

## NUMERICAL MODELING: MULTIBODY

- Transfer functions may depend on several parameters, especially cockpit configuration
- Can only be obtained experimentally, from existing cockpit layouts: cost, time, complexity
  
- What about simulating pilot biodynamics?



Multibody model implemented in **free, general purpose** software **MBDyn** <http://www.mbdyn.org>

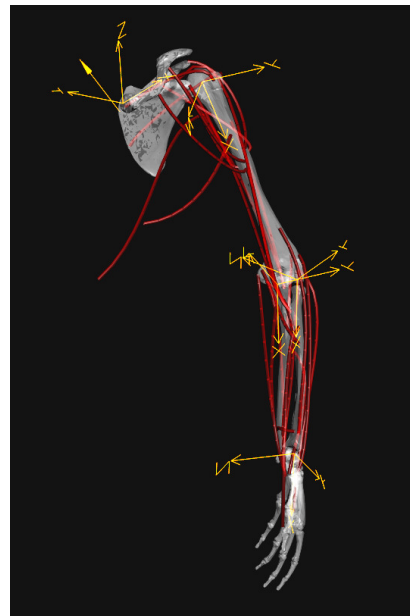
**Each limb accounts for 6 rigid bodies:**

- Scapula
- Clavicle
- Humerus
- Radius
- Ulna
- Hand

For a **total** of **36 degrees of freedom**.

The **hand** is considered as a **single rigid body**, as it is usually gripping the inceptor's handle.

**28 muscles** are modeled for each limb.

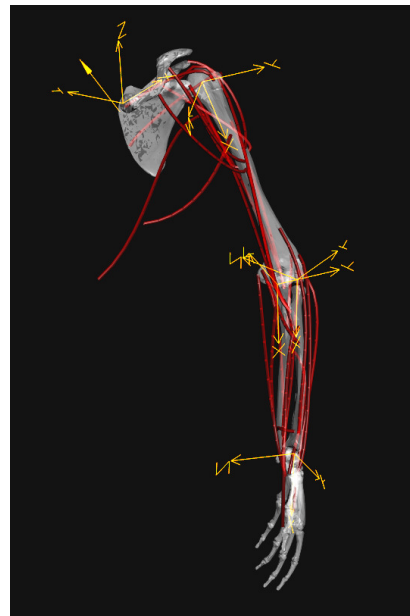


Multibody model implemented in **free, general purpose** software **MBDyn** <http://www.mbdyn.org>

### Constraints:

- Scapulothoracic (ST): deformable, viscoelastic joint
- Sternoclavicular (SC): spherical joint (3)
- Acromioclavicular (AC): spherical joint (3)
- Glenohumeral (GH): spherical joint (3)
- Humeroradial (HR): spherical joint (3)
- Humeroulnar (HU): revolute joint (5)
- Radioulnar (RU): point-on-line joint (2)
- Radiocarpal (RC): Cardano hinge (4)

**13 degrees of freedom** remain, per limb, after constraints are enforced.



**Muscle Modeling:** Hill-type 1D viscoelastic actuators: muscle and tendon passive behaviors are considered jointly in a **Passive Elastic Element (PEE)**; pennation angles and cross-bridge elasticity are disregarded (Zajac, 1989).

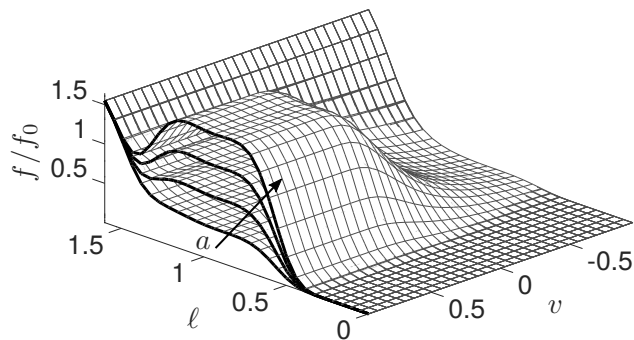
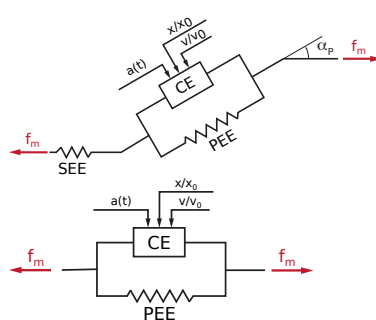
Force model by Pennestrì et al., 2008:

$$f_m(\bar{x}, \bar{v}, a) = f_{m0} (f_1(\bar{x})f_2(\bar{v})a(t) + f_3(\bar{x}))$$

$$f_1(\bar{x}) = e^{(-40(\bar{x}-0.95)^4 + (\bar{x}-0.95)^2)}$$

$$f_2(\bar{v}) = 1.6 \left( 1 - e^{(-1.1/(\bar{v}-1)^4 + 0.1/(\bar{v}-1)^2)} \right)$$

$$f_3(\bar{x}) = 1.3 \tan^{-1} (0.1(\bar{x} - 0.22)^{10})$$

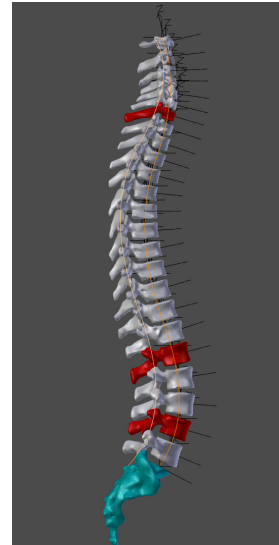
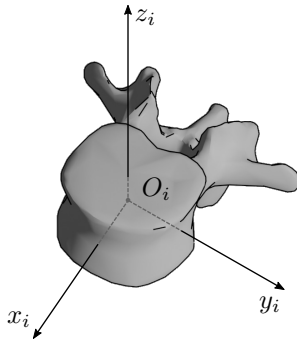


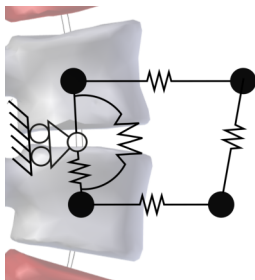
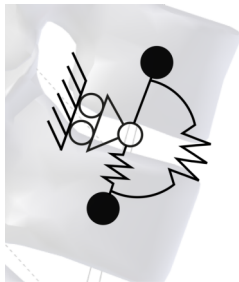
Multibody model implemented in **free, general purpose** software **MBDyn** (<http://www.mbdyn.org>)

It accounts for **35 rigid bodies**:

- head (1)
- cervical, thoracic and lumbar vertebrae (25)
- viscerae (8)
- the buttocks (1)

For a total of **210 unconstrained degrees of freedom**.





