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Proceedings of IASDR 2023: Life-changing Design

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IASDR Congress

Lifechanging design

Milan 9th-13th October

PROCEEDINGS OF IASDR 2023

EDITORS:

Daniela De Sainz Molestina Laura Galluzzo Francesca Rizzo Davide Spallazzo







Life-Changing Design

Proceedings of the 10th Congress of the International Association of Societies of Design Research (IASDR 2023)

EDITORS:

Daniela de Sainz Molestina Laura Galluzzo Francesca Rizzo Davide Spallazzo

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Introduction

The Tenth IASDR congress. An Introductory Address from the IASDR Board

IASDR 2023 is the 10th biennial congress of IASDR, and the first to take place after the crisis of COVID-19. With this congress we re-confirm the importance of discussion and debate for the network of researchers in design, as well as the importance of developing younger researchers for the future of the Association.

The International Association for Societies of Design Research (IASDR) was established in 2005 through a collaboration of four academic societies: Chinese Institute of Design (CID), the Design Research Society (DRS), Korean Society for Design Science (KSDS) and Japanese Society for the Science of Design (JSSD).

The history of international collaboration in Design Research in the Asian region can be traced back to 1996 when JSSD organized the first Japan-China Industrial Design Symposium which was hosted by Beihang University in Beijing, 1996. This started a series of international conferences in design research known as the Asian Design Conference. Conferences took place in 1997 (Daejeon, Korea at KAIST), 1998 (Taichung, Taiwan at National Taichung University of Science and Technology), 1999 (Nagaoka, Japan at Nagaoka University of Technology), 2001 (Seoul by National Seoul University), and 2003 (Tsukuba, Japan at Tsukuba International Congress Center). At the 2003 congress — the 6th Asian Design Conference — the three Asian academic societies agreed to welcome the Design Research Society into a new association.

We thus begun the International Association of Societies of Design Research for the field of design research in 2005, in Taiwan. Since that time, we have enhanced the network of researchers and fields of design research and promoted design research education. We will continue to build this incomparable network of design research as we move towards our 2025 congress, at Tapei, Taiwan.

Our deepest thanks go to Luisa Collina, and the entire Politecnico Milano team who have worked so hard, as hosts for IASDR2023, to ensure its success. Your leadership throughout the process has been excellent and we think the result will be much appreciated by the IASDR design research community.

Toshimasa Yamanaka President

On behalf of the IASDR Board
Peter Lloyd
Tek-Jin Nam
Fong-Gong Wu
Lin-Lin Chen
Byung-Keun Oh
Rebecca Cain
Kenta Ono

Introduction

Life-Changing Design. Introduction to the Tenth IASDR congress

The International Association of Societies of Design Research (IASDR) has long been at the forefront of advancing design research, providing an international platform for researchers, scholars, and practitioners to engage in robust discussions, share insights, and explore the ever-evolving landscape of design research. IASDR 2023, the association's 10th Congress, stands as a pivotal juncture in the trajectory of design research, offering a comprehensive perspective on its current state while charting its future directions.

Over the past decade, design research has witnessed a remarkable transformation. From its roots in aesthetic considerations and form-centric approaches, design research has evolved into a multifaceted discipline, extending its influence beyond traditional boundaries. Contemporary design literature now encompasses a wide array of facets, each addressing critical aspects of design's impact on diverse domains, including organisational culture, public policies, product development, and the creation of immersive spaces, services and systems. This transformation underscores the dynamic nature of design research, as it continuously adapts to our society's changing demands and challenges.

The central theme of IASDR 2023, "Life-Changing Design", resonates profoundly in the wake of global events, particularly the unprecedented disruptions caused by the COVID-19 pandemic. This theme invites us to reflect on the profound transformations that have unfolded and continue to reshape our world. The pandemic has brought to the forefront questions about the role of design in navigating these changes, challenging us to explore how design can facilitate adaptation, resilience, and innovation in a rapidly changing world.

IASDR 2023 has been organised and host by Politecnico di Milano, where design keeps strong roots in the made in Italy tradition and where at the same time design opens up to the new territories of design research and to the new trajectories of innovation.

IASDR 2023 encompasses an array of thematic tracks, each dedicated to exploring critical dimensions of design research. These tracks serve as focal points for discussions and investigations, providing a framework for researchers to delve into specific areas of interest.

