



Urban Sustainability

Ali Cheshmehzangi · Jian Zuo ·
Ayyoob Sharifi · Rongpeng Zhang ·
Abbas Ziafati Bafarasat ·
Jie Zhao *Editors*

Resilient by Design

Urban Systems, Policy, and Community
Engagement

 Springer

Urban Sustainability

Editor-in-Chief

Ali Cheshmehzangi, School of Architecture, Design and Planning, The University of Queensland, Brisbane, QLD, Australia

The Urban Sustainability Book Series is a valuable resource for sustainability and urban-related education and research. It offers an inter-disciplinary platform covering all four areas of practice, policy, education, research, and their nexus. The publications in this series are related to critical areas of sustainability, urban studies, planning, and urban geography.

This book series aims to put together cutting-edge research findings linked to the overarching field of urban sustainability. The scope and nature of the topic are broad and interdisciplinary and bring together various associated disciplines from sustainable development, environmental sciences, urbanism, etc. With many advanced research findings in the field, there is a need to put together various discussions and contributions on specific sustainability fields, covering a good range of topics on sustainable development, sustainable urbanism, and urban sustainability. Despite the broad range of issues, we note the importance of practical and policy-oriented directions, extending the literature and directions and pathways towards achieving urban sustainability.

The series will appeal to urbanists, geographers, planners, engineers, architects, governmental authorities, policymakers, researchers of all levels, and to all of those interested in a wide-ranging overview of urban sustainability and its associated fields. The series includes monographs and edited volumes, covering a range of topics under the urban sustainability topic, which can also be used for teaching materials.

Ali Cheshmehzangi · Jian Zuo · Ayyoob Sharifi ·
Rongpeng Zhang · Abbas Ziafati Bafarasat ·
Jie Zhao
Editors

Resilient by Design

Urban Systems, Policy, and Community
Engagement

Editors

Ali Cheshmehzangi 

School of Architecture, Design
and Planning
University of Queensland
St Lucia, QLD, Australia

Jian Zuo

School of Civil Engineering
and Construction Management, The
University of Adelaide
Adelaide, Australia

Ayyoob Sharifi

The IDEC Institute and Network for
Education and Research on Peace
and Sustainability (NERPS), Hiroshima
University
Hiroshima, Japan

Rongpeng Zhang

School of Architecture and Planning,
Hunan University
Changsha, China

Abbas Ziafati Bafarasat

School of the Built Environment, Oxford
Brookes University
Oxford, UK

Jie Zhao

Stuart Weitzman School of Design
University of Pennsylvania
Philadelphia, USA

P3Global

Dubai, UAE

ISSN 2731-6483

Urban Sustainability

ISBN 978-981-92-2065-6

<https://doi.org/10.1007/978-981-92-2066-3>

ISSN 2731-6491 (electronic)

ISBN 978-981-92-2066-3 (eBook)

© The Editor(s) (if applicable) and The Author(s), under exclusive license to Springer Nature Singapore Pte Ltd. 2026

This work is subject to copyright. All rights are solely and exclusively licensed by the Publisher, whether the whole or part of the material is concerned, specifically the rights of translation, reprinting, reuse of illustrations, recitation, broadcasting, reproduction on microfilms or in any other physical way, and transmission or information storage and retrieval, electronic adaptation, computer software, or by similar or dissimilar methodology now known or hereafter developed.

The use of general descriptive names, registered names, trademarks, service marks, etc. in this publication does not imply, even in the absence of a specific statement, that such names are exempt from the relevant protective laws and regulations and therefore free for general use.

The publisher, the authors and the editors are safe to assume that the advice and information in this book are believed to be true and accurate at the date of publication. Neither the publisher nor the authors or the editors give a warranty, expressed or implied, with respect to the material contained herein or for any errors or omissions that may have been made. The publisher remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

This Springer imprint is published by the registered company Springer Nature Singapore Pte Ltd.

The registered company address is: 152 Beach Road, #21-01/04 Gateway East, Singapore 189721, Singapore

If disposing of this product, please recycle the paper.

*Dedicated to those who endure with courage
in the face of injustice, cruelty, and the
weight of power abused by the war-makers of
our time. Dedicated with a full heart to those
people whose resilience refuses to yield to
fear, intimidation, or the machinery of
conflict.*

Preface

“In nature’s economy the currency is not money, it is life”.

—Vandana Shiva, an Indian scholar, environmental activist, and food sovereignty advocate

Cities have long been sites of human ambition, experimentation, and contradiction. They are spaces where ideas are tested against reality, where visions of progress collide with environmental limits, political priorities, and the complexities of everyday life. However, the circumstances under which cities function have drastically altered in the twenty-first century. A straightforward but unsettling reality has been made clear by climate change, ecological degradation, resource shortages, public health hazards, and growing social inequality: the metropolitan systems we have created are not ready for the century ahead.

For two decades, resilience has been discussed as a desirable attribute of cities. Planners include it in policy frameworks, governments make reference to it in strategic plans, and designers are increasingly framing projects in terms of resilience. Resilience is still not consistently included in urban practice, despite this increased focus. All too frequently, it takes the form of a post-disaster recovery plan, a policy slogan, or a technical checklist rather than a fundamental change in the way cities are planned, governed, and inhabited.

This book starts with a different premise: resilience needs to be viewed as a social, governance, and design challenge all at once. It cannot be boiled down to emergency management procedures or engineering fixes. A city is not made resilient by a flood barrier alone. A climate strategy framed in policy language that hardly ever makes it to the streets of a neighborhood doesn’t either. Resilience emerges only when urban systems, i.e., physical, institutional, and social, are able to adjust, reorganise, and change in reaction to disruption.

Globally, the urgency of this change is evident. Floods that used to happen once every century now happen every ten years. In densely populated areas, heat waves

become more intense. Growing metropolitan areas are at risk from wildfires. Infrastructure systems designed for past climatic conditions struggle to cope with new environmental realities. In the meantime, environmental risk is increasingly intersected by political unrest, migration pressures, and economic shocks, posing challenges that cannot be resolved by a single field.

In this context, it is not appropriate to treat resilience as a purely defensive strategy. After disruption, cities cannot simply "bounce back" to their pre-disruption state. When normalcy has created vulnerability, the notion of going back to normal is problematic in and of itself. Rather, cities must learn, adapt, and change to be resilient. It calls for infrastructures that are flexible, organisations that can anticipate uncertainty, and communities that have the potential to influence their surroundings. Therefore, urban systems, policy frameworks, and community participation are the three interrelated elements through which this book tackles resilience.

Urban systems form the backbone of contemporary cities. As components of broader urban metabolisms, transportation networks, water systems, energy infrastructure, housing, public areas, and biological landscapes all interact. There are repercussions when one component fails. Recognising these interdependencies plays a crucial role in comprehending resilience. In order to design a resilient city, these systems must be strengthened both individually and collectively, making sure that they promote adaptation rather than increase risk.

The evolution of these systems is determined by policy frameworks. The circumstances in which resilience can develop are shaped by planning laws, governance frameworks, institutional cooperation, and long-term urban policies. However, a lot of governance systems are still disjointed, functioning across disparate agencies and brief political cycles. Instead of anticipating crises, policies frequently react to them. Therefore, the task is not just to develop new resilience regulations but also to incorporate resilience thinking into the regular processes used to build and run cities.

The third, and frequently overlooked, pillar of resilience is community engagement. Cities are social ecosystems formed by shared knowledge, customs, and cultural values, not only infrastructures and laws. Communities have a thorough awareness of their own environments, vulnerabilities, and adaptability. Resilience initiatives are constrained when locals are viewed as passive recipients of planning decisions. Cities gain a vital source of innovation, collaboration, and long-term stewardship when they take an active role.

The chapters in this volume draw on multidisciplinary research and practical experience to examine these aspects from a variety of angles. When taken as a whole, they emphasise how critical it is to connect design innovation, policy change, and civic engagement. They look at how communities may play a key role in creating resilient futures, how governance structures can enable adaptive planning, and how resilience can be integrated into urban systems.

Resilient by Design is fundamentally about more than just reacting to danger. It involves reconsidering how cities function in an uncertain period. Urban resilience shouldn't be viewed as a specialised topic only used by disaster managers or climate specialists. It is a fundamental tenet of modern urban development, and it must have an impact on infrastructure, government, planning, design, and daily urban life. The

stakes are really high. Most people on the planet will reside in cities by the middle of the century, where they will be subject to growing social and environmental stresses. Cities' ability to withstand and adapt to these challenges will be shaped by the choices made now about public space, infrastructure, land use, and governance.

Resilience, therefore, is not merely about protecting cities. It is about redesigning them to endure, adapt, and flourish in a rapidly changing world.

Brisbane, Australia
Adelaide, Australia
Hiroshima, Japan
Changsha, China
Oxford, UK
Philadelphia, USA

Ali Cheshmehzangi
Jian Zuo
Ayyoob Sharifi
Rongpeng Zhang
Abbas Ziafati Bafarasat
Jie Zhao

Acknowledgements

We gratefully acknowledge the collective contributions that have shaped this book—the third volume of our work on ‘design innovations and resilience’. We extend our sincere appreciation to all authors, co-authors, chapter contributors, and collaborators whose expertise, commitment, and creativity have advanced the discourse on climate-resilient cities and built environments. We also recognise the strong foundation laid by our earlier collaborative work and the dedication and shared vision of contributors who continue to inspire this evolving field. Such partnerships cultivate meaningful dialogue, expand global networks, and strengthen a dynamic platform for research exchange and innovation in resilient design.

