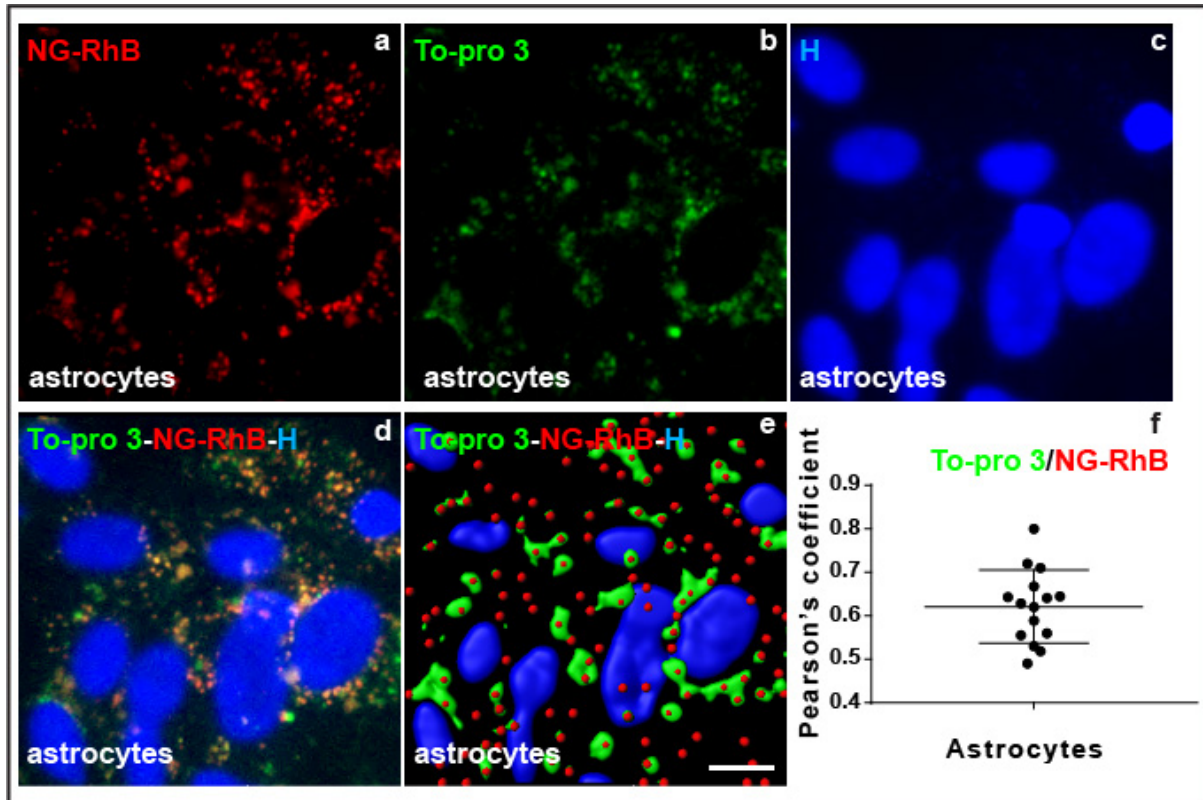
227 **5. In vitro drug delivery by NG in murine astrocytes**

228 To investigate the ability of NG to deliver molecules into the astrocyte cytosol, NG were
229 loaded with a "drug mimetic" compound (To-pro3, a cell membrane impermeable
230 fluorophore with far-red emission). After 24 hours from exposure to To-pro3-loaded-NG, a
231 clustered signal was seen in the astrocyte cytosol. The colocalization of fluorescent
232 Rhodamine B-positive NG (NG-RhB red signal) with To-pro3 (green signal) showed that the
233 mimetic drug was efficiently encapsulated (Fig.4 a,b,d). In addition to the colocalized signal,
234 a diffused To-pro3 staining was found in the cytosol suggesting that a delivery of this
235 compound occurred (Fig.4 a-d).

236 To confirm the delivery of To-pro3, we reconstructed the isosurface of the red (RhB-positive
237 NG) and green (To-pro3) signals and quantified their colocalization by Pearson's coefficient:
238 part of the To-pro3 signal diffused into the cytosol, overlapping RhB-positive NG (Fig.4 e-f).
239 To exclude any free crossing of To-pro3 in cells permeabilized due to damage of the

240 membrane, we evaluated only viable cells that were also impermeable to propidium iodide,
241 used to test the integrity of the extracellular membrane.

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244 **Figure 4**

245 *To-pro3 (b, d, e, green) delivery from NG (a, d, e, red) after internalization in astrocytes.*
246 *Astrocytes give a colocalized signal for To-pro3 and RhB positive NG in the cytosol (a–d).*
247 *Hoechst was used to stain the astrocyte nucleus (H, blue). A marked diffused signal of To-*
248 *pro3, not colocalized with NG, is evident in the cytosol of astrocytes five days after NP*
249 *exposure (d). (e) Isosurfaces reconstruction of the red (RhB-positive NG)/green (To-pro3)*
250 *signal and (f) quantification of their partial colocalization. Individual data points are*
251 *referred to To-pro3/NG-RhB signal ratio of individual cells. Scale bar 5 μ m.*

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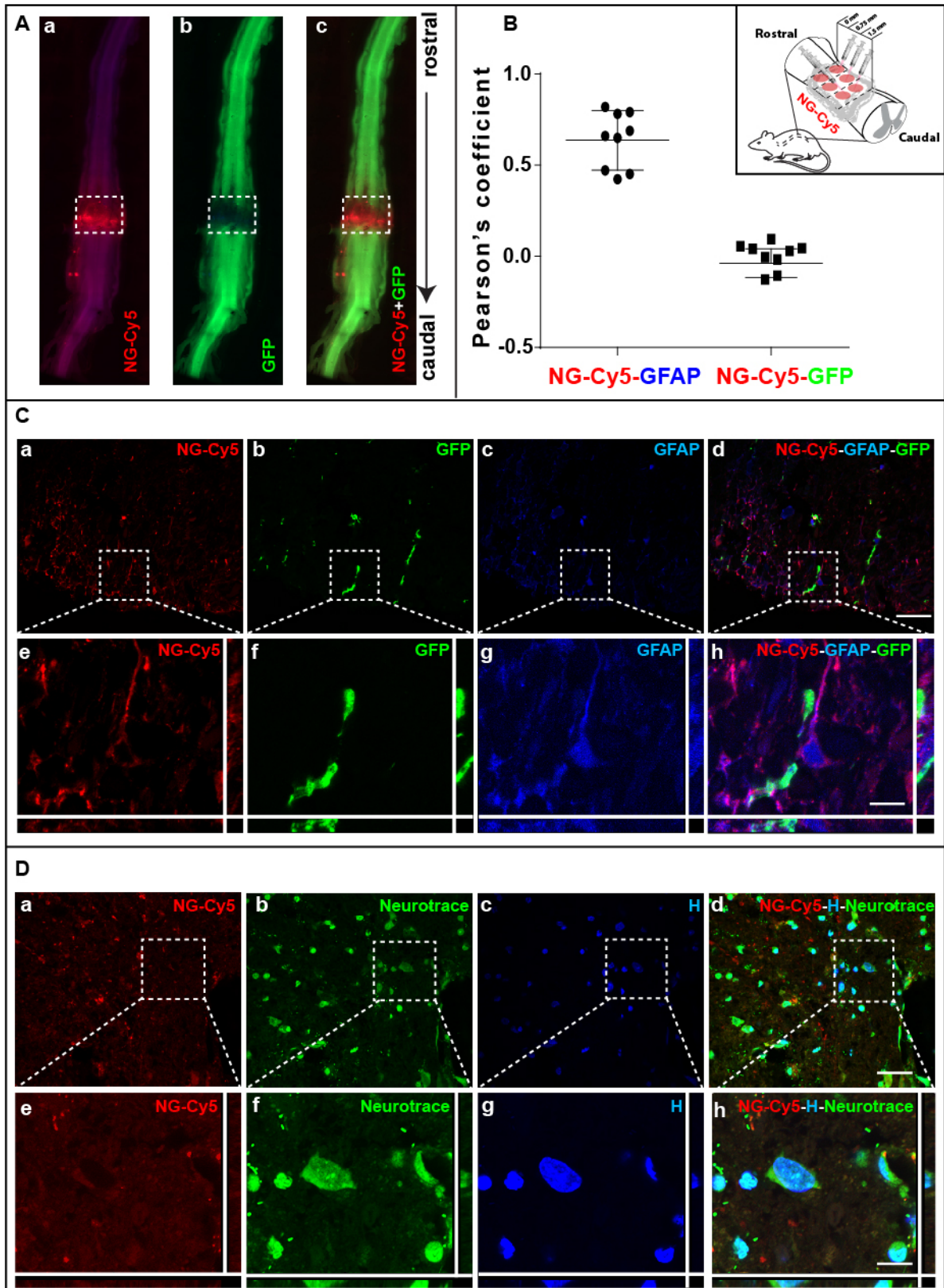
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254 **6. Cellular uptake of NG *in vivo***

255 To validate and characterize the distribution of NG *in vivo*, we injected the nanovector into
256 the parenchyma of the damaged spinal cord 24h after the trauma (Fig.5 A). The six injections
257 into the spinal cord distributed over a longitudinal distance of $1320 \pm 266 \mu\text{m}$ (Fig.5 B, a-c).
258 Three days after the injection, we analyzed the tissue to examine the internalization of the
259 NG, with double staining, with markers for astrocytes (GFAP) or microglia (CX3CR1-GFP
260 mice) or neuronal cells (neurotrace), to demonstrate the cellular distribution of the
261 nanovector. Some hypertrophic astrocytes and activated microglial cells were detected in the
262 damaged spinal cord, with an early inflammatory response in the injured site (Fig.5 C,
263 b,c,d,f,g,h). In the epicenter of the lesion NG was mostly internalized into astrocytes, as
264 evident from the colocalization signal of GFAP and Cy5 conjugated with NG (Fig.5 C, a-h);
265 no signal was detected in neurons (Fig.5 D, a-h). Only a few microglia were positive for some
266 NG in the more damaged part of the spinal cord, suggesting that these cells might have more
267 permeabilized membranes (data not shown). These data validated *in vivo* the previous *in vitro*
268 experiments, demonstrating again the diffuse uptake in activated astrocytes in this SCI animal
269 model, whereas internalization was limited in a few microglia, but not in neurons.