The following thematic tracks guide our exploration:

[Changing] Organizations and Policies

This track examines the transformative potential of design in the realm of public sector organisations and policies. It aims to foster social justice and sustainability by challenging traditional notions of prosperity. Researchers investigate how design equips itself with tools, methods, and frameworks to support systemic transformation, thereby promoting well-being and addressing complex societal challenges.

[Changing] Products and Production

This track focuses on the transformation of manufacturing processes and their impact on products and

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systems. It explores the proliferation of digital fabrication and digital craft, analysing their potential to revolutionise product development, sustainability, and business models. Researchers delve into how design can envision emerging materials, artefacts, and future scenarios from a sustainable perspective.

Identities and [Changing] Identities

Cultural identities and their evolution in an increasingly multicultural world take center stage in this track. Researchers delve into the roots of design's influence on identity, considering factors such as authorial identities, identity hegemony, and the implications of design on gender, class, and religion. Additionally, this track explores the role of design in translation processes, which involve revising systems, tools, and programs for communicating and preserving identity.

[Changing] Ecosystems

Addressing the imperative transition toward sustainability, this track examines how design contributes to the socio-ethical and economic dimensions of sustainability. It explores design for sustainable materials, energy, business models, and transitions, focusing on fostering positive environmental and social change.

[Changing] Communities

Community empowerment and sustainable behavioural change through design interventions are central to this track. Researchers investigate how design can enhance collaborative processes, codesign knowledge, and tools while addressing urgent public interest issues. The track emphasises shared decision-making, democratic participation, and the evolving roles of individuals, communities, and entities in supporting systemic transitions.

[Changing] Education

This track reflects on the evolving landscape of design education, recognising the complexities and challenges inherent in this domain. Researchers explore the inspirations for change in design education, the transformations it engenders, and the existing gaps and issues. This track seeks to foster clarity, identity, and adaptability in designing educational goals while embracing diversity and differentiation.

[Changing] Spaces and Services

Integrating spatial and service design to create innovative living environments and services is the central concern of this track. It explores how design interventions across various scales, from micro to macro, can drive transformative actions, enhance public participation, and guarantee inclusivity and diversity in service offerings.

[Changing] Interactions

The dynamic interplay between technology, social changes, and design forms the core of this track. Researchers investigate how digital technologies, augmented reality, virtual reality, and mixed environments impact interactions, communities, processes, and professions. This track emphasises the role of Interaction Design in shaping technology-based innovations responsive to social and contextual changes.

[Changing] Heritage

Preserving and reinterpreting cultural heritage in the face of global change is the central focus of this track. Researchers explore how design research can offer novel approaches to knowledge preservation and cultural experiences related to tangible and intangible heritage. This track seeks to activate participation dynamics that reintegrate relevant portions of cultural heritage excluded from current development paradigms.

IASDR 2023, with its overarching theme of "Life-Changing Design" and its diverse thematic tracks, presents an exceptional opportunity for researchers, scholars, and practitioners to engage with the dynamic landscape of design research. The conference serves as a platform for robust discussions, knowledge sharing, and the exploration of innovative solutions to society's complex challenges.

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By examining these thematic tracks and their intersection with the central theme, "Life-Changing Design," we aim to contribute to the ongoing dialogue surrounding design research and its transformative potential, fostering a deeper understanding of design's role in shaping our world.

Luisa Collina Alessandro Deserti Francesco Zurlo

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[Changing] Spaces and Services

Front Matter

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[Changing] Interactions

Front Matter

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[Changing] Heritage

Front Matter

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How to adopt Design Thinking within organizations? Mapping facilitators to activate an organisational transformation path

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Design Thinking is increasingly at the centre of organisations' discussions: more and more are trying to implement it. However, it has been seen that adopting Design Thinking requires deep processes of organisational change that many companies often fail to do. Over the years, the scientific community debated the benefits of Design Thinking and the barriers that companies may face during its adoption. On the other side, few and embryonic contributions have been made on how to support companies in this adoption. Through an exploratory analysis, analysing ten companies that have been adopting Design Thinking for several years and with tangible results, this research identifies four macro categories of facilitators for the adoption of Design Thinking and a set of related actions. The aim is to support companies to really achieve the benefits that Design Thinking can give, but if adopted fully and not only partially as is often the case.