About This Book

In the face of increasing climate disruption, this book provides a design-centered investigation of how cities might adapt, recover, and prosper. It positions resilience not as a technical add-on, but as a fundamentally social, ecological, and spatial practice that must be embedded across scales, from materials and buildings to neighbourhoods, infrastructures, and urban systems.

The chapters show how climatic threats including heat, flooding, water scarcity, and catastrophic shocks are changing our conception of urban space in a variety of worldwide situations. The contributions demonstrate how nature-based solutions, water-sensitive planning, circular construction, and regenerative urbanism are now inextricably linked to resilient design. They also show how new technologies like geographic simulation, XR environments, and digital twins are increasing the designer's ability to foresee unpredictability and test flexible solutions before putting them into practice.

The main issue addressed is evident: urban development practice still has difficulty converting resilience concepts into spatial, material, and community-grounded design activity, even in the face of increased awareness of climate risk. In response, this book compiles experimental techniques, conceptual developments, and empirical research that show how resilience may be operationalized in actual projects and locations. It focuses on transferable tactics that can influence professional practice, education, and policy, such as regenerative neighbourhood models, nature-based drainage, climate-responsive public spaces, and circular recovery.

Resilient by Design ultimately argues that the future of cities depends on realigning ecological systems, technological innovation, and social inclusion through design thinking. It provides an interdisciplinary knowledge base and a forward-looking agenda for shaping climate-ready urban environments. The book is intended for researchers, urban designers, architects, planners, landscape architects, and policymakers engaged in climate-resilient and sustainable urban development.

Contents

Resilience by Design: Reimagining Urban Systems in an Age of Climate Uncertainty	1
Ali Cheshmehzangi, Jian Zuo, Ayyoob Sharifi, Rongpeng Zhang, Abbas Ziafati Bafarasat, and Jie Zhao	
Rethinking Urban Resilience: Theory, Principles, and Design Paradigms—New Theories and Frameworks for Resilience	
The End of Urban Design as we Know it: Residuality Theory and the Antifragile Future	11
Fanni Melles and Ben Vass	
Planning for Climate Uncertainty: Rethinking Principles and Practices in Resilient Design	25
Daniele Menichini	
How Climate Affects the City, How the City Affects Climate: Designing Scales of Architectural Intervention for Resilient Living	37
Pilar M. Guerrieri, Antony Moulis, and Silvia Micheli	
Teaching Urban Futures in the Gulf: Climate-Resilient Design Proposals for Public Space in Dubai	53
Simona Azzali	
Community, Recovery, and Everyday Resilience: Social Resilience, Informal Adaptation, and Post-Disaster Transformation	
Building Back Circular: Post-disaster Recovery for Climate Resilience Innovation	71
Lina A. Khaddour and Ismail Elhassnaoui	
Housing Resilience Policy in the Face of Climate Change: The Role of Informal Initiatives	95
Sara Alidoust and Melanie Lowe	

Interstitial Spaces as Heat-Resilience Buffers: Indoor–Outdoor Thermal Assessment in Kolkata’s High-Density Low-Income Settlements	107
Ritam Mitra, Amit Bhattacharya, and Saurabh Kishore Ojha	
Building Resilience in the City: Nature, Memory and Community in the Face of Climate Change	125
Rafael Córdoba Hernández, Antonio del Amo Sanfiz, Ángela Matesanz Parellada, Sergio Arjona Lynn, Ricardo Del Razo Carrillo, and Jacobo Guardiola Lohmüller	
Designing the Resilient City: Lessons, Pathways, and Future Directions	145
Ali Cheshmehzangi, Jian Zuo, Ayyoob Sharifi, Rongpeng Zhang, Abbas Ziafati Bafarasat, and Jie Zhao	
Index	155

Editors and Contributors

About the Editors

Ali Cheshmehzangi is a Professor and Head of the School of Architecture, Design and Planning (ADP) at The University of Queensland. He has been in the World's top 2% field leader since 2021, recognised by Stanford University. He is among the top 20 global scholars in the urban sustainability research area. With a career spanning over two decades, he has made significant contributions to the academic and professional communities, with a focus on sustainable and environmentally conscious design. So far, Ali has published over 650 journal papers, articles, conference papers, book chapters, and reports. He also has 67 other academic books, some of which have received awards at the national, provincial, and municipal levels. He also received international awards and recognition for his research on urban resilience studies and sustainability research, as well as a Vice-Chancellor's award for his impactful contribution to higher education.

Jian Zuo is a Professor in Sustainable Construction at the School of Civil Engineering and Construction Management at Adelaide University. His main research interests are related to the sustainable built environment via both technical and managerial means. In particular, he has undertaken extensive research in construction and demolition waste recycling and management. As the lead researcher, he has been involved in a series of competitive grants in Australia such as Discovery Projects and Linkage Projects funded by the Australian Research Council as well as many other national key projects. He has long been engaged in the study of ecological towns, green buildings, and sustainable development of the construction industry. He has published more than 100 papers in top journals, including more than 80 journal papers indexed by SCI and SSCI.

Ayyoob Sharifi is a Professor at the IDEC Institute, Hiroshima University. He also is a core member of the Network for Education and Research on Peace and Sustainability (NERPS). His research is mainly focused on urban sustainability, resilience,

and climate change mitigation and adaptation. He has published extensively on these topics and is ranked among the world's top 1000 influential authors in all fields according to Stanford/Elsevier's Top 2% Scientist Rankings in 2024. Additionally, he received Clarivate's Highly Cited Researcher Award in 2024. Ayyoob actively contributes to global change research programs such as the Future Earth and has served as a lead author for the Sixth Assessment Report (AR6) of the Intergovernmental Panel on Climate Change (IPCC). The goal of his education and research activities is to inform actions toward building sustainable and peaceful communities.

Rongpeng Zhang is a Full Professor and dedicated PhD Supervisor at the School of Architecture and Planning, Hunan University. His primary research pursuits encompass building performance modeling and simulation for intelligent buildings, alongside advanced built environment control for healthy buildings. He was a primary developer of several pivotal modules within the DOE-endorsed Energy-Plus building simulation engine, including VRF-HR, fault detection, and demand response modules. He was a primary developer of Commercial Building Energy Saver (CBES) platform, which obtained the 2019 R&D 100 Award as one of the 100 most significant new technologies in the world. Before joining Hunan University, he led the building science team and conducted a series of research on human-centric built environment control at Well Living Lab, which obtained the 2018 Edison Award. He also served as an assistant professor at Mayo Clinic, and a postdoctoral fellow in the Building Technology and Urban Systems Division at Lawrence Berkeley National Laboratory. He received his doctorate in Building Performance and Diagnostics from School of Architecture, Carnegie Mellon University and his B.S. and M.S. degrees in Built Environment and Facilities Engineering at Tongji University.

Abbas Ziafati Bafarasat is a Chartered Town Planner (MRTPI), Fellow of the Higher Education Academy (FHEA), and Senior Lecturer in Town Planning, School of the Built Environment, Oxford Brookes University, where he also leads the Certificate in Spatial Planning Studies. Abbas undertook his PhD in Planning and Landscape at the University of Manchester, and his Post Doc at Technical University of Dortmund. His research interests involve healthy places, strategic planning, and education for sustainable development, with over 40 of his research outputs published in leading scientific platforms, mostly setting new directions (e.g., SIY Urbanism, Strategic Urban Design) and exploring novel horizons (e.g., bottom-up agenda setting) for addressing complex socio-environmental problems.

Jie Zhao is a lecturer of architecture in the Weitzman School of Design at the University of Pennsylvania, and President of P3Global, a Dubai-based sustainability, health and smart building advisory firm. He served as Head of Delos Labs and an Executive Vice President at Delos. His research focuses on Human-building Interactions, including healthy buildings, total building performance, occupant behavior in buildings, sensing and controls in buildings, health, comfort, and productivity of building occupants, as well as building energy efficiency and sustainability. He has published 20+ academic articles and serves as reviewers for 10+ top tier academic journals

and conferences in the building science field. He frequently contributes to public media as a subject matter expert in healthy buildings, such as *Wall Street Journal*, *CBS News*, *Forbes* and *Money*. Jie received his PhD in Building Performance and Diagnostics from Carnegie Mellon University and Master's and Bachelor's degrees from Tongji University.

All six editors have previously co-edited and published two books together on '*Designing Healthy Cities*' and '*Designing Healthy Buildings and Communities*'.