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276 **Figure 5**

277 *A) Microscopy of the whole spinal cord 2h after the injection of NG and relative signal*
278 *amplitude (microglia, CX3CR1 GFP-positive in green; NG-Cy5, red). B) Colocalization*
279 *analysis quantified by Pearson's coefficient (nine sampled sections in the site of injection*
280 *were analyzed). NG-Cy5 markedly colocalized with GFAP, whereas NG-Cy5 vs GFP was*
281 *much less or no detected. Insert shows NG injections with a distance of 0.75 mm from each*
282 *other in the lumbar tract of the spinal cord (T12-L1). C,D) High magnification of spinal*
283 *cord sections show NG internalized into astrocytes (C; a,c,d,e,g,h), but not into microglia (C;*
284 *a,b,d,e,f,h) or neurons (D; a,b,d,e,f,h). Scale bar C, D 10 μ m.*

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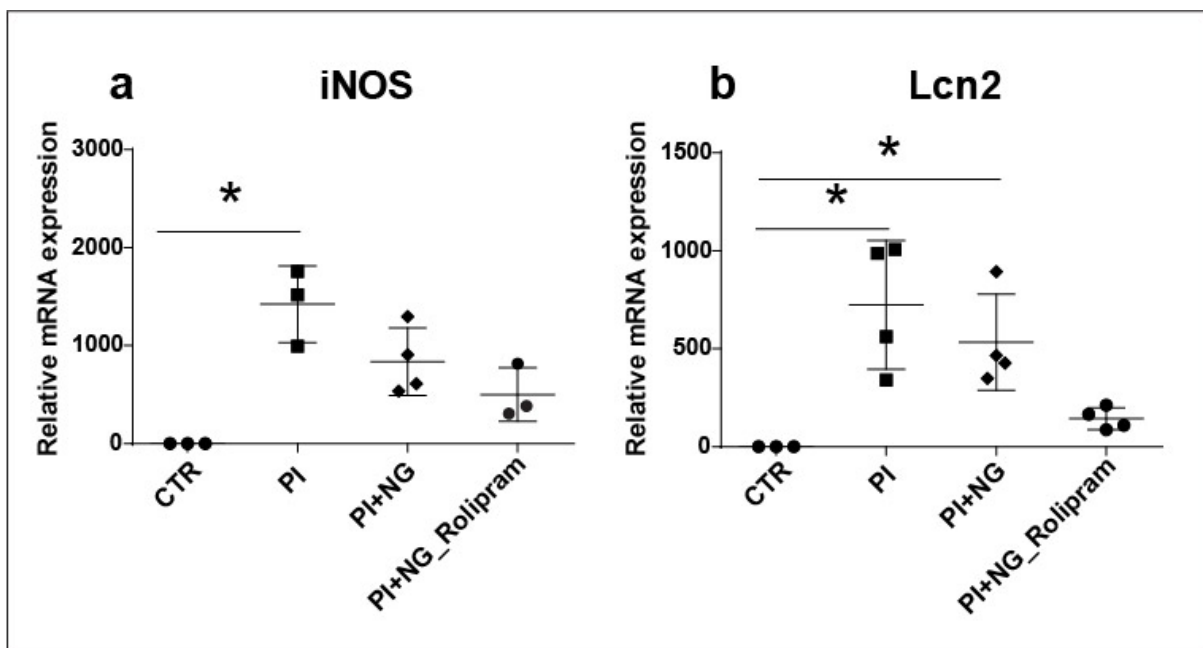
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287 **7. Pharmacological activity of Rolipram delivered by NG in murine A1 astrocytes in vitro**

288 To demonstrate the ability of NG to deliver functional drugs, we studied Rolipram, an anti-
289 inflammatory drug, acting on the NF-kB pathway in astrocytes *in vitro*. First we characterized
290 the drug release kinetic in vitro. Rolipram is released from NG with a characterized biphasic
291 pattern (Fig. S6). An initial burst release followed by a slower sustained release phase was
292 seen in 14 days (Fig. S6). The percentage of Rolipram released in the first 2 hours (around
293 30%) can be attributed to the unloaded Rolipram and to the high initial concentration gradient
294 present (Fig. S6).

295 In order to demonstrate the pharmacological activity, we treated astrocytes with three factors
296 (C1q 400 ng/mL, TNF α 30 ng/mL and IL1 α 3ng/mL; hereafter termed pro-inflammatory, PI),
297 that stimulate a specific pro-inflammatory response in astrocytes (A1 status).² Rolipram was
298 tested at 0.14 mg/mL, 0.033 mg/mL, 0.023 mg/mL and 0.014 mg/mL (Fig.S7). Real time
299 analysis of the homogenate of astrocytes exposed for 24h with PI showed that inducible nitric
300 oxide synthase (iNOS), a proinflammatory cellular signaling molecule, and Lipocalin 2

301 (Lcn2), an inducible factor that is secreted by reactive astrocytes, that is toxic to neurons,
 302 were significantly higher than in untreated culture (CTR) (Fig.S7). Significant differences
 303 were found in the expression of iNOS compared to the CTR when we cotreated astrocytes
 304 with PI+Rolipram at the lowest concentration (0.014 mg/mL), whereas co-treatment with
 305 Rolipram at higher concentrations (starting from 0.023 mg/mL) was able to counteract the PI
 306 status. Significant differences were found for Lcn2 for the highest concentration of Rolipram
 307 (0.14 mg/mL) compared to CTR. To demonstrate the ability of NG to load Rolipram and
 308 exploit its anti-inflammatory effect, we used the concentration of the drug that had no
 309 significant effect on both iNOS and Lcn2. We evaluated 0.014 mg/mL Rolipram loaded into
 310 NG, and found that drug internalized by NG reduced iNOS and Lcn2 transcript *in vitro* in PI
 311 treated astrocytes compared to PI alone (Fig.6). However, when we tested the single treatment
 312 with NG, iNOS was also reduced, but not comparably to Rolipram-loaded NG treatment. This
 313 suggests that NG can effectively deliver compounds into activated astrocytes and maximize
 314 their pharmacological effects.
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318 **Figure 6**

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320 *Quantitative mRNA analysis of iNOS (a) and Lcn2 (b) expressed by astrocyte cultures after*

321 *treatment with PI (C1q, IL1 α and TNF α), used as positive control, or PI and NG or PI and*

322 *Rolipram loaded in NG. Data are mean \pm SD. Mann-Whitney test. Statistical significance: (*)*

323 *p < 0.05.*

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326 **8. Rolipram-loaded NG reverses the toxic effect of proinflammatory murine astrocytes on**
327 **motor neurons in vitro**

328 We examined whether conditioned medium (CM) from pro-inflammatory astrocytes
329 pretreated with NG or Rolipram-loaded NG improved the damage response on cultured motor
330 neurons. A proinflammatory astrocyte phenotype (A1) was induced by 24h treatment with PI
331 stimuli defined above.² Stereology for unbiased cell counting of motor neurons was done
332 after neurofilament immunostaining (SMI32).¹⁹ First, we demonstrated the susceptibility of
333 motor neurons to CM from astrocytes treated for 24h with PI; they showed more - but not
334 significant -, neuronal death after 24h than with control medium (untreated astrocytes, CTR)
335 (Fig.S8 a,b,e). Rolipram-loaded NG (NG 0.0005 mg/mL, Rolipram 0.014 mg/mL)
336 significantly preserved motor neuron viability compared to PI (Fig.S8; b,d,e), whereas NG
337 treatment did not give any significant difference from the PI treated motor neurons (Fig.S8;
338 b,c,e).

339 To see whether a few internalized NG or NG-Roli found in microglia acted on the pro-
340 inflammatory status of the microglia, we compared CM harvested from untreated microglia
341 (CTR), microglia treated with LPS, microglia co-treated with LPS and NG (LPS-NG) or
342 microglia co-treated with LPS and Rolipram-loaded NG (LPS-NG_Roli) on cultured motor
343 neurons (Fig.S9). We found no differences among the treatments, with comparable amounts
344 of motor neurons. Overall these data suggest that only Rolipram-loaded NG pre-treated
345 astrocytes improve neuronal survival reducing the deleterious inflammatory paracrine effect.

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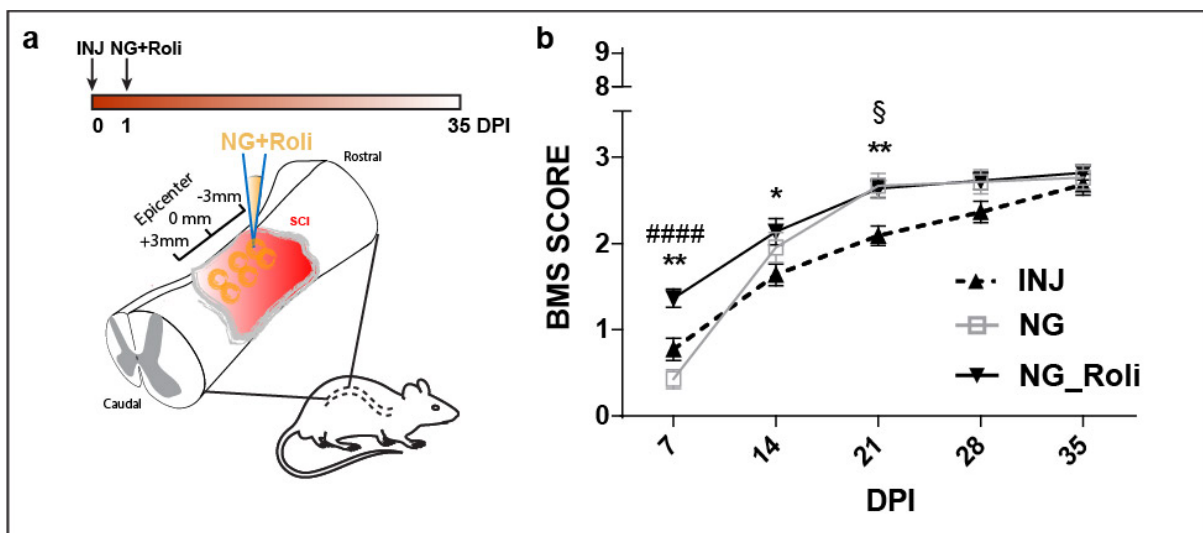
348 **9. Rolipram-loaded NG improves functional recovery only early after SCI in vivo**

349 To test the effect of Rolipram delivered by NG in SCI, we ran *in vivo* experiments. Mice were
350 randomly distributed into three groups and subjected to SCI: untreated (INJ), treated with NG

351 or Rolipram-loaded NG (NG-Roli) one day post-injury. Six injections with a glass capillary
 352 were made into the damaged spinal cord to administer NG (0.025 mg/mL) or NG-Roli
 353 (Nanogel 0.025 mg/mL, Rolipram 0.7 mg/mL) (Fig.7 a). We rated behavior with the Basso
 354 mouse scale (BMS) weekly up to 35 DPI (Fig.7 b).

355 In the NG-Roli treated group, there was significant motor functional improvement from 7 to
 356 21 DPI compared to the INJ group (Fig.7 b). After 28 DPI up to 35 DPI motor performance
 357 was no longer different from the untreated injured group (Fig.7 b). We also noted a significant
 358 behavioral improvement for the NG-Roli treated group compared to the NG group at 7 DPI,
 359 that became no longer different from 14 to 35 DPI (Fig.7 b). The NG treated group showed
 360 some motor recovery at 21 DPI compared to the untreated injured mice (Fig.7 b). These
 361 results suggest that Rolipram had an effect only at 7 DPI after the treatment, in an initial
 362 acute-subacute phase, compared to NG treated mice, and from 7 to 21 DPI compared to
 363 untreated mice. NG also served to regain partially motor control at 21 DPI, suggesting an
 364 effect on astrocytes.