Keywords: design thinking; adoption facilitators; organisational change

1 Theoretical background

Private organizations are becoming more interested in implementing strategies and tactics from the design disciplines. They are paying close attention to how Design Thinking (DT) may be applied to innovative projects.

For a long time, Design Thinking has been the subject of intense discussion among academics who have also attempted to define it. In literature, there is currently no clear meaning of the term. Zurlo (2019) states that Design Thinking represents "the phenomenon that, more than others, marks the encounter between design and management".

The focus on the topic stems from the fact that it has been consolidated how Design Thinking brings positive implications for organisational transformation and innovation (Brown, 2009), better decision-



making (Liedtka, 2015), customer orientation (Kumar and Whitney, 2007) and competitive advantage (Martin & Martin, 2009).

Companies want to adopt Design Thinking because it can represent a significant opportunity for business and innovation challenges (Seidel & Fixson, 2013; Verganti, 2008), helping to improve customer experiences significantly (Gruber et al., 2015; Kolko, 2015). The possibility to deliver superior customer value is one of the biggest levers of businesses that want to sustain a competitive advantage (Woodruff, 1997).

Organizations use Design Thinking for a variety of purposes, such as to foster innovation, particularly disruptive innovation, and internal changes in mindsets, perspectives, and behaviors (i.e., a change in organizational culture) to improve customer experiences, foster internal teamwork, break down silos, attract and retain highly creative employees, and effect fundamental changes in organizational and social systems (Dunne, 2018).

Organizations have experimented with a variety of methods to encourage the adoption of design, including creating innovation laboratories with designers, hiring designers for strategic roles, and requiring staff to participate in training sessions, frequently offered by design consultancies (Van Der Bijl-Brouwer et al., 2019).

The literature shows that the adoption of Design Thinking faces several barriers to adoption. Among the most established is the uncertainty produced by change (Weeks et al., 2004; Kilman, 1984; Ackoff, 1974; Tetenbaum, 1998; Hutchison, 2001; Martin, 2009). Companies are afraid to leave routine processes that bring constant benefits to move on to something they do not know what kind of impact it will have. In addition, another big barrier discussed for adopting Design Thinking is leadership (Carlgren et al. 2014; Dunne, 2018a; Dunne, 2018b; Beckman & Barry, 2007; Kimbell, 2011; Junginger, 2009). Managers are often unfamiliar with the method, which is why they do not see the benefits it can bring. Moreover, not knowing it, they have no idea how to implement it, causing various problems and slowdowns. Another major barrier to the adoption of Design Thinking is the incompatibility of the language and approaches of Design Thinking (Kupp et al., 2017; Björklund et al., 2020; Stephens & Boland, 2015; Avital et al., 2007, Boland et al., 2008, Dunne, 2018a; Dunne, 2018b; Zurlo, 2019). The terms are not those in common use, just as the tools are not standard ones. This often causes employees to be hostile to adoption and to look at the method without understanding it. According to Björklund et al. (2020), as organizations attempt to include design, they commonly encounter conflicts brought on by differences between the methodologies and approaches of Design Thinking and those of engineers and management. Finally, another major barrier discussed in the literature is the simplification and misunderstanding of the method (Ersoy, 2018; Zurlo, 2019; Björklund et al., 2020; Dunne, 2018a). It is often thought that Design Thinking is linked to tools, that it has no real benefits and methods, reducing the idea of it. This leads to prejudice against Design Thinking.

Even though obstacles are well recognized in the scientific community and countless studies have examined this issue, the same cannot be said about enabling factors. Facilitators are not clearly clustered in the literature - so it could be defined as being in an embryonic stage. In fact, very few studies, mainly from the last two years, are trying to go into this definition, reporting "tentative results" about the discussion of possible facilitators to implementing Design Thinking inside organisations.

2 Research methodology

This study aims to understand how to effectively adopt Design Thinking to achieve better organisational results and performance. Considering that the issue of the benefits of Design Thinking has long been debated in the literature, as well as the different barriers to adoption that companies encounter when they want to adopt it, it was decided to focus on where there is a gap in the literature: the facilitators to be put in place when adopting Design Thinking.

