

To appear in *Vehicle System Dynamics*
Vol. 00, No. 00, Month 20XX, 1–17

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An Experimental Investigation of the Bicycle Motion during a Hands-On Shimmy

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Nicolò Tomiati, Gianantonio Magnani, and Marco Marcon*

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*Dipartimento di Elettronica, Informazione e Bioingegneria (DEIB),
Politecnico di Milano, via Ponzio 34/5, 20133, Milan, Italy*

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(Received 00 Month 20XX; accepted 00 Month 20XX)

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This paper presents original data records of linear accelerations and angular velocities of six points of a racing bicycle collected during a “genuine” hands-on shimmy. The records, together with GPS, forward speed data, and action cam videos are thoroughly analysed to understand the actual motion of the bicycle and its parts, at lower (weave) and higher (wobble or shimmy) frequencies. The main goal is to assess how and to what extent each part, and what compliances, are involved in the shimmy mechanism. In particular, the motions of the front and rear frames, and thus of the whole bicycle, during shimmy are carefully rebuilt. At higher frequencies, the **bicycle** frame rotates rigidly about an axis parallel to the yaw axis, while it undergoes a relative torsion between the head tube and the dropouts in the longitudinal (roll) direction. Likewise, the front frame rotates rigidly about the steering axis (in the entire frequency range), while it bends laterally consistently with the **bicycle** frame torsion. Although the overall motion is very complex, these results validate and extend models, conjectures, and theoretical results of the scientific literature about shimmy.

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Keywords: shimmy; wobble; bicycle; vibrations; data acquisition system; inertial measurement unit

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1. Introduction

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Shimmy, also known as *wobble* or *speed wobble*, is one of the most frightening and dangerous dynamic instabilities that may occur while riding a bicycle or a motorcycle. Shimmy can be described as an oscillation of the bicycle steering assembly at frequencies too high (6–10 Hz) for an effective reaction of the rider. A good idea of the behaviour of a bicycle subjected to shimmy can be found, for example, in [1–5]. Shimmy may occur *hands-off*, possibly intentionally induced by the rider as in [5], but it is especially scaring when it suddenly onsets while riding high-speed with the hands firmly holding the handlebar (*hands-on shimmy*), as the rider feels the bicycle out of control and can only try not to fall and reduce the speed by braking **carefully, at first**, as braking may increase the amplitude of the oscillations. No specific factors related to the wobble onset have been identified up to now, except for high speed (generally over 14 m/s in racing bicycles). Among those mentioned in popular literature, we share tremors and stiffness of the rider arms, e.g. due to cold weather, and the particularly wrinkled asphalt. Shimmy is well known to bicycle manufacturers, to expert, and to both professional riders and amateurs [6], even if it is rarely mentioned despite its dangerousness for the safety of riders.

*Corresponding author. Email: marco.marcon@polimi.it

39 The rigid-body analysis of bicycle oscillations predicts oscillations of frequencies much
40 lower than that of shimmy [7], and it is agreed that to predict shimmy it is necessary to
41 introduce additional (elastic) degrees of freedom. These can be found in the front and
42 rear frames compliances, which define certain structural bicycle properties, and in the
43 elasticity and dynamics of the tires. To some extent also the rider, his hands, arms, body
44 structure, and his driving style can help to create favourable conditions for the shimmy
45 onset [8–13].

46 Most of the literature results are model-based and supported by laboratory tests,
47 while little "genuine" on-road measurement data are available to validate the numerical
48 models. The first contribution of this paper is to provide unique data records of linear
49 accelerations and angular velocities of six points of a professional racing bicycle collected
50 together with GPS, forward speed data, and action cam videos during a true high-speed
51 hands-on shimmy. The *ad hoc* data acquisition system consists of a central single board
52 computer (Raspberry Pi) driving six microcontrollers (Arduino boards) equipped with
53 Inertial Measurement Units (IMU), each able to measure the three components of the
54 linear acceleration and of the angular velocity. Measurements are sampled every 0.005 s
55 ($f_s = 200$ Hz), and the sampling is controlled by the central unit with a single digital
56 output (DO) signal to ensure the synchronous sample of all IMU measures.

57 Then, the records are thoroughly analysed to investigate the actual motion of the
58 bicycle and its parts at lower (weave) and higher (wobble or shimmy) frequencies, with
59 the purpose of assessing how and to what extent each part is involved in the shimmy
60 mechanism, and where the relevant compliances are located. In particular, the motions
61 of the front (front wheel, fork, head tube, stem, and handlebar) and rear (bicycle frame
62 and rear wheel) frames, and thus of the whole bicycle, are carefully rebuilt at the wobble
63 frequency of about 7 Hz. At this frequency, the **bicycle** frame rotates rigidly about an
64 axis parallel to the yaw axis, while it undergoes a relative torsion between the head tube
65 and the dropouts in the longitudinal (roll) direction. Likewise, the front frame rotates
66 rigidly about the steering axis (in the whole frequency range) while it bends laterally
67 consistently with the **bicycle** frame torsion. These results validate and extend models,
68 conjectures, and theoretical results of the scientific literature about shimmy. In addition,
69 they help to devise changes to bicycle design to make shimmy-free (better, less prone to
70 shimmy) bicycles.

71 The paper is organised as follow. In Section 2, the data acquisition system is presented.
72 In Section 3, the bicycle setup and the on-road test activity are described. Then, in
73 Section 4, the linear acceleration and angular velocity records are presented and analysed,
74 and the resulting motions and compliances of the front and rear frames as well as of
75 the whole bicycle are commented. Finally, Section 5 analyzes the main results and in
76 **Section 6 conclusions are drawn.**

77 2. Data Acquisition System Architecture

78 The Data Acquisition System (DAS) architecture represented in Figure 1 is based on
79 a Central Unit (CU) formed by an Embedded PC: a Raspberry Pi II [14], and on six
80 Inertial Measurement Units (IMU $_x$, where x is the board number) each integrated into
81 an Arduino (Genuino) 101 device [15]. Each Arduino 101 is connected to the CU by a
82 USB cable through a USB hub (since the Raspberry Pi has only four USB ports). The
83 Raspberry Pi and the USB hub are powered using a power bank of 20 Ah placed on the
84 bicycle seat tube while the Arduino 101 boards are directly powered from the USB cable.

85 Every Arduino 101 is equipped with a Dual Core Intel® Curie™ system module [16]

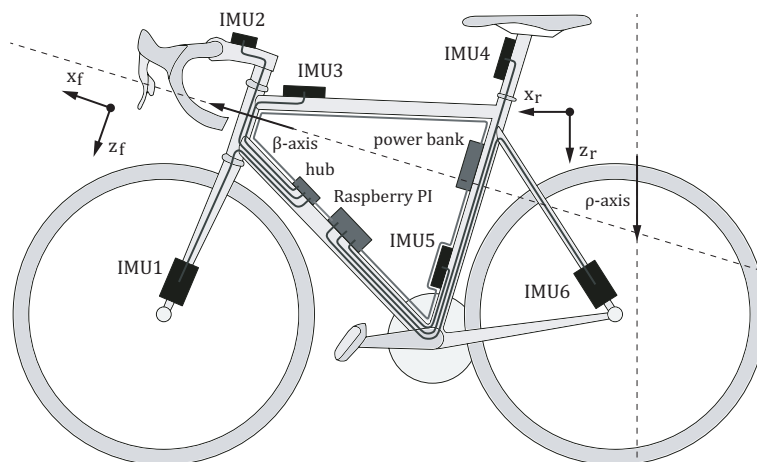


Figure 1. Data Acquisition System (DAS) installed on the racing bicycle with left-handed reference systems for the front and rear frames.