365



366

367 **Figure 7**

368 *Early treatment with NG loaded with Rolipram improved locomotor performance in SCI*
369 *mice: a) injection of NG loaded with Rolipram in SCI mice at 1 DPI. b) SCI mice untreated*
370 *(INJ) or treated with NG (NG) or NG loaded with Rolipram (NG_Roli), examined weekly*
371 *starting 7 days post-treatment, rated on the Basso Mouse Scale - BMS (score 0, complete*
372 *paralysis, score 9, complete mobility, compared to healthy mice). Locomotor performance*
373 *significantly improved in NG_Roli mice compared to the INJ group from 7 to 21 DPI (*) and*
374 *compared to NG at 7 DPI (#). NG treatment gave significant improvement in locomotor*
375 *performance at 21 DPI compared to the INJ group (§).*

376 *Data are mean ± SEM. One-way ANOVA followed by Bonferroni's post hoc test was applied.*
377 *Statistical significance: (* and §) $p < 0.05$, (**) $p < 0.01$, (####) $p < 0.0001$; $N = 12$ mice/ group.*

378

379 **10. Rolipram-loaded NG preserved neurons and reduced astrocytosis in vivo**

380 Recovery after treatment with Rolipram-loaded NG was assessed by evaluating neuronal
381 preservation and the level of astrocytosis in the injured spinal cord. We used quantitative
382 stereological analysis to record the number of neurons (NeuN positive cells) (Fig.8 A) and
383 astrocytes (GFAP positive cells) (Fig.8 B) in the tissue. We examined an untreated injured
384 group (INJ) or Rolipram-loaded NG (NG_Roli) treated mice at 14 DPI. An area around the
385 epicenter of the lesion (-1.3/+1.5 mm rostro-caudal) was examined (Fig.8 A, a, B, a). Loss of
386 nervous tissue, impairing recovery ability and functional activity was recorded in the
387 epicenter of the lesion in the INJ group (Fig.8 A, b,d,e). With the NG_Roli treatment, neurons
388 were more preserved, and quantitative analysis indicated a significantly larger number of
389 neurons compared to INJ mice (Fig.8 A,b,c,d,e). Neuronal survival in relation to their
390 distance from the injured epicenter have been showed (Fig.8 A, d). This suggests that more
391 neuronal cells are preserved in the caudal tract that rostral part of the spinal cord.

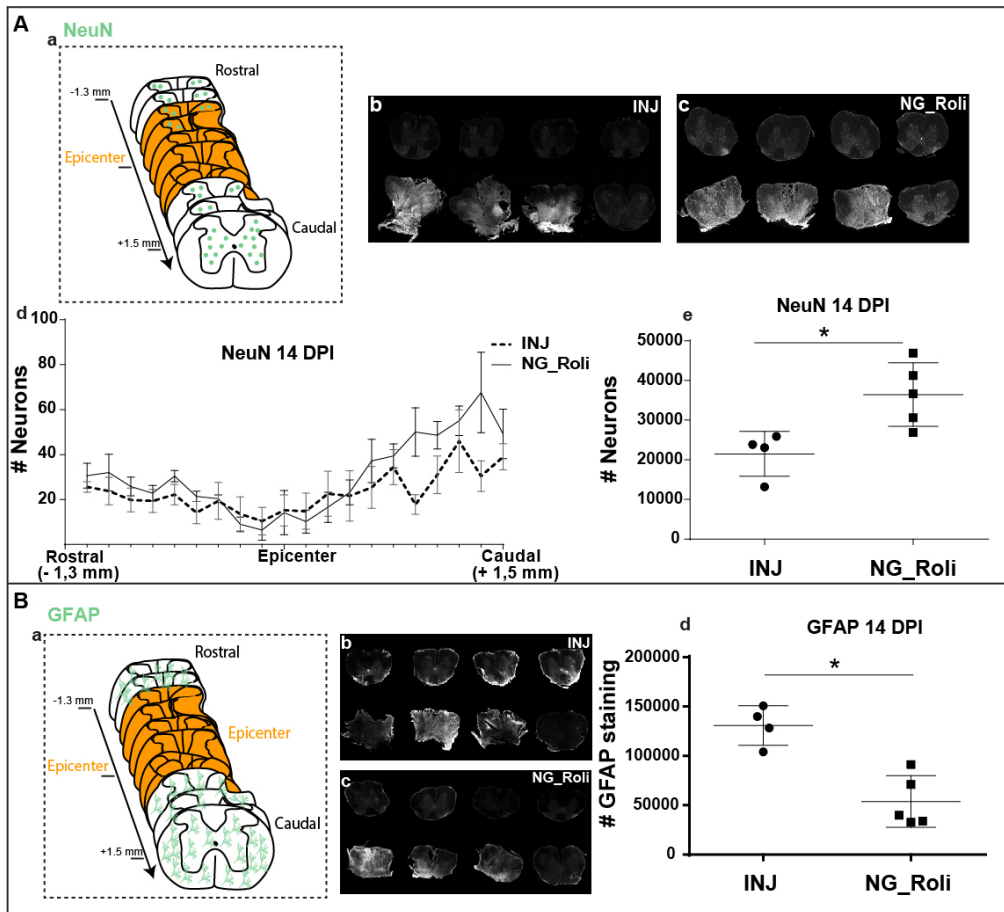
392

393 Neuronal survival was also investigated at 63 DPI. We analyzed the motor behavior up to
394 63DPI. In this paper we showed up to 35 DPI because from 35 to 63 DPI no difference was
395 found. On the contrary to 14 days post injury, we did not found a significantly difference of
396 neurons by comparing untreated injured mice (INJ) with Rolipram-loaded NG treated mice
397 (NG_Roli) (Fig. S10). This in line with the results in vivo confirming a lack of a long lasting
398 effect of the Rolipram-loaded NG treatment.

399 After injury, astrocytes respond to the lesion, becoming hypertrophic. Activated astrocytes
400 and their paracrine response contribute to scar formation, limiting regeneration of the
401 surviving axons and their functional activity. To demonstrate an effect of the NG_Roli
402 treatment on the response of these cells, we quantified GFAP staining by a stereological
403 approach. There was a significant reduction of hypertrophic astrocytes in NG_Roli treated
404 mice compared to untreated mice in the injured spinal cord (Fig.8 B, b,c,d), as demonstrated
405 by quantitative assessment of the GFAP staining (Fig.8 B, d). The neuronal preservation and
406 the reduced activation of astrocytes correlate with the improvement of motor recovery in the
407 acute-subacute phase after the damage in SCI mice. This suggests that NG_Roli acted on the
408 pro-inflammatory event orchestrated by activated astrocytes (demonstrated here *in vitro*), as
409 well as counteracting the hypertrophic response of the astrocytes following the trauma.

410

411



412

413

414 **Figure 8**

415 *Spinal cord sections stained with NeuN (neuronal marker) (A) or GFAP (astrocyte marker)*

416 *(B) of untreated injured mice (INJ) vs NG-Roli treated mice. Cartoon shows the tract of the*

417 *spinal cord investigated (A,a;B,a). Neuronal survival is showed from the injured epicenter (-*

418 *1.3/+1.5 mm) (A, d). The total number of neurons (A,b,c e) or astrocytes (B, b,c,d) in INJ*

419 *mice compared to the NG-Roli treated group showed a significant proportion of preserved*

420 *neurons and a significant reduction of hypertrophic astrocytes in treated mice. Data are*

421 *mean ± SD. Mann-Whitney test. Statistical significance: (*) p<0.05. N =4/5 mice/ group.*

422

423

424 **DISCUSSION**

425 The importance of the reactive glial cells during the progression of SCI has been recently
426 recognized, but alternative approaches to reduce their pro-inflammatory response, preserving
427 more tissue and neuronal connections after the primary injury, remain a challenge. Our group
428 developed and characterized a selective controlled pharmacologic delivery system for
429 activated astrocytes in the spinal cord based on NP polymers. We tested the selectivity of a
430 nanovector towards the astrocytic component *in vitro* and *in vivo*, and demonstrated its ability
431 to pharmacologically modulate the proinflammatory response of astrocytes after the primary
432 injury. *In vitro* experiments indicated that of a larger amount of nanovectors were internalized
433 into the pro-inflammatory astrocytes compared to A2 stimulated astrocytes. The
434 internalization was mediated by a clathrin-dependent endocytotic pathway, as demonstrated
435 by inhibition after CPZ treatment. Smaller amounts of NG were detected in LPS stimulated
436 microglia, even less in M2 stimulated microglia, and no one in neurons.

437 After internalization into the cytoplasm of astrocytes, NG undergoes lysosomal degradation
438 releasing the compounds loaded into it (To-pro3 or Rolipram), demonstrating its capacity for
439 internalization, degradation and pharmacological release *in vitro*. Although NG were detected
440 in microglia the amount found was very small, and it seems that the mechanisms of
441 internalization and degradation were different than for astrocytes. NG was not addressed to
442 the lysosome for degradation once internalized in the microglia.

443 Many types of cells use the clathrin- and caveolae-mediated endocytosis pathways to
444 internalize nanoscale materials.^{20,21} These endocytic pathways are the most important ones for
445 the internalization of NP and clathrin-mediated endocytosis with lysosome-oriented
446 degradation was also seen here for astrocytes. The lack of colocalization with lysosomes in
447 microglia suggests alternative uptake mechanisms for NG, such as caveolae-mediated

448 endocytosis pathways, which avoid lysosomal degradation or clathrin- and caveolae-
449 independent endocytosis.²⁰

450 Microglia also internalize NG differently from other nanovectors previously tested in our
451 group, such as PCL-based NPs that were taken up by clathrin-dependent endocytosis and
452 degraded by lysosomes by the microglia.^{18,22} These experiments showed a limited uptake for
453 NG compared to the amount of PCL internalized in activated microglia.

454 Human iPS cells lend themselves to many applications, but to our knowledge no studies have
455 reported their use to evaluate the delivery ability of nanovectors. We demonstrate that NG, as
456 formulated here, were internalized and degraded in iPS human-derived astrocytes, as
457 demonstrated in murine astrocytes, suggesting potential translability to the clinic.

458 We also demonstrated *in vivo* and *ex vivo* the validity of NG as a nanovector, whose
459 internalization occurred almost exclusively on astrocytes in the SCI mouse model. Some
460 microglia in the injured site showed a few internalized NG, but very few compared to
461 astrocytes, quite likely because of the effects on the membrane of these cells in the more
462 damaged part of the spinal cord.

463 The ability of this tool to deliver compounds was further evaluated *in vitro* and *in vivo*, and an
464 anti-inflammatory drug (Rolipram) when administered by NG modulated the response of the
465 astrocytic component by reducing the production of specific inflammatory molecules such as
466 iNOS and Lcn2. CM collected from microglia treated with Rolipram-loaded NG did not
467 influence motor neuron survival. Thus, we can consider the amount of NG internalized into
468 the microglia irrelevant for the treatment.

469 We also demonstrated that reducing the paracrine inflammatory response of activated
470 astrocytes by Rolipram-loaded NG reversed motor neuron toxicity *in vitro*. The
471 neuroprotective effect was detected in the acute-subacute phase after the lesion and confirmed
472 by motor functional improvement from 7 to 21 DPI. NG treatment alone also served to

473 partially regain motor control at 21 DPI. NG treatment *in vivo* suggests an effect on astrocytes
474 due to the polymeric structure, but this requires further study. We also showed *ex vivo* that
475 Rolipram-loaded NG preserved neurons and reduced astrocytes at 14 DPI; these neurons were
476 not preserved at 63 DPI, supporting the behavioral findings.