Contributors

Sergio Arjona Lynn Community Support Office, Universidad Nacional Autónoma de Mexico, Mexico City, Mexico

Sara Alidoust School of Architecture, Design and Planning, The University of Queensland, Brisbane, Australia

Simona Azzali Department of Architecture, School of Architecture and Interior Design, Canadian University Dubai, Dubai, UAE

Abbas Ziafati Bafarasat School of the Built Environment, Oxford Brookes University, Oxford, UK

Amit Bhattacharya Resilience Planning Expert, International Society of City and Regional Planners, Jadavpur University, Kolkata, India

Ali Cheshmehzangi School of Architecture, Design and Planning (ADP), The University of Queensland, Brisbane, Australia;
School of Architecture and Planning, Hunan University, Changsha, China

Rafael Córdoba Hernández Department of Urban Planning and Land Management, Universidad Politécnica de Madrid, Madrid, Spain

Antonio del Amo Sanfiz Community Support Office, Universidad Nacional Autónoma de Mexico, Mexico City, Mexico

Ricardo Del Razo Carrillo Community Support Office, Universidad Nacional Autónoma de Mexico, Mexico City, Mexico

Ismail Elhassnaoui Research and Policy Department, Water Witness International, Edinburgh, UK

Jacobo Guardiola Lohmüller Department of Urban Planning and Land Management, Universidad Politécnica de Madrid, Madrid, Spain

Pilar M. Guerrieri RTDA, DASTU, Politecnico Di Milano, Milan, Italy

Lina A. Khaddour School of Computing, Engineering and the Built Environment, Edinburgh Napier University, Edinburgh, UK

Melanie Lowe Centre for Urban Research, RMIT University, Melbourne, Australia

Ángela Matesanz Parellada Department of Urban Planning and Land Management, Universidad Politécnica de Madrid, Madrid, Spain

Fanni Melles Faculty of Engineering and Information Technology, University of Melbourne, Melbourne, VIC, Australia

Daniele Menichini Milan, Italy

Silvia Micheli School of Architecture, Design and Planning, The University of Queensland, Brisbane, QLD, Australia

Ritam Mitra Energy Efficiency Building Cell, West Bengal State Designated Agency, Bureau of Energy Efficiency, Kolkata, India

Antony Moulis School of Architecture, Design and Planning, The University of Queensland, Brisbane, QLD, Australia

Saurabh Kishore Ojha School of Planning and Architecture, Bhopal, India; Department of Architecture and Planning, Indian Institute of Technology, Roorkee, India

Ayyoob Sharifi School of Architecture, Design and Planning (ADP), The University of Queensland, Brisbane, Australia; The IDEC Institute and Network for Education and Research on Peace and Sustainability (NERPS), Hiroshima University, Hiroshima, Japan

Ben Vass Faculty of Engineering and Information Technology, University of Melbourne, Melbourne, VIC, Australia; ApexAI, Melbourne, VIC, Australia

Rongpeng Zhang School of Architecture and Planning, Hunan University, Changsha, China

Jie Zhao The Weitzman School of Design, The University of Pennsylvania, Philadelphia, USA; P3Global, Dubai, UAE

Jian Zuo School of Civil Engineering and Construction Management, Adelaide University, Adelaide, Australia

Resilience by Design: Reimagining Urban Systems in an Age of Climate Uncertainty



Ali Cheshmehzangi, Jian Zuo, Ayyoob Sharifi, Rongpeng Zhang,
Abbas Ziafati Bafarasat, and Jie Zhao

1 The Age of Climate Uncertainty and the Rise of Design-Led Resilience

Cities are increasingly at the centre of the world's climate crisis. Urban places are both extremely vulnerable to the effects of climate change and crucial locations for climate action because they contain populations, infrastructure, economic activity, and governance systems. Extreme heat, flooding, water scarcity, environmental degradation, and growing socioeconomic inequality are just a few of the urban threats that have been made worse by the quickening speed of climate change. The limitations of traditional urban planning and design methods, which were primarily created under the presumptions of environmental stability and predictable growth, are revealed

A. Cheshmehzangi · A. Sharifi

School of Architecture, Design and Planning (ADP), The University of Queensland, Brisbane, Australia

J. Zuo

School of Civil Engineering and Construction Management, Adelaide University, Adelaide, Australia

A. Sharifi

The IDEC Institute and Network for Education and Research on Peace and Sustainability (NERPS), Hiroshima University, Hiroshima, Japan

A. Cheshmehzangi (✉) · R. Zhang

School of Architecture and Planning, Hunan University, Changsha, China

e-mail: A.Chesh@uq.edu.au

A. Ziafati Bafarasat

School of the Built Environment, Oxford Brookes University, Oxford, UK

J. Zhao

The Weitzman School of Design, The University of Pennsylvania, Philadelphia, USA

P3Global, Dubai, UAE

by these challenges. The climate reality of today is fundamentally different: the circumstances in which cities must function are increasingly shaped by uncertainty, volatility, and cascading dangers.

The degree to which urban systems are already feeling the effects of global warming is highlighted by recent climate assessments. While more frequent and intense rainfall events are putting strain on drainage infrastructure and flood management systems, rising temperatures are exacerbating the consequences of urban heat islands. While many inland towns deal with protracted droughts and water stress, coastal cities face storm surges and rising sea levels [4]. The most vulnerable neighbourhoods frequently suffer the worst effects of climate disruption because these environmental issues interact with already-existing urban disparities. Climate exposure and socio-spatial vulnerability can be increased by informal settlements, aging infrastructure, and restricted access to green space or cooling services.

Conventional planning frameworks have struggled to respond effectively to these emerging conditions. Static regulatory mechanisms, long-term forecasting models, and strict zoning structures that presume comparatively steady environmental circumstances are still used in many planning systems. However, there is a great deal of uncertainty brought about by climate change: future risks are not always foreseeable, and their effects can differ at various urban system scales. Urban resilience, which emphasises the ability of cities to foresee, absorb, adapt to, and recover from shocks and stresses, has consequently become a more prominent concept for planning and design [5]. However, resilience is more than just an infrastructural or engineering problem. The complexity of urban systems necessitates more comprehensive strategies that incorporate spatial design, governance mechanisms, and community involvement, even though strong infrastructure is still crucial.

One critical approach to deal with these issues is through design-led resilience. Architecture and urban design function at the nexus of social life, physical space, and environmental processes. Through spatial planning, landscape design, building strategies, and infrastructure integration, design disciplines can translate resilience principles into tangible urban interventions. To better adapt to climate unpredictability and uncertainty, design-led initiatives shift from reactive adaption strategies to proactive transformation, transforming urban form. Regenerative urban landscapes, climate-responsive architecture, water-sensitive urban design, and nature-based solutions are becoming more widely acknowledged as crucial elements of resilient city-making [1].

Crucially, design-led resilience emphasises how local knowledge and communities shape adaptable urban landscapes. In addition to safeguarding infrastructure, urban resilience also aims to improve collective capacity, fortify social networks, and give communities a voice in determining their own urban destinies. This more comprehensive view acknowledges cities as dynamic socio-ecological systems where community engagement, governance institutions, spatial design, and environmental processes interact to create resilience [3].

This book places itself in the context of this developing conversation. *Resilient by Design: Urban Systems, Policy, and Community Engagement*, the second book in a three-volume series on resilience and climate-responsive urbanism, focuses on the

function of design as the practical link between resilience theory and urban transformation. This volume focuses on how design thinking transforms resilience principles into spatial practices, architectural tactics, and community-based interventions, whereas the first volume focuses more on the intellectual and policy underpinnings of climate-resilient urban development. The book shows how cities may transition from resilience as an abstract idea to resilience as an active framework for creating more inclusive, adaptable, and climate-responsive urban futures by connecting theoretical insights with applied design approaches.

2 From Theory to Everyday Adaptation: The Two Pillars of this Volume

Following our first volume [2], this book follows up the earlier discussions on design innovations for climate-resilient cities and built environments—but this time, from a different perspective. This volume’s chapters are arranged around two complementary viewpoints that collectively shape the developing conversation about urban resilience. Although resilience is frequently considered as a general policy goal or technical prerequisite, its actual application necessitates a deeper comprehension of both conceptual frameworks and lived realities. The book is organised around two thematic pillars as a result. While the second focuses on how resilience is implemented in daily urban life through community action, recovery processes, and local adaptation techniques, the first tackles emerging ideas and design paradigms that challenge traditional thinking about resilience. When taken as a whole, these viewpoints show that resilience needs to be viewed as both a theoretical concept and a useful procedure.

Part I, *Rethinking Urban Resilience: Theory, Principles, and Design Paradigms*, examines the conceptual changes needed to deal with the intricate uncertainties forming modern urban environments. Traditional design and planning paradigms that depend on stability and control are becoming increasingly inadequate as climate threats increase and environmental circumstances grow less predictable. Therefore, the chapters in this section explore alternate perspectives on resilience that recognise complexity, change, and uncertainty as distinguishing features of contemporary urban systems.

By presenting fresh theoretical perspectives on urban resilience, the opening contributions question long-standing design paradigms. Rethinking how cities react to stress is encouraged by ideas like residuality and antifragility, which contend that urban systems should not only withstand disturbance but also adapt, alter, and possibly even gain from it. These strategies place more focus on adaptability, learning, and change than on creating cities that will not change under duress. This section’s other chapters examine the mechanisms that adaptive principles function across various spatial and temporal dimensions might be used to include resilience

into planning and design techniques. Urban systems, landscape tactics, and architectural interventions are analysed as interrelated elements of climate-responsive environments.