86 working at 32 MHz clock; inside the Intel Curie Module there is a Bosch BMI160 6-axis
 87 Sensing Device built with an accelerometer and a gyroscope, both with 16 bit resolution.
 88 The Bosch sensor [17] was set at a reading time of 200 samples per second and the
 89 acquisition range was set to $\pm 16 g$ for the accelerometer and $\pm 250 \text{ }^\circ/s$ for the gyroscope.

90 For our acquisition system the synchronization between the six IMUs is crucial in order
 91 to analyse the simultaneous bicycle motion and deformation. Due to the latency of the
 92 USB 2.0 port, to the random delay introduced from the software querying sequence on
 93 each IMU, and to the further delay introduced by the USB hub, implementing a hardware
 94 synchronization was mandatory. In particular, we used one DIO (Digital Input/Output)
 95 pin of the Raspberry Pi GPIO (General Purpose Input Output) as a synchronization
 96 signal for all the IMUs. We controlled it using the WiringPi library [18] and, generating
 97 a square wave on this output pin, it becomes a pacer for all the IMUs: every Arduino
 98 101 waits for this signal in order to read the accelerometer and the gyroscope measures
 99 and then send the sampled data to the USB serial connection. Even if the data acquired
 100 synchronously from different IMUs reach the CU with a variable delay (due to the USB
 101 bus) we can ensure that all the samples are synchronized with the pacer signal. Every
 102 Arduino 101 sends then a packet with the data and a univocal header that are stored in
 103 a single file; the timestamp associated to each packet is the global time of the Raspberry
 104 Pi board when the pacer impulse is issued. All data are stored in a binary form and are
 105 then processed offline with a MATLAB® [19] script.

106 In order to make the whole system compact and stand-alone without requiring any
 107 external control device, we integrated a start and stop button, and a LED on the GPIO
 108 connector of the CU. This allows us to easily enable and disable data acquisition, verifying
 109 the proper recording of the acquired data through the blinking LED.

110 3. On-road Experimental Activity

111 In this Section the setup of the on-road experimental activity is discussed. The bicycle
 112 under test is a professional carbon-fiber racing bike, size 52S, with professional equipment.
 113 Data regarding its geometric, mass, stiffness, and damping properties can be found in
 114 [20]. The DAS is installed on the bicycle, as shown in Figure 1. In particular:

- 115 • two IMUs are fastened on the front frame of the bicycle: IMU1 near the front

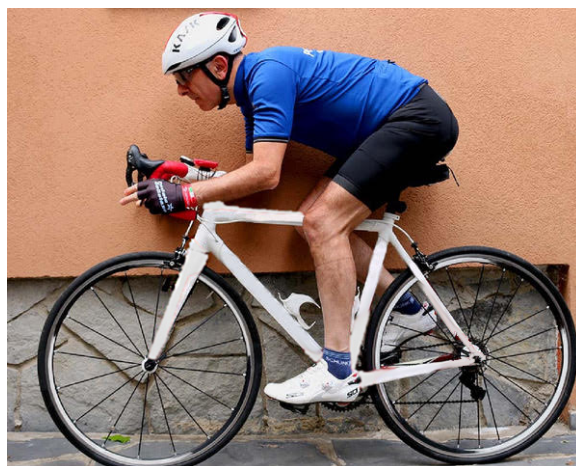


Figure 2. Rider's posture during the on-road test.

- 116 wheel hub and IMU2 on the stem;
- 117 • four IMUs are fixed on the rear frame: IMU3 on the horizontal top tube near the
- 118 head tube, IMU4 on the seat post under the saddle, IMU5 on the seat tube near
- 119 the **bottom bracket**, and IMU6 near the rear wheel hub;
- 120 • the power bank unit is installed on the seat tube between IMU4 and IMU5. It
- 121 supplies current to both the Raspberry Pi and the USB hub;
- 122 • the Raspberry Pi is fastened on the down tube of the **bicycle** frame near the
- 123 **bottom bracket**. It is connected to the power bank through the micro USB socket,
- 124 while USB 2.0 connectors and jumpers are used to link the Raspberry Pi to the
- 125 USB hub and to IMU4, IMU5, and IMU6;
- 126 • the USB hub is installed near the Raspberry Pi and it is connected to the power
- 127 bank, to the Raspberry Pi, and to IMU1, IMU2, and IMU3;
- 128 • the Garmin Edge 820® [21] sensor unit is installed on the front wheel hub, while
- 129 the computer touch screen is located on the handlebar near IMU2;
- 130 • two GoPro HERO3+® [22] are used in the video mode with a resolution of 960
- 131 pixel and 100 frames per second. One of them is fixed under the saddle, pointing
- 132 the rear wheel and its hub. The other one is located on the rider's chest, pointing
- 133 in the forward direction and trying to capture the motion of the bicycle front
- 134 assembly.

135 The Garmin Edge 820 can collect and store different measured data: distance, speed,

136 altitude, latitude, longitude, and temperature. From distance travelled and altitude data,

137 information on the road slope can be easily derived.

138 During the on-road tests, the rider was followed by a car equipped with a video camera

139 on its roof. In doing so, it was possible to see the bicycle and the rider body moving from

140 a point of view external to the bicycle.

141 Figure 2 shows the rider's posture during the on-road test. His upper torso is bent

142 forward to assume an aerodynamic configuration and his hands firmly tighten the han-

143 dlebar.

144 3.1. Test Campaign

145 In November 2017 a test day was organized near Lecco (Lombardy, Italy), at the Bevera

146 downhill. Figure 3 shows the path of the on-road test.