477 The post-injury astrocyte response is recognized an important contributor to functional
478 recovery after traumatic SCI. ^{23,24} Recent studies have made important progress in astrogliosis
479 after CNS injuries, identifying specific roles and marker genes for different astrocyte
480 subtypes. ^{3,23-25} Astrocytes activated by molecular mediators released in the environment,
481 acting as pro-inflammatory or anti-inflammatory stimuli ³, in turn play an important role in
482 the inflammatory response. ³ Reactive astrocytes after activation increase GFAP^{1,2,26} and
483 release many molecules. One of them, Lcn2, can promote neuronal death ^{27,28} and acts as an
484 inflammatory molecule contributing to the secondary injury damage in SCI. ²⁷ In the chronic
485 phase, the reactive astrogliosis lead to extracellular matrix deposition and formation of glial
486 scar. ^{1,26}

487 Here we demonstrated that a nanovector tool such as NG can treat pharmacologically
488 activated astrocytes with an anti-inflammatory drug (Rolipram), to reduce the amount of Lcn2
489 and iNOS produced by these cells. The secretion of Lcn2 and iNOS contributes to
490 inflammation in many CNS pathologies, including SCI. ^{27,29} iNOS produces a large amount of
491 NO that causes pathological changes in various biological substrates (peroxidation of the
492 cellular lipid components), resulting in cellular damage. ²⁹ Lcn2 secreted by astrocytes further
493 sustains inflammation which in turn promotes neuron death. ^{27,28,30} Lcn2 is activated by
494 signaling pathways such as NF-kB or STAT3. ³¹⁻³³ We found that Rolipram acted on NF-kB
495 to reduce the mRNA levels of Lcn2 and concomitantly iNOS, potentially limiting the
496 negative effect of a pro-inflammatory response of astrocytes. Deletion of Lcn2 limits the pro-
497 inflammatory phenotypes of activated astrocytes *in vitro* and *in vivo* ^{30,34}, giving greater

498 recovery in mouse models of SCI. ²⁷ Lcn2 knock-out mice had consistent neuronal survival
499 and myelin sparing after SCI. ²⁷ Acting on iNOS and Lcn2 looks like a promising therapeutic
500 approach that could be associated to other treatments to strengthen the effect.

501

502 **CONCLUSION**

503 Different nanovectors are internalized into astrocytes, but none in a selective way for treating
504 the astroglial pro-inflammatory response. ³⁵ Because astrogliosis is closely interlaced and
505 dynamic depending on the injury phase, it may have beneficial or detrimental effects on SCI
506 recovery. It is important therefore to develop strategies to target individual cellular and
507 molecular mechanisms. This study demonstrated the selective efficacy of Rolipram delivered
508 by biodegradable NG in limiting the pro-inflammatory response mediated by astrocyte
509 activation in a mouse model of SCI, but other diseases with an astrocyte-based glial response
510 may gain too from this selective therapeutic approach. This delivery strategy could also be
511 considered for other molecules able to promote neuroprotective astrocytes (A2 phenotype),
512 opening the way to a new cell-specific therapeutic treatment to ameliorate SCI and other
513 neurological diseases.

514

515 MATERIALS AND METHODS

516

517 *NANO GEL DESIGN AND CHARACTERIZATION*

518 The experimental procedures required the following polymers in the nanogel (NG) design:

519 polyethylene glycol 8000 (Mw 8 kDa, from Merck KGaA, Darmstadt, Germany) and linear

520 polyethyleneimine 2500 (Mw 2.5 kDa, from Polysciences Inc., Warrington, USA). All other

521 chemicals were purchased from Merck (Merck KGaA, Darmstadt, Germany) and used as

522 received, without any further purification. Solvents were of analytical-grade purity. All the

523 Cy-5 derivatives were stored at -20°C.

524 NG was synthesized according to this procedure: PEG hydroxyl groups were modified with

525 imidazole moieties and PEI functionalized with Cy5 (molar ratio PEI: Cy5 1:0.025) using

526 copper-catalyzed azide-alkyne Huisgen cycloaddition (CuAAC) reaction. Then two solutions

527 were prepared separately: in the first, the resulting PEG (200 mg, 0.025 mmol) was dissolved

528 in CH₂Cl₂ (3 mL), and the second one was obtained by dissolving PEI conjugated Cy5 (52

529 mg, 0.017 mmol) in distilled water (5 mL). The organic solution was added dropwise to the

530 aqueous system, under vigorous stirring, and the final mixture was sonicated for 30 min. The

531 polymeric mixture was then stirred for 17 h at 25°C (room temperature, r.t.) with the gradual

532 evaporation of CH₂Cl₂. This aqueous system was purified by dialysis against slightly acid

533 water and lyophilized, resulting in a green solid.

534 The primary amines were grafted around the NG surface. NG (15 mg, 0.566 mol) were

535 dissolved in distilled water (1 mL) and kept under stirring at r.t. 3-bromopropylamine

536 hydrobromide, the chemical carrying -NH₂ groups, (4.95 mg, 22.64 μmol) was dissolved in

537 distilled water (0.5 mL) and added dropwise to the NG solution. The mixture was stirred for

538 17h, in the dark, at r.t.

539 Dialysis against distilled water (1000 mL) using a regenerated cellulose membrane (MW cut-
540 off 6-8 kDa) was done for two days, with daily water exchange, to remove unreacted species
541 and any by-products. The system was frozen at -80°C and the product was recovered by
542 lyophilization. These NG coated with primary amine moieties will be indicated as NG.
543 Polymer functionalizations were evaluated by NMR and FT-IR analyses. ¹H-NMR spectra
544 were run on a Bruker AC (400 MHz) spectrometer, using deuterated chloroform (CDCl₃) for
545 PEG and NG samples, and deuterium oxide (D₂O) for PEI derivatives as solvents, and
546 chemical shifts were reported as δ values in parts per million, tetramethylsilane (TMS) as
547 internal reference. FT-IR spectra were recorded using the KBr pellet technique for the
548 analyzed samples and a Thermo Nexus 6700 spectrometer coupled to a Thermo Nicolet
549 Continuum microscope equipped with a 15× Refflachromat Cassegrain objective, at r.t. in air
550 in the wave range 4000–500 cm⁻¹, with 64 accumulated scans and a resolution of 4 cm⁻¹. The
551 nanogel size, polydispersity index (PDI) and z-potential were recorded using Dynamic Light
552 Scattering (DLS) and a Zetasizer Nano ZS from Malvern Instruments. The samples were
553 dissolved in distilled water and the solution was equilibrated for 60 s before data analysis at
554 37°C. Data are the mean of three measurements for each NG. NG dimensions were studied
555 with Atomic Force Microscopy (AFM). The samples were prepared by dropping nanogel
556 latexes onto silicon substrate and then drying. AFM images on 1 × 1 μm areas were recorded
557 for the preliminary morphologic evaluation; 500 × 500 nm images were cropped and a height
558 line profile was drawn for each single gel. Surface morphology was evaluated by flattening
559 the images (first order) using NTMDT software.

560

561 *PRIMARY CELL CULTURES*

562 Primary cultures of microglia, astrocytes, or astrocyte/neuron co-cultures were obtained from
563 the spinal cord of 13-days-old C57BL/6J mouse embryos (Charles River Laboratories
564 International, Inc.) by adapting protocols previously described ³⁶.
565 Ventral horns were isolated from the embryonic spinal cord and treated with DNase and
566 trypsin (Sigma-Aldrich). After centrifugation using a cushion of bovine serum albumin
567 (BSA), a mixed population of neurons/glia was obtained. A second centrifugation (800 x g for
568 15 min) was done through a 6% iodixanol pillow (OptiPrep™; Sigma-Aldrich). At the top of
569 the iodixanol pillow a narrow band was obtained, corresponding to the fraction enriched with
570 motoneurons, and a yellow pellet. The glial feeder layer was prepared by plating the glial
571 fraction at a density of 25,000 cells/cm² in flasks pre-coated with poly L-lysine (Sigma-
572 Aldrich).
573 From the flask containing confluent mixed glial cultures, purified microglia were obtained
574 after shaking at 275 rpm overnight in incubators. The floating cells (mostly microglia) were
575 collected and seeded at a density of 40,000 cells/cm² on poly-L-lysine pre-coated 24-well
576 plates.
577 To obtain astrocyte-enriched cultures, glial cultures from which the microglia had previously
578 been collected were treated with 60 mM L-leucine methyl ester (Sigma-Aldrich) for 90
579 minutes. To derive purified cultures and to establish a glial feeder layer for neuron/astrocyte
580 co-cultures, the astrocytes were collected and seeded at a density of 40,000 cells/cm² on 24-
581 well plates pre-coated with poly-L-lysine.
582 Finally, to establish neuron/astrocyte co-cultures, the motor neuron-enriched fraction (from
583 the iodixanol-based separation) was seeded at a density of 15,000 cells/cm² onto a mature
584 astrocyte layer. In these co-cultures, about 84±5% of the neurons were SMI32-positive, with
585 the typical motor neuron morphology, as previously reported. ³⁶
586

587 *iPSc-DERIVED ASTROCYTE CULTURES*

588 Episomal human iPSC (hiPSC) were obtained from Gibco™ (Life Technologies, CA, US,
589 Lot V2.0). The hiPSC line was cultured and expanded in feeder-free conditions by passaging
590 every 3–5 days when they reached 70–80% confluence in a xeno-free culture medium
591 formulation (StemMACS™ iPS-Brew XF, Miltenyi Biotec S.r.l.). Neural stem cells (NSC)
592 were derived from hiPSC using a commercial manufactured culture medium in a monolayer
593 protocol³⁷. Briefly, hiPSCs cultured in feeder-free conditions were split into six-well plates in
594 a 1:3 ratio. The day after plating, culture medium was replaced with Gibco PSC Neural
595 Induction Medium (Life Technologies) containing Neurobasal medium and Gibco PSC neural
596 induction supplement. On day seven of neural induction, primitive NSCs (pNSCs) were
597 dissociated with Accutase (Life Technologies), passed through a 100-µm strainer and plated
598 on Geltrex-coated dishes at a density of 0.5–1x10⁵ cells/cm² in an NSC expansion medium,
599 composed Neurobasal medium and Advanced DMEM/F12 (1:1), with 2% neural induction
600 supplement. NSC were expanded for different passages before the induction of astrocyte
601 differentiation.

602 To obtain differentiated astrocyte cultures, dissociated pNSCs in the sixth through the tenth
603 passage (P6-10) were plated onto Geltrex-coated 24-well plates at a density of 5x10⁴ cells/
604 cm² in an astrocyte differentiation medium (DMEM supplemented with 1% N2, Glutamax
605 and fetal bovine serum (FBS); Life Technologies) for twenty-one days.