For this reason, an exploratory case study methodology is appropriate (Eisenhardt 1989; Yin, 2009), because it provides answers to the questions "how" and "what." Any time a certain phenomenon is novel and mostly unexplored and there aren't enough theories to establish hypotheses before the examination, an exploratory case study might be used. The exploratory case study technique seems to be the most suitable for this research, given the need to identify enablers (in terms of "how" and "what") that allow the overcoming of barriers to adopting Design Thinking.

2.1 Empirical setting

The analysis was conducted through 10 case studies of large-sized (more than 300 employees) for-profit organisations in different sectors that have been adopting Design Thinking for several years. Organisations in different sectors were chosen to have as broad a view as possible and to understand whether there are any recurrences in the facilitators to be adopted. The ten organisations were chosen by selecting organisations that have stated that they have achieved tangible results (which have also been publicised in various media) thanks to the adoption of Design Thinking. The list of the different organisations, their sector and the year they started adopting Design Thinking can be found in Table 1.

Table 1. List of organisations used as sample, their sectors and year of DT adoption

	Sector	Year of DT adoption			
Organisation 1	Multinational conglomerate corporation	2015			
Organisation 2	Telecommunications	2010			
Organisation 3	Smart energy solutions	2019			
Organisation 4	Finance	2019			
Organisation 5	Electrical appliance	2012			
Organisation 6	Food and beverage	2012			
Organisation 7	IT service management	2018			
Organisation 8	Technological components	2015			
Organisation 9	Insurance	2017			
Organisation 10	Telecommunications	2017			

A series of semistructured interviews were conducted to gain an understanding of the facilitators adopted and the relative benefits found.

2.2 Data collection

The analysis was carried out through semi-structured interviews conducted by two researchers and lasting about one hour per company. Semi-structured interviews are used because they make it possible to get rich data needed for case study research (Edwards & Talbot, 1999; Gillham, 2000). The different interviewees were all people in key roles within the chosen organisations. This was important in order to receive as much data as possible and also to be able to discuss the implications and benefits of the different facilitators adopted. The questions in fact sought to understand (as required by the exploratory analysis) what different facilitators were put in place to enable the adoption of design thinking and how they were put in place through practical actions. All the interviews were recorded and transcribed.

The protocol was structured into three main sections:

- General information: The first section aimed to collect information on the organisation,
 when they started to adopt design thinking and the key figure who suggested its adoption;
- Understanding the different facilitators (what): The second section included questions on what different facilitators were put in place to facilitate the adoption of design thinking;
- Understanding the implementation of the different facilitators (how): The third section was useful to understand how the different facilitators identified to overcome the most common obstacles in companies were deployed (through which actions).

The complete protocol of the semi-structured interviews is provided in Appendix 1.

2.3 Data analysis

All the interviews were recorded and transcribed, allowing the researcher to fully analyze the data (Braun & Clarke, 2006). Moreover, full transcription is essential to start an accurate analysis (Lapadat & Lindsay, 1999). Once transcribed, the data were analysed by MaxQda to have a more structured way to perform the data analysis. MaxQda software supported thematic analysis (Braun & Clarke, 2006) by identifying, analyzing and reporting patterns within data. The analysis was made by two researchers. After a firsthand discussion, the research team invited two external researchers to consolidate the insights and enrich the statistical results with further comments.

3 Results

The various interviews, their coding and the subsequent analysis have allowed to identify four main macro facilitators that need to be put in place when adopting Design Thinking. During the thematic analysis, a second level of coding was also identified. This second level represents the practical actions that companies must put in place to facilitate the adoption of Design Thinking. Below are presented the four macro facilitators (first level of coding) and for each of them the relevant practical actions identified (second level of coding), also represented inside Figure 1.

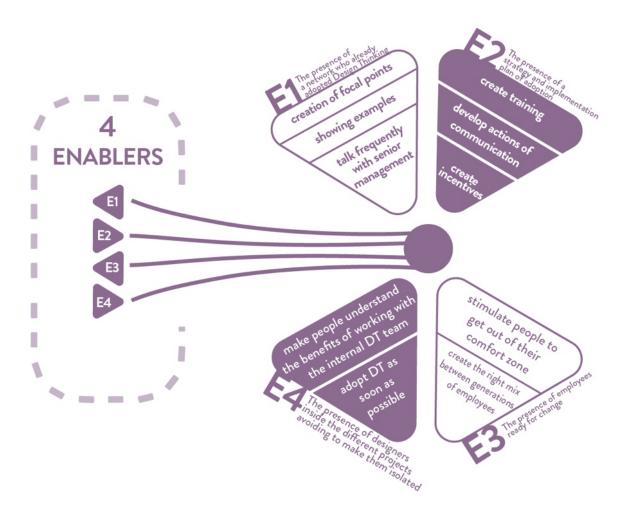


Figure 1. Contribution of this study: Four macro categories of facilitators for Design Thinking adoption identified and related actions to implement.