The importance of design education in creating resilient urban futures is another aspect covered in this section. New pedagogical techniques that incorporate environmental awareness, interdisciplinary collaboration, and experimental design thinking are necessary to prepare future architects, planners, and designers to deal with climate uncertainty. For instance, the case study of design education in Dubai shows how educational settings can act as testing grounds for novel concepts and equip students to interact with the climate realities of quickly urbanising areas. When combined, the chapters in Part I provide a conceptual framework for seeing resilience as a dynamic design issue as opposed to a set technical answer.

In Part II, *Community, Recovery, and Everyday Resilience*, the emphasis is shifted from theoretical frameworks to the actual experiences of resilience in urban areas. Resilience is ultimately demonstrated by the everyday routines, adjustments, and group activities of those residing in vulnerable surroundings, even though planning tactics and design principles are crucial. Therefore, the chapters in this section look at how communities, spatial settings, and local governance systems interact to create resilience.

In addition to examining how reconstruction efforts might become chances for innovation rather than just attempts to restore pre-disaster conditions, other articles look into post-disaster recovery processes. For example, circular methods to rebuilding show how recovery efforts can incorporate community involvement, local materials, and resource efficiency. The modifications made by occupants of informal dwellings and how they create their own resilience methods in response to environmental stresses are covered in other chapters. These unofficial methods frequently highlight creative and flexible approaches that are missed in official planning frameworks.

Urban open spaces also play an important role in everyday resilience. The analysis of interstitial spaces in densely populated areas shows how small-scale spatial changes can support social interaction, environmental comfort, and heat reduction. The importance of cultural memory, collective identity, and community involvement in fostering long-term resilience is also emphasised in a number of chapters. These social aspects serve as a reminder that resilience is a cultural and social process that is ingrained in how communities perceive and react to change, rather than simply an infrastructure result.

The two sections of this volume together show that grounded practice and conceptual innovation are necessary for sustainable urban futures. While community-based experiences show how resilience manifests in daily life, theoretical investigation offers the means to rethink urban structures. By combining these viewpoints, the book shows how policy frameworks, design thinking, and the lived reality of urban communities interact continuously to create meaningful urban resilience.

3 Aims and Objectives of the Book

This volume's main goal is to show how design thinking can convert the general conversation about urban resilience into practical solutions for cities facing climate uncertainty. Although the notion of resilience has gained widespread acceptance in planning, policy, and environmental governance, its actual application is frequently still dispersed or abstract. Therefore, design, including architecture, urban design, planning, and landscape strategies, is positioned in this book as a crucial mechanism that enables resilience to transition from theoretical discourse to concrete urban transformation.

The volume pursues three main goals to accomplish this goal. It first promotes talks about resilient urban systems from a theoretical and methodological standpoint. The chapters examine innovative frameworks that question established methods of urban planning and design and promote fresh perspectives on systemic change, adaptability, and unpredictability. The book adds to current discussions on how cities may better prepare for uncertain environmental futures by looking at ideas like antifragility, adaptive design principles, and climate-responsive architectural techniques.

Second, a variety of design solutions that tackle climate issues at various sizes are documented in the book. These solutions range from more comprehensive urban and regulatory frameworks to architectural interventions and landscape design techniques. The chapters demonstrate how resilience concepts can be applied to spatial activities that transform urban environments through a variety of case studies and design investigations.

Third, the book emphasises how crucial local knowledge, social networks, and communities are to creating adaptable urban futures. In addition to policies and infrastructure, daily routines, cultural memory, and group efforts also contribute to resilience. The book highlights the need for inclusive and participatory approaches to resilience by emphasising these social factors.

By providing insights into how urban systems might develop toward more flexible, responsive, and sustainable futures, these goals together seek to close the gap between resilience discourse and design implementation.

4 Toward a Design Culture of Urban Resilience

This volume's debates lead to a crucial conclusion: single design interventions or isolated technical fixes do not create resilient cities. Instead, resilience is the result of ongoing interactions between community involvement, governance structures, environmental processes, and spatial design. Resilience needs to become an ingrained culture of planning, design, and teamwork in a time of climate unpredictability, rather than a reactive approach to crisis management. Cities must be designed to cope with change, uncertainty, and transformation rather than just being shielded from disruption.

Developing such a culture of resilience requires a shift in how urban challenges are understood and addressed. The intricate and interrelated problems that modern cities face cannot be solved by infrastructure alone. Rather, resilience needs to be incorporated into routine planning procedures, architectural design, and urban governance frameworks. In this shift, design disciplines are essential. Design becomes a tool for incorporating resilience concepts into lived urban environments through the construction of buildings, landscapes, public areas, and infrastructure networks. By developing areas that can absorb stress, adjust to changing conditions, and promote community wellness, it enables cities to both foresee and respond to climate hazards.

Resilience must also be seen as a social and cultural process. Communities' collective memory, adaptability, and local knowledge frequently dictate how well cities react to environmental change. Therefore, creating urban systems that are inclusive, socially responsive, and technically sound is a problem. How can design processes better engage with local knowledge and community practices? How can planning frameworks support experimentation, learning, and adaptation rather than rigid control? And how can urban environments be designed to remain flexible in the face of uncertain climatic futures?

These issues are examined from a variety of angles and situations in the ensuing chapters. From theoretical investigations of new design paradigms to real-world examples of community-led adaptation and post-disaster transformation, they together provide insights into how resilience can be conceived, constructed, and implemented across various urban environments. These contributions show that resilience is more than just bouncing back from shocks or getting things back to how they were. Rather, it entails developing urban systems that can adapt, modify, and adapt to continuous social and environmental change.

In this way, reconsidering how cities, nature, and society interact is another aspect of the quest for urban resilience. The demand for integrated, adaptable, and forward-thinking approaches to urban planning is growing as climatic constraints worsen. These chapters showcase how design-led thinking can help create cities that are not only robust in the face of uncertainty but also capable of supporting more sustainable, equitable, and adaptable urban futures. In sum, the chapters in this volume contribute to this broader conversation.

References

1. Ahern J (2011) From fail-safe to safe-to-fail: sustainability and resilience in the new urban world. *Landsc Urban Plan* 100(4):341–343
2. Cheshmehzangi A, Zuo J, Sharifi A, Zhang R, Ziafati Bafarasat A, Zhao J (eds) (2026) *Design innovations for climate-resilient cities and built environments: architectural and technological solutions*. Springer, Singapore
3. Folke C, Carpenter SR, Walker B, Scheffer M, Chapin T, Rockström J (2010) Resilience thinking: integrating resilience, adaptability and transformability. *Ecol Soc* 15(4)
4. IPCC. (2022). *Climate change 2022: impacts, adaptation and vulnerability*. Cambridge: Cambridge University Press. Available online from: <https://www.ipcc.ch/report/ar6/wg2/>

5. Meerow S, Newell JP, Stults M (2016) Defining urban resilience: a review. *Landsc Urban Plan* 147:38–49
6. UN-Habitat (2020) World cities report 2020: the value of sustainable urbanization. United Nations Human Settlements Programme. Available online from: <https://unhabitat.org/world-cities-report-2020-the-value-of-sustainable-urbanization>

How Climate Affects the City, How the City Affects Climate: Designing Scales of Architectural Intervention for Resilient Living



Pilar M. Guerrieri, Antony Moulis, and Silvia Micheli

1 Introduction

Contemporary cities are at the frontline of climate change, exposed to hazards that simultaneously stress their physical infrastructures and social systems. Among the most urgent challenges is the increasing loss of control over urban water. Irregular rainfall, coupled with soil sealing and insufficient drainage networks, transforms what should be a vital resource into a disruptive force: rivers overflow, streets flood and sewers back up [6], undermining mobility and citizen's quality of life.

At the same time, cities are grappling with extreme temperature fluctuations. Prolonged and hotter summers, sudden thermal shifts and the intensification of the Urban Heat Island effect render dense metropolitan areas several degrees warmer than their hinterlands. This accelerates energy demand for cooling and exposes vulnerable groups—particularly the elderly over 75 and women [14]—to heightened health risks.

Overlaying these crises is the persistent production of greenhouse gas emissions [12]. Urban form and function—shaped by car dependency, inefficient building envelopes and sprawling land use—embed emission-intensive lifestyles into daily life. In this sense, cities are both major contributors to and principal victims of environmental degradation.

I would only like to thank Prof. Fabio Mosca, Rector's Delegate for Urban Health, Università Degli Studi di Milano, who helped conceptualise the work.

P. M. Guerrieri (✉)
RTDA, DASTU, Politecnico Di Milano, Milan, Italy
e-mail: pilar.guerrieri@polimi.it

A. Moulis · S. Micheli
School of Architecture, Design and Planning, The University of Queensland, Brisbane, QLD, Australia

These three interrelated dimensions—water out of balance, thermal extremes and emissions—cannot be addressed in isolation. They demand integrated, designed strategies that link spatial, infrastructural and policy responses to long-term resilience.

In this context, applied design becomes essential. Unlike speculative visions or narrowly technical fixes, applied design refers to the translation of spatial, material and environmental strategies into tangible interventions that work with real-world ecological, technological and social constraints. Yet, despite this central role, design is often backgrounded in climate discourse, overshadowed by policy frameworks, engineering solutions or data-driven modelling. Architecture, in particular, is frequently treated as a passive container for climate action rather than as an active agent capable of reshaping how cities adapt, regenerate and evolve.