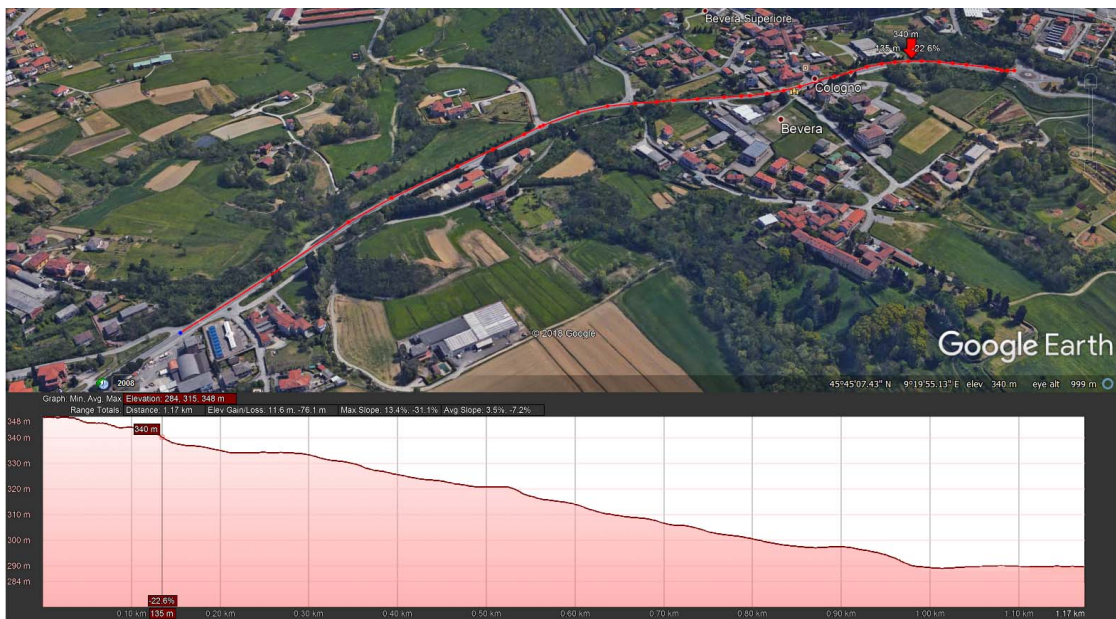


Figure 3. The place and the path of the on-road test at the Bevera downhill (Lecco, Lombardy, Italy).

Table 1. Tyres and rims characteristics.

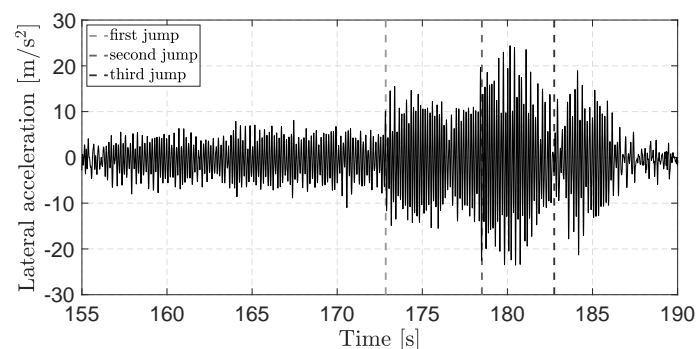
Tyre set	ETRTO size	Rim inner width	Inflation pressure
A	22-622	15c	7 bar
B	25-622	15c	7 bar

147 Two different sets of tyres were tested to check the influence on shimmy occurrence
 148 (Table 1 summarizes their characteristics). Same inflation pressure **was** used for both
 149 front and rear wheel. The experimental activity basically consists of riding downhill
 150 trying to reach a speed in the range 14–18 m/s towards the end of the descent, where
 151 the road slope starts to decrease. This choice is based on safety reasons: while brakes can
 152 be used only to a small extent during shimmy, the road becoming flat ensures the speed
 153 reduction needed to damp out wobble. The same descent was repeated three times for
 154 the two different tyres and, during each test, no disturbances or external triggers were
 155 applied to promote the shimmy onset.

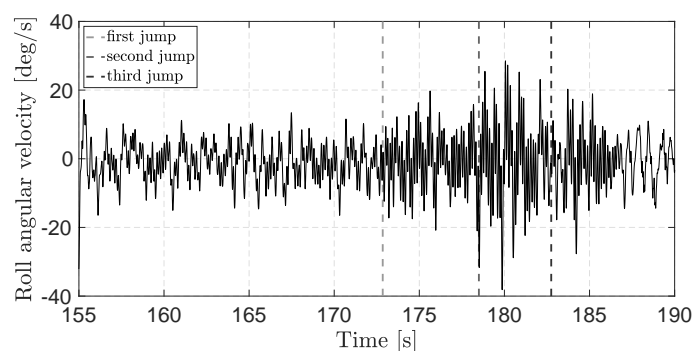
156 4. Test Results

157 All tests were performed hands-on, namely, the rider’s hands were firmly tightened on
 158 the handlebar during the descents. Shimmy appeared in two tests out of six, with the
 159 same tyres (model A) mounted on the bicycle. In one of them, a quite large oscillation
 160 occurred, although not so violent as the shimmies experienced by Gianantonio Magnani
 161 in 2011 and 2014, as described in [23] and [8]. During the wobble occurrence, the cyclist
 162 was not pedalling.

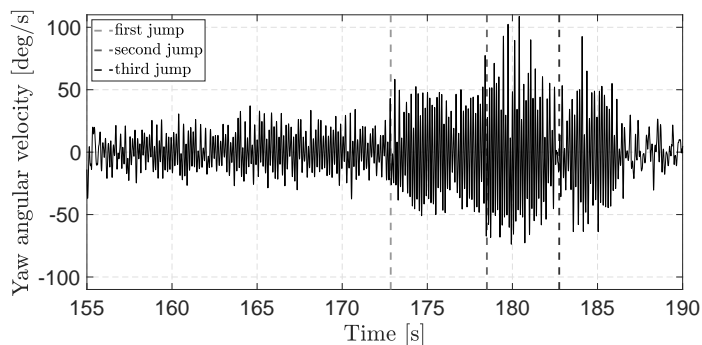
163 Figure 4 shows the time plots of the lateral acceleration, roll and yaw angular velocities
 164 recorded by IMU2 on the stem during shimmy. All signals are filtered with a low-pass
 165 filter with a cut-off frequency $f_c = 20$ Hz to remove high-frequency noise. As can be
 166 seen in the lateral acceleration plot, there are three sudden jumps in wobble amplitude.
 167 They are probably due to a slight change in the rider’s upper body position as confirmed



(a)



(b)



(c)

Figure 4. Data recorded during shimmy by IMU2 on the stem. (a) lateral acceleration, (b) roll angular velocity, and (c) yaw angular velocity.

168 by the videos recorded by the GoPro located on the rider’s chest and the video camera
 169 on the car. Thus, there could be a dependency between oscillation amplitude and the
 170 rider’s body posture. In particular, when his upper body moves downward and forward,
 171 shimmy amplitude increases. Overall, in the time plots there is no evidence of any kind
 172 of discontinuity when shimmy appears.