3.1 Macro category one: the presence of a network who already adopted Design Thinking

The first macro category that emerged is associated with the existence of Design Thinking experts within or outside the organisation supporting the adoption process. Creating a network of people to act as a catalyst and to solve questions on the topic appeared to be a key moment in the various companies interviewed.

The "creation of focal points" (element 1.1) to be always present inside the company appeared as the first significant action to implement. Focal points are represented by individuals who are exceptionally knowledgeable about the topic, hold various positions, and are especially eager to assist those who are unsure or uncertain and encourage the adoption of Design Thinking across the organization. The existence of focal points appears to be significant and crucial in many ways because these individuals serve as a catalyst for the "Design Thinking virus," which allows many of the created prejudices to be overcome.

A second important action to put into practice for the first macro facilitator that emerged is "showing examples" (element 1.2). All of the interviews revealed that there are frequently initial misconceptions regarding the method's applicability and advantages that come from both the management and other

departments of the business. One strategy that was successful in each situation was to provide real-world examples of situations where it is being used. This activity drew people's attention and made the advantages tangible.

The last practical action connected to the first macro category of facilitator is represented by "talk frequently with the company's senior" (element 1.3). Speaking with senior management to demonstrate the advantages and persuade them to embrace more is crucial. Because they stand in for people who oversee finances and can thus provide room for Design Thinking experimentation, this activity proved to be crucial.

3.2 Macro category two: the presence of a strategy and implementation plan of adoption

The second macro category that emerged is connected to the necessity of have a precise plan of actions with effects on different levels that could then involve the company's different stakeholders.

The first important action to be developed is "create training" (element 2.1). It was seen in the various interviews how training was organised in different formats, but all to make the method known and try to put it into practice. There are those who have adopted in-house training with external experts; those who have developed outsourced courses; those who have had employees participate in external initiatives on the subject in order to be able to start discussing it with other professionals.

A second important action to put into practice for the second macro facilitator that emerged is to "develop actions for communication" (element 2.2). Communication is about communicating Design Thinking internally and what is being done externally. It was indeed possible to trace that some organisations organised various communication actions both with printed formats and on the intranet, in order to attract employees. Furthermore, it emerged that communicating externally the actions that were being taken to implement Design Thinking was also useful. In fact, this created moments of discussion on social medias between people inside and outside the company. Faced with this phenomenon, employees began to participate in discussions on social media stimulated by different people's attention on Design Thinking and began to be intrigued by the method and wanted to try it.

The last practical action connected to the second macro category of facilitator is represented by the "creation of incentives" (element 2.3). Incentives do not only refer to cash prizes. Among the different cases it emerged how giving visibility to people because they do something that generates interest, that leads to different results, becomes an enabler to adoption. Moreover, people were happy and proud to be part of projects that received awards. This is because it has often been seen in different companies how Design Thinking-driven projects have led to awards.

3.3 Macro category three: the presence of employees ready for change

The third macro category that emerged affects the realm of the individual employee. One of the major obstacles to the adoption of Design Thinking is employees.

The first action that emerged as most important is to "stimulate people to get out of their comfort zone" (element 3.1). Here, it seems crucial to help employees relate to novel stimuli, which draw them in, pique their curiosity, and let them realize how crucial it is to stay current. It also seemed crucial to educate employees to be ready for the changing dynamics of the market.

A second important action to put into practice for the third macro facilitator that emerged is the importance to "create the right mix between generations of employees" (element 3.2). For some of the respondents, young people have a greater workforce and a big propensity for change, more than those who have already been in the company for several years and work routinely. The mix would allow for both fresh air and for young people to stimulate (and pull) those who are older.

3.4 Macro category four: the presence of designers inside the different projects avoiding to make them isolated

The fourth (and last) macro category that It highlights the importance of having designers actively participate in various projects throughout the organization rather than isolating the Design Thinking team.

