

***Supplementary Material***

**Supplementary Table 1:** Flow behavior at 60 min. It was interpreted in terms of a power law relationship

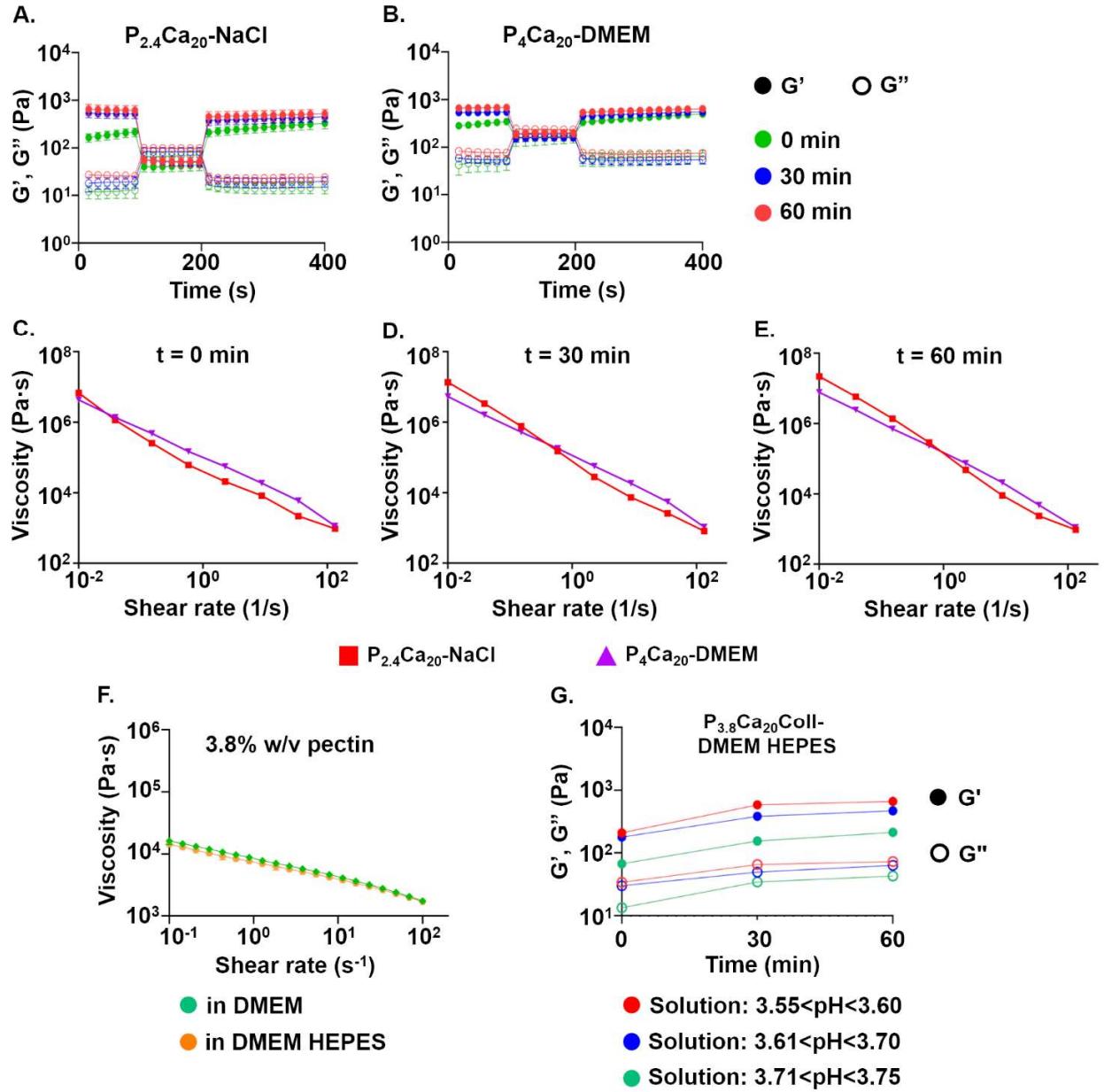
<b>HYDROGELS</b>	<b>K</b>	<b>n</b>
P <sub>2.4</sub> Ca <sub>20</sub> -NaCl	22.90·10 <sup>4</sup>	8.65·10 <sup>-3</sup>
P <sub>2.4</sub> Ca <sub>35</sub> -NaCl	6.50·10 <sup>4</sup>	7.80·10 <sup>-3</sup>
P <sub>4</sub> Ca <sub>20</sub> -DMEM	15.01·10 <sup>4</sup>	1.43·10 <sup>-1</sup>
P <sub>3.8</sub> Ca <sub>20</sub> -DMEM	10.42·10 <sup>4</sup>	1.11·10 <sup>-1</sup>
P <sub>3.8</sub> Ca <sub>20</sub> Coll-DMEM HEPES	8.39·10 <sup>4</sup>	1.91·10 <sup>-1</sup>

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**Supplementary Table 2:** Diameters of P<sub>2.4</sub>Ca<sub>20</sub>-NaCl, P<sub>3.8</sub>Ca<sub>20</sub>-DMEM, and P<sub>3.8</sub>Ca<sub>20</sub>Coll-DMEM HEPES single fibers printed at minimum pressures. Mean  $\pm$  SD, 6 replicates/condition

Ink	Nozzle ( $\mu\text{m}$ )	Speed (mm/s)	Time (min)	Fiber diameter ( $\mu\text{m}$ )	
P <sub>2.4</sub> Ca <sub>20</sub> -NaCl	410	10	0	792 $\pm$ 94	
			30	669 $\pm$ 98	
			60	890 $\pm$ 124	
		15	0	474 $\pm$ 48	
			30	1047 $\pm$ 179	
			60	658 $\pm$ 58	
	250	10	0	474 $\pm$ 99	
			30	579 $\pm$ 106	
			60	903 $\pm$ 178	
		15	0	205 $\pm$ 17	
			30	209 $\pm$ 12	
			60	202 $\pm$ 36	
P <sub>3.8</sub> Ca <sub>20</sub> -DMEM	250	10	0	712 $\pm$ 142	
			30	806 $\pm$ 152	
		15	0	450 $\pm$ 40	
			30	989 $\pm$ 129	
	250	10	0	603 $\pm$ 37	
P <sub>3.8</sub> Ca <sub>20</sub> Coll-DMEM HEPES			30	641 $\pm$ 72	
			0	789 $\pm$ 78	
			30	637 $\pm$ 74	

Supplementary Figure 1



**Supplementary Figure 1.** Recovery of  $\text{G}'$ ,  $\text{G}''$  as a function of test time for  $\text{P}_{2.4}\text{Ca}_{20}\text{-NaCl}$  (A) and  $\text{P}_4\text{Ca}_{20}\text{-DMEM}$  (B) after applying a 100% strain at 1 Hz for 100 s. Mean  $\pm$  SD, 4 replicates/condition; Flow curves for  $\text{P}_{2.4}\text{Ca}_{20}\text{-NaCl}$  and  $\text{P}_4\text{Ca}_{20}\text{-DMEM}$  at 0 (C), 30 (D) and 60 min (E). Mean  $\pm$  SD, 4 replicates/condition; F) Flow curves for 3.8% w/v pectin in DMEM w/ or w/o HEPES. Mean  $\pm$  SD, 12 replicates/condition. G)  $\text{G}'$  and  $\text{G}''$  over crosslinking time as a function of the pH of the initial pectin solution for  $\text{P}_{3.8}\text{Ca}_{20}\text{Coll-DMEM HEPES}$ , Mean values, 3 replicates/condition.