173 Figure 5 shows the spectrogram of IMU2 lateral acceleration. The frequency of wob-
 174 ble appears as a white horizontal line. In the beginning, shimmy frequency is about
 175 $f = 6.9$ Hz. When the first jump occurs, the oscillations frequency varies to $f = 7.2$ Hz.
 176 The same happens for the second and the third jumps ($f = 7.4$ Hz and $f = 7.1$ Hz re-
 177 spectively). After all, the frequency decreases as shimmy fades out. Although to a small

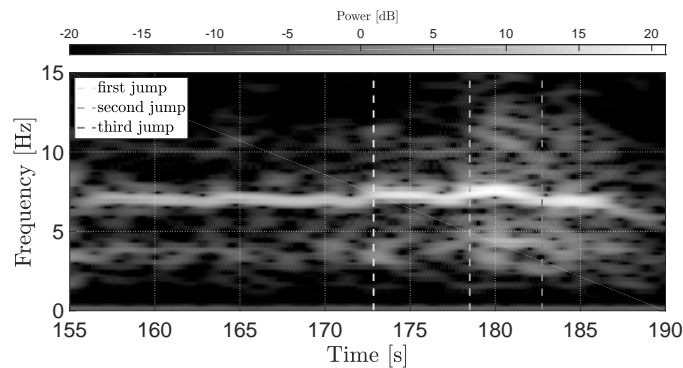


Figure 5. Spectrogram of IMU2 lateral acceleration recorded during shimmy.

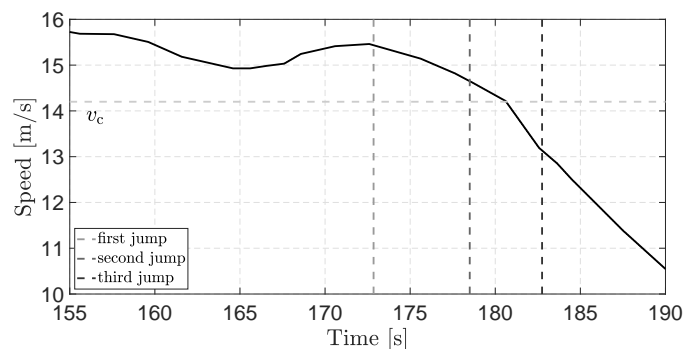


Figure 6. Bicycle forward speed in the shimmy time interval. The road becoming flat ensures the speed reduction.

178 extent, shimmy frequency seems to be coupled to its oscillation amplitude.

179 Figure 6 is a plot of the bicycle forward speed. From a comparison with Figure 5,
 180 wobble frequency and amplitude appear to be independent of speed. This confirms the
 181 results stated in [8], in which a mathematical model of bicycle-rider combination used
 182 in this on-road test is studied with methods of nonlinear dynamics. Bicycle geometrical
 183 properties, rider’s posture and his anthropomorphic data are taken from [20].

184 Shimmy oscillations damp out at the end of the downhill when the forward speed
 185 decreases. The nonlinear analysis in [8] highlights that wobble should disappear when
 186 the speed is lower than a critical value equal to $v_c = 14.2$ m/s. Data collected in the
 187 experimental tests are in agreement with this numerical result, although there seems to be
 188 a delay in the disappearance of the oscillation. This hysteresis effect may be explained
 189 as a consequence of the forward deceleration of the bicycle while crossing the critical
 190 velocity v_c : it takes some time for the system to settle onto the stable equilibrium without
 191 shimmy oscillations. The same is true for wobble onset, i.e. forward acceleration has
 192 a stabilizing effect on oscillations and delays their onset at a forward speed $v > v_c$,
 193 except for the restart at about $t = 183$ s. That behavior is not explained by the model
 194 and might be due to a perturbation coming from the asphalt or the rider reinforcing
 195 previous oscillations, not completely damped. The hysteresis was also found in previous
 196 on-road tests in 2011 and 2014, as described in [8, 23]. Figure 7 shows the magnitude
 197 of IMU2 lateral acceleration maximum amplitude as a function of the forward speed,
 198 after being filtered with a band-pass filter with cut-off frequencies $f_{\text{clow}} = 4$ Hz and
 199 $f_{\text{chigh}} = 10$ Hz, so that, only wobble oscillations are taken into account. The starting
 200 time instant is indicated by a light grey pentagon on the right ($t = 135$ s), while the final
 201 time value is represented by a dark grey dot on the left ($t = 200$ s). This time interval

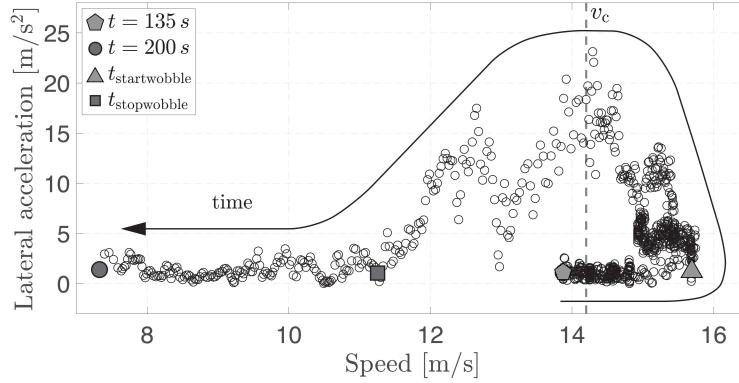


Figure 7. Magnitude of IMU2 lateral acceleration maximum amplitude as a function of the forward speed. The signal is filtered with a band-pass filter to consider only wobble oscillations. Time direction is indicated by the arrow, starting from the light grey pentagon on the bottom right. The hysteretic loop can be recognized near the critical speed v_c .

202 contains the entire shimmy phenomenon, as it occurs when $t > t_{\text{startwobble}} = 155$ s and
 203 $t < t_{\text{stopwobble}} = 190$ s. An arrow that moves counter-clockwise shows the direction of
 204 the test time. The hysteretic loop can be easily recognized both in the appearance and
 205 disappearance of wobble while crossing the threshold speed v_c .

206 4.1. Rear Frame Motion

207 Another important aspect of this analysis is to understand how the bicycle actually
 208 moves during shimmy. Thus, data recorded by the IMUs located on the rear frame are
 209 now compared. Lateral accelerations and roll and yaw angular velocities need to be
 210 considered jointly. To perform a direct comparison, all IMUs data need to be expressed
 211 in a single reference frame. As a consequence, the following bicycle coordinate system
 212 has been introduced as the reference frame for these IMUs (Figure 1, top-right):

- 213 • x_r -axis is in the symmetry plane of the vehicle and directed from the rear wheel
 214 to the front wheel (roll axis);
- 215 • z_r -axis is in the bicycle symmetry plane, normal to the roll axis and pointing
 216 towards the ground (yaw axis);
- 217 • y_r -axis completes a left-handed reference frame (pitch axis).

218 Figure 8 shows the lateral accelerations of the IMUs on the rear frame with respect to
 219 the bicycle reference system. In particular, the amplitude of these oscillations is larger
 220 near the front frame (IMU3), while it decreases moving towards the rear wheel (IMU6):
 221 the largest lateral displacement is near the head tube. The same can be observed moving
 222 from the bottom bracket to the saddle (IMU5 w.r.t. IMU4). The fundamental frequency
 223 of all signals in Figure 8 is the wobble frequency, and they have growing phase shift
 224 passing from IMU3 (head tube) to IMU6 (dropouts) since wobble is a vibrational mode
 225 that arises from the front frame.