We argue that this is a fundamental oversight. Design does not merely accommodate resilience; it can actively generate it. Through choices of form, material and system, design can shape energy flows, water cycles, thermal comfort and even the affective bonds people form with their environments. For this reason, architecture must move from the periphery to the centre of climate transformation—not just as an instrument of policy, but as a field of invention and cultural meaning.

Making design visible means recognising that building envelopes, public spaces, mobility infrastructures and ecological buffers are not neutral. They either aggravate or mitigate climate risks. When critically and inclusively applied, design transforms buildings into micro-climatic systems, streets into absorptive infrastructures and neighbourhoods into adaptive ecosystems. It is through such applied design that cities can learn to co-evolve with climate, rather than struggle against it.

2 Literature Review and Methodology

The relationship between climate and the built environment has been a subject of architectural and urban discourse for more than half a century, yet the existing literature has oscillated between ecological determinism, technological optimism and the rediscovery of vernacular wisdom. The origins of climate-conscious design are often traced to Ian McHarg's *Design with Nature* [21], a seminal work that positioned ecological processes as fundamental determinants of spatial planning. McHarg's advocacy for aligning urban growth with natural systems was groundbreaking, setting the stage for ecological urbanism and resilience discourses. However, his approach was largely deterministic: nature was to be obeyed, while architecture itself remained backgrounded, treated as a passive consequence rather than an active agent of climatic mediation.

A radically different perspective had already been proposed by Bernard Rudofsky's *Architecture Without Architects* [29], which foregrounded vernacular traditions as repositories of climatic wisdom. Vernacular buildings—from shaded courtyards to compact settlements—exemplified how societies had historically

adapted to climate using knowledge embedded in culture, craft and social organisation. For Rudofsky, climate was not a problem to be solved but a condition negotiated through collective intelligence. However, his contribution was often dismissed as nostalgic, valuable as documentation but marginalised in the mainstream modernist discourse.

More recently, the field has been enriched by the work of Sasha Roesler at the Accademia di Architettura di Mendrisio. In *Coping with Urban Climates: Comparative Perspectives on Architectural and Thermal Governance* [26] and *City Climate and Architecture* [27], Roesler reframes climate not merely as an external condition but as a medium through which architecture acquires agency. His notion of “designing with climate” insists that atmospheric conditions, flows of air and cultural imaginaries of climate must be treated as integral components of design. Roesler’s approach expands the legacy of Rudofsky by connecting vernacular strategies to contemporary theory. His contribution is particularly relevant because it recognises climate as both environmental and cultural and architecture as an epistemic practice that mediates between them. In this sense, Roesler provides a contemporary anchor for repositioning architecture as an active driver of climatic transformation, bridging the divide between ecological planning, technological innovation and cultural experience.

Parallel to these disciplinary contributions, broader discourses of ecological urbanism and resilience have sought to institutionalise climate adaptation at the urban scale. Newman et al.’s *Resilient Cities: Responding to Peak Oil and Climate Change* [22] linked adaptation strategies to policy and governance, whereas more recent studies such as Oke et al.’s *Urban Climates* [23] or Rosenzweig et al.’s *Climate Change and Cities* [28] consolidated scientific knowledge on urban atmospheric systems. Sharifi and Yamagata, *Resilient Urban Form: A Conceptual Framework* [30], compiled global case studies on resilience planning, while Ziervogel and Burch, *Supporting Transformative Climate Adaptation: Community-Level Capacity Building and Knowledge Co-creation in South Africa* [35], analysed the governance dimensions of adaptive transitions. These works highlight the urgency of climate adaptation but often background the specificity of design. Architecture, when mentioned, is treated as infrastructure or a technical system rather than as a practice that generates knowledge, transition and potential solution.

This chapter positions itself within this gap. While ecological planners have provided macro-level frameworks and engineers have developed performance-driven solutions, the integrative role of design has been less explored. Our contribution is innovative in two respects: first, it reclaims design as a proactive instrument of climate adaptation, moving beyond deterministic, nostalgic or purely technological approaches; second, it embeds equity and cultural adaptability within the framework, acknowledging that climate resilience cannot be reduced to performance metrics alone. In this sense, our approach synthesises McHarg’s ecological vision, Rudofsky’s vernacular intelligence and Roesler’s atmospheric epistemology into a coherent, multi-scalar methodology.

Our methodology is structured around a multi-scalar framework that operates at three levels: the building, the neighbourhood and the city-wide ecological system. This structure, inspired by systems thinking such as Christopher Alexander’s A

Pattern Language [2], is adapted here to address the specific challenges of climate resilience through architecture.

At the building scale, we analyse design strategies such as passive cooling, thermal insulation and water reuse cycles, considering buildings as micro-climatic devices. At the neighbourhood scale, we examine collective infrastructures: shading systems, permeable pavements and decentralised stormwater management that enhance thermal comfort and hydrological balance. At the city-wide scale, we focus on biodiversity corridors, watershed planning and permeability networks that reconnect urban systems with their ecological substratum. Within this framework, particular emphasis is placed on micro-interventions, as they represent the most replicable, contextually adaptable and economically sustainable strategies for embedding resilience into everyday architectural practice.

The methodology combines qualitative and quantitative methods. Literature review and precedent analysis establish the theoretical foundation, while comparative case studies provide empirical grounding. Each case is evaluated not only through environmental indicators—energy efficiency, emission reduction, water absorption—but also through social criteria: cultural resonance and accessibility. This dual approach reflects the conviction that resilience is as much cultural and political as it is ecological.

Our framework is articulated in three categories: Stopping the problem (mitigating emissions, adopting renewable materials, and designing passive systems); dealing with the consequences (adapting to floods and heatwaves, decentralised infrastructures, flexible typologies); and reversing and co-evolving (designing with natural processes, regenerating biodiversity, enabling cohabitation with climate). Each category is tested across scales, ensuring systemic coherence.

In doing so, we align with Roesler’s proposition of “designing with climate”: treating air, atmosphere and environmental conditions not as background but as material for design. Ultimately, our methodology seeks to demonstrate that climate-resilient architecture is not only about mitigating risks but about enabling new forms of design. By bridging theory and application, metrics and meaning, we reposition architecture as an active agent in shaping how cities adapt to and co-evolve with climate change.

3 Multi-scalar Framework for Climate Resilient Architecture

This chapter advances a framework that situates architecture at the centre of climate resilience by combining a multi-scalar lens with three categories of intervention. Operating across the micro-scale of buildings, the meso-scale of neighbourhoods and the macro-scale of urban-ecological systems, the framework addresses three pressing urban challenges: flooding, overheating and greenhouse gas emissions.

At each scale, architecture is not a passive backdrop but an active agent. Building envelopes can integrate thermally insulated façades, passive cooling and circular water cycles; neighbourhoods can deploy permeable surfaces, public shading and decentralised stormwater systems; cities can embed watershed-based planning, biodiversity corridors and green infrastructures that restore ecological continuity. Within this perspective, the micro-scale emerges as particularly relevant: it is more replicable, more readily implementable, and yet remains a relatively underexplored gap in the literature.

These interventions unfold through three complementary modes:

1. Stopping the Problem—by reducing emissions through passive systems, renewable materials and design strategies that enhance urban permeability.
2. Addressing the Consequences—by adapting to climate shocks such as floods and heatwaves through flexible typologies, natural cooling and resilient infrastructures.
3. Reversing and Co-evolving—by designing with, rather than against, natural processes, supporting regenerative ecologies, biodiversity and long-term adaptive cycles.

Taken together, these interlinked dimensions define an applied design approach capable of moving climate adaptation from aspiration to real transformation. The framework we propose is therefore both rigorous and flexible: grounded in evidence, tested in application but most importantly guided by design.

4 Designing for Flood Resilience

Applied design approaches that address flood resilience underscore the importance of clearly defining the design problem and allied intentions. Designers operate by framing the context and interpreting how water behaves as it interacts with both natural environments and built forms in urban settings. In this process, scale becomes a critical consideration. Water exerts influence across multiple levels—from the broad territorial impacts of sea-level rise to the behaviour of water at the catchment and precinct scale, down to the micro-scale, where architectural elements such as form, materiality, and detailing play a vital role in achieving flood resilience.

At the largest territorial scale, design responses to sea-level rise can present novel scalar solutions. For example, the 2008 proposal by Belgian architect, Vincent Callebaut, to re-house vulnerable island communities within adaptable and self-supporting floating urban infrastructure—the Floating Ecopolis (Lilypad)—is a design response to climate challenge at an equivalent scale of intervention to the broad and potentially catastrophic effects of coastal inundation [5].

While the project itself remains highly speculative, it points to the critical relationship in design practice between clear problem definition and the proposition of resilience strategies to address them.

At a micro-scale, projects such as The Climate Tile tackle the problem of water flows in the urban environment at a detailed and tactical level. The Tile is a specially designed urban pavement system, helping to reintegrate natural ground infiltration into highly trafficked city contexts. It efficiently channels rainwater from rooftops and sidewalks into soil beds and garden areas, supporting vegetation and water reserves. Capable of managing up to 30% of the increased rainfall anticipated from climate change, the tile helps alleviate pressure on existing drainage infrastructure. Designed by the Danish architectural and urban design practice, THIRD NATURE in partnership with IBF and ACO Nordic, the system has been tested along a 50-m section of pavement in the Nørrebro, Copenhagen [32].