606 On the day twenty-one of astrocyte differentiation, cultures were exposed to LPS (10 µg/mL)
607 for 18h or A1 phenotype was induced by treatment with FGF (100 ng/mL) for 18h in medium
608 with 10% serum. Empty NG was then added to activate cultures and time-lapse analysis was
609 done for up to three days to establish the degradation time of NG. To assess the NG
610 degradation by lysosomes, human astrocytes were marked with Lyso sensor dye (1:20.000
611 dilution, Life Technologies, cat. n. L7535) 24h after exposure. Culture samples were

612 processed in parallel to verify the expression of astrocyte markers and the absence of stem
613 cells.

614

615 *CULTURE TREATMENTS*

616 Microglia activation was induced by exposing purified microglia cultures to 1 µg/mL of LPS
617 (from *Escherichia coli* 0111:B4; Sigma-Aldrich), as previously reported³⁶, or IL-4 10 ng/mL
618 for 18h. The murine astrocytes was activate by LPS 1 µg/mL, A1 phenotype was induced by
619 treatment with C1q 400 ng/mL, TNFα 30 ng/mL, IL1α 3 ng/mL for 24h³ and A2 phenotype
620 was induced by treatment with FGF (100 ng/mL) for 18h. Empty NG, NG loaded with
621 Rolipram loaded with To-pro3, or free Rolipram, were then added to the activated cultures.
622 To investigate NG uptake, we treated astrocytes with chlorpromazine hydrochloride (CPZ;
623 Sigma-Aldrich), CPZ (40 µM) 2h before NG exposure.

624 Astrocyte/neuron co-cultures were treated with CM from microglia or astrocytes incubated
625 with different treatments for 24h: after microglial activation, cells were incubated with fresh
626 medium or NG or NG loaded with Rolipram for 24h, while astrocytes were induced toward
627 A1 and treated with NG or NG loaded with Rolipram for 24h. At the end of the treatment,
628 motor neuron cultures were stained with SMI-32 antibody (Biolegend; 1:1000) and
629 stereologically counted (see below).

630

631 *NG INTERNALIZATION*

632 To quantify the internalization of NG in murine and human cells, images were randomly
633 selected and acquired 24h, three and five days after the NG exposure with a Cell R
634 microscope (Olympus) equipped with 60X magnification and an ORCA camera
635 (Hamamatsu).

636 The fluorescent signal was quantified using the free Fiji software (<http://fiji.sc/Downloads>).
637 The NG signals in single cells (about 30-50) were evaluated as the ratio between the Cy5
638 signal area and the cell area. To overcome the limits associated with a change of the shape
639 seen after treatment with FGF (for in vitro astrocytes) or IL-4 (for in vitro microglia) we
640 investigated the NG signal for single cells (region of interest determined by fluorescein
641 staining) for comparing these treatments.

642

643 *REAL TIME RT-PCR*

644 Total RNA was extracted from astrocytes or microglial cultures using a miRNeasy Mini Kit
645 (Qiagen, Valencia, CA, USA). Briefly, cells were collected in QIAzol Lysis Reagent and
646 lysed with a pipette. Chloroform was added to the homogenate and a phase extraction was
647 done. A small volume of the aqueous phase (0.3 mL) was added to 450 mL of ethanol and
648 loaded onto an RNeasy column. The column was washed and RNA eluted following the
649 manufacturer's recommendations. RNA was quantified by a spectrophotometer at 260 nm for
650 all samples. To remove any contaminating genomic DNA, total RNA was digested with
651 DNase (Applied Biosystems) and reverse-transcribed with random hexamer primers using
652 Multi-Scribe Reverse Transcriptase (Taq-Man Reverse transcription reagents; Applied
653 Biosystems). Realtime RT-PCR was run using 4 uL of cDNA, 200 nmol of each primer and
654 SYBR Green chemistry (Applied Biosystems) in a total volume of 22 uL. After completion of
655 qPCR, a melting curve of amplified products was plotted. Data were collected using the
656 SYBR Green fluorescence during Real-Time RT-PCR on an Applied Biosystems 7300
657 system. The expression of the following genes was analyzed:

658 iNOS (Fw: GACGAGACGGATAGGCAGAG; Rev: GTGGGGTTGTTGCTGAACTT)

659 Lcn2 (Fw: TTTGTTCCAAGCTCCAGGGC; Rev: TGGCGAACTGGTTGTAGTCC)

660 β -Actin (Fw: CGCGAGCACAGCTTCTTT; Rev: GCAGCGATATCGTCATCCAT)

661 β -Actin was used as the reference gene and relative expression levels were evaluated
662 according to the manufacturer's DDCT method (Applied Biosystems). Data are expressed as
663 the fold change from uninjured spinal cord (healthy condition).

664

665 *IMMUNOCYTOCHEMISTRY*

666 Motor neurons were fixed with 4% paraformaldehyde for 40 min then incubated for 1h at r.t.
667 in the blocking solution (PBS, 0.2% Triton X-100 (Sigma-Aldrich) and 1% FBS (Sigma
668 Aldrich). Anti-SMI-32 primary antibody (mouse; BioLegend) was diluted (1:1000) in PBS
669 and incubated at r.t. for 4h. The sections were washed with PBS and the appropriate
670 fluorescent secondary antibody was diluted in PBS and incubated for 1h at r.t.

671

672 *CELL STAINING*

673 Cells were fixed with 4% paraformaldehyde for 40 min and stained with Fluorescein (0.1
674 μ g/mL; Sigma-Aldrich) for 30 min at r.t. For evaluation of live cells, they were incubated
675 with CellTrace™ CFSE Cell proliferation kit (1:1000 dilution, Life Technologies, cat
676 n.C34554) for 30 min. To measure lysosomal activity we used lysosensor dye (1:20.000
677 dilution, Life Technologies, cat. n. L7535). Cell nuclei were labeled with Hoechst 33258
678 (Invitrogen) by incubation with a 250 ng/mL solution.

679

680

681 *NUMBER OF MOTOR NEURONS IN VITRO*

682 Images of the entire wells were acquired with a Cell R microscope (Olympus) equipped with
683 an ORCA camera (Hamamatsu) using a mosaic imaging protocol with 20X magnification.
684 For frame sampling a grid (1000*1000 μ m single frame) was superimposed on the images
685 and alternate frames were examined with stereological probes (unbiased fractionator probe

686 dimension, 307*235 μm). The total number of motor neurons was calculated with the
687 following formula: $N = \Sigma Q * 1/\text{asf} * 1/\text{ssf}$, where Q was the number of neurons counted in the
688 frame, the area probe 307*235 μm , the area frame 1000*1000 μm , asf (area probe/area
689 frame), and ssf (sampling fraction of every 2nd frame). Intra-animal coefficient of error (CE)
690 and inter-animal coefficient of variation (CV) for neuronal counts^{38,39} were calculated as
691 follows: mean CE for co-culture motor neurons/astrocytes treated with PI and astrocyte
692 conditioned medium: CTR-CM 0.082, PI 0.080, PI-NG 0.058, PI-NG-Roli 0.071. CV: CTR-
693 CM 0.243, PI 0.126, PI-NG 0.343, PI-NG-Roli 0.197. Mean CE for co-culture motor
694 neurons/astrocytes treated with PI and microglia conditioned medium: CTR-CM 0.075, PI
695 0.068, PI-NG 0.075, PI-NG-Roli 0.073 and CV: CTR-CM 0.178, PI 0.216, PI-NG 0.197, PI-
696 NG Roli 0.300.

697

698 *ANIMAL CARE*

699 The IRCCS adheres to the principles set out in the following laws, regulations, and policies
700 governing the care and use of laboratory animals: Italian Governing Law (D.lgs 26/2014;
701 Authorisation n.19/2008-A issued March 6, 2008 by Ministry of Health); Mario Negri
702 Institutional Regulations and Policies providing internal authorization for persons conducting
703 animal experiments (Quality Management System Certificate – UNI EN ISO 9001:2015 –
704 Reg. N° 6121); the NIH Guide for the Care and Use of Laboratory Animals (2011 edition) and
705 EU directives and guidelines (EEC Council Directive 2010/63/UE). The Statement of
706 Compliance (Assurance) with the Public Health Service (PHS) Policy on Human Care and
707 Use of Laboratory Animals was been recently reviewed (9/9/2014) and will expire on
708 September 30, 2019 (Animal Welfare Assurance #A5023-01).

709

710 *SURGERY*

711 C57BL/6J mice (Charles River Laboratories International, Inc.) or B6.129P-Cx3cr1tm1Litt/J
712 mice (The Jackson Laboratory) were used for *in vivo* studies. Before surgery, the animals
713 received an antibiotic and analgesic, with respectively subcutaneous injection of ampicillin
714 (50 mg/kg) and buprenorphine (0.15 mg/kg). The entire surgical procedure was carried out in
715 deep anesthesia under ketamine hydrochloride (IMALGENE, 100 mg/kg) and medetomidine
716 hydrochloride (DOMITOR, 1 mg/kg) intraperitoneally. Animals were placed on a
717 Cunningham Spinal Cord Adaptor (Stoelting, Dublin, Ireland) mounted on a stereotaxic
718 frame, and laminectomy of the T12 vertebra was done to uncover the lumbar spinal cord.
719 Mechanical trauma of the spinal cord at T12 was induced using an [Mann-Whitney test](#) with a
720 closing force of 30g (left in place for 1 min, then removed). After spinal cord compression,
721 dorsal muscles were juxtaposed using absorbable sutures and the skin was sutured. Two hours
722 (for NG distribution experiment) or one day (for behavioral evaluation) after surgery, the
723 spinal cord of SCI mice was exposed and injected intraparenchymally with NG, NG-Cy5
724 loaded with Rolipram or free Rolipram. Six 0.250 uL injections were done with a glass
725 capillary (outer diameter $40\pm 2\ \mu\text{m}$), to cover the injured area. The capillary was positioned
726 ± 0.5 mm from the midline, then it was deepened into the parenchyma to 0.6 mm below the
727 pia mater. After treatment, dorsal muscles were juxtaposed using absorbable sutures and the
728 skin was sutured and disinfected.

729

730 *BEHAVIORAL EVALUATIONS*

731 Mice after SCI were evaluated by testing hind-limb locomotor performances using the Basso
732 Mouse Scale (BMS) once a week from seven to thirty-five DPI. The BMS is a 10- point scale
733 (9 = normal locomotion; 0 = complete hind limb paralysis). Video acquisition of the
734 locomotor performances (5 min) was done with camera (Denver, ACG-8050W) and evaluated

735 by two independent observers, blinded to the treatment. Individual hind-limb scores were
736 averaged for each animal group at each time point.

737

738 *SPINAL CORD TRANSCARDIAL PERFUSION*

739 For histological analysis, under deep anesthesia with ketamine hydrochloride (IMALGENE,
740 100 mg/kg) and medetomidine hydrochloride (DOMITOR, 1 mg/kg), the mice were
741 transcardially perfused with 40 mL of phosphate buffer saline (PBS) 0.1 mol/L, pH 7.4 for 4
742 min, followed by 50 mL of paraformaldehyde solution (4%) in PBS for 5 min. Spinal cords
743 were carefully removed and post-fixed overnight in the same fixative at 4°C, then transferred
744 to 30% sucrose in 0.1 mol/L phosphate buffer overnight for cryopreservation and stored at
745 4°C until use.