The first action that emerged as most important is to put into practice for the fourth macro facilitator that emerged is "adopt design thinking the soon as possible" (element 4.1) to enable the Design Thinking team to participate early in projects and offer new ways of conducting it. In several cases, if employees involve the Design Thinking team in the project from the beginning, they appreciate the benefits, considering the great contribution DT can make in the problem-framing part.

A second important action to take is to "make people understand the benefits of working with the internal Design Thinking team" (element 4.2). This is because it emerged that results in shorter project timelines and a lower risk of information spillovers. It is a simpler and more cost-effective choice than outsourcing where there is also technical time to transfer the information and bring outsiders into the project.

4 Contribution of the study

This study contributes to the understanding of how Design Thinking may be supported in organizations. Design Thinking represents a method for companies to achieve competitive advantage and other benefits discussed in the literature review. However, companies do not really succeed in integrating it. In this study, mapped were macro facilitators and various doable practical actions that might be implemented in the organization to promote the development of Design Thinking. Through the literature review for this study, we learned how businesses are increasingly operating in an unpredictable environment.

In this environment, innovation and performance enhancement are more important than ever for any organization to be competitive. (Gino and Staat, 2015) Among the many factors that could contribute to gaining a competitive advantage, it was observed that Design Thinking can be a legitimate strategy for fostering innovation in businesses and setting them apart from rivals.

Unfortunately, there are many obstacles to the adoption of design thinking.

The four macro-categories of facilitators are fundamental for all cases, but not the different actions mapped in the study. This is a fact that emerges as a further contribution of this study, comparing the different elements (recalling the elements traced in brackets in the results chapter) that emerged in the results, as shown in Table 2.

Table 2. Comparison of the different macro facilitators and related actions obtained from the analysis of interviews.

	The presence of a network who already adopted Design Thinking			The presence of a strategy and implementation plan of adoption			The presence of employees ready for change		The presence of designers inside the different projects avoiding to make them isolated	
	1.1	1.2	1.3	2.1	2.2	2.3	3.1	3.2	4.1	4.2
Organisation 1	Χ	Χ	Χ	Χ	Х		Χ		Х	Х
Organisation 2	Х	Х	Χ	Х	Х		Х		Х	Х
Organisation 3	Х	Х	Χ	Х	Х	Х	Х		Х	Х
Organisation 4	Х	Х		Х	Х		Х	Х		
Organisation 5	Х	Х		Х	Х	Х	Х	Х	Х	
Organisation 6	Χ	Χ			Χ	Χ	Χ		Χ	Χ
Organisation 7	Χ	Χ		Χ	Χ				Х	Χ
Organisation 8	Х	Х	Χ	Χ	Х	Х	Х	Х	Х	
Organisation 9	Х	Х	Х	Х	Х	Х		Х	Х	Х
Organisation 10	Х	Х	Χ	Χ	Х	Х			Х	
	10	10	6	9	10	6	7	4	9	5

It became clear from the different interviews that focal points, the use of examples, training activities, communication actions and the contamination of teams with internal Design Thinking teams appeared to be always valid and required for immediate adoption. So, businesses should be aware of how to use those facilitators right away.

Incentives, the mix of generations, and the presence of employees ready to change, on the other hand, found to be important in the early phases of adoption but should not be taken into account in the later stages.

This study, therefore, stands as a support for those organisations that want to use Design Thinking to transform their organisation and properly develop a process of organisational change.

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Appendix 1: Protocol for semi-structure interviews

Section 1 – General information

- 1. When was the first time you heard about Design Thinking within your organisation?
- 2. How was it introduced?
- 3. What was the enabler / figure / reason why DT was introduced in the company?
- 4. What was your initial idea about the benefits DT could bring to your company? Has it remained the same or has it evolved over time?

Section 2 – Understanding the different facilitators (what)

- 5. What were the main adoption problems you encountered?
- 6. With respect to the problems encountered, what facilitators have you put in place?
- 7. Who decided which facilitators to undertake to counter the Design Thinking adoption barriers encountered?

Section 3 - Understanding the implementation of the different facilitators (how)

- 8. According to the different barriers reported and the related facilitators implemented, can you try to list what actions have been implemented by the management to foster the adoption of DT within the organisation?
- 9. What was the most immediate effect of these enablers on the organisation?
- 10. How were those facilitators practically applied inside the company?