226 Figure 9 shows the roll angular velocities recorded by the IMUs. As can be seen, all
 227 signals have two main harmonics: a low-frequency (1-2 Hz) one (weave mode), describing
 228 the rigid motion of the bicycle frame about the roll axis, and a higher frequency one,
 229 namely the wobble mode harmonics. The weave mode has the same amplitude and phase
 230 shift for all IMUs (not shown), while the wobble mode amplitude gets smaller and smaller
 231 passing from the steering assembly to the rear wheel hub. Figure 9 also shows the signals

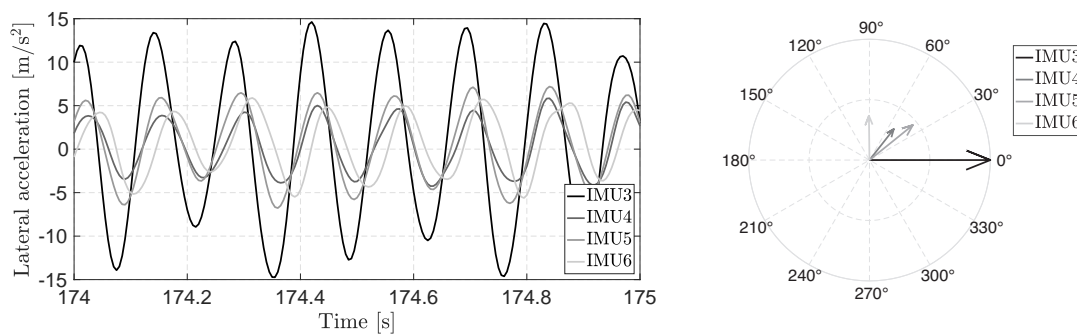


Figure 8. Lateral accelerations during shimmy recorded by IMUs on the rear frame and their phase diagram at $f = 7.2$ Hz.

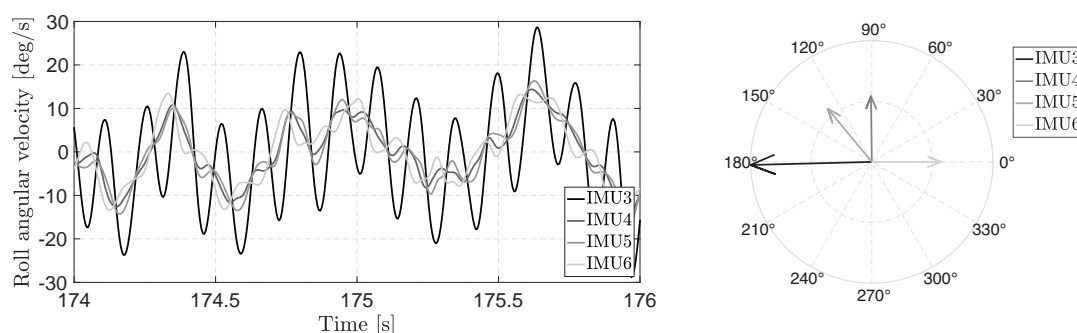


Figure 9. Roll angular velocities during shimmy recorded by IMUs on the rear frame and their phase diagram at $f = 7.2$ Hz.

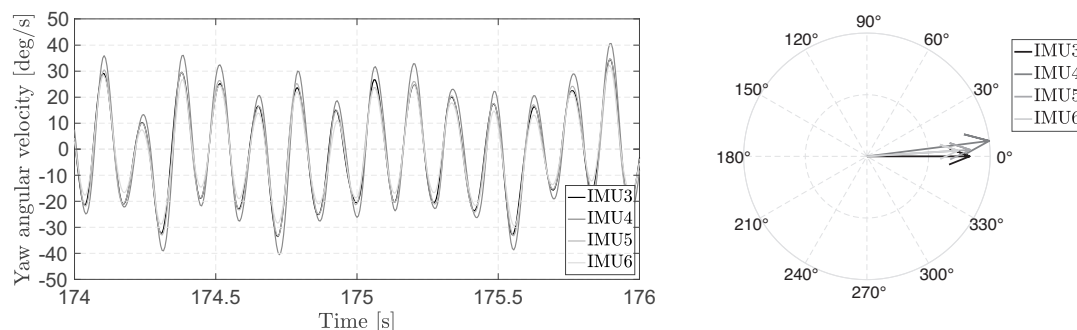


Figure 10. Yaw angular velocities during shimmy recorded by IMUs on the rear frame and their phase diagram at $f = 7.2$ Hz.

232 phase diagram at the wobble frequency: IMU3 and IMU6 are practically in anti-phase.
 233 This proves a relative torsion between the front triangle of the bicycle frame (IMU3) and
 234 its rear triangle (IMU4, IMU5 and IMU6).

235 Figure 10 illustrates the yaw angular velocities measured by the IMUs. The weave and
 236 wobble harmonics are still present. The fundamental result here is that also all the wobble
 237 harmonics have the same phase and amplitude, except for minor differences likely due to
 238 mechanical fixing inaccuracies or compliances. This shows that the **bicycle** frame moves
 239 (oscillates) almost rigidly around a vertical axis, at both weave and wobble frequencies.

240 **The amplitude of the wobble is remarkable.** Compared to Figure 9, Figure 10 shows
 241 that, **unlike the weave mode amplitudes, the wobble mode** amplitude of yaw angular
 242 velocities of the rear frame is greater than the amplitudes of roll angular velocities. This

243 result is coherent with what is obtained in [9] by using a complex multi-body model of
 244 the racing bicycle.

245 Concerning the rigid oscillation of the bicycle frame, understanding where the angular
 246 velocity comes from is a crucial point to understand the shimmy onset and persistence.
 247 There are reasonably two main sources:

- 248 ① the lateral oscillatory motion of the bicycle, as measured by the IMUs and seen
 249 from the videos;
- 250 ② the overall compliance about a vertical axis of the rear frame, due to the possible
 251 compliance of the hub with respect to the plane of the wheel, of the wheel itself,
 252 and to the elastic deformation of the tyre.

253 Further laboratory and on-road trials are needed and planned to distinguish between
 254 these two contributions.

255 The rear frame compliance and the decreasing trend of lateral acceleration of the bicycle
 256 frame from IMU3 to IMU6 support the so-called ρ -axis compliant model [23, 24], which
 257 lumps the overall compliance about a vertical axis (the ρ -axis) located in the bicycle
 258 symmetry plane close to the rear wheel hub. According to [24], this compliance model
 259 can be used as an alternative to the more common β -axis torsional frame compliant
 260 model to predict the wobble mode [10, 11, 23, 25]. The above experimental results, with
 261 the reinforcement of those in Section 4.3, show that both these compliances are involved
 262 in the shimmy occurrence, although it is sufficient to include one of the two, taking on
 263 the overall compliance, to obtain a model of the bicycle capable of predicting the wobble
 264 mode.

265 The ρ -axis modelling idea is related to the shimmy problem of a simple trailing wheel
 266 system with yaw and lateral degrees of freedom, as described in [26].