### Algebraic Constraints:

- **Intervertebral:** lateral and antero-posterior relative displacements constrained
- **Vertebra-viscera:** all relative rotations constrained
- **Buttocks-Pelvis:** all relative degrees of freedom except relative vertical displacement and rotation about lateral axis

79 degrees of freedom remain after constraints are enforced.

### Internal forces:

- **Intervertebral:** linear viscoelastic elements acting on relative axial displacements, rotational viscoelastic elements acting on all relative rotations;
- **Vertebra-viscera:** linear viscoelastic elements acting on all relative displacements;
- **Viscera-viscera:** linear viscoelastic elements acting on all relative displacements;
- **Buttocks-Pelvis:** 6D linear viscoelastic element acting on all relative displacements/rotations;

(initial) **Parameters values** taken from **literature** (Kitazaki et al., 1997, Valentini et al. 2016)

### Preprocessing:

- 1 generate **geometrical** and **inertial** properties of segments
- 2 define initial pose (**static** model)

### Solution phases:

- 1 Inverse kinematics: **penalty** approach, focus on **ergonomy**
- 2 Inverse dynamics
- 3 Estimation of **muscular activation**: optimization seeking minimal total activation / minimal metabolic cost / minimal total muscle force
- 4 Direct analysis: **reflexive** part of activation estimated and imposed, interaction with full vehicle model is evaluated



Since we operate in a **virtual prototyping** framework, we cannot rely on **subject specific** definition of parameters.

The generation of the parameters is based on statistical models:

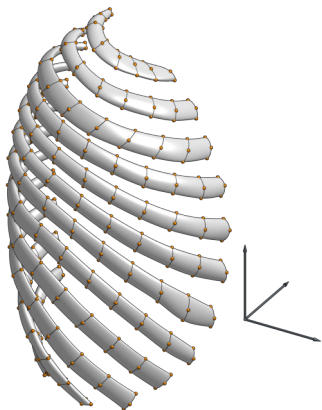
- 1 full ribcage model by Shi et al.

$$\mathbf{g} = \bar{\mathbf{g}} + \mathbf{P} \cdot \mathbf{C} \cdot \mathbf{f} \quad (1)$$

with  $\mathbf{f} = [a \quad s \quad b \quad g \quad 1]^T$

- ▶  $a$  = age
- ▶  $s$  = stature
- ▶  $b$  = BMI
- ▶  $g$  = gender

- 2 linear regression equations for segment lengths (e.g. [Cheverud et al., 1990])
- 3 scaling equations for segments inertial parameters ([McConville et al., 1980, Dumas et al., 2007])

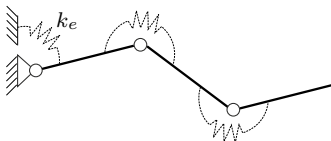


Imposed kinematics, from **ergonomy** and **task-dependent** considerations:

- 1 Head orientation (3 d.o.f)
- 2 C1 vertically aligned with Pelvis/First “non supported” thoracic vertebra (2 d.o.f)

The system is characterized by a high degree of **kinematic redundancy**.

Direct solution at **position level**, penalty approach.



$$\min J_p(\mathbf{x}) = \frac{1}{2} (\boldsymbol{\theta} - \boldsymbol{\theta}_e)^T \mathbf{K}_e (\boldsymbol{\theta} - \boldsymbol{\theta}_e) + \boldsymbol{\lambda}^T \boldsymbol{\phi} + \boldsymbol{\mu}^T (\boldsymbol{\psi}(\mathbf{x}) - \boldsymbol{\alpha}(t))$$

$$\min J_v(\dot{\mathbf{x}}) = \frac{1}{2} (\dot{\mathbf{x}} - \dot{\mathbf{x}}_{\text{ref}})^T \mathbf{M} (\dot{\mathbf{x}} - \dot{\mathbf{x}}_{\text{ref}}) + \boldsymbol{\lambda}^T \boldsymbol{\phi}_{/\mathbf{x}} \dot{\mathbf{x}} + \boldsymbol{\mu}^T (\boldsymbol{\psi}_{/\mathbf{x}} \dot{\mathbf{x}} - \dot{\boldsymbol{\alpha}}(t))$$

$$\min J_a(\ddot{\mathbf{x}}) = \frac{1}{2} (\ddot{\mathbf{x}} - \ddot{\mathbf{x}}_{\text{ref}})^T \mathbf{M} (\ddot{\mathbf{x}} - \ddot{\mathbf{x}}_{\text{ref}}) + \boldsymbol{\lambda}^T \left( \boldsymbol{\phi}_{/\mathbf{x}} \ddot{\mathbf{x}} + (\boldsymbol{\phi}_{/\mathbf{x}} \dot{\mathbf{x}})_{/\mathbf{x}} \right) + \boldsymbol{\mu}^T \left( \boldsymbol{\psi}_{/\mathbf{x}} \ddot{\mathbf{x}} + (\boldsymbol{\psi}_{/\mathbf{x}} \dot{\mathbf{x}})_{/\mathbf{x}} \right)$$

The spine **vertebra-vertebra** internal elastic **elements** contribute to the total potential energy that is minimized during the kinematics inversion.