In Brisbane Australia, recent river-based flood events in 2011, 2013 and 2022 have foregrounded the effects of climate change, prompting substantial strategic policy shifts at State and local government level to address flood resilience in architectural and urban terms. These moves have generated a suite of design responses affecting buildings, infrastructure and landscapes, represented here in a matrix of key interventions (Table 1). These responses situate at a range of scales, highlighting the interrelationship of strategies of mitigation, adaptation and regeneration in the face of mounting flood challenges. Brisbane, located in South East Queensland (SEQ), is a particular case. Identifying design parameters for flood resilience in the city requires acknowledgement of its place in the larger environmental context of the region. Located on the edge of a huge continental mass and subject to subtropical climate phenomena, SEQ is prone to droughts, bushfires and the aforementioned acceleration of flood risks.

SEQ forms a subtropical forested river basin, characterised by large flood plains and fringe ridges. At territorial scale, the region is identified with the catchment of its major water course, the Brisbane River. The river's particularity emerges from its formation as a reverse delta, a geomorphological feature causing sediment deposition to occur inland, often due to a drop in gradient or a blockage that causes water to spread and deposit material further upstream. In the case of Brisbane, an urban

Table 1 Design responses and scales of intervention for flood resilience

Design responses and scales	Building scale	Precinct scale	Territorial/ecological scale
Mitigation	Design strategies for raising homes and household infrastructure	Design for permeability and overland flow	Design for flood capture and filtration at city scale
Adaptation	Space design & detailing for flood resilience	Designing local waterway projects as stormwater collection and distribution points	Design major recreation parks as flood control spaces
Regeneration	Use of garden spaces and vegetation to capture flood	Designing for a return of creek environments led by local community groups	Flood as a natural state of urban space and its design reinstating landscapes

agglomeration rapidly developing within the river's flood plain, there is considerable design value in studying its deep environmental structure—geology, topography and hydrology—across a large area to understand how natural systems shape the urban landscape and are responded to through design [16].

Looking at design responses covering mitigation, adaptation and regeneration for flood resilience across a range of scales, Table 1 can be used to identify how strategies relate to macro- and micro-environmental conditions. In terms of hydrological systems and the behaviour of water this is given by nested or fractal physical relationships—of major catchments and their sub-catchments for example—where identified design responses at one scale can be actioned appropriately at all scales.

At the scale of individual detached buildings (in the case of Brisbane, mainly light frame timber houses) designing to mitigate flood effects involves such initiatives as raising the habitable level of the house above projected flood levels. This design approach has also been enacted at a micro-level, to cover the raising of individual household infrastructure items—washing machines, dryers and storage hot water systems and the like—in flood prone undercroft spaces.

The Queensland and Australian Governments developed a \$741 million Resilient Homes Fund to support residents across 39 local government areas in SEQ and beyond whose homes were affected by the 2022 flood event [24]. As part of the initiative, architects were engaged to collaborate directly with flood-impacted homeowners, designing and implementing tailored flood-resilience measures for individual properties. While the strategy focuses on mitigation—reducing or preventing future damage—it also fosters a shift in mindset toward the paradigm of living with flood. This approach encourages both designers and affected communities to understand their place within broader ecological systems, promoting long-term resilience and adaptation.

Adapting individual homes to flood also involved design strategies in spatial organisation, material choices and architectural detailing, such as those developed in the architect-led Flood Resilient Building Guidance for Queensland Homes report [25]. An important component of the guide is its analysis of the economic benefits of flood-resilient construction, which include lowering the financial burden of repairing flood damage, reducing insurance costs and faster flood recovery. Here we witness the flow on effects of resilience strategies in the economic benefits of applied design that go beyond the provision of architecture itself.

At the scale of the precinct, the design of urban spaces for water permeability and overland flow provides means to avoid the overload of storm water networks. Moving up within the precinct scale design attention turns to local waterway projects and advocacy by community groups for the return of natural creek environments, which involve the reversal of the flood enhancing effects of existing stormwater networks. Such strategies are scalable across individual properties and gardens, to precincts as sub-catchment spaces and whole-of-catchment scenarios where networks of major recreation parks act as flood control spaces and ground water filtration operating at a city wide scale replacing grey infrastructure for green infrastructure [4]. Such projects show how design can serve to rebalance ecological systems with urban environments

where the understanding of multi-scalar relationships facilitates learning from, and living with, climate challenges to begin the reversal of damaging consequences.

5 Designing for Urban Heat Island

The Urban Heat Island (UHI) phenomenon and heat waves pose an existential threat in urbanised areas but especially in extremely densely populated contexts such as Indian cities where the impacts are dramatically felt on public health, the economy and daily life. India has experienced significant changes in temperature extremes due to rapid global warming. Heat waves typically occur between March and June and are often referred to as “silent disasters” because their effects are less visible than those of other hazards. Between 1992 and 2015 the country recorded over 24,000 heat-related deaths and the mortality rate per million due to heat waves increased by 62.2% over the last four decades. A single heat wave in 2015 caused approximately 3500 deaths in India and Pakistan while the period 2014–2017 saw the loss of 4500 lives [7]. The economic consequences are equally severe. India could lose the equivalent of 34 million full-time jobs due to extreme heat. The reduction in working hours associated with heat and humidity may result in a loss of up to 4.5% of India’s GDP—estimated at between US\$150 and US\$250 billion—by the end of this decade. Extreme heat also impacts food security as illustrated by the decline in wheat yields observed in 2022.

The urgency of effective mitigation design became evident after the heat wave that struck Ahmedabad in May 2010 when temperatures reached 46.8 °C. This single event caused an excess of 1344 deaths in that month alone representing a 43.1% increase in mortality compared to the baseline. In response, Ahmedabad developed and implemented South Asia’s first Heat Action Plan (HAP) in 2013. The pilot evaluation of the HAP indicated a decline in mortality estimating that an average of 1190 deaths were avoided annually in the post-intervention period (2014–2015) compared to the 2007–2010 baseline [11]. The plan included a series of coordinated interventions such as an early warning system and inter-agency emergency response, public awareness campaigns and community outreach, capacity building for health staff and the creation of dedicated heat-stroke wards, and measures aimed at reducing heat exposure through cooling centres, free drinking water, the promotion of cool roofs, and the development of urban forests using the Miyawaki method [20]. While HAPs have demonstrated effectiveness in saving lives, challenges remain. Interventions often remain fragmented and reactive. To achieve meaningful results UHI design must be site-specific grounded in micro-scale analysis and embedded in integrated strategies. Predictive modelling risk mapping and nature-based solutions must be combined with innovative materials and climate-sensitive morphological principles to build sustainable and liveable urban environments.

One crucial aspect of UHI mitigation involves replacing conventional asphalt one of the main contributors to heat accumulation in cities. Asphalt’s low albedo and high thermal capacity retain and release heat long after sunset contributing to

elevated nighttime temperatures and discomfort [17, 33]. These interventions provide dual benefits: reducing heat retention while improving permeability and stormwater management. In Copenhagen, the Climate Tile project has redesigned sidewalks to integrate permeable and reflective materials that capture and redirect rainwater while moderating surface temperatures [32]. In Los Angeles, the Department of Public Works launched the CoolSeal pilot program in 2017 applying a water-based reflective coating over existing asphalt. Results showed average surface temperature reductions of 10–12 °C compared to untreated asphalt during peak summer days leading to localised air temperature decreases of 1–2 °C and improved pedestrian comfort. Importantly the program prioritised neighbourhoods with high population density and limited tree cover often coinciding with low-income communities integrating citizen participation and climate monitoring in the design process [13].

Vegetation represents another long-term and cost-effective strategy for UHI mitigation. Trees and green areas not only provide shade but reduce air temperatures through evapotranspiration improve air quality and enhance thermal comfort. A prominent case is the Climate Shelters program in Barcelona launched in 2017 which by 2023 had transformed over 75 public schools into climate-resilient spaces. The program combines green interventions such as tree planting and shaded courtyards with blue measures like fountains and misting devices and grey measures such as insulation upgrades. Evaluations reported significant reductions in perceived temperature and improved liveability of schoolyards benefiting students and local communities alike [1]. This example demonstrates how greenery integrated into broader urban strategies can become a tool for climate justice by prioritising vulnerable populations.

Tokyo offers another innovative micro-scale intervention with the use of mist cooling systems. Beginning in 2019 and expanded during the 2020 Olympic Games, the city installed mobile and fixed mist spray towers in pedestrian zones transit stops and public squares. These systems release micro-droplets of water that evaporate rapidly absorbing heat and lowering perceived temperatures. Field experiments in Shinbashi showed air temperature reductions of 1–3 °C compared to control conditions [31] while controlled environment studies recorded average decreases of 2.9 ± 1.2 °C [15, 34] noted perceived reductions of up to 20 °C during peak operation of spray towers. By strategically locating these systems in high-footfall areas, the initiative maximised benefits for vulnerable groups such as children the elderly and outdoor workers. Mist cooling therefore complements greenery reflective pavements and morphological design measures as part of a multi-layered approach to UHI mitigation.