267 Under the assumption that the bicycle frame is moving with rigid rotations about a
 268 vertical axis, based on the lateral accelerations in Figure 8, an estimated position of the
 269 vertical rotation axis can be computed. After filtering band-pass the IMUs signals to
 270 consider only shimmy oscillations, excluding some outliers in the processed data, and
 271 computing a mean value, the rotation axis turns out very close to the rear hub, as shown
 272 in Figure 1.

273 4.2. *Front Frame Motion*

274 In this Section, the behaviour of the front assembly is studied. By comparing data records
 275 of IMU1 and IMU2, a new coordinate system is chosen as reference frame (see Figure 1,
 276 top-left):

- 277 • z_f -axis in the symmetry plane of the front assembly, directed as the head tube
 278 and pointing to the ground (steering axis);
- 279 • x_f -axis in the symmetry plane of the front assembly and normal to z_f -axis, point-
 280 ing the forward direction. This axis is parallel to the β -axis introduced above (see
 281 Figure 1);
- 282 • y_f -axis completes a left-handed reference frame.

283 As can be seen in Figure 11, the front assembly made up of fork and handlebar rigidly
 284 rotates about the steering axis. This is due to the degree of freedom allowed by the ball
 285 bearings in the head tube. Indeed, there is no relative torsion between IMU1 and IMU2
 286 during shimmy, so the front frame can be considered as a rigid body along this direction.

287
 288 This is no longer true if angular velocities about front frame x_f -axis are considered.

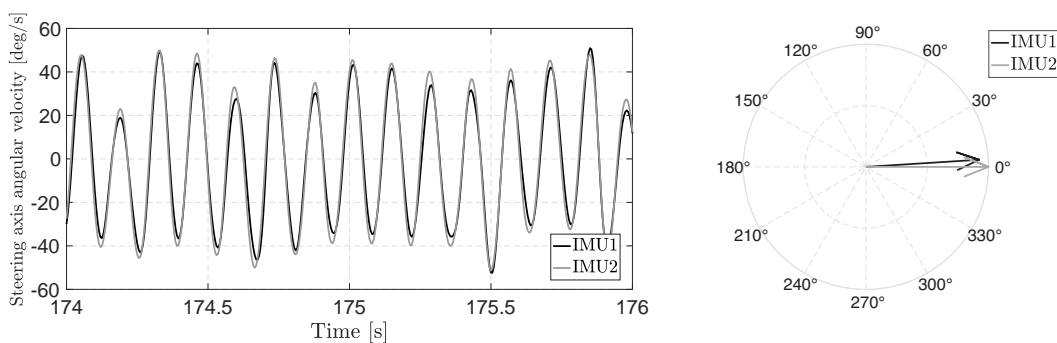


Figure 11. Angular velocities of the front frame about the steering axis during shimmy and their phase diagram at $f = 7.2$ Hz.

289 Referring to Figure 12(a), both signals have the same low-frequency behaviour, repre-
 290 senting a rigid motion about this axis. This has been proved by using a low-pass filter
 291 with a cut-off frequency $f_c = 5$ Hz (not shown). However, there is also a relative motion
 292 at the wobble frequency between the two extreme points of the front assembly. To better
 293 understand this behaviour, IMU1 and IMU2 roll angular velocities are now filtered with
 294 a band-pass filter with $f_{\text{clow}} = 4$ Hz and $f_{\text{chigh}} = 10$ Hz. As can be seen in the phase
 295 diagram in Figure 12(b), at the wobble frequency the two signals have almost the same
 296 amplitude but they are in anti-phase. While it is expected that the fork undergoes a
 297 lateral bending (in the direction of y_f -axis), forced by the headset, likely a rigid body
 298 (see Section 4.3 for the roll angular velocity measured by IMU3 close to the head tube),
 299 understanding the roll angular velocity measured by IMU2 is more challenging, and will
 300 probably require further experiments and numerical analysis. In fact, the stem rotates
 301 about the head tube axis, which is subjected to a roll angular velocity as measured by
 302 IMU3, but IMU2 roll angular velocity is quite different from that of the head tube (see
 303 next Section). Supposedly, the roll angular velocity measured by IMU2 better represents
 304 the torsion of the stem in the x_f -axis direction, rather than the lateral bending deforma-
 305 tion of the upper part of the fork. A possible contribution to the stem angular velocity
 306 may derive from inertia torque generated by the masses of the rider’s forearms and hands,
 307 firmly attached to the lower part of the handlebar which is rotating about the steering
 308 axis and subjected to strong lateral accelerations.

309 The analysis of IMU1 linear accelerations give further insights, not just about the fork
 310 motion. Figure 13 shows the longitudinal acceleration as a function of the lateral accel-
 311 eration in a shimmy interval of one second. Both accelerations are band-pass filtered to
 312 extract only the wobble components. The graph shows a cyclical behavior, as predicted
 313 by the nonlinear analysis in [8], and shows a lateral and longitudinal oscillatory motion
 314 at the height of the front hub, but likely also of the front road-tyre contact point. Accel-
 315 erations, about a quarter of the cycle out of phase each other, require road-tyre contact
 316 forces with the same phase shift, which reasonably have a major role in the shimmy
 317 mechanism.

318 According to [27], the lateral displacement of the fork, together with its rotation about
 319 the steering axis, modifies the orientation of the front wheel with respect to the road
 320 surface and can alter the geometry of the entire steering system. As a consequence, the
 321 front wheel starts to move following an oscillatory motion, and the resulting forces at
 322 the front contact point can produce a positive steering feedback that causes the self-
 323 excitation of wobble. Fortunately, as stated in [8], shimmy is a stable limit cycle, which
 324 means that oscillations have limited amplitude and they do not diverge causing the fall
 325 of the rider (confirmed by Figure 13).

