

5.E. Workshop: Salutogenic Cities: European experiences in Urban Health

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Organised by: EUPHA-URB, EUPHA-PMH, EUPHA-ENV

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The Workshop titled “Salutogenic Cities: European experiences in Urban Health” - proposed and developed by the three EUPHA Section: Urban Public Health (URB), Public Mental Health (MEN) and Environmental Health (ENV) - is aimed to foster the dialogue between designers (architects and urban planners), Public Health experts (operators, professionals and epidemiologists), policy/decision makers and city users, to establish a multidisciplinary approach for understanding together how to create and manage healthy living outdoor urban environments. The Workshops mainly address both the “Climate emergency / Environment and health / Urban health” and the “Global health and Europe’s role in global health” EPH23 conference topics. The Workshops purpose is to explore the link between the morpho-typological features of the urban environment and Public Health outcomes, that’s crucial in the scientific scenario, taking into consideration the urbanization phenomena that characterizes contemporary society. Health is no longer a specifically individual health issue, but a collective priority strongly influenced by the environmental context and by strategies implemented by local Governments. Urban planning, at large and small scales, can be considered a key tool to protect and promote Urban Public Health. In this scenario, the COVID-19 emergency, has accelerated and emphasized several social, environmental and digital challenges, underling the focus on several aspects such as Urban mobility and walkable environment; Urban Green Spaces and ecosystem services assessment; Urban Health policies and actions. The Workshops program include inputs which they argue current experiences, emerging practices and scientific outcomes related to the Urban Health discipline. From methods, in “Improving health and wellbeing through health-centered, evidence-based urban planning methodologies” to actions, in “The urban burden of disease estimation for policy-making in 1000 European cities”. From epidemiological outcomes, in “Association between area-level walkability and glycated haemoglobin: a Portuguese population-based study” to hospitalizations implications, in “Daily temperature variability in cities and mental health-related hospitalizations”.

Key messages:

- Explore the link between the morpho-typological features of the urban environment and Public Health outcomes, taking into consideration the urbanization phenomena that affect the contemporary society.
- Establish a multidisciplinary approach for understanding together how to create and manage healthy living outdoor urban environments.