Taken together, these examples show that effective UHI design requires a combination of micro-scale replicable interventions—such as reflective pavements tree canopies and mist cooling—with systemic integration into urban planning. UHI responses cannot be considered as isolated design solutions but rather as part of a broader framework that encompasses mitigation, adaptation and regeneration. Mitigation focuses on reducing the sources of heat accumulation through materials innovation, reflective surfaces and expanded green and blue infrastructures. Adaptation emphasises the capacity of urban systems and communities to cope with extreme heat, for instance by developing early warning systems, climate shelters,

Table 2 Design responses and scales of intervention for Urban Heat Island

Design responses and scales	Building scale	Precinct scale	Territorial/ecological scale
Mitigation	Design strategies for indoor heat mitigation, such as ventilation, shading elements or green courtyards	Design non-asphalt pavements, use mist vaporisation strategies and increase tree canopies shading or other type of shading	Design extensive green roofs and increase green and blue spaces
Adaptation	Space design and material detailing for better cooling effect	Designing Urban Heat Island Shelters	Redesign existing recreation parks and green urban infrastructures as an urban heat island bulwarks
Regeneration	Use interior ventilation to avoid overheating	Re-naturalising neighbourhoods and re-designing public spaces with natural material to reduce urban overheating	Recognising heat as an inherent feature of contemporary urban environments and designing to reinstate ecological processes—such as vegetation, water cycles and reflective surfaces—that rebalance thermal conditions

mist cooling networks and targeted health services. Regeneration moves beyond the logic of damage control, reimagining the city as a living system where ecological processes are restored: the integration of urban forests, multifunctional landscapes and community-driven green corridors enables not only cooler environments but also healthier and more inclusive urban fabrics.

By considering mitigation, adaptation and regeneration together, urban design can operate at multiple scales and temporalities (Table 2): from immediate responses to heatwaves, to medium-term strategies of resilient infrastructure, to long-term visions of ecological urbanism. The challenge for cities worldwide—whether in India or Europe—is to align these design responses with social equity.

6 Designing Against Green House Gas Emissions

Greenhouse gas emissions primarily stem from burning fossil fuels for energy, transport and industrial activity. Agriculture and land use changes, such as deforestation, also contribute significantly, along with emissions from buildings, construction and waste. Given the wide range of sources of emissions across sectors, the design challenge becomes identifying where and how to intervene to support resilience. For designers, this means defining the problem within a complex web of interrelated

systems and determining how to address it across multiple scales. In this arena, social criteria become critical as does achieving cultural resonance, as these are the ways that initiatives designed for the urban context can build genuine community uptake. As previously stated, this dual approach, which admits social and cultural aspects alongside the technical, reflects the conviction that resilience is as much cultural and political as it is ecological and technological.

Identifying those urban actions of communities addressing greenhouse gas emissions reduction in measurable form, it is necessary to clearly define problems in order to develop scenario-based solutions. The concept of everyday urbanism provides a way into scenario identification by its focus on the ordinary, lived experiences of people in urban environments. It emphasises the informal, spontaneous, and often overlooked aspects of city life—such as walking, street vending and shared gardens for food production for example—as activities that support living locally, which can reduce the travel and transport of people and goods and lead to lower emissions. Building on everyday actions within communities encourages designers and planners to engage with the social and cultural practices that shape urban spaces daily. Here, value is placed on grassroots participation and local knowledge that can shape more inclusive and responsive urban environments [8].

Challenging large-scale supply chains to derive the city's productive needs from highly local sources aligned to practices of everyday urbanism is a way to address the problem of reducing emissions by lessening demand for goods, such as food, transported over vast distances. For example, a recent study has argued that global food-miles account for nearly 20% of total food-systems emissions, with higher percentages recorded for food consumed in affluent countries [18].

Architectural and urban design strategies that support food production in cities can help achieve greater levels of local production and distribution, playing their part to address emissions reduction by lessening transport demands (see Table 3).

Table 3 Design responses and scales of intervention for reducing greenhouse gas emissions caused by food productive strategies

Design responses and scales	Building scale	Precinct scale	Territorial/ecological scale
Mitigation	Design strategies for planting food consumed at home	Design spaces within neighbourhoods for local food markets	Design for large-scale vertical indoor farming within cities
Adaptation	Adapt architectural elements (such as rooftops) to support food production	Use existing local parks for the creation of productive community gardens	Adapt existing building stock to support the development of vertical and intensive farming practices
Regeneration	Support the cycle of cultivation, harvest, and consumption at home	Support a return to seasonal community gardens led by local groups	Support a return to the consumption of locally grown seasonal food at scale

Making agricultural opportunities at a domestic scale can assist in greater local food production. A project by architecture studio TAA Design in Vietnam has created a distinctive green roof for a house in Quang Ngai province. Named *The Red Roof*, the home uses stepped planters finished with red plaster and tiles as a set of rooftop terraced gardens. The extensive planters are intended for growing vegetables not only for the home's residents but for the local community. TAA Design approached the project as an opportunity to redefine rural architecture by establishing a self-sustaining cycle of cultivation, harvest and consumption [10].

Urban food markets play a vital role in providing places for local food producers to distribute their stock within neighbourhoods and precincts, actively fostering social connections within communities. To attract and retain local customers, thoughtful design and construction are important. An example of inner-city market projects that reflect the role of design is Rotterdam's Market Hall, created by MVRDV (2014). Nicknamed "the Horseshoe" for its distinctive shape, the building integrates a 100-stall marketplace with 228 apartments arranged around it. The design meets local by-laws by providing a large, covered space for the display and sale of goods and orientates kitchen and dining areas toward the market spaces to make strong visual connections between households and the marketplace. This project exemplifies the role of design in creating mixed-use urban markets in cities that place food and community at the centre [19].

At the scale of large urban territory, high-density and vertical farming offer strategic opportunities as cities aim to meet their own food needs within their urban boundaries. As global demand grows, arable land faces increasing pressure. Emerging agricultural technologies are being actively developed to boost crop yields while reducing the land, water, and resources required. These intensive farming methods are becoming more common, especially as demand for out-of-season and imported produce rises. Compared to traditional agriculture, high-density and vertical farming use less land and water, and often require fewer pesticides. Additionally, producing food closer to where it is consumed reduces the energy and land needed for processing and transport [9].

Designing facilities for vertical farming within urban high-rise is the subject of speculative design projects and their incorporation into city environments remains prospective. Nonetheless, work in this area is underway. For example, in March 2023, a design competition was launched entitled "Green Tower Hong Kong: Designing Against the Horizon," inviting architecture students and emerging professionals to design a self-sufficient residential skyscraper incorporating vertical farming. Participants were encouraged to propose innovative solutions in structure, technology and program, addressing the pressing urban challenge of food production in the city through their design [3].

Another design approach has been to speculatively trial large-scale urban agriculture adapting existing underutilised industrial and high-rise buildings for vertical and intensive farming activities. The "Growing Tight Food" project developed at RMIT is based on the design problem of providing food to match the needs of the population of Melbourne, Australia, yet from within the existing urban footprint of the city. The design work conducted looked at the repurposing of CBD towers as vertical

farms to cater to local needs. Such projects challenge existing conventions around food production and distribution towards proactively inviting less reliance on food supply chains as a means to mitigate greenhouse gas emissions caused by food transport and distribution. They also invite change to social behaviours (purchasing and consumption of food) and also the relationship of communities to food procurement and intake [9].

7 Conclusion

The analysis presented in this chapter has shown how, by considering mitigation, adaptation and regeneration together, urban design can operate at multiple scales and temporalities. This includes immediate responses to climate events as well as medium-term strategies in the design of resilient infrastructure and the implementation of long-term visions of ecological urbanism. At these scales, design approaches can respond to climate challenges such as irregular rainfall and flooding aggravated by impermeable surfaces and outdated drainage infrastructure; prolonged heatwaves, amplified by the urban heat island effect, that intensify health risks and energy consumption and greenhouse gas emissions caused by reliance on large-scale supply chains, poor land use and building performance issues that lock cities into unsustainable lifestyles. Addressing these intertwined problems requires moving beyond siloed technical fixes toward comprehensive design-led multi-scalar frameworks.

The contribution of this chapter has been to outline such a framework, structured along two axes: multi-scalar design intervention and three complementary modes of action. Within this framework, the micro-scale deserves particular emphasis. It is more readily replicable, feasible and adaptable to diverse contexts, yet remains the most underexplored in the literature. The micro-scale is also a place where living with climate challenge is emphasised, because micro-interventions, like the Climate Tile for example, become part of daily human encounters in the urban environment and prompt awareness of the issues societies face brought to an individual level.

Importantly, the chapter has underscored that resilience is not a purely technical matter. It is also profoundly social, cultural and political. Questions of equity and inclusion must be at the centre of any design-led response. Technological innovation, while essential, can inadvertently reinforce inequalities if it requires investments, skills, or maintenance capacities unavailable to vulnerable groups. By contrast, micro-scale interventions—flood resilient architectural detailing for homes and mini-market gardens at domestic scale—are often more replicable, affordable and adaptable to diverse contexts. Precisely because they demand fewer resources and can be embedded within everyday practices, these micro-solutions hold particular promise for addressing gaps in equity that large-scale or high-tech strategies tend to exacerbate.