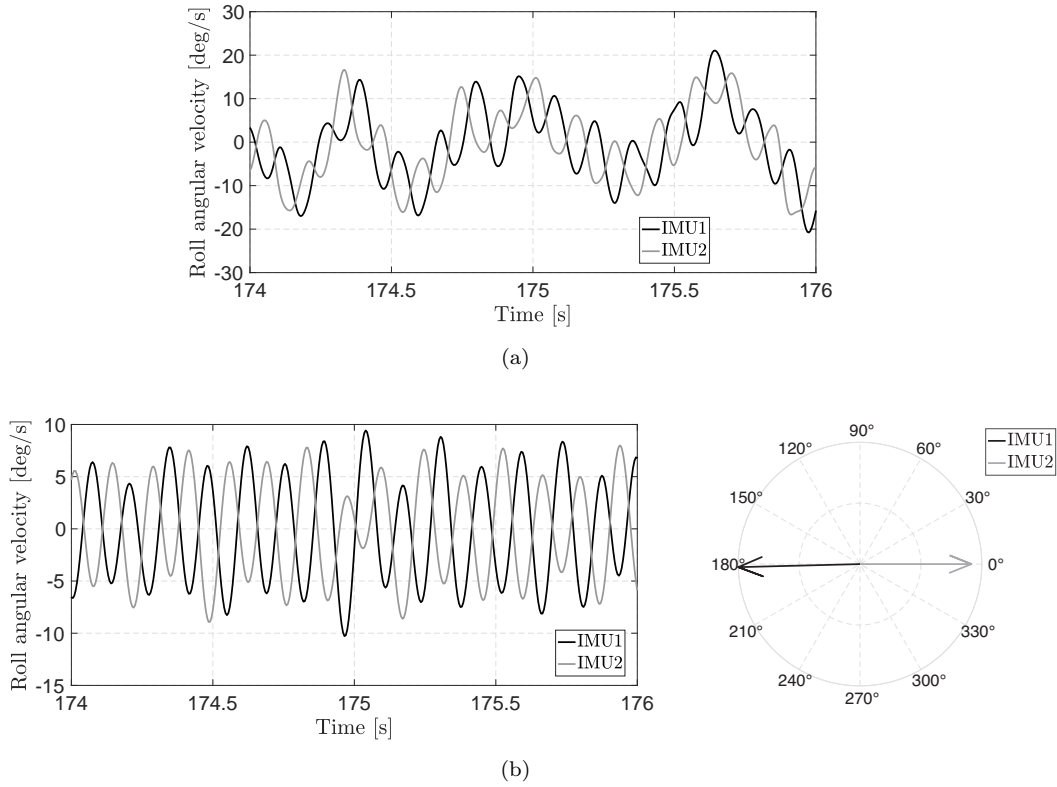


Figure 12. Angular velocities of the front frame about the roll axis during shimmy. (a) without filter and (b) with a band-pass filter to consider only wobble oscillations. The phase diagram is shown at $f = 7.2$ Hz.

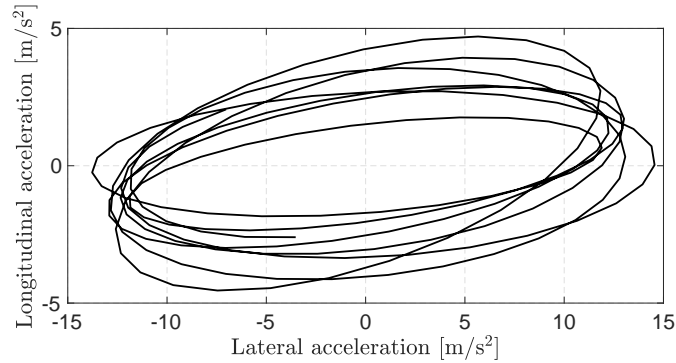


Figure 13. Accelerations recorded by IMU1 on the front hub: longitudinal acceleration as a function of the lateral acceleration. Signals are band-pass filtered to consider only wobble oscillations during 1 second.

326 **4.3. Front and Rear Frames Motion**

327 In previous Sections, the movement of the two bicycle main parts has been studied
 328 separately. Here, the relative motion between front and rear frames is examined. Data
 329 recorded by IMU1, IMU2, and IMU3 are analyzed after being expressed in the bicycle
 330 reference frame $x_r y_r z_r$ (introduced in Section 4.1) and band-pass filtered to highlight only
 331 wobble oscillations. Figure 14 shows their roll angular velocities with their phase diagram.
 332 As can be seen, IMU1 and IMU3 are almost in phase, while IMU2 is in anti-phase with
 333 respect to the others. Thus, the torsion of the bicycle frame about the roll axis x_r (IMU3)
 334 has the same rotation-wise of the front frame lower part lateral bending (IMU1). The
 335 stem rotates instead in the opposite direction (IMU2). Moreover, the amplitude of the

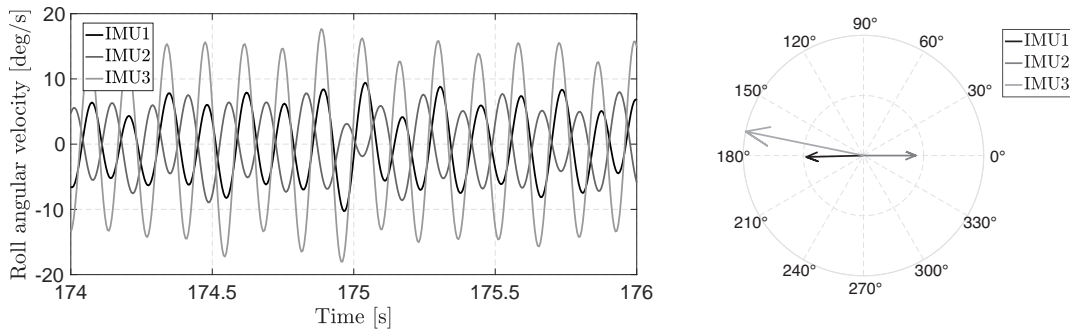


Figure 14. Roll angular velocities during shimmy recorded by IMUs on front and rear frames with a band-pass filter to consider only wobble oscillations. The phase diagram is shown at $f = 7.2$ Hz.

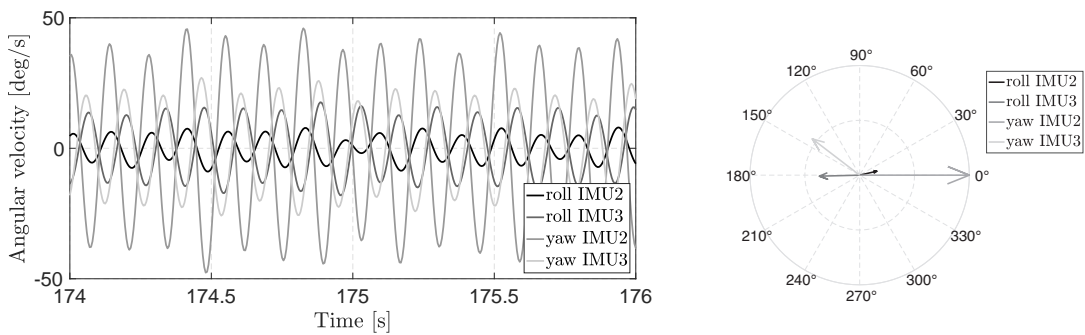


Figure 15. Roll and yaw angular velocities during shimmy recorded by IMUs on front and rear frames with a band-pass filter to consider only wobble oscillations. The phase diagram is shown at $f = 7.2$ Hz.

336 top tube (IMU3) roll angular velocity is almost double compared to that of the fork close
 337 to the front hub (IMU1). As already mentioned, further studies are needed to explain the
 338 stem angular velocity (IMU2), about half in amplitude compared to that of the IMU3
 339 but of opposite sign.

340 Figure 15 shows roll and yaw angular velocities recorded by IMU2 and IMU3 with
 341 their phase diagram. IMU2 roll angular velocity is almost in phase with its yaw angular
 342 velocity, while it is in anti-phase with respect to the roll angular velocity of the rear
 343 frame (IMU3). On the other hand, IMU3 yaw angular velocity is out of phase compared
 344 to that of the front assembly (IMU2). Furthermore, oscillations about the steering axis
 345 (yaw IMU2) are larger than rear frame yaw rotations measured by IMU3.