746

747 *IMMUNOFLUORESCENCE*

748 The spinal cord was embedded in OCT compound, frozen by immersion in N-pentane at -
749 45°C for 3 minutes, then stored at -80°C until use. Frozen tissues were sectioned at 30 μ m
750 using a cryostat at -20°C, starting from the rostral edge (about 6 mm rostral to the epicenter),
751 collected in PBS and stored at 4°C until use. Twenty μ m thick serial sections (one section
752 every five) were separated and immunofluorescence was done. Sections were incubated with
753 primary antibodies directed against astrocytes (Glial Fibrillary Acidic Protein (GFAP); 1:500
754 dilution, Millipore) or neurons (NeuN, 1:500 dilution, Millipore) dissolved in PBS, 1%
755 normal goat serum (NGS; Sigma Aldrich) and 0.1% Triton X-100 and incubated overnight at
756 4°C under constant shaking. Primary antibody staining was detected using secondary
757 antibodies conjugated to fluorophores (Alexa Fluor 647, 1:500; Invitrogen). Spinal cord
758 sections were coverslipped with a 50% glycerol solution in PBS before acquisition at 10X
759 magnification by confocal microscopy (Olympus Fv1000, Laser 594).

760

761 *COLOCALIZATION STUDY*

762 Study of colocalization was carried out *in vitro* (9-19 cells) and *ex vivo* around the site of
763 injection 1 day post-injury (9 sections, 30 μm thickness, sampled one every two sections,
764 evaluated area 5355 μm^2). Colocalization was quantified by Pearson's coefficient (Imaris
765 software, Bitplane).

766

767 *TOTAL NUMBER OF NEURONS IN DAMAGED SPINAL CORD*

768 Acquisition was set using a Cell R microscope (Olympus); Every 5th section (30 μm
769 thickness) in a tract of spinal cord of +1.5/-1.3 mm from the injury site was acquired using a
770 3D mosaic imaging technique with 40x magnification. For frame sampling a grid (200*200
771 μm) was superimposed on the acquired section and all frames of the grid containing grey
772 matter were examined in a fractioned height of 5 μm . An unbiased counting probe (216*165
773 μm) was used to count neurons in each frame, with Image j software and a homemade plugin-
774 macro. The total number of neurons was calculated using the formula: $N = \sum Q * t/h * 1/asf * 1/ssf$,
775 where Q is the number of neurons counted in the section, t (section thickness,
776 30 μm), h (fractionator height, 5 μm), area probe (216*165 μm), area frame (200*200 μm),
777 asf (area probe/area frame), ssf (sampling fraction of every 5th section). The precision of the
778 number of neuronal cells was established by the intra-animal coefficient of error, CE and
779 inter-animal coefficient of variation CV.^{38,39} Mean CE: INJ 0.050, NG_Roli 0.044 and CV:
780 INJ 0.283, NG_Roli 0.122.

781

782 *ASTROCYTOSIS IN SPINAL CORD*

783 The acquisition was set using a Cell R microscope (Olympus). Every 5th section (30 μm
784 thickness) in a tract of spinal cord of +1.5/-1.3 mm from the injury site was acquired using a

785 3D mosaic imaging technique with 40x magnification. For frame sampling a grid (200*200
786 μm) was superimposed on the acquired section and all frames of the grid containing
787 astrocytes marked with GFAP were examined in a fractioned height of 2 μm . An unbiased
788 counting probe (216*165 μm) was used to quantify GFAP⁺ staining in each frame, with
789 Image j software and by the Cavalieri method. Volume was calculated as: $V = \sum P * A * T$ (V
790 volume, P number of points hitting white matter, A, grid spacing (200*200 μm) and T,
791 distance between each sampled section (150 μm)). CE and CV were calculated^{38,39}: mean CE:
792 INJ 0.067, NG_Roli 0.085. CV: INJ 0.265, NG_Roli 0.285.

793

794 *STATISTICAL ANALYSES*

795 We used Prism software (Graphpad) for statistical analyses. Mann-Whitney test and one-way
796 ANOVA followed by Bonferroni's post hoc test were used see relative captions.

797

798 **Acknowledgment.**

799 Authors' research is supported by Politecnico di Milano.

800

801 **Supporting Information Available:**

802 The Supporting Information is available free of charge via the Internet at <http://pubs.acs.org>
803 Scheme of NG synthesis; AFM images of NG-NH₂; FT-IR spectra of NG and NG-NH₂;

804 ¹H-NMR (D₂O) spectra of NG and NG-NH₂; NG uptake in untreated, LPS-treated and FGF-
805 IL-4 treated cell of murine astrocytes and microglia, and human astrocytes in vitro; in vitro
806 release profile of Rolipram delivered from NGs; quantitative mRNA analysis of iNOS and
807 Lcn2 expressed by astrocyte cultures after treatment with three factors C1q, IL1 α and TNF,
808 (PI) or PI and Rolipram; neuron culture exposed to conditioned medium of untreated
809 astrocytes or conditioned medium of astrocytes pre-incubated for 24h with PI, PI + NG or PI+
810 Rolipram-loaded NG; neuron culture exposed to conditioned medium of untreated microglia
811 or conditioned medium of LPS or LPS + NG or LPS +Rolipram-loaded NG pre-treated

812 microglia; number of neurons of untreated injured mice compared to Rolipram loaded NG at

813 63 DPI.

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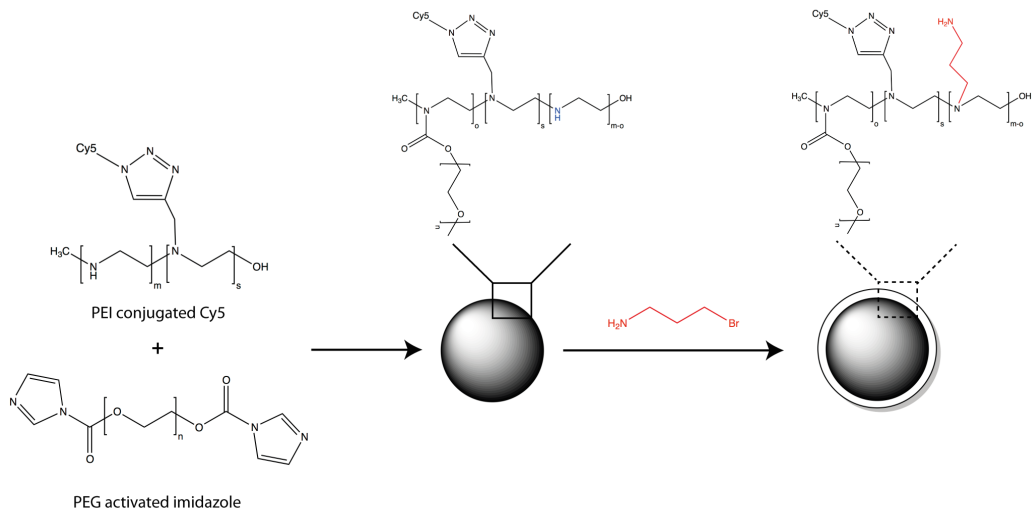
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820 SUPPLEMENTARY

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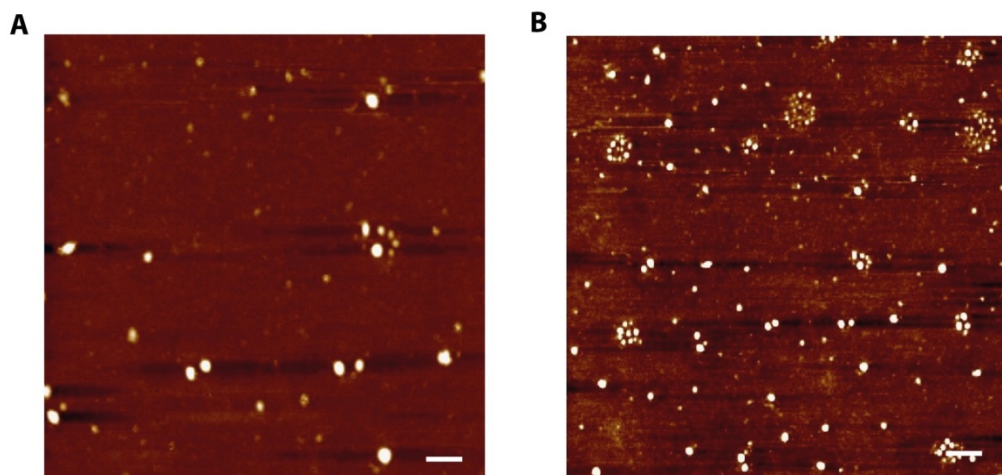
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824 **Fig. S1**

825 *Scheme of nanogel synthesis. PEI residual amine groups are in blue, and structure of the*
826 *coating in red.*

827

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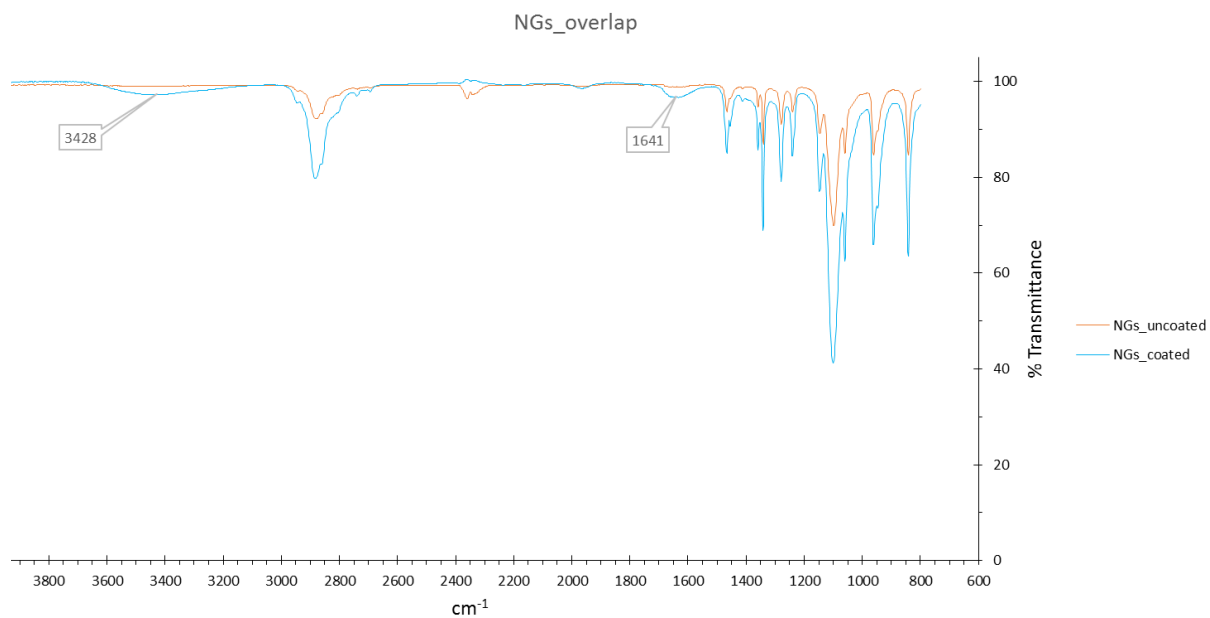
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831 **Fig. S2**