### Baseline Activation

Once the **kinematics** is fully known, joint **torques** can be computed

$$\mathbf{c} = \left( \boldsymbol{\theta}_{/x}^+ \right)^T (\mathbf{M}\ddot{\mathbf{q}} - \mathbf{f})$$

Torques are, in turn, produced by a **redundant** set of muscle actuators. Therefore an **optimization** problem is solved, seeking the related **activations**

$$\min J(\mathbf{a}) = \frac{1}{4} \mathbf{a}^T (\mathbf{a}^T \mathbf{W}' \mathbf{a}) \mathbf{a} + \frac{1}{2} \mathbf{a}^T \mathbf{W}'' \mathbf{a}$$

s.t.

$$\mathbf{c} = \left( \boldsymbol{\theta}_{/x}^+ \right)^T \mathbf{B} \mathbf{f}_m(\bar{x}, \bar{v}, a)$$

$$0 < a_i < 1$$

However, matrix  $\mathbf{A} = \left( \boldsymbol{\theta}_{/x}^+ \right)^T$  is **rectangular** and can be therefore **decomposed**, for example with **SVD**:

$$\mathbf{A} = \mathbf{U} \boldsymbol{\Sigma} \mathbf{V}^T = [\mathbf{U}] [\boldsymbol{\Sigma} \quad \mathbf{O}] \begin{bmatrix} \mathbf{V}_{\text{TAM}}^T \\ \mathbf{V}_{\text{TLAM}}^T \end{bmatrix} \quad (2)$$

Highlighting the presence of **Torque-Less Activation Modes**.

The **baseline activation**, directly depending on the torques required to perform a task, does not take into account the **impedance control** of the **Central Nervous System**.

Two contributions are introduced for this purpose:

1 **TLAMs**: a linear combination  $\mathbf{bV}_{\text{TLAM}}$  is sought by solving

$$\min J(\mathbf{b}) = \frac{1}{2} \mathbf{b}^T \mathbf{W}''' \mathbf{b}$$

s.t.

$$0 < a_i < 1$$

2 **reflexive activation**: **linearized**, **quasi-steady** approximation of this contribution is introduced:

$$a_r = k_p \left( \frac{x}{x_0} - \frac{x_{\text{ref}}}{x_0} \right) + k_d \left( \frac{\dot{x}}{v_0} \right)$$

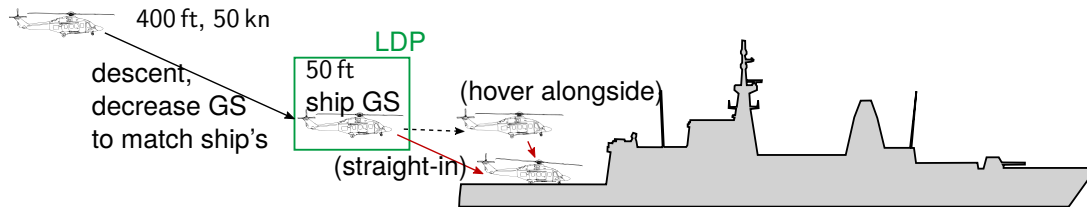
The **total activation**, for all muscles, therefore is (calling  $\mathbf{a}_0$  the baseline contribution):

$$\mathbf{a} = \mathbf{a}_0 + \mathbf{K}_{\text{TLAM}} \mathbf{V}_{\text{TLAM}} \mathbf{b} + \mathbf{a}_r$$

**EXPERIMENTAL ACTIVITIES**

### Test Campaign:

- **facility:** Leonardo Helicopters Division fixed-base helicopter **flight simulator** AWARE
- **tested scenario:** **medium weight** helicopter (AW169/AW129) **deck landing** on **frigate** ship (Bergamini class)
- **pilot:** **experienced**, ex-navy test pilot



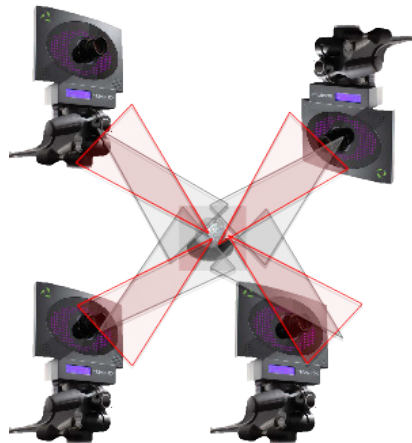
### Objectives:

- 1 identify **typical** muscular **activation patterns**
- 2 search for **correlation** perceived and measured pilot **workload** and **task difficulty**
- 3 **validate** and **improve** pilot biomechanical (multibody) **models**

## Motion Capture

System composed by 8 NIR cameras that capture the motion of 9 reflective markers:

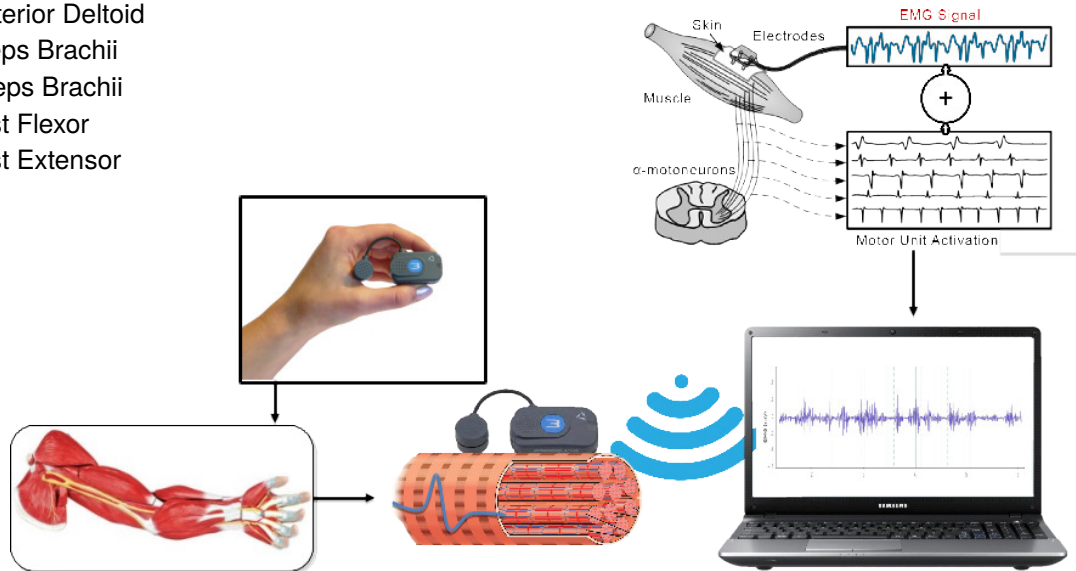
- 1 sternum (manubrium)
- 2 R acromion
- 3 R lateral elbow
- 4 R medial wrist
- 5 L acromion
- 6 L lateral elbow
- 7 L medial elbow
- 8 L lateral wrist
- 9 L medial wrist



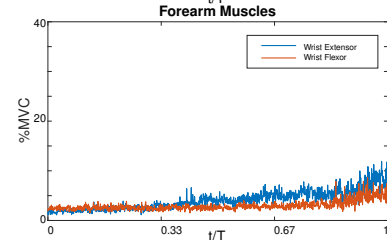
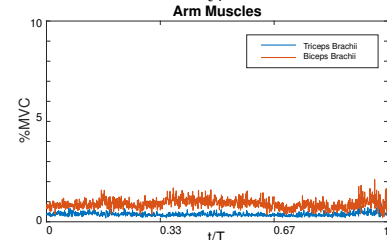
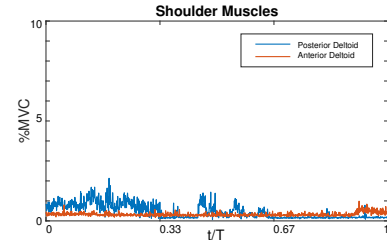
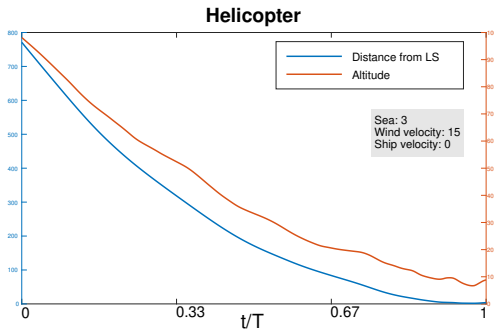
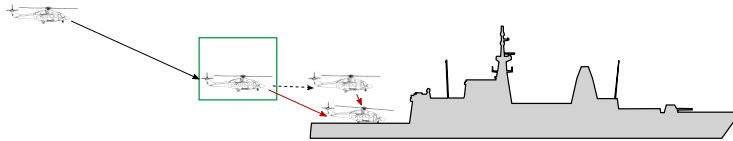
## EMG measurements

### 6 Electromyography sensors:

- 1 L Anterior Deltoid
- 2 L Posterior Deltoid
- 3 L Biceps Brachii
- 4 L Triceps Brachii
- 5 L Wrist Flexor
- 6 L Wrist Extensor



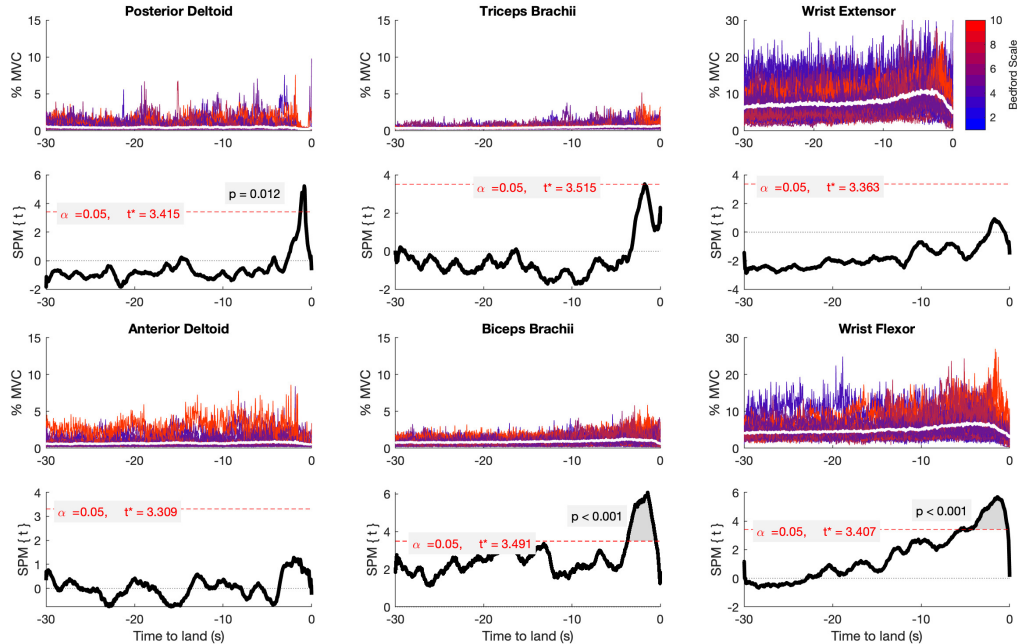




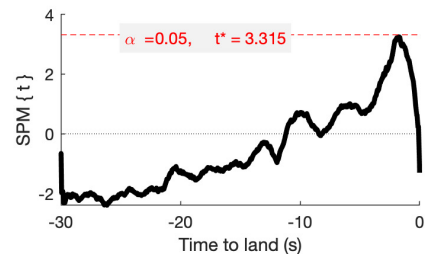
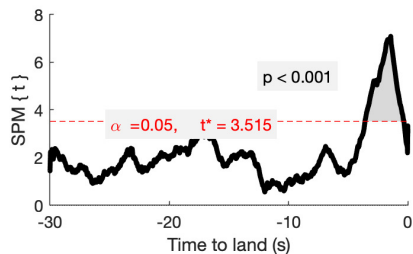
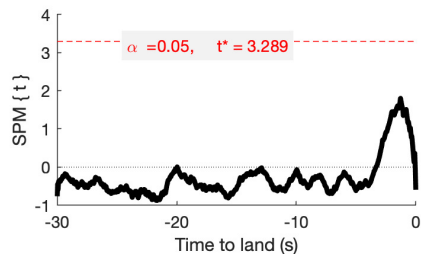
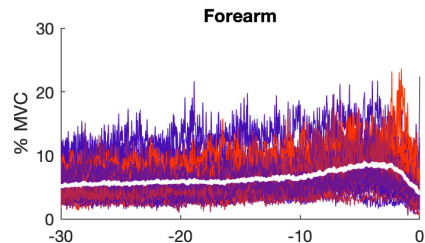
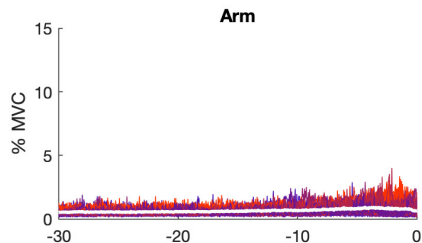
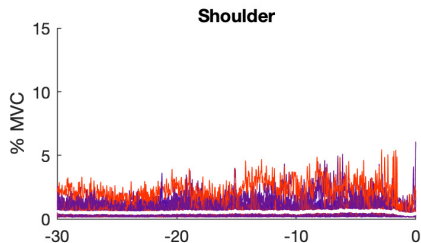
Early results show some consistent patterns:

- EMG activity concentrated in **forearm** muscles (pilot experience?)
- EMG activity increases with **inverse distance** from landing spot

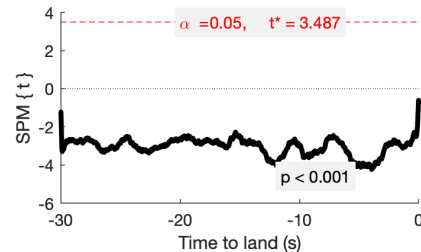
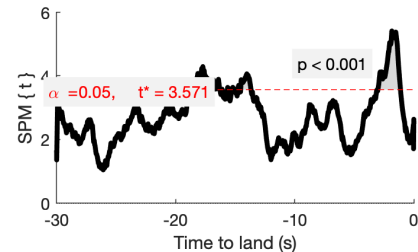
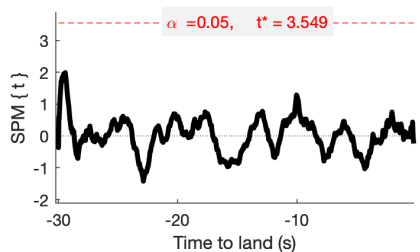
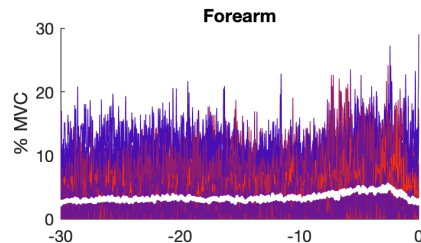
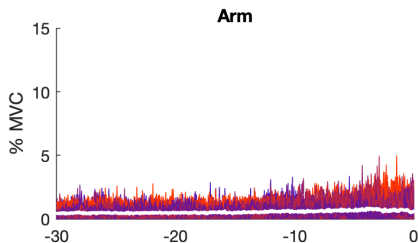
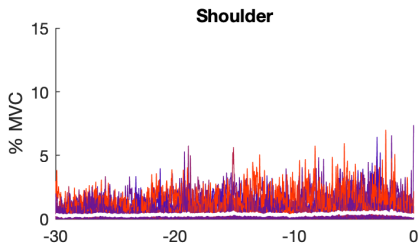
Statistical Parameter Mapping (SPM) analysis: individual muscles EMG activity vs Bedford score



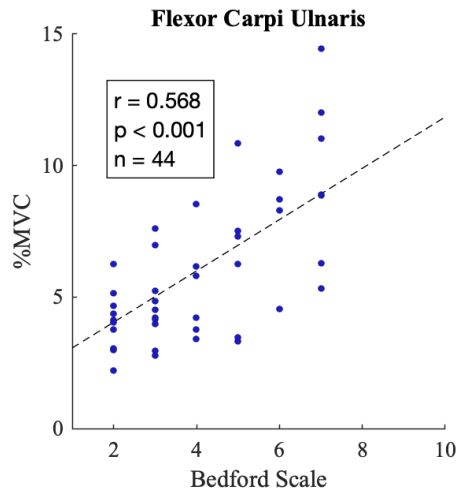
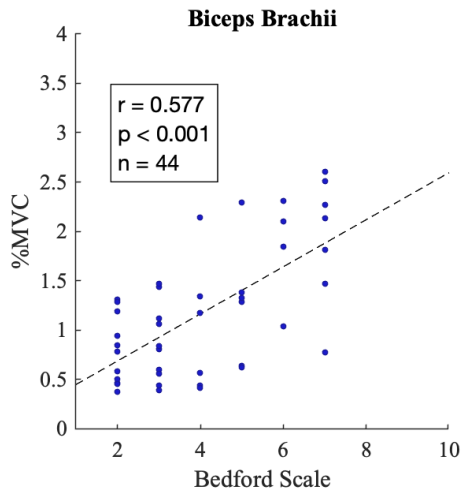
Statistical Parameter Mapping (SPM) analysis: average EMG activity of limb section vs Bedford score



Statistical Parameter Mapping (SPM) analysis: difference of EMG activity of limb section vs Bedford score



Linear regression on average EMG activity in correlated time window vs Bedford score



Modeling **fallbacks**:

1. **choice** and **weighting** of objective function in **baseline** activation computation

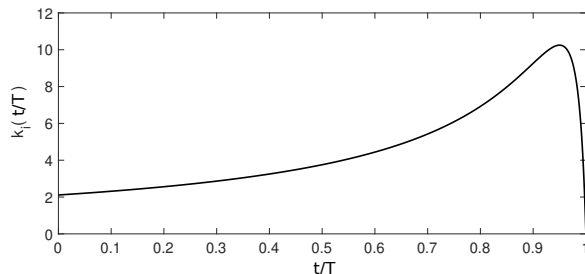
$$J(\mathbf{a}_0) = \frac{1}{4} \mathbf{a}_0^T (\mathbf{a}_0^T \mathbf{F}_0 \mathbf{a}_0) \mathbf{a}_0 + \frac{1}{2} \mathbf{a}_0^T \mathbf{F}_0 \mathbf{a}_0$$

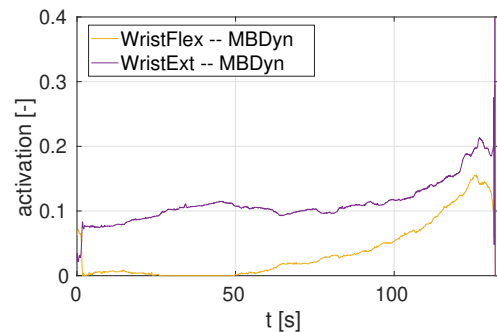
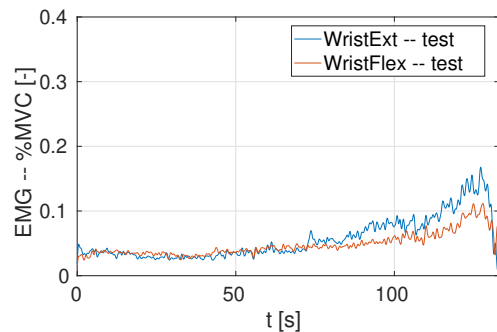
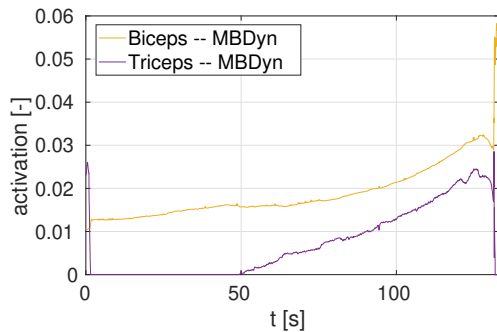
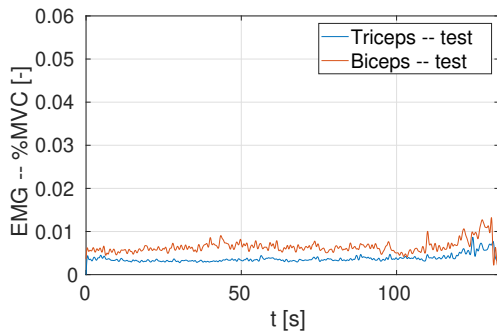
2. choice of **TLAMs** that favours activation level increase in **forearm** muscles

$$J(\mathbf{b}) = \frac{1}{2} \mathbf{b}^T \mathbf{F}_0 \mathbf{b}$$

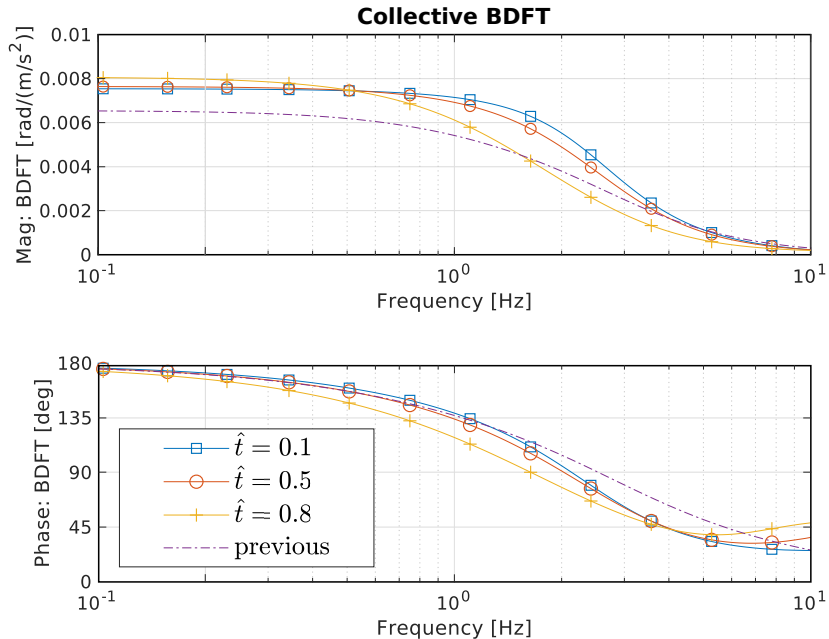
3. use of time-to-target (Padfield, 2011) concepts in gain scheduling for **TLAMs** and **reflexive** contributions to activation

$$\mathbf{a} = \mathbf{a}_0 + \mathbf{K}(\tau) (\mathbf{V}_{\text{TLAM}} \mathbf{b} + \mathbf{a}_r)$$





BDFTs estimated with multibody model:

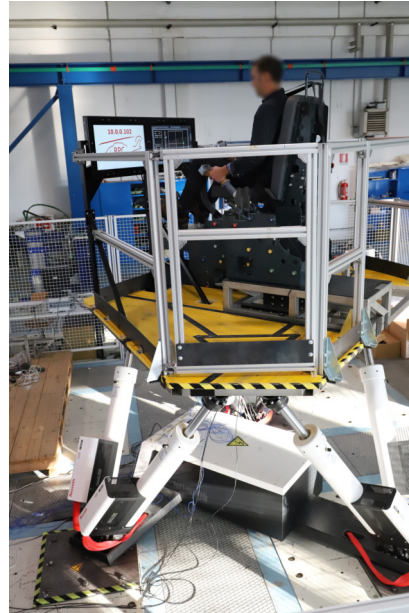




## THE RPC TESTBED @DAER

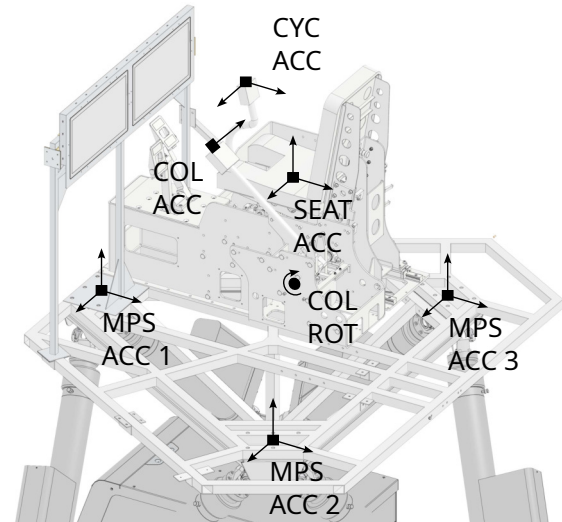
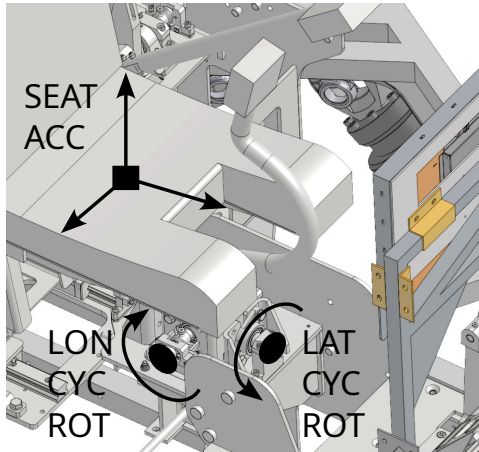
RPC Test-bed: composed by:

- 1 a 6-DOF Motion Platform System (MPS) Bosch eMotion 1500;



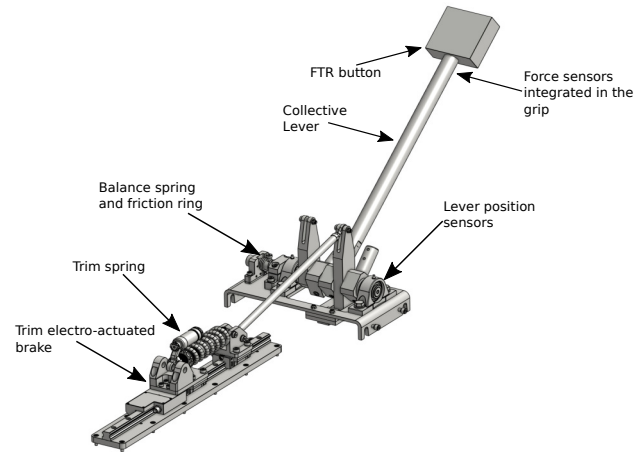
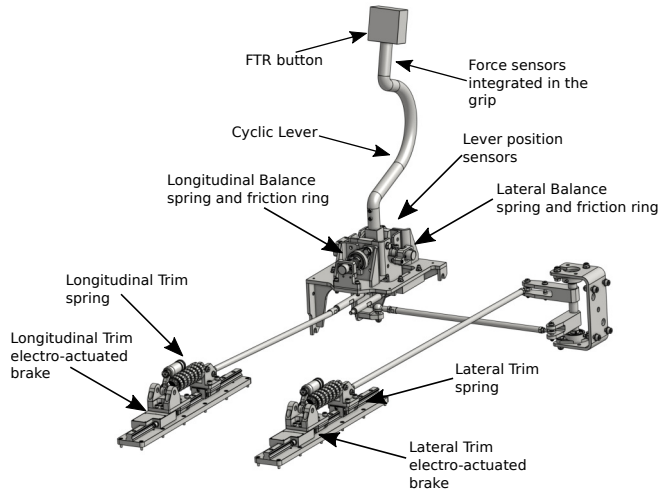
RPC Test-bed: composed by:

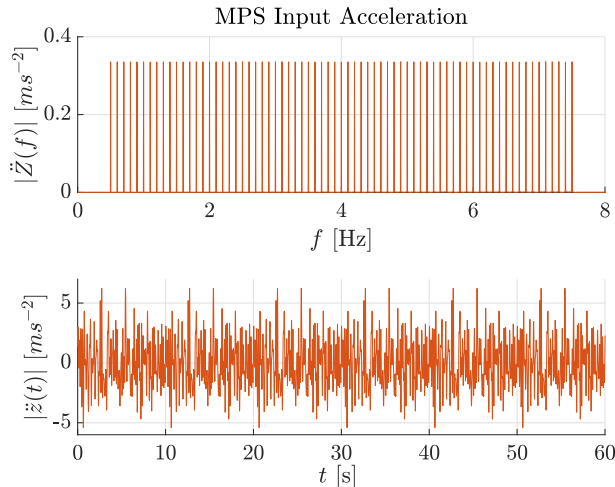
- 1 a 6-DOF Motion Platform System (MPS) Bosch eMotion 1500;
- 2 a customized measurement system;



RPC Test-bed: composed by:

- 1 a 6-DOF Motion Platform System (MPS) Bosch eMotion 1500;
- 2 a customized measurement system;
- 3 a reconfigurable cockpit mock-up.

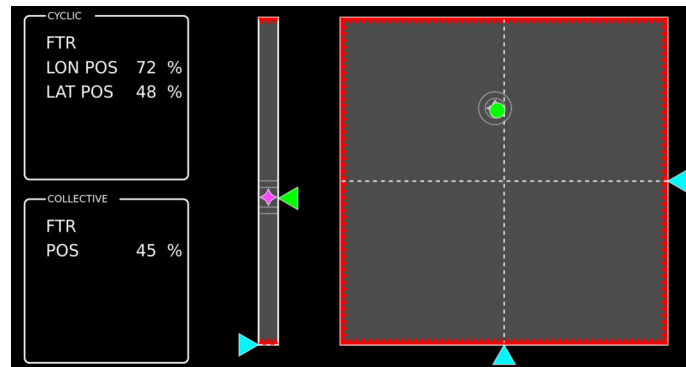


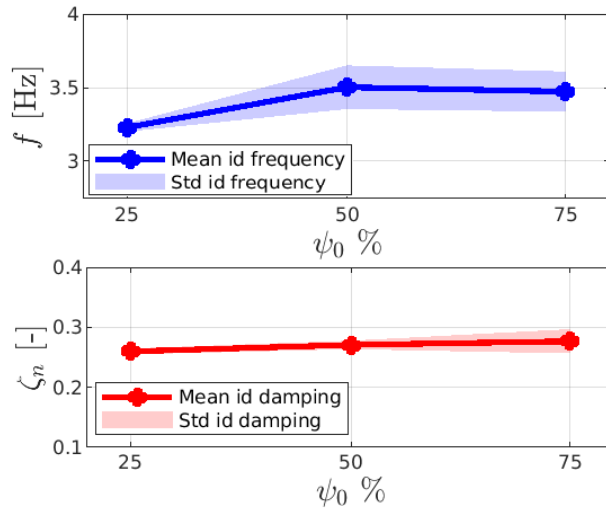


The pilot-vehicle system is excited by a **pseudo-random** waveform in the frequency band  $[1, 7.5]$  hertz with limited RMS acceleration level:

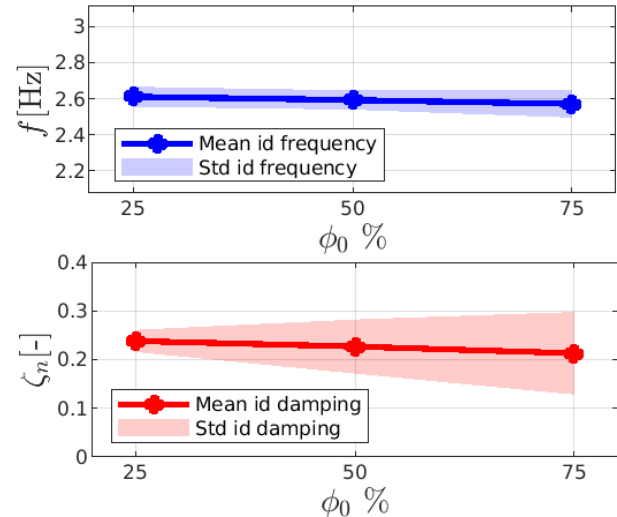
- $1 \text{ m s}^{-2}$  for the vertical axis acceleration  $\ddot{z}(t)$ ;
- $0.5 \text{ m s}^{-2}$  for the lateral axis acceleration  $\ddot{y}(t)$ ;
- $1.5 \text{ m s}^{-2}$  for the longitudinal axis acceleration  $\ddot{x}(t)$ ;

while the pilot is asked to perform a simple tracking task.

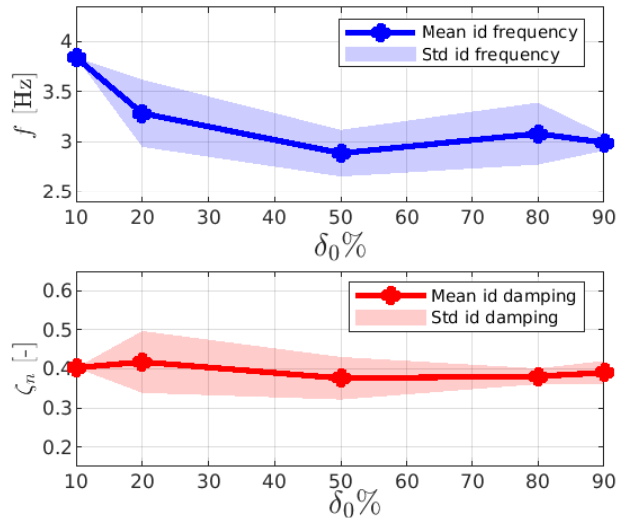




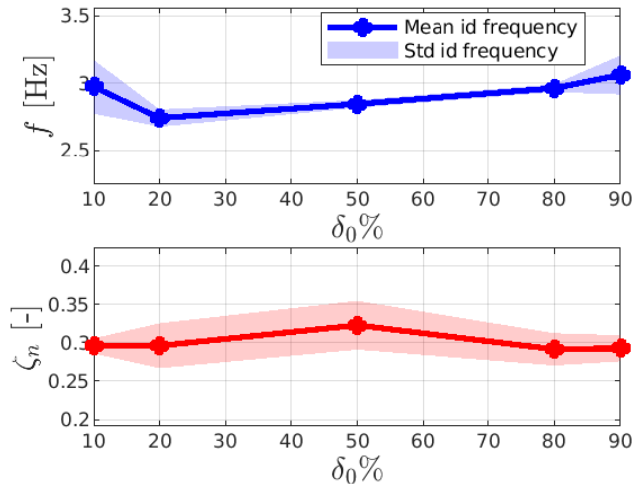
Mean and standard deviation of the identified frequency and damping at different **longitudinal cyclic** lever position. Input longitudinal acceleration. Output: longitudinal cyclic rotation.



Mean and standard deviation of the identified frequency and damping at different **lateral cyclic** lever position. Input: lateral acceleration. Output: lateral cyclic rotation.



Mean and standard deviation of the identified frequency and damping at different collective lever position using **light short collective** (1.21 kg, 350 mm) stick. Input: vertical acceleration  $\ddot{Z}$ . Output: collective rotation  $\delta$ .



Mean and standard deviation of the identified frequency and damping at different collective lever position using **heavy, long collective**. (3.03 kg, 800 mm) Input: vertical acceleration  $\ddot{Z}$ . Output: collective rotation  $\delta$ .

## Conclusions

- Understanding of PVI & A/RPC
- Modeling of pilot's BDFT and NMA
- Understanding of aeroelastic RPC phenomena
- Biomechanical pilot modeling
- Correlation with experiments



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## Future work

- Biomechanical modeling for BDFT/NMA prediction of novel configurations
- Evolve RPC testbed into RPC-capable Flight Sim
- Develop design guidelines for RPC-free configurations