This leads to the crucial point of community uptake and acceptance. The benefits of design are the ways in which it engages the community with conscious change to modes of living in the very places of inhabitation, that is, across private and public

space in the city. Design points to tangible outcomes and approaches that go beyond the management of policy settings to applied actions. While managing policy setting for urban resilience is vitally important, the tangible benefits of design in community uptake through applied innovation need emphasis.

Climate-resilient design cannot be considered successful if it remains unused, misunderstood, or mistrusted by those it seeks to serve. Participatory processes, co-design practices and post-occupancy evaluations are therefore indispensable. They ensure that interventions are not only technically effective but also socially embraced, culturally resonant and capable of being maintained over time. Again, micro-interventions are often more feasible, replicable and socially grounded than most large-scale or technologically complex solutions. They can be implemented incrementally, adapted to local cultural practices, and maintained by communities themselves, thereby ensuring continuity and ownership. In this sense, the micro-scale is not only a technical unit of design but also a democratic arena where resilience becomes approachable, everyday and inclusive.

Taken together, the insights of this chapter converge on a simple but powerful claim: design matters. It matters not just in the technical optimisation of buildings or infrastructures, but in shaping how people live, move and imagine their futures under changing climatic conditions. By repositioning architecture from the periphery to the centre of climate discourse, this research highlights its capacity to act as a mediator between ecological processes and human quality of life.

In conclusion, this chapter contributes to the broader discourse on climate resilience by advancing an architectural framework that is simultaneously multi-scalar, multi-modal and socially grounded. By emphasising the micro-intervention approach, the framework proposed here offers not a definitive solution but a flexible pathway. Its ultimate aim is to enable cities not merely to withstand the pressures of climate change, but to evolve with them—transforming crisis into an opportunity for reimagining how we inhabit, design and sustain our urban futures.

References

1. Ajuntament de Barcelona (2023) Climate shelters network. Ajuntament de Barcelona. <https://www.barcelona.cat/barcelona-pel-clima/en/specific-actions/climate-shelters-network>. Accessed on Sep 2025
2. Alexander C (1977) *A pattern language: towns, buildings, construction*. Oxford University Press, New York
3. Bao Y, Leung MK, Poon D, Xiang C (2024) Integrating vertical farm into low-carbon high-rise building in high-density context: a design case study in Hong Kong. *J Build Eng* 96. <https://doi.org/10.1016/j.jobe.2024.110472>
3. Brisbane City Council (2013) Waterway projects. <https://www.brisbane.qld.gov.au/environment-and-water/creeks-and-waterways/waterway-projects>. Accessed on Sep 2025
5. Callebaut V (2008) Floating ecopolis (Lilypad). https://vincent.callebaut.org/object/080523_lilypad/lilypad/projects. Accessed on Sep 2025

6. Copernicus Climate Change Service (C3S), World Meteorological Organization (WMO) (2025) European state of the climate 2024. European Centre for Medium-Range Weather Forecasts. <https://doi.org/10.24381/14j9-s541>
7. Council on Energy, Environment and Water (CEEW) (2025, May) How extreme heat is impacting India: assessing district-level heat risk. CEEW, New Delhi. <https://www.ceew.in/publications/how-extreme-heat-impacting-india>. Accessed on Sep 2025
8. Crawford M, Chase J, Kaliski J (1999) Everyday urbanism. Monacelli Press, New York
9. Doyle J, Crist G (2024) Growing tight food. In: Crist G, Doyle J, Luna R, Micheli S, Moulis A, Yim D (eds) House, precinct, territory; design strategies for the productive city. ORO Editions, San Francisco
10. Ektida N (2024) The red roof: a suburban home enlivened by rooftop terraced gardens and old ways of life. Living ASEAN. <https://livingasean.com/living/house/the-red-roof-suburban-home/>. Accessed on Sep 2025
11. Hess J, Sathish LM, Knowlton K, Saha S, Dutta P, Ganguly P, Tiwari A, Jaiswal A, Sheffield P, Sarkar J, Bhan SC, Begda A, Shah T, Solanki B, Mavalankar D (2018) Building resilience to climate change: pilot evaluation of the impact of India's first heat action plan on all-cause mortality. *J Environ Public Health* 2018:1–8. <https://doi.org/10.1155/2018/7973519>
12. Institute of Environmental Management & Assessment (IEMA) (2022) Assessing greenhouse gas emissions and evaluating their significance, 2nd edn. IEMA, London. <https://www.iema.net/preview-document/assessing-greenhouse-gas-emissions-and-evaluating-their-significance>. Accessed on Sep 2025
13. International Road Federation (IRF) (2021) Information on cool pavement pilot program: city of Los Angeles. IRF, Washington, DC. <https://www.irf.global/information-on-cool-pavement-pilot-program-city-of-los-angeles>. Accessed on Sep 2025
14. Janoš T, Quijal-Zamorano M, Shartova N et al (2025) Heat-related mortality in Europe during 2024 and health emergency forecasting to reduce preventable deaths. *Nat Med*. <https://doi.org/10.1038/s41591-025-03954-7>
15. Kuroda M, Nakamura Y, Tanaka S (2019) Effect of mist spray on air temperature and human comfort in outdoor spaces. *Build Environ* 148:650–660. <https://doi.org/10.1016/j.buildenv.2018.11.028>
16. Leardini P, Ozgun K, Moulis A (2019) The reverse delta of Brisbane. In: Bertram N, Murphy C (eds) Design contributions to an emerging Australian water urbanism. UWA Press, Perth
17. Lee KW, Craver VO, Kohm S, Chango H (2010, May 12) Cool pavements as sustainable approaches for green streets and highways. In: Green Streets and Highways Conference 2010. Rhode Island Transportation Research Center, University of Rhode Island. <https://trid.trb.org/view/1092859>. Accessed on Sep 2025
18. Li M, Jia N, Lenzen M, Malik A, Wei L, Jin Y, et al (2022) Global food-miles account for nearly 20% of total foodsystems emissions. *Nat Food* 3(6):445–453. <https://doi.org/10.1038/s43016-022-00531-w>
19. Lo C (2015) The function of food: designing the modern city market. World Construction Network. <https://www.worldconstructionnetwork.com/features/featurethe-function-of-food-designing-the-modern-city-market-4496478/?cf-view>. Accessed on Sep 2025
20. Mavalankar D (2024, April 19) Ahmedabad Heat Action Plan: a real life case study on heat and health. GIZ Webinar on Heat and Health. Indian Institute of Public Health, Gandhinagar
21. McHarg IL (1969) Design with nature. Natural History Press, Garden City, NY
22. Newman P, Beatley T, Boyer H (2009) Resilient cities: responding to peak oil and climate change. Island Press, Washington, DC
23. Oke TR, Mills G, Christen A, Voogt JA (2017) Urban climates. Cambridge University Press, Cambridge
24. Queensland Government (2022) Resilient Homes Fund. <https://www.qld.gov.au/housing/buying-owning-home/homeowners-financial-help/resilience-to-floods-and-cyclones/resilient-homes-fund>. Accessed on Sep 2025
25. Queensland Reconstruction Authority (2019) Flood resilient building guidance for Queensland homes. <https://www.qra.qld.gov.au/resilient-homes/flood-resilient-building-guidance-queensland-homes>. Accessed on Sep 2025

26. Roesler S (2022) *Coping with urban climates: comparative perspectives on architectural and thermal governance*. Lars Müller Publishers, Zürich
27. Roesler S (2025) *City climate and architecture*. Lars Müller Publishers, Zürich
28. Rosenzweig C, Solecki WD, Romero-Lankao P, Mehrotra S, Dhakal S, Ibrahim SA (eds) (2018) *Climate change and cities: second assessment report of the urban climate change research network*. Cambridge University Press, Cambridge
29. Rudofsky B (1964) *Architecture without architects: a short introduction to non-pedigreed architecture*. Doubleday, New York
30. Sharifi A, Yamagata Y (2018) Resilient urban form: a conceptual framework. *Sustainability* 10(5):1–17. <https://doi.org/10.3390/su10051639>
31. Tanaka S, Kuroda M, Nakamura Y (2019) Field evaluation of outdoor mist cooling systems in urban Japan. *Energy and Buildings* 203:109456. <https://doi.org/10.1016/j.enbuild.2019.109456>
32. Third Nature (2018, October 12) Climate tile designed to catch and redirect excess rainwater from climate change. ArchDaily. <https://www.archdaily.com/902399/climate-tile-designed-to-catch-and-redirect-excess-rainwater-from-climate-change>. Accessed on Sep 2025
33. Wong TLX, Lim EL, Mohd Hasan MR, Sougui OO, Milad A, Qu X (2024) Effectiveness of heat-reflective asphalt pavements in mitigating urban heat islands: a systematic literature review. *J Road Eng* 4(4):399–420. <https://doi.org/10.1016/j.jreng.2024.04.008>
34. World Economic Forum (WEF) (2021) *Annual report 2021–2022*. World Economic Forum, Geneva. <https://www.weforum.org/publications/annual-report-2021-2022>. Accessed on Sep 2025
35. Ziervogel G, Burch S (2021) Supporting transformative climate adaptation: community-level capacity building and knowledge co-creation in South Africa. *Clim Policy* 21(7):939–954. <https://doi.org/10.1080/14693062.2021.1890026>