832 *AFM images of NG-NH₂ (coated nanogels). Scale bars: 500 nm (A), 1000 nm (B).*

833



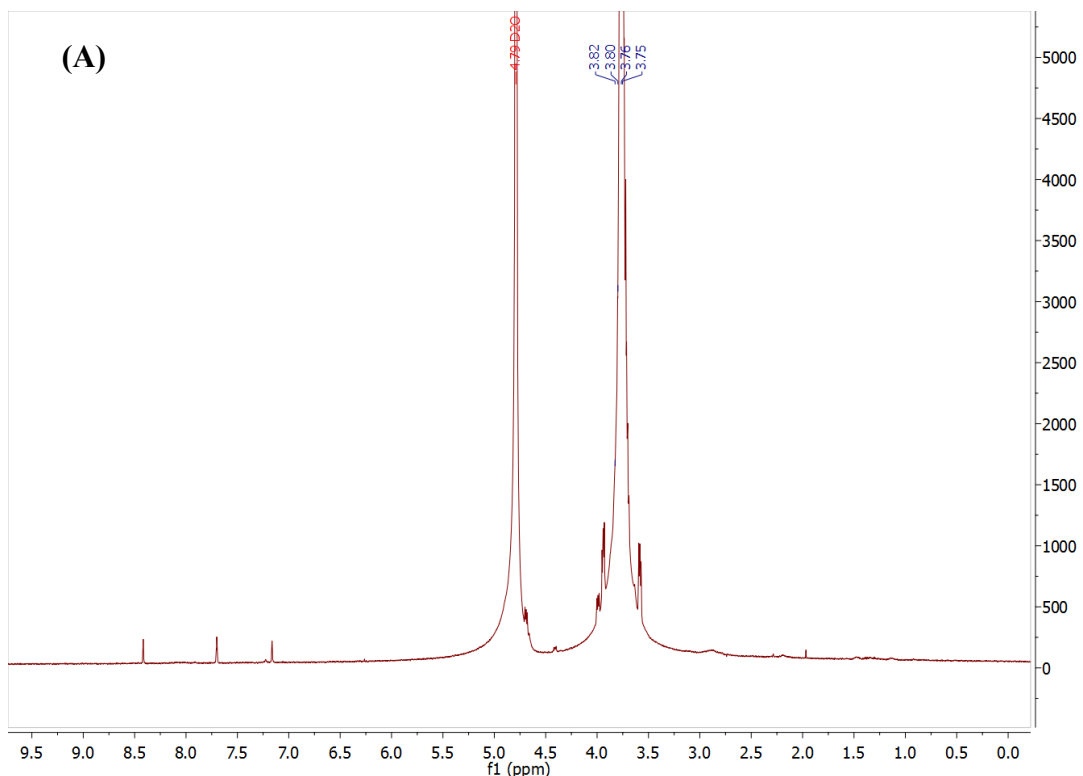
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835 **Fig. S3**

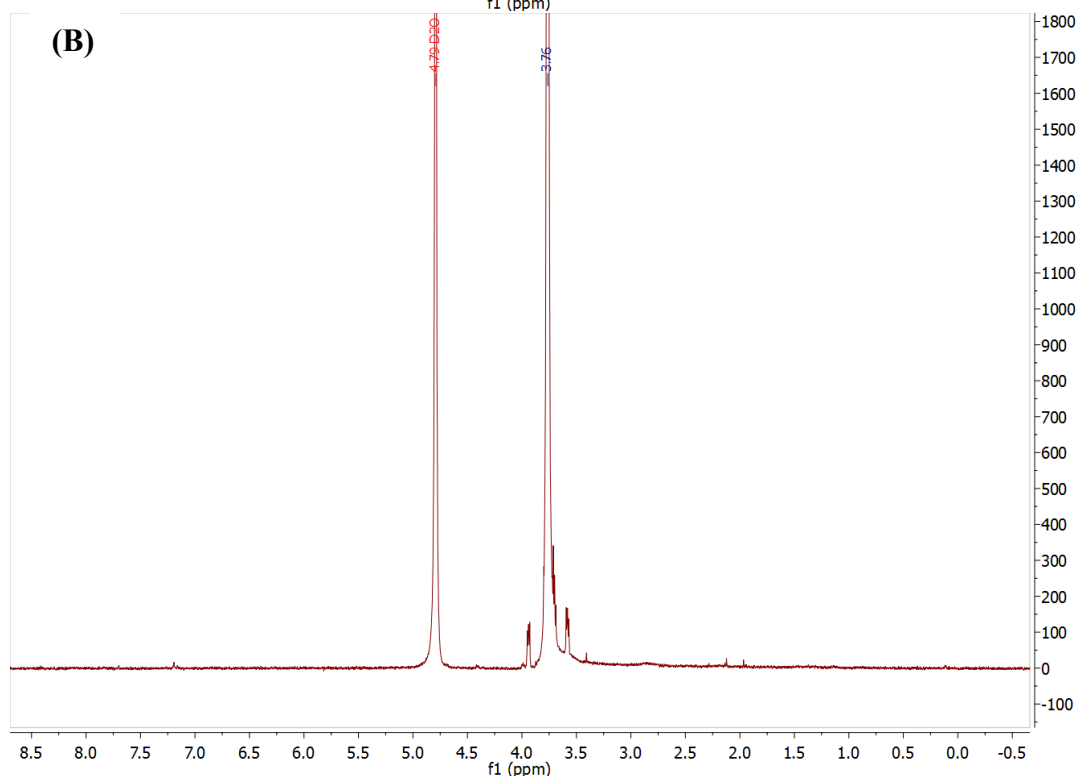
836 *FT-IR spectra of NG (orange line) and NG-NH₂ (blue line).*

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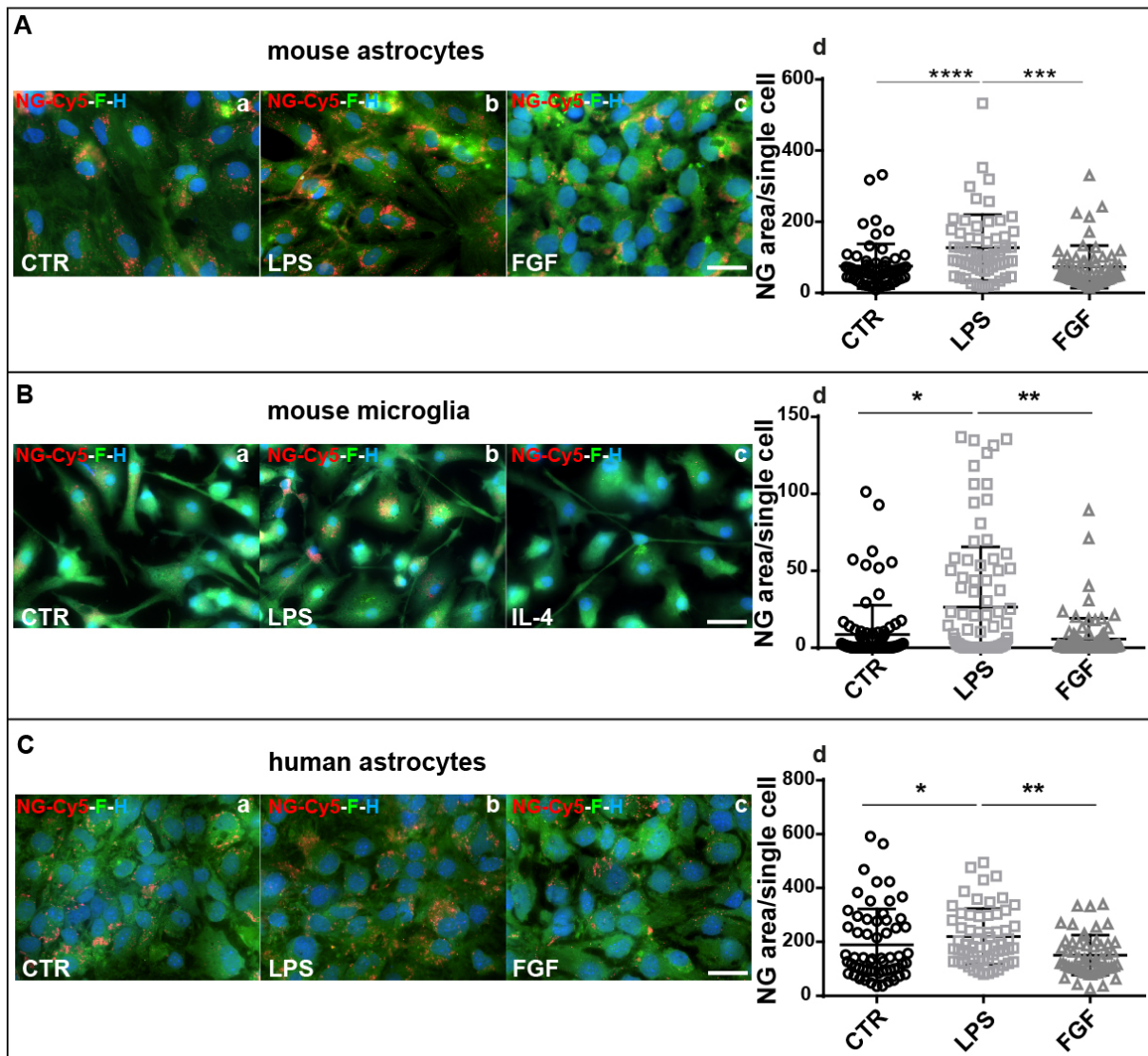


841 **Fig. S4**

842 $^1\text{H-NMR}$ (D_2O) spectra of NG (A) and NG-NH₂ (B).

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849 **Fig. S5**

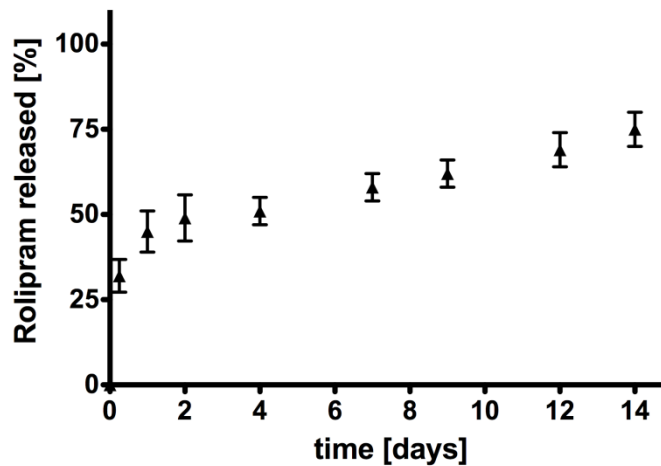
850 A) NG uptake in untreated (CTR) (a), LPS-treated (activation stimuli) (b) and FGF (A2
851 stimuli) (c) treated murine astrocytes in vitro. Quantification of the NG uptake in astrocytes
852 shows higher NG internalization in LPS treated astrocytes compared to CTR and FGF group
853 (d). B) NG uptake in untreated (CTR) (a), LPS-treated (activation stimuli) (b) and IL-4 (M2
854 stimuli) (c) treated murine microglia in vitro. Quantification of the NG uptake in microglia
855 shows higher NG internalization in LPS treated astrocytes compared to CTR and IL-4 group.