346 Considering all the results found up to this point, a complete description of the complex
 347 bicycle motion during shimmy can be provided. As confirmed by data (e.g., Figure 13)
 348 and videos recorded during the on-road test activity, the front wheel-road contact point
 349 describes an oscillatory path along the average forward motion direction. The amplitude
 350 of these oscillations depends on four main contributions:

- 351 ① the torsion of the bicycle frame along the longitudinal direction (x_r -axis);
- 352 ② the lateral bending deformation of the fork along the y_f -axis (see Figure 4.3(left));
- 353 ③ the tyre lateral deformation due to their elastic properties;
- 354 ④ the overall compliance of the rear frame about a vertical axis, located near the
 355 rear hub and the rear wheel.

356 Figure 4.3(left) also shows the relative, opposite, roll motion of the handlebar with respect
 357 to lower part of the fork, while Figure 4.3(right) sketches a top view of bicycle motion:
 358 the front frame rotates counter-clockwise about the steering axis, whereas the bicycle

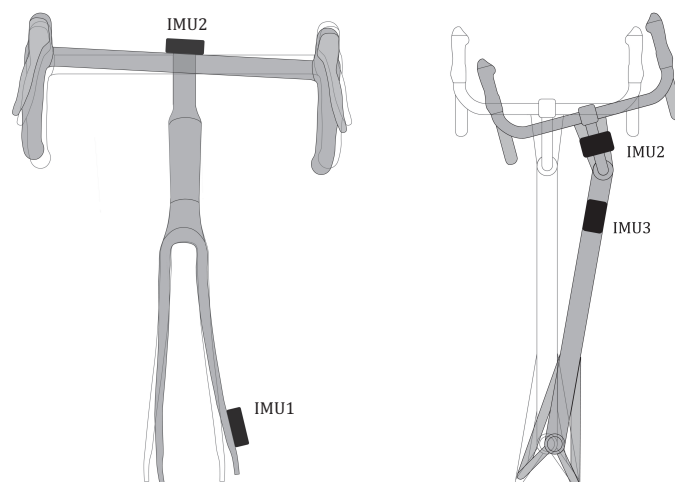


Figure 16. Front and rear frames deformation during shimmy. Deformations are exaggerated to better understand the motion; (left) front view and (right) top view.

359 frame rotates (rigidly) clockwise about a vertical axis close to the rear wheel hub. The
 360 same happens in the opposite direction when the front assembly is steered to the right,
 361 until the forward speed decreases at the end of the descent.

362 5. Discussion

363 This paper provides original records of forward speed, linear accelerations, and angular
 364 velocities gathered in six selected points of a professional carbon fiber racing bicycle
 365 undergoing a strong shimmy. The shimmy onsets **spontaneously** during a medium slope
 366 downhill, while riding at high speed (over 14 m/s), with hands firmly on the handlebar
 367 and without pedalling. All data were collected by a stand-alone acquisition system able
 368 to sample three acceleration and three angular velocity **synchronous** measures of the
 369 six selected points on front and rear frames at 200 Hz sampling frequency, suitable to
 370 reconstruct correctly the about 7 Hz shimmy vibration.

371 All signals were low-pass filtered ($f_c = 20$ Hz) to remove high-frequency noise. Then,
 372 another low-pass filter with $f_c = 5$ Hz was used to assess the rigid-body behaviour (i.e.,
 373 the weave mode) of the bicycle, and a band-pass filter ($f_{\text{clow}} = 4$ Hz and $f_{\text{chigh}} = 10$ Hz) to
 374 highlight the behaviour of the front **and** rear frames at the **wobble (shimmy)** frequency.
 375 Their analysis shows that both frames act rigidly below 5 Hz, while at the shimmy
 376 frequency they undergo additional relative motions and deflections. For instance, the
 377 **bicycle** frame oscillates rigidly about a vertical axis, while in the longitudinal direction
 378 (roll) it is subjected to a relative torsion between the head tube and the rear dropouts. To
 379 some extent, the same behaviour can be associated to the front frame, which undergoes
 380 a rigid motion about the steering axis in the whole frequency range, due to the degree
 381 of freedom provided by the steering assembly, while it is subjected to a bending in the
 382 y_f -axis direction at the shimmy frequency.

383 Overall, the trends of the linear accelerations and angular velocities recorded by the six
 384 IMUs appear to be intrinsically coherent with each other and also with what is perceived
 385 by the rider and detectable by videos, as well as they help to better understand the
 386 shimmy mechanism.

387 6. Conclusion

388 All the above results show that the overall bicycle motion during shimmy is complex,
 389 characterized by violent oscillations of the front frame but also involving the rear frame,
 390 to a decreasing extent from the head tube to the dropouts. The observed motion of the
 391 vehicle validates the introduction in mathematical models to study shimmy of **both** the
 392 two additional degrees of freedom proposed in the literature:

- 393 • ρ -axis, laying close to the rear wheel hub and **lumping the overall compliance**
 394 **of the rear part of the bicycle about a vertical axis. This compliance allows the**
 395 **bicycle frame to oscillate rigidly;**
- 396 • β -axis, laying in the rear frame plane, normal to the head tube, representing
 397 the fork lateral bending and the torsional compliance of the **bicycle** frame with
 398 respect to the longitudinal (roll) direction. This compliance is lumped near the
 399 stem.

400 Jointly ρ and β axes describe the overall compliance and lateral motions of the bicycle.
 401 Their knowledge can give bike designers the right hints to devise (more) shimmy free
 402 bicycles and will be the subject of further research, **in particular to clarify the compliance**
 403 **contribution of any component of the bicycle.**

404 The analysis of acceleration records confirmed that the shimmy frequency is indepen-
 405 dent of the bicycle forward speed, and it is only slightly dependent on the oscillation
 406 amplitude. Comparing acceleration records and action cam images highlighted that a
 407 change in the rider's body position may cause variation of shimmy oscillation amplitude
 408 but not its frequency. Comparing acceleration and forward speed records has confirmed
 409 the hysteretic behaviour of shimmy with respect to forward speed, namely that the
 410 shimmy onset speed is much higher than the fade out one. In [8] it is conjectured that
 411 the vehicle acceleration while crossing the critical velocity (the shimmy onset theoretical
 412 velocity) causes a delay (in the sense of higher speed) in the appearance of shimmy. The
 413 same happens in the opposite direction: it takes some time for the system to settle onto
 414 the no-shimmy stable equilibrium while decelerating.

415 This is very important for a rider who is facing shimmy: he or she has to try not to
 416 fall, and not to hit other vehicles or go off-road, for the time necessary to decrease the
 417 speed below the threshold of the disappearance of shimmy. Unfortunately, this is a rather
 418 difficult task if the road remains very sloping and curvy because brakes **cannot be used**
 419 **effectively when cornering, and they may, at first, cause an increase in the amplitude of**
 420 **the steering oscillation.**

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