856 C) NG uptake in untreated (CTR) (a), LPS-treated (activation stimuli) (b) and FGF (A2
857 stimuli) (c) treated human astrocytes in vitro. Quantification of the NG uptake in astrocytes
858 shows higher NG internalization in LPS treated astrocytes compared to CTR and FGF group
859 (d). Data are mean \pm SD. One-way ANOVA followed by Bonferroni's post hoc test. Statistical
860 significance: (*) $p < 0.05$, (**) $p < 0.01$, (***) $p < 0.001$, (****) $p < 0.0001$. Scale bar
861 $10\mu\text{m}$.

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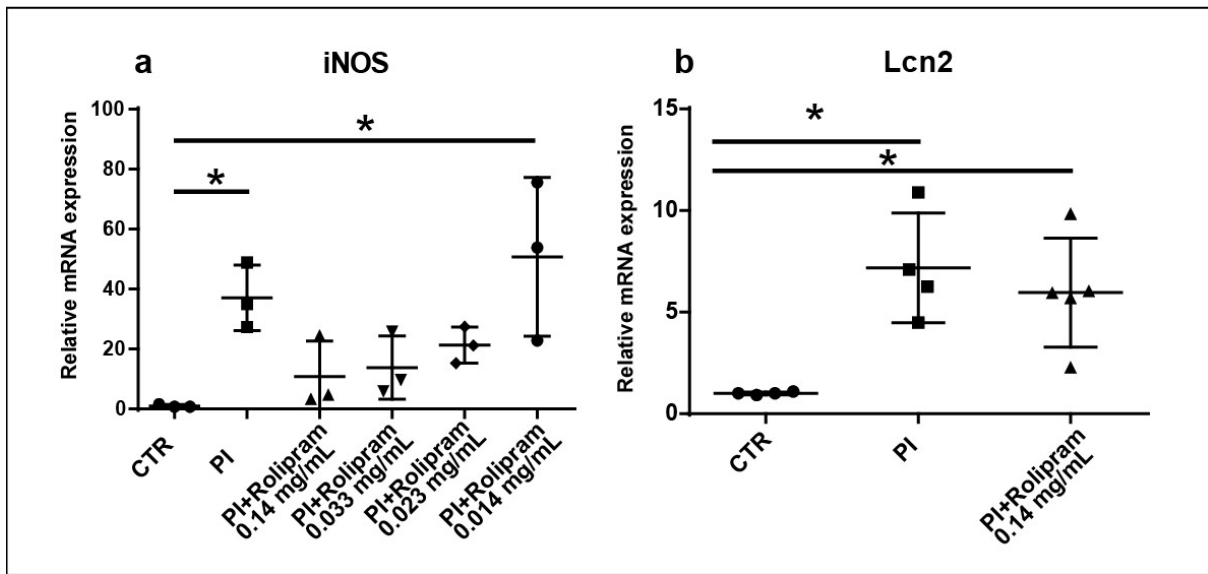
865

866 **Fig. S6**

867 *In vitro* release profile of Rolipram delivered from NGs.

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871

872 **Fig. S7**

873 *Quantitative mRNA analysis of iNOS (a) and Lcn2 (b) expressed by astrocyte cultures after*
874 *treatment with three factors, C1q, IL1 α and TNF α (PI) or PI and Rolipram, at the*
875 *concentrations indicated. Data are mean \pm SD. One-way ANOVA followed by Bonferroni's*
876 *post hoc test. Statistical significance: (*) $p < 0.05$.*

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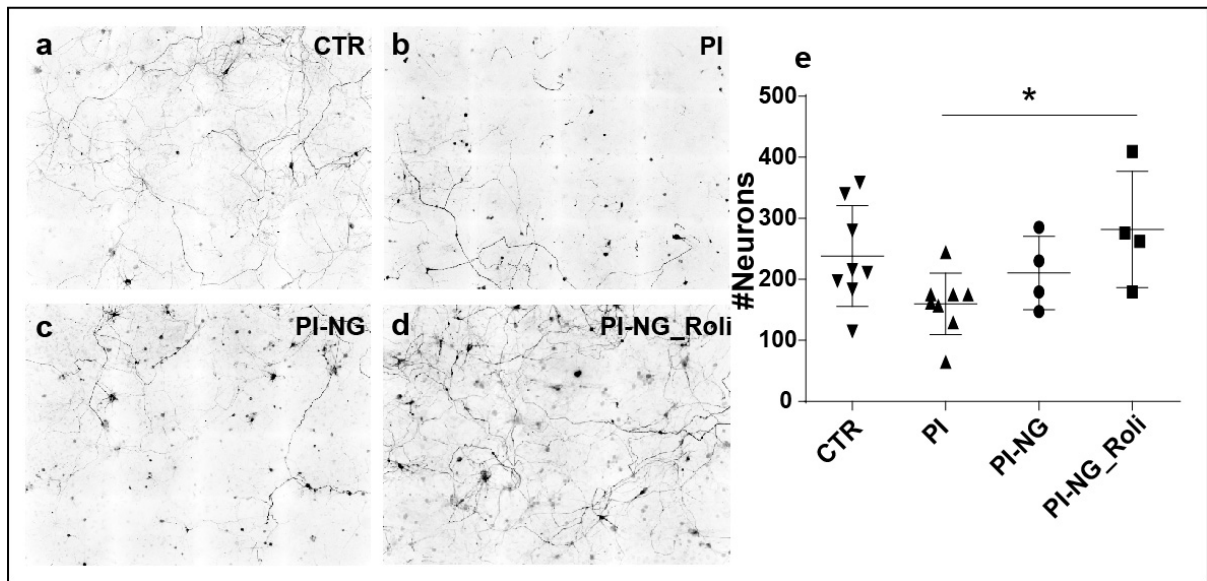
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885 **Fig.S8**

886 *Neuron culture exposed to conditioned medium of untreated astrocytes (CTR) (a) or*

887 *conditioned medium of astrocytes pre-incubated for 24h with C1q, IL1 α and TNF α (PI) (b),*

888 *PI + nanogel (PI-NG) (c), or PI+ Rolipram-loaded nanogel (PI-NG_Roli) (d). Cells are*

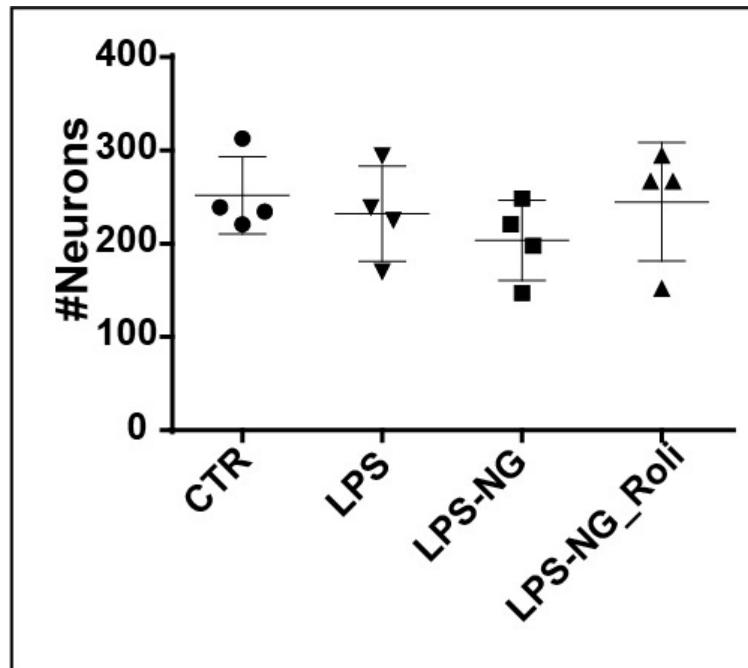
889 *stained for SMI32 and quantified by unbiased counting. PI-NG_Roli significantly reversed*

890 *the toxicity of the conditioned medium of PI treated astrocytes, effectively protecting motor*

891 *neurons in vitro (e). Data are mean \pm SD. One-way ANOVA followed by Bonferroni's post*

892 *hoc test. Statistical significance: (*) $p < 0.05$.*

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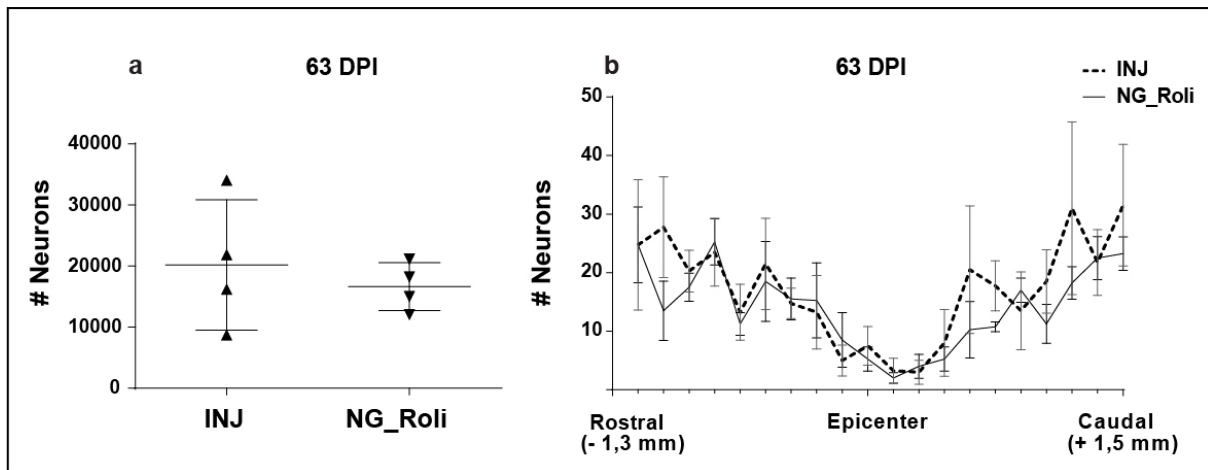
895

896 **Fig.S9**

897 *Neuron culture exposed to conditioned medium of untreated microglia (CTR) or conditioned*
 898 *medium of LPS or LPS + nanogel (LPS-NG) or LPS +Rolipram-loaded nanogel (LPS-*
 899 *NG_Roli) pre-treated microglia. Cells were stained with SMI32 and quantified by unbiased*
 900 *counting. The neuron counts show no significant differences. Data are mean \pm SD. One-way*
 901 *ANOVA followed by Bonferroni's post hoc test.*

902

903



904

905 **Fig.S10**

906 *Number of neurons of untreated injured mice (INJ) compared to Rolipram-loaded NG*
 907 *(NG_Roli) at 63 DPI. We found not significant difference between INJ and NG_Roli mice (a).*
 908 *Graphical representation of neuronal survival in relation to their distance from the injured*
 909 *epicenter at 63 DPI (b).*